

| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday  |
|---|---|--|---|---|--|---|
| <ul style="list-style-type: none"> <li>10:00 Sunday Mass</li> <li>1:30 Full Body Stretch (VFC)</li> <li>2:00 Service Circles (AR)</li> <li>3:00 Sunday Concert Series: The Music of Burt Bacharach (A)</li> <li>7:00 Netflix Binge Club: The Queen's Gambit (T)</li> </ul> <b>1</b> | <ul style="list-style-type: none"> <li>9:00 DrumFIT (V)</li> <li>10:00 Veterans Group (LI)</li> <li>11:00 Mental Aerobics (AR)</li> <li>1:30 Mindfulness Meditation (VFC)</li> <li>2:00 WU: Highlighting Local Ingredients</li> <li>3:30 Mahjong (CR)</li> <li>4:30 Ask Siri Social</li> <li>7:00 Fantasy Baseball League (LO)</li> </ul> <b>2</b>  | <ul style="list-style-type: none"> <li>8:30 Sunrise Yoga (V)</li> <li>9:30 Zumba Gold</li> <li>10:00 Seeders &amp; Weeders Gardening Club (CO)</li> <li>11:00 Morning Brew &amp; National News</li> <li>2:00 WU: Maximizing Your Space (A)</li> <li>3:30 EngageVR Experience (LO)</li> <li>4:00 Scrabble Scrimmage (LI)</li> <li>7:00 Poker Club (CR)</li> </ul> <b>3</b>        | <ul style="list-style-type: none"> <li>9:00 Strength &amp; Balance</li> <li>10:00 WU: Line Dancing (A)</li> <li>1:30 Splash Fitness at the Y</li> <li>2:00 WU: Religious Studies from Around the World (AR)</li> <li>3:00 WU: Inspired Artistic Expression (AS)</li> <li>3:30 Bocce Ball (CO)</li> <li>6:00 Evening Film: Molly's Game (T)</li> </ul> <b>4</b>  | <ul style="list-style-type: none"> <li>8:30 Holy Walkamolies Group</li> <li>10:00 Gratitude Journaling (LI)</li> <li>11:00 WU: Brain Cafe</li> <li>1:30 Qi Gong</li> <li>2:00 Artists' Palette Collective (AS)</li> <li>3:00 WU: Reading Boccaccio's The Decameron (TL)</li> <li>4:00 Happy Hour - Local Microbrews (P)</li> </ul> <b>5</b> | <ul style="list-style-type: none"> <li>9:00 Circuit Training (VFC)</li> <li>10:00 Community Life Committee</li> <li>11:00 Wine &amp; Dine Club - Lunch at Bocelli's</li> <li>1:30 WU: Treasuring Our National Parks</li> <li>2:00 Bell Choir Rehearsal (AR)</li> <li>2:30 Croquet on the Lawn</li> <li>4:00 Shabbat Service (AR)</li> <li>6:30 Take the Stage Karaoke (LO)</li> </ul> <b>6</b> | <ul style="list-style-type: none"> <li>9:30 Tai Chi (V)</li> <li>10:00 As the Page Turns Book Club</li> <li>11:00 Improv Club (T)</li> <li>1:00 Hot Shots Billiards Club (GR)</li> <li>1:00 Outing to the Art Museum: Matisse in the 1930's</li> <li>2:00 Bridge Club</li> <li>4:00 Yappy Hour (CO)</li> <li>7:00 Saturday Night Cinema: The Imitation Game (T)</li> </ul> <b>7</b> |
| <ul style="list-style-type: none"> <li>10:00 Sunday Mass</li> <li>1:30 Full Body Stretch (VFC)</li> <li>2:00 Service Circles (AR)</li> <li>3:00 Sunday Concert Series: British Invasion (A)</li> <li>7:00 Netflix Binge Club: The Queen's Gambit (T)</li> </ul> <b>8</b>            | <ul style="list-style-type: none"> <li>9:00 DrumFIT (V)</li> <li>10:00 Shopping Loop</li> <li>11:00 Mental Aerobics (AR)</li> <li>1:30 Mindfulness Meditation (VFC)</li> <li>2:00 WU: Mysteries of the Crown (A)</li> <li>3:30 Mahjong (CR)</li> <li>4:30 Ask Siri Social</li> <li>7:00 Fantasy