

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Note: Activities in bold denotes special programs such as: live music, religious services, & Watermark University classes.</p>	<p>Engage VR - Virtual Reality If you are interested in traveling, going into space, or under the sea without leaving the comfort of your apartment, sign up with the Activity Staff to use the Oculus Headset</p>	<p>Doctor Appointment Transportation All appointments can be made on Tuesdays and Thursdays. Be aware that others may have appts. also and we may ask you to reschedule if there is a conflict. Shopping trips are every Wednesday at 9AM</p>	<p>9:30- Blood Pressure Clinic 9:45- Cardio Exercise 10:30- Resident Council 1:30- WU: May Basket Craft 3:00- Horse Racing/Derby 4:15- iN2L: Dance History: Ballet 6:00- Poker with Friends in the Pub</p>	<p>9:30-Balance Exercise 10:30- WU: Health Talk "" 1:30- WU: Engage VR 1:30- Derek Bridges Entertains 3:00- Hallway/Outdoor walks 4:15- iN2L: Relaxation 6:00- Game Night in Cafe</p>	<p>9:45- Theraband Exercise 10:30- Group Crossword Puzzle 1:30- Catholic Mass with Father Wayne 3:00- WU: Wine and The Times with Carrie 4:15- iN2L: Breathe 6:15- Women's Social in Cafe</p>	<p>9:45- Strengthening Exercise 10:30- Darts & Billiards 1:30- Hallway Stroll 1:30- Movie Matinee "Star Wars" 4:15-Spa Afternoon 4:30- Name 20 Things 6:30- Cafe Social: Daily Chronicles</p>
<p>9:45- Flexibility Exercise 10:00- Mass on TV CH. 9 11:00- iN2L: Hymn Sing 1:30- Bingo 3:30- Coffee Social in Cafe 4:15- iN2L: Art History: Cinema 6:30- EWTN Worship Service</p>	<p>9:45-Resistance Exercise 10:15- Balance Clinic 10:30- Scattergories 1:15- Hallway walks 2:00- Chaplet of Divine Mercy 3:00- Happy Hour/Humor 4:15- iN2L: Animal Adventures- Elk 6:30- Comedy Club: 3 Stooges</p>	<p>9:45- WU: Yoga Exercise w/Gina 10:30- One Long Word in the Cafe 1:30- WU: Milky Way Day 1:30- Engage VR 3:00- WU: Timely Topics Around the World 4:15- iN2L: Meditation 6:15- Prize Bingo</p>	<p>9:45- Cardio Exercise 10:30- Discovery Series "Hearing Loss" 1:30- Swifferboard 3:00- WU: Personal Growth & Self Reflection with Charlotte 4:15- iN2L: Dance History: Ballroom 6:00- Poker with Friends in the Pub</p>	<p>9:30-Balance Exercise 10:30- WU: Scrumptious Delights with Sherry 1:30- WU: Engage VR 1:30- Irving Lewis Entertains 3:00- Hallway/Outdoor walks 4:15- iN2L: Relaxation 6:00- Game Night in Cafe</p>	<p>9:45- Theraband Exercise 10:30- Group Crossword Puzzle 1:30- WU: History & Myth: The Pueblo Indians 2:45- Karma The Dog Visits 3:00- Happy Hour/Root beer Day 4:15- iN2L: Breathe 6:15- Women's Social in Cafe</p>	<p>9:45- Strengthening Exercise 10:30- Darts & Billiards 1:30- Hallway Stroll 1:30- Movie Matinee "The Miracle Club" 4:15-Spa Afternoon 4:30- Name 20 Things 6:30- Cafe Social: Daily Chronicles</p>
<p>Mother's Day 9:45- Flexibility Exercise 10:00- Mass on TV CH. 9 11:00- iN2L: Hymn Sing 12:00- Mother's Day Luncheon 1:30- Bingo 3:30- Coffee Social in Cafe 4:15- iN2L: Art History: Literature 6:30- EWTN Worship Service</p>	<p>9:45-Resistance Exercise 10:30- Scattergories 1:15- Hallway walks 2:00- Chaplet of Divine Mercy 3:00-Happy Hour/Etiquette Day 4:15- iN2L: Animal Adventures- Narwhal 6:30- Comedy Club: Johnny Carson</p>	<p>9:45- WU: Yoga Exercise w/Gina 10:30- One Long Word in the Cafe 1:30- wii Bowling 1:30- Engage VR 3:00- WU: Timely Topics Around the World 4:15- iN2L: Meditation 6:15- Prize Bingo</p>	<p>9:30- Blood Pressure Clinic 9:45- Cardio Exercise 10:30- WU: The Wild Side-Snakes 1:30- Pitch & Putt Golf 3:00-WU:Jenn & Rossana's Class-Desserts 4:15- iN2L: Dance History: Hip Hop 6:00- Poker with Friends in the Pub</p>	<p>10:00- Jeff The Plant Guy Horticulture Class 11:00- Outdoor Meditation in Courtyard 1:30- WU: Engage VR 1:30- Tony Fazio Entertains 3:00- Hallway/Outdoor walks 4:15- iN2L: Relaxation 6:00- Game Night in Cafe</p>	<p>9:45- Theraband Exercise 10:30- Group Crossword Puzzle 1:30- Disco Dance Party in the Lobby 2:45- Karma The Dog Visits 3:00- Happy Hour/Trivia 4:15- iN2L: Breathe 6:15- Women's Social in Cafe</p>	<p>9:45- Strengthening Exercise 10:30- Darts & Billiards 1:30- Hallway Stroll 1:30- Movie Matinee "We Have A Ghost" 4:15-Spa Afternoon 4:30- Name 20 Things 6:30- Cafe Social: Daily Chronicles</p>
