

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|---|---|--|
| <p>Medical Transportation Appointment Request must be turned in one day prior by 1:00 Tuesday and Thursday 10 mile radius</p> <p>Please note: Only one appointment per day per resident and First Come First Serve</p> | | <p>Special Announcement: Community Life Meeting will be on May 2nd at 2pm in the Bistro</p> | <p>10:00 Upper Limbs Exercise (AS) 10:30 Womens Health: Elizabeth Blackwell (BL) 1:00 Olive Garden Outing 1:00 Pokeno (Next to 5212) 3:00 Meditation Group (BL) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)</p> <p style="text-align: right;">1</p> | <p>9:00 Head to Toe Exercise (AS) 10:30 Kentucky Derby Hat Creation (AB) 10:30 WU Bible Study (MP) 12:00 Wall that Heals Outing 1:30 Bingo (MP) 2:30 Hymn Singing (next to 4111) 3:00 Community Life Meeting (TH) 3:30 Swiss Alps- VR (BL) 6:30 Pokeno (G)</p> <p style="text-align: right;">2</p> | <p>9:00 Head to Toe Exercise (AS) 10:00 Catholic Rosary (MP) 10:00 Teacher Appreciation Card Making (AB) 10:00 Father Lee Confession (TBD) 10:30 Catholic Communion (MP) 11:00 Mystery Lunch Outing 1:30 Crazy Rummy (L) 2:00/3:00 WU Live your Best Life (G) 2:15 Cinco De Mayo Happy Hour with Krystal Rodriguez (DR) 4:00 Signature Cocktail Hour (BL) 7:00 Mexican Train (MP)</p> <p style="text-align: right;">3</p> | <p>10:00 WU Line Dancing (AS) 10:00 WU Talk about Lungs (BL) 10:00-11:30 Charity Stitch & Chat (across from 5212) 1:30 Bingo (MP) 2:00 Movie: Star Wars Attack of the Clones (TH) 4:00 Kentucky Derby Watch Party (BL) 6:30 Chicken Foot (G) 7:00 Movie: Star Wars Revenge of the Sith (TH)</p> <p style="text-align: right;">4</p> |
| <p>10:00 Suad Sells (BL) 10:15 Church Shuttle 11:00-2:00 Sunday Brunch 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 5:30 Sunday Movie: RV (TH)</p> <p style="text-align: right;">5</p> | <p>10:00 Grocery Shopping Outing 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 1:00 Range of Motion Exercise (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 3:00 New Resident Meeting (TH) 3:30 Childhood Vacations- VR (BL) 6:30 Pokeno (G)</p> <p style="text-align: right;">6</p> | <p>9:00 Head to Toe Exercise (AS) 9:30 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Astor (L) 11:00 Salata Outing 1:30 Speed Bingo (G) 1:30 Sweet and Sour Lemonade Social (BL) 2:00 Thank you Card Creation- Nurses Day (AB) 3:30 WU Zentangle (AB) 6:30 Evening Movie: Lincoln (TH)</p> <p style="text-align: right;">7</p> | <p>10:00 Shopping/Nail Salon Outing 10:00 Stretching Exercise (AS) 11:00 History of the World Rabbi Wolk (MP) 1:00 Pokeno (Next to 5212) 1:00 WU History Buffs: Remembrance Day WWII (BL) 2:00 WU Music and Memories (TH) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)</p> <p style="text-align: right;">8</p> | <p>9:00 Head to Toe Exercise (AS) 10:30 WU TechClass: Social Media(BL) 10:30 WU Bible Study (MP) 1:15 Reedy Orchestra Performance (LB) 1:30 Bingo (MP) 1:30 WU Upcycling Art Class (BL) 2:30 Laughter Yoga (BL) 3:30 Virtual Roller coaster (BL) 6:30 Pokeno (G)</p> <p style="text-align: right;">9</p> | <p>9:00 Head to Toe Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:00 Service for Cynthia Tobias at St Francis Chapel- Starts at 11:30am 1:00 Hand Arthritis Exercise (AS) 1:30 Crazy Rummy (L) 2:00 Mothers Day Tea Party (DR) 2:00/3:00 WU Live your Best Life (G) 4:00 Signature Cocktail Hour (BL) 7:00 Mexican Train (MP)</p> <p style="text-align: right;">10</p> | <p>10:00 WU Heart Talk (BL) 10:00-11:30 Charity Stitch & Chat (across from 5212) 1:30 Bingo (MP) 2:00/7:00 Movie: Just Mercy (TH) 3:00 Canvas Painting (AB) 6:30 Chicken Foot (G)</p> <p style="text-align: right;">11</p> |