Baseball League (LO)</li> </ul> <b>9</b>  | <ul style="list-style-type: none"> <li>8:30 Sunrise Yoga (V)</li> <li>9:30 Zumba Gold</li> <li>10:00 Seeders &amp; Weeders Gardening Club (CO)</li> <li>11:00 Morning Brew &amp; Local News</li> <li>2:00 WU: Birding for Beginners (MIL)</li> <li>3:30 EngageVR Experience (LO)</li> <li>4:00 Scrabble Scrimmage (LI)</li> <li>7:00 Poker Club (CR)</li> </ul> <b>10</b>        | <ul style="list-style-type: none"> <li>9:00 Strength &amp; Balance</li> <li>10:00 WU: Line Dancing (A)</li> <li>2:00 Nondenominational Faith Service (CH)</li> <li>2:00 WU: Chinese Brush Stroke Painting (AS)</li> <li>3:30 Putting on the Green (CO)</li> <li>6:00 Evening Film: St. Vincent (T)</li> </ul> <b>11</b>   | <ul style="list-style-type: none"> <li>8:30 Holy Walkamolies Group</li> <li>10:00 Gratitude Journaling (LI)</li> <li>11:00 WU: Brain Cafe</li> <li>1:30 Qi Gong</li> <li>2:00 WU: Alternative Approaches to Managing Stress (A)</li> <li>4:00 Happy Hour - Wine Pairings (LO)</li> </ul> <b>12</b>  | <ul style="list-style-type: none"> <li>9:00 Circuit Training (VFC)</li> <li>10:00 Local Action Committee (LO)</li> <li>11:00 Parkinson's Support Group (AR)</li> <li>2:00 Bell Choir Rehearsal (AR)</li> <li>2:30 Croquet on the Lawn</li> <li>4:00 Shabbat Service (AR)</li> <li>6:30 Take the Stage Karaoke (LO)</li> </ul> <b>13</b>  | <ul style="list-style-type: none"> <li>9:30 Tai Chi (V)</li> <li>10:00 Bible Study (LI)</li> <li>11:00 Creative Writing (LI)</li> <li>1:00 Hot Shots Billiards Club (GR)</li> <li>2:00 Bridge Club</li> <li>4:00 Yappy Hour (CO)</li> <li>7:00 Murder Mystery Party</li> </ul> <b>14</b>  |
| <ul style="list-style-type: none"> <li>10:00 Sunday Mass</li> <li>1:30 Full Body Stretch (VFC)</li> <li>2:00 Service Circles (AR)</li> <li>3:00 Sunday Concert Series: Classical Composers (A)</li> <li>7:00 Netflix Binge Club: The Queen's Gambit (T)</li> </ul> <b>15</b>        | <ul style="list-style-type: none"> <li>9:00 DrumFIT (V)</li> <li>10:00 As The Page Turns Book Club (LI)</li> <li>10:00 Shopping Loop</li> <li>11:00 Mental Aerobics (AR)</li> <li>1:30 Mindfulness Meditation (VFC)</li> <li>2:00 WU: Classic Dishes with a Modern Twist (C)</li> <li>3:30 Mahjong (CR)</li> <li>4:30 Ask Siri Social</li> <li>7:00 Fantasy Baseball League (LO)</li> </ul> <b>16</b> | <ul style="list-style-type: none"> <li>8:30 Sunrise Yoga (V)</li> <li>9:30 Zumba Gold</li> <li>10:00 Seeders &amp; Weeders Gardening Club (CO)</li> <li>11:00 Morning Brew &amp; National News</li> <li>2:00 WU: The Power of Unplugging (IL)</li> <li>3:30 EngageVR Experience (LO)</li> <li>4:00 Scrabble Scrimmage (LI)</li> <li>7:00 Poker Club (CR)</li> </ul> <b>17</b>    | <ul style="list-style-type: none"> <li>9:00 Strength &amp; Balance</li> <li>10:00 WU: Line Dancing (A)</li> <li>1:30 Splash Fitness at the Y</li> <li>2:00 WU: Religious Studies from Around the World (AR)</li> <li>3:00 WU: Inspired Artistic Expression (AS)</li> <li>3:30 Bocce Ball (CO)</li> <li>5:30 Wine &amp; Dine Club Night Out - Bridget's Steakhouse</li> <li>6:00 Evening Film: Hamilton (T)</li> </ul> <b>18</b> | <ul