<p>9:45- Flexibility Exercise 10:00- Mass on TV CH. 9 11:00- iN2L: Hymn Sing 1:00- Piano Entertainment 2:00- Grace Church Service 3:30- Coffee Social in Cafe 4:15- iN2L: Art History: Music 6:30- EWTN Worship Service</p>	<p>9:45-Resistance Exercise 10:30- Scattergories 1:15- Hallway walks 2:00- Chaplet of Divine Mercy 3:00- Happy Hour/Music 4:15- iN2L: Animal Adventures- Needlefish 6:30- Comedy Club: Phil Hartman</p>	<p>9:45- WU: Yoga Exercise w/Gina 10:30- One Long Word in the Cafe 1:30- Engage VR 2:00- WU: Chopped Challenge 3:30- Plinko with Trivia 4:30- iN2L: Meditation 6:15- Prize Bingo</p>	<p>9:45- Cardio Exercise 10:30- Food For Thought Meeting 11:00- Lunch Trip/Olive Garden 1:30- Corn Hole 3:00- WU: National Parks & Historical Sites - Arizona 4:15- iN2L: Dance History: Jazz 6:00- Poker with Friends in the Pub</p>	<p>9:30-Balance Exercise 10:30- Wheel of Fortune Game 1:30- WU: Engage VR 1:30- Ethan Stone Performs for the Birthday Party 3:00- Hallway/Outdoor walks 4:15- iN2L: Relaxation 6:00- Game Night in Cafe</p>	<p>9:45- Theraband Exercise 10:30- Group Crossword Puzzle 12:00- Fast Food Lunch 1:30- WU: Timely Topics 2:45- Karma The Dog Visits 3:00- Happy Hour/Pickle Day 4:15- iN2L: Breathe 6:15- Women's Social in Cafe</p>	<p>9:45- Strengthening Exercise 10:30- Darts & Billiards 1:30- Hallway Stroll 1:30- Movie Matinee "No Pressure" 4:15-Spa Afternoon 4:30- Name 20 Things 6:30- Cafe Social: Daily Chronicles</p>
<p>9:45- Flexibility Exercise 10:00- Mass on TV CH. 9 11:00- iN2L: Hymn Sing 1:30- Bingo 3:30- Coffee Social in Cafe 4:15- iN2L: Art History: Theater 6:30- EWTN Worship Service</p>	<p>Memorial Day 9:45- Exercise - You Tube 10:30- Watercolor Painting 1:15- Hallway walks 2:00- Patriotic Movie 3:00- Outdoor Reflection 4:15- iN2L: Animal Adventures- Nighthawk 6:30- Comedy Club: W.C. Fields</p>	<p>9:45- WU: Yoga Exercise w/Gina 10:30- One Long Word in the Cafe 1:30- Ben Buck Performs 1:30- Engage VR 3:00- Memorial Day Program 4:15- iN2L: Meditation 6:15- Prize Bingo</p>	<p>9:30- Blood Pressure Clinic 9:45- Cardio Exercise 10:30- Garden Club 1:30- Ladder Golf 3:00- Ice Cream Social 4:15- iN2L: Dance History: Contemporary 6:00- Poker with Friends in the Pub</p>	<p>9:30-Balance Exercise 10:30- Sunshine Club 1:30- WU: Engage VR 1:30-WU: Baking Club/Pineapple Upside Down Cake 3:00- Happy Hour/Music 4:15- iN2L: Relaxation 6:00- Game Night in Cafe</p>	<p>9:45- Theraband Exercise 10:30- Group Crossword Puzzle 1:30- Axe Throwing 2:45- Karma The Dog Visits 3:00- WU: Timely Topics Around the World 4:15- iN2L: Breathe 6:15- Women's Social in Cafe</p>	<p>Pet Therapy Reduce Anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting therapy dog: Karma</p>

MAY 2024
Assisted Living



EAST VILLAGE PLACE
A WATERMARK RETIREMENT COMMUNITY™

ACTIVITY LOCATOR KEY

*Activities are Subject to Change

May Birthdays
6th Bobbi Wojnilowicz
11th Irene Van Deren
13th JoAnn Seagrave
13th Mena Holmes
15th Pat Gallagher
26th Mildred Baeder
31st Maryanne Connery-Simmons



Dates to Remember
2nd 1:30- Derek Bridges Entertains
9th 1:30- Irving Lewis Entertains
16th 10:00- Jeff The Plant Guy Horticulture Class
16th 1:30- Tony Fazio Entertains

19th 1:00- Piano Entertainment
2:00- Grace Church Service
23rd 1:30- Ethan Stone Performs for the Birthday Party
28th 1:30- Ben Buck Performs
3:00- Ice Cream Social