

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Note: Activities in bold denote special programs such as: live music, religious services, & Watermark University courses.</p>	<p>Transportation/ Medical Appointments: Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them</p>	<p>Engage VR - Virtual Reality If you are interested in traveling, exploring under the sea, or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus Headset.</p>	<p>9:45 - Morning Exercise 10:30 - Coffee Social in Cafe' 11:00 - Daily Chronicle 1:00 - Aroma Therapy 1:30 - Discussion: May Day 2:00 - Artistic Expression 3:00 - Target Toss 4:00 - Music Hour: Motown 6:00 - Relaxation/ Meditation</p>	<p>9:45 - Conductorcise 10:30 - Wordsmiths: Word Game 1:00 - WU: Engage VR 1:00 - Walking Club 1:30 - Derek Bridges Entertains 2:00 - Jigsaw Puzzles 3:15 - Horse Racing Game 4:00 - Music Hour: Katie Perry 6:00 - Objects BINGO</p>	<p>9:45 - Flexibility Exercise 10:30 - Parachute Fun! 11:00 - Discussion: 1:00 - Aroma Therapy 1:15 - Walking Club 1:30 - Catholic Mass w/Father Wayne 2:30 - Karma the Dog Visits 3:00 - Outdoor Reflection/Meditation 3:30 - Rhyme Time 4:00 - Music Hour: Tuba 6:00 - Comedy Club: A Little Help</p>	<p>9:45 - Musical Meditation 10:30 - Chair Zumba 1:30 - Saturday Matinee: <i>Footloose</i> 2:30 - Refreshments 3:00 - Afternoon Stretch 3:15 - Kentucky Derby Trivia 3:15 - Sorting 4:00 - Music Hour: Bob Marley 6:30 - Kentucky Derby on NBC</p>
<p>10:00 - Mass on TV Ch. 9 10:30 - Manicures w/NAYAs 11:00 - Music N' Motion Exercise 1:30 - Noodle Ball 2:00 - Sorting 2:30 - Refreshments 3:00 - Ball Toss 4:00 - Music Hour: Bay City Rollers 6:00 - Aqua Painting</p>	<p>9:45 - Cardio Exercise 10:30 - Game: Wordsmith 1:00 - Jigsaw Puzzle 1:00 - Volleyball 1:30 - Afternoon Walks 2:00 - Chaplet of Divine Mercy 2:00 - Nature Reflection on Patio 3:00 - Discussion: Would You Rather 4:00 - Music Hour: Dean Martin 6:00 - Game Night: High/Low</p>	<p>9:45 - Strengthening Exercise 10:30 - Baking Club 11:00 - National Teachers Day Discussion 1:30 - Pitch & Putt Golf 2:00 - Stretching 3:00 - WU: Book Club: Nancy Drew 4:00 - Music Hour: Nancy Sinatra 6:00 - Artistic Expression</p>	<p>9:45 - Morning Exercise 10:30 - Coffee Social in Cafe' 11:00 - Daily Chronicle 1:00 - Aroma Therapy 1:30 - iN2L: Karaoke 2:00 - Artistic Expression 3:00 - Household Tasks 4:00 - Music Hour: Marching Band 6:00 - Relaxation/ Meditation</p>	<p>9:45 - Conductorcise 10:30 - Table Top Bowling 1:00 - WU: Engage VR 1:00 - Walking Club 1:30 - Irving Lewis Entertains 2:00 - Jigsaw Puzzles 3:00 - Lost Sock Memorial Day Craft 4:00 - Music Hour: Merl Haggard 6:00 - Objects BINGO</p>	<p>9:45 - Flexibility Exercise 10:30 - Noodle Ball 11:00 - Discussion: 1:00 - Aroma Therapy 1:30 - WU: Reminisce: Bird Migration 2:30 - Karma the Dog Visits 2:45 - Afternoon Stretch 3:00 - Objects BINGO 3:30 - Rhyme Time 4:00 - Music Hour: Linda Ronstadt 6:00 - Comedy Club: A Little Help</p>	<p>9:45 - Musical Meditation 10:30 - Chair Zumba 1:30 - Saturday Matinee: <i>Dance Queen</i> 2:30 - Refreshments 3:00 - Afternoon Stretch 3:15 - Sorting 4:00 - Music Hour: Diana Ross 6:00 - Volleyball</p>
