

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>All outings are highlighted in RED. If you would like to go on an outing with us you can sign up at the front desk. You must sign up before the day of the of the outing. If you have a suggestion for an outing please talk to Alexis or Alysia.</b></p>			9:30 Cocoa & Chat-L 10:15 Volleyball-D 11:00 Brain Breaks-D 1:30 Balance Class-T 2:00 Western Wednesday Movie-T 7:00 Sunday School-D	9:30 Cocoa & Chat-L 10:15 Resistance Bands-D 10:45 Trivia-D <b>2:00 Shop @ Walmart</b> <b>2:15 Karaoke &amp; Happy Hour-D</b> 6:15 Evening with Alysia-D	9:30 Cocoa & Chat-L <b>10:00 Temple Open House Outing</b> 10:15 Badminton-D 11:00 Fun Fact Friday-D 2:00 Star Wars Movie Marathon-T	9:30 Cocoa & Chat-L 10:15 Cardio with Alysia-D 10:45 Brain Breaks-D 2:00 BINGO-D 3:30 Social-D
9:00 Cocoa & Chat-L 10:00 LDS Sacrament-D 10:30 Puzzle Time-C 2:00 Color & Create-C 2:30 Afternoon Movie-T	9:00 Cocoa & Chat-L 10:15 Stretch Class-D 10:45 Manicures-B <b>1:30 WU: Physical Therapy and What it Can Do For You-T</b> 2:30 Gardening-P 3:30 Bible Study with Ron-T	9:30 Cocoa & Chat-L 10:15 Weight Class-D 10:45 Have You Ever...-D 2:00 BINGO-D 3:30 Tea & Tunes-D	9:30 Cocoa & Chat-L 10:15 Volleyball-D 11:00 Brain Breaks-D 1:30 Balance Class-D 2:00 Tasters Club: Cheese-D 3:00 Gardening-P 7:00 Relief Society & Priesthood-D	9:00 Cocoa & Chat-L <b>9:30 Shop @ Walmart</b> 10:15 Resistance Bands-D 10:45 Trivia-D 2:00 Craft Group: Pressed Flower Bookmarks-D 3:30 Lemonade on the Patio	9:30 Cocoa & Chat-L 10:15 Badminton-D 10:45 Fun Fact Friday-D <b>1:30 Temple Outing</b> 2:15 Afternoon Comedy Movie-T	9:30 Cocoa & Chat-L 10:15 Cardio with Alysia-D 10:45 Brain Breaks-D 2:30 Mother's Day Social: MOM-osas, Music, & Memories Please one guest per person.
9:00 Cocoa & Chat-L 10:00 LDS Sacrament-D 10:30 Puzzle Time-C 2:00 Color & Create-C 2:30 Afternoon Movie-T	9:00 Cocoa & Chat-L 10:15 Stretch Class-D 10:45 Manicures-B <b>2:00 Music with Wayne-D</b> 3:00 Social-D 3:30 Bible Study with Ron-T	9:00 Cocoa & Chat-L 9:30 Gardening-P 10:15 Weight Class-D 10:45 This Week in History-D 2:00 BINGO-D 3:30 Tea & Tunes-D	9:00 Cocoa & Chat-L 10:15 Volleyball-D 11:00 Brain Breaks-D <b>2:00 Welcome Social-D</b> <b>Come get to know new residents!</b> 7:00 Sunday School-D	9:00 Cocoa & Chat-L 9:30 Gardening-P 10:15 Resistance Bands-D 10:45 Health Talk with Scott-D <b>2:00 Shop @ Walmart</b> <b>2:15 Summits 4th Annual Summit Horse Derby-D</b>	9:00 Cocoa & Chat-L 10:15 Badminton-D 11:00 Fun Fact Friday-D <b>2:00 Paint &amp; Sip-D</b> 3:30 Have You Ever...-D 6:00 Action Movie Night-T	9:00 Cocoa & Chat-L 9:30 Gardening-P 10:15 Cardio with Alysia-D 2:00 BINGO-D 3:30 Social-P
9:00 Cocoa & Chat-L 10:00 LDS Sacrament-D 10:30 Puzzle Time-C 2:00 Color & Create-C 2:30 Afternoon Movie-T	9:00 Cocoa & Chat-L 10:15 Stretch Class-D 10:45 Manicures-B 2:00 Donut Social-D <b>2:30 Resident Council-D</b> 3:30 Bible Study with Ron-T	9:00 Cocoa & Chat-L 9:30 Gardening-P 10:15 Weight Class-D 10:45 Name That Tune-D 2:00 BINGO-D 3:30 Tea & Tunes-D	9:30 Cocoa & Chat-L 10:15 Volleyball-D 11:00 Brain Breaks-D <b>2:00 Music with Paul Morphis-D</b> 3:00 Lemonade on the Patio 7:00 Relief Society & Priesthood-D	9:00 Cocoa & Chat-L 9:30 Gardening-P <b>9:30 Shop @ Walmart</b> 10:15 Resistance Bands-D 10:45 Trivia-D <b>2:15 Karaoke &amp; Happy Hour-D</b>	9:00 Cocoa & Chat-L 9:30 Gardening-P 10:15 Badminton-D <b>11:00 Village Inn Lunch Outing</b> 2:30 Lemonade on the Patio 6:00 Audrey Hepburn Movie-T	9:00 Cocoa & Chat-L 9:30 Gardening-P 10:15 Cardio with Alysia-D 10:45 Brain Breaks-D 2:30 Yard Games & Iced Tea-P
9:00 Cocoa & Chat-L 10:00 LDS Sacrament-D 10:30 Puzzle Time-C 2:00 Color & Create-C 2:30 Afternoon Movie-T	9:00 Cocoa & Chat-L 10:15 Stretch Class-D 10:45 Manicures-B <b>2:00 Music with Terry-D</b> 3:00 Birthday Social-D 3:30 Bible Study with Ron-T	9:00 Cocoa & Chat-L 9:30 Gardening-P 10:15 Weight Class-D 10:45 This Week in History-D 2:00 BINGO-D 3:30 Tea & Tunes-D	9:30 Cocoa & Chat-L 10:15 Volleyball-D 11:00 Brain Breaks-D <b>2:00 Bowling-D</b> 3:30 Floats-P 7:00 Combined Church Meeting-D	9:00 Cocoa & Chat-L 9:30 Gardening-P 10:15 Resistance Bands-D 10:45 Trivia-D <b>2:00 Shop @ Walmart</b> <b>2:15 WU: Botany 101-D</b> 6:15 Evening with Alysia-D	9:00 Cocoa & Chat-L 9:30 Gardening-P 10:15 Badminton-D 11:00 Fun Fact Friday-D <b>2:15 Karaoke &amp; Happy Hour-D</b> 6:00 Musical Movie Night-T	

# MAY 2024



**SUMMIT**  
SENIOR LIVING  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

**ACTIVITY LOCATOR KEY**

B-Beauty Salon C-Craft Room  
 D-Dining Room L-Library  
 P-Patio T-Theater

Transportation for doctor appointments is available all day **TUESDAY** and **WEDNESDAY**. If you need transportation, please let Efen or Alexis know the week before your appointment

**Calendar is subject to change. All updates will be made on activity calendar across from the dining room.**

**Happy Birthday!**  
 Lorraine R.5/6 Norrine J.5/8  
 Heidi A.5/14 Rita R.5/22  
 Dyann D.5/23 Leo B.5/24  
 Eileen E.5/24 Bonnie D.5/29  
 Wendy N.5/31