| <p>Mothers Day 10:15 Church Shuttle 11:00-2:00 Sunday Brunch 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 5:30 Sunday Movie: Beaches (TH)</p> <p style="text-align: right;">12</p> | <p>10:00 Grocery Shopping Outing 10:00 WU Talk about Neuropathy (BL) 11:00 WU Brain Teasers (G) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 2:30 Flexibility Exercise (AS) 3:30 Virtual Gaming (BL) 6:30 Pokeno (G)</p> <p style="text-align: right;">13</p> | <p>9:00 Boat Outing 9:00 Head to Toe Exercise (AS) 9:30 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Astor (L) 1:00 WU Womens Health: Mary Edwards Walker 2:15 Happy Hour with Monte Slaver (DR) 3:30 Zentangle (AB) 3:30 WU Diamond Dots (BL) 6:30 Evening Movie: The Sand Pebbles (TH)</p> <p style="text-align: right;">14</p> | <p>10:00 Arthritis Exercise Class (AS) 11:00 History Buffs: Russian Monarch (BL) 1:00 Pokeno (Next to 5212) 1:30 Food Square: Root Beer Floats (BL) 2:00 Country Music Award Kickoff at the Star Outing 2:00 Opera Club (TH) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)</p> <p style="text-align: right;">15</p> | <p>9:00 Boat Outing 9:00 Head to Toe Exercise (AS) 10:30 WU Bible Study (MP) 1:30 WU Poetry Club: Shakespeare 1:30 Bingo (MP) 2:00 Stroke Awareness Talk (BL) 2:30 Hymn Singing (next to 4111) 3:30 Bucket List Travels- VR (BL) 6:30 Pokeno (G)</p> <p style="text-align: right;">16</p> | <p>9:00 Head to Toe Exercise (AS) 9:30 Positive Affirmations (BL) 10:00 Catholic Rosary (MP) 10:00 Juliet Outing: The Bloom Lounge 10:30 Catholic Communion (MP) 1:00 Knee Arthritis Exercise (AS) 1:30 Crazy Rummy (L) 2:00/3:00 WU Live your Best Life (G) 4:00 Signature Cocktail Hour (BL) 7:00 Mexican Train (MP)</p> <p style="text-align: right;">17</p> | <p>10:00 WU Line Dancing (AS) 10:00 WU Kidney function (BL) 10:00-11:30 Charity Stitch & Chat (across from 5212) 10:30 Julies Abstract Art (AB) 1:30 Bingo (MP) 6:30 Chicken Foot (G) 2:00/7:00 Movie: Leatherheads (TH)</p> <p style="text-align: right;">18</p> |
| <p>10:15 Church Shuttle 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 11:10 Current Event and Coffee Social (BL) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: Last Song (TH)</p> <p style="text-align: right;">19</p> | <p>10:00 Grocery Shopping Outing 10:00 WU Talk about Brain Health(BL) 11:00 WU Brain Teasers (G) 1:00 Flexibility Exercise (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 3:30 Virtual Gaming (BL) 6:30 Pokeno (G)</p> <p style="text-align: right;">20</p> | <p>9:00 Head to Toe Exercise (AS) 9:30 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Astor (L) 2:00 Speed Bingo (G) 3:30 Zentangle (AB) 3:30 WU Diamond Dots (BL) 6:30 Evening Movie: Sister Act (TH)</p> <p style="text-align: right;">21</p> | <p>10:00 Arthritis Exercise (AS) 10:00 Shopping/Nail Salon Outing 11:00 WU Jewelry Making (AB) 1:00 Pokeno (Next to 5212) 1:30 History Buffs: Japan (BL) 2:00 WU Music and Memories (TH) 2:00 Pinochle (G) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)</p> <p style="text-align: right;">22</p> | <p>9:00 Head to Toe Exercise (AS) 9:00 Ziplining Outing 10:30 WU Bible Study (MP) 1:00 Harris Jewelers and Repair (BL) 1:30 Crazy Rummy (G) 1:30 Bingo (MP) 3:00 Mad Hatters Book Club (L) 3:30 Virtual Adventure Excursion (BL) 5:00 Mystery Dinner Outing 6:30 Pokeno (G)</p> <p style="text-align: right;">23</p> | <p>9:00 Head to Toe Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:00 WU Britian Information Session(TH) 12:00 ROMEO Outing: Smoken Oak Wood Fired Pizza 1:00 Knee Arthritis Exercise (AS) 1:30 Crazy Rummy (L) 2:00/3:00 WU Live your Best Life (G) 4:00 Signature Cocktail Hour (BL) 7:00 Mexican Train (MP)</p> <p style="text-align: right;">24</p> | <p>10:00 WU Kidney function (BL) 10:00-11:30 Charity Stitch & Chat (across from 5212) 10:30 Julies Abstract Art (AB) 11:45 Rolling through the 40s and 50s with Dean Peters (DR) 1:30 Bingo (MP) 6:30 Chicken Foot (G) 2:00/7:00 Movie: Roommates (TH)</p> <p style="text-align: right;">25</p> |
| <p>10:15 Church Shuttle 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 11:10 Current Event and Coffee Social (BL) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 6:30 Sunday Movie: The Longest Day (TH)</p> <p style="text-align: right;">26</p> | <p>Memorial Day 10:00 Grocery Shopping Outing 10:00 WU Talk about Bone Health (BL) 11:00 WU Brain Teasers (G) 1:00 Flexibility Exercise (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 3:30 Travel Through Canada-VR (BL) 6:30 Pokeno (G)</p> <p style="text-align: right;">27</p> | <p>9:00 Head to Toe Exercise (AS) 9:30 Synergy Vitals Checks (BL) 10:00 PGA Tour Frisco Brisket Day Outing 10:30 Parkview Book Club: Astor (L) 2:15 Happy Hour with Divine (DR) 3:30 Zentangle (AB) 6:30 Evening Movie: The usual suspects (TH)</p> <p style="text-align: right;">28</p> | <p>10:00 Arthritis Exercise (AS) 10:00 New Resident Social (BL) 1:00 Pokeno (Next to 5212) 2:00 Pinochle (G) 2:00 Occupational Therapy and VA (TH) 4:00 Wine Down Wednesday (BL) 6:30 Poker (G)</p> <p style="text-align: right;">29</p> | <p>9:00 Head to Toe Exercise (AS) 10:30 WU Bible Study (MP) 1:30 Bingo (MP) 1:30 Ted Talk on Creative Thinking (BL) 3:00 WU Diamond Dots (BL) 3:30 Virtual Adventure Excursion (BL) 6:30 Pokeno (G)</p> <p style="text-align: right;">30</p> | <p>8:00 Choctaw Casino Outing 9:00 Head to Toe Exercise (AS) 10:00 Catholic Rosary (MP) 10:00 Memorial Day Event (TH) 10:30 Catholic Communion (MP) 1:30 Crazy Rummy (L) 2:00/3:00 WU Live your Best Life (G) 3:00 WU Mixology 101 w/Amanda (BL) 4:00 Signature Cocktail Hour (BL) 7:00 Mexican Train (MP)</p> <p style="text-align: right;">31</p> | |

MAY 2024

Independent Living

PARKVIEW
IN FRISCO
A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

B- Art Breezeway
AS- Aerobic Studio
B1/4 Breezway Between Bld 1/4
BL- Bistro Lounge
DO- Doctor's Office (1102)
DR- Dining Room

FP- Fire Place
G- Game Room
L- Library
MP- Multipurpose Room
LB- Lobby
P-Pool
PD- Private Dining Room
PT- Pool Table
TH- Theater

May Birthdays
Sherry Ganyard 05/01
Vera Hylton 05/07
Earl Young 05/08
David Tucker 05/08
Jerry Alfieri 05/10
Howard Matson 05/11
Joyce Fair 05/12
Judith Chaiken 05/13

May Birthdays continued.
Faye Miller 05/17
John Slattery 05/18
Lois Houdmann 05/22



WATERMARK
RETIREMENT COMMUNITIES[®]