<p>Mother's Day 10:00 - Mass on TV Ch. 9 10:30 - Manicures w/NAYAs 11:00 - Music N' Motion Exercise 12:00 - Mother's Day Luncheon 1:30 - Noodle Ball 2:00 - Sorting 2:00 - WU: Poetry Corner: Mothers are Sweet 3:00 - Ball Toss 4:00 - Music Hour: Beethoven 6:00 - Aqua Painting</p>	<p>9:45 - Cardio Exercise 10:30 - Felt Art 1:00 - Jigsaw Puzzles 1:00 - Volleyball 1:30 - Afternoon Walks 2:00 - Chaplet of Divine Mercy 2:00 - Nature Reflection on Patio 3:00 - Discussion: Categories 4:00 - Music Hour: Frank Sinatra 6:00 - Game Night: High/Low</p>	<p>9:45 - Strengthening Exercise 10:30 - Baking Club 11:00 - Dance Like a Chicken Day! 1:30 - Corn Hole 2:00 - Stretching 3:00 - WU: Book Club: Nancy Drew 4:00 - Music Hour: Cher 6:00 - Artistic Expression</p>	<p>9:45 - Morning Exercise 10:30 - Coffee Social in Cafe' 11:00 - Daily Chronicle 11:30 - Luncheon Out: Capt Jimmy 1:00 - Aroma Therapy 1:30 - Bird Watching on the Patio 2:00 - Artistic Expression 3:00 - Target Toss 4:00 - Music Hour: Classical 6:00 - Relaxation/ Meditation</p>	<p>9:45 - Conductorcise 10:30 - Love A Tree Day Craft 1:00 - WU: Engage VR 1:00 - Walking Club 1:30 - Tony Fazio Entertains 2:00 - Jigsaw Puzzles 3:00 - WU: Biographies: Jerry Stiller 4:00 - Music Hour: Mitch Miller 6:00 - Objects BINGO</p>	<p>9:45 - Flexibility Exercise 10:30 - Parachute Fun! 11:00 - Discussion: Ice Cream Truck 1:00 - Aroma Therapy 1:30 - Disco Dance Party in Lobby 2:30 - Karma the Dog Visits 2:45 - Afternoon Stretch 3:00 - Pack Rat Day Discussion 3:30 - Rhyme Time 4:00 - Music Hour: Beach Boys 6:00 - Comedy Club: A Little Help</p>	<p>9:45 - Musical Meditation 10:30 - Chair Zumba 1:30 - Saturday Matinee: <i>The Miracle Club</i> 2:30 - Refreshments 3:00 - Afternoon Stretch 3:15 - Sorting 4:00 - Music Hour: Ethel Mermen 6:00 - Volleyball</p>
<p>10:00 - Mass on TV Ch. 9 10:30 - Manicures w/NAYAs 11:00 - Music N' Motion Exercise 1:00 - Piano Entertainment 2:00 - Grace Church Service 2:00 - Sorting 2:30 - Refreshments 3:00 - Ball Toss 4:00 - Music Hour: Brahms 6:00 - Aqua Painting</p>	<p>9:45 - Cardio Exercise 10:30 - BINGO 1:00 - Jigsaw Puzzles 1:00 - Volleyball 1:30 - Afternoon Walks 2:00 - Chaplet of Divine Mercy 2:00 - Nature Reflection on Patio 3:00 - Sing Along with Mary Sue 4:00 - Music Hour: Nat King Cole 6:00 - Game Night: High/Low</p>	<p>9:45 - Strengthening Exercise 10:30 - Baking Club 11:00 - Extraordinary Facts 1:30 - Walking Club 2:00 - WU: Chopped Challenge 3:00 - Artistic Expression 4:00 - Music Hour: Bette Midler 6:00 - Artistic Expression</p>	<p>9:45 - Morning Exercise 10:30 - Coffee Social in Cafe' 11:00 - Daily Chronicle 1:00 - Aroma Therapy 1:30 - WU: Book Club: Nancy Drew 2:00 - Artistic Expression 3:00 - Target Toss 4:00 - Music Hour: Springstein 6:00 - Relaxation/ Meditation</p>	<p>9:45 - Conductorcise 10:30 - World Turtle Day Presentation 1:00 - WU: Engage VR 1:00 - Walking Club 1:30 - Ethan Stone Performs for Monthly Birthdays 2:00 - Jigsaw Puzzles 3:00 - WU: Biographies: Yogi Berra 4:00 - Music Hour: Willie Nelson 6:00 - Objects BINGO</p>	<p>9:45 - Flexibility Exercise 10:30 - Noodle Ball 11:00 - Discussion: Picnics 1:00 - Aroma Therapy 1:30 - WU: Reminisce: My First Miracl 2:30 - Karma the Dog Visits 2:45 - Afternoon Stretch 3:00 - Objects BINGO 4:00 - Music Hour: R&B 6:00 - Comedy Club: A Little Help</p>	<p>9:45 - Musical Meditation 10:30 - Chair Zumba 1:30 - Saturday Matinee: <i>Downton Abbey</i> 2:30 - Refreshments 3:00 - Afternoon Stretch 3:15 - Sorting 4:00 - Music Hour: 1950's 6:00 - Volleyball</p>
<p>10:00 - Mass on TV Ch. 9 10:30 - Manicures w/NAYAs 11:00 - Music N' Motion Exercise 1:30 - Noodle Ball 2:00 - Bird Watching on the Patio 2:30 - Refreshments 3:00 - Ball Toss 4:00 - Music Hour: Chuck Berry 6:00 - Aqua Painting</p>	<p>Memorial Day 9:45 - Cardio Exercise 10:30 - Watercolor Painting 1:00 - Bird Watching on Patio 1:00 - Discussion: Memorial Day 2:00 - Patriotic Sing Along 3:00 - Artistic Expression 4:00 - Music Hour: Marine Band 6:00 - Game Night: High/Low</p>	<p>9:45 - Strengthening Exercise 10:30 - Baking Club 11:00 - Extraordinary Facts 1:30 - Ben Buck Performs 2:30 - Stretching 3:00 - Outdoor Meditation 4:00 - Music Hour: Streisand 6:00 - Artistic Expression</p>	<p>9:45 - Morning Exercise 10:30 - Coffee Social in Cafe' 11:00 - Daily Chronicle 1:00 - Aroma Therapy 1:30 - WU: Book Club: Nancy Drew 2:00 - Artistic Expression 2:30 - Ice Cream Social 3:00 - Target Toss 4:00 - Music Hour: Dolly Parton 6:00 - Relaxation/ Meditation</p>	<p>9:45 - Conductorcise 10:30 - Dance Party! 1:00 - WU: Engage VR 1:00 - Walking Club 1:30 - Mint Julep Day! 2:00 - Jigsaw Puzzles 3:00 - WU: Reminisce: "Classy" Memories 4:00 - Music Hour: Country 6:00 - Objects BINGO</p>	<p>9:45 - Flexibility Exercise 10:30 - Parachute Fun! 11:00 - International Space Day 1:00 - Aroma Therapy 1:30 - Food for the Senses: Popcorn 2:30 - Karma the Dog Visits 2:45 - Afternoon Stretch 3:00 - Target Practice on the Patio 4:00 - Music Hour: Classic Rock 6:00 - Comedy Club: A Little Help</p>	

MAY 2024
Pathways



EAST VILLAGE PLACE
A WATERMARK RETIREMENT COMMUNITY™

ACTIVITY LOCATOR KEY

*Schedule Subject to Change

Happy Birthday!
6th Bobbi Wojnilowicz
11th Irene Van Deren
13th JoAnn Seagrave
13th Mena Holmes
15th Patt Gallagher
26th Mildred Baeder
31st Maryanne Connery

Dates to Remember
2nd Derek Bridges Entertains
3rd Mass w/Father Wayne
9th Irving Lewis Performs
15th Lunch Out -Captain Jimmy
16th Tony Fazio Entertains
17th Disco Dance Party
19th Piano Entertainment
19th Grace Church Service

Dates to Remember
23rd Ethan Stone on Piano
23rd Monthly Birthday Party
27th Memorial Day
28th Ben Buck Performs
29th Ice Cream Social

Pet Therapy
Reduce anxiety,
increase socialization,
and improve your
overall quality of life
by spending time with
our visiting dog
Karma.