style="list-style-type: none"> <li>8:30 Holy Walkamolies Group</li> <li>10:00 Gratitude Journaling (LI)</li> <li>11:00 WU: Brain Cafe</li> <li>1:30 Qi Gong</li> <li>2:00 Artists' Palette Collective (AS)</li> <li>2:00 WU: Email Applications (LO)</li> <li>4:00 Happy Hour: International Cocktails (LO)</li> </ul> <b>19</b>        | <ul style="list-style-type: none"> <li>9:00 Circuit Training (VFC)</li> <li>10:00 Resident Council Meeting</li> <li>11:00 WU: Sharing Wisdom Through Podcasts (AR)</li> <li>2:00 Bell Choir Rehearsal (AR)</li> <li>2:30 Croquet on the Lawn</li> <li>4:00 Shabbat Service (AR)</li> <li>6:30 Take the Stage Karaoke (LO)</li> </ul> <b>20</b>   | <ul style="list-style-type: none"> <li>9:30 Tai Chi (V)</li> <li>10:30 Trip to the Farmers' Market</li> <li>11:00 Improv Club (T)</li> <li>1:00 Hot Shots Billiards Club (GR)</li> <li>2:00 Bridge Club</li> <li>2:00 WU: Herb Infused Oils (AR)</li> <li>4:00 Yappy Hour (CO)</li> <li>7:00 Saturday Night Cinema: The Unforgivable (T)</li> </ul> <b>21</b>                       |
| <ul style="list-style-type: none"> <li>10:00 Sunday Mass</li> <li>1:30 Full Body Stretch (VFC)</li> <li>2:00 Service Circles (AR)</li> <li>3:00 Sunday Concert Series: Broadway Favorites (A)</li> <li>7:00 Netflix Binge Club: The Queen's Gambit (T)</li> </ul> <b>22</b>         | <ul style="list-style-type: none"> <li>9:00 DrumFIT (V)</li> <li>10:00 Shopping Loop</li> <li>11:00 Mental Aerobics (AR)</li> <li>11:00 WU: The Changing Landscape of Ancient Rome</li> <li>1:30 Mindfulness Meditation (VFC)</li> <li>3:30 Mahjong (CR)</li> <li>4:30 Ask Siri Social</li> <li>7:00 Fantasy Baseball League (LO)</li> </ul> <b>23</b>  | <ul style="list-style-type: none"> <li>8:30 Sunrise Yoga (V)</li> <li>9:30 Zumba Gold</li> <li>10:00 Seeders &amp; Weeders Gardening Club (CO)</li> <li>11:00 Morning Brew &amp; Local News</li> <li>2:00 WU: Seasonal Design Trends (AR)</li> <li>3:30 EngageVR Experience (LO)</li> <li>4:00 Scrabble Scrimmage (LI)</li> <li>7:00 Poker Club (CR)</li> </ul> <b>24</b>        | <ul style="list-style-type: none"> <li>9:00 Strength &amp; Balance</li> <li>10:00 WU: Line Dancing (A)</li> <li>2:00 Nondenominational Faith Service (CH)</li> <li>2:00 WU: Paper Marbling (AS)</li> <li>3:30 Putting on the Green (CO)</li> <li>4:00 Pub Trivia (LO)</li> <li>6:00 Evening Documentary: Bob Ross: Happy Accidents, Betrayal and Greed</li> </ul> <b>25</b>   | <ul style="list-style-type: none"> <li>8:30 Holy Walkamolies Group</li> <li>10:00 Gratitude Journaling (LI)</li> <li>11:00 WU: Brain Cafe</li> <li>1:30 Qi Gong</li> <li>2:00 WU: Effective Password Management (LO)</li> <li>3:30 Intergenerational STEAM Initiative (AR)</li> </ul> <b>26</b>   | <ul style="list-style-type: none"> <li>9:00 Circuit Training (VFC)</li> <li>10:00 Local Action Committee (LO)</li> <li>11:00 Resident Town Hall Meeting</li> <li>2:00 Bell Choir Rehearsal (AR)</li> <li>2:30 Croquet on the Lawn</li> <li>4:00 Shabbat Service (AR)</li> <li>6:30 Take the Stage Karaoke (LO)</li> </ul> <b>27</b>  | <ul style="list-style-type: none"> <li>9:30 Tai Chi (V)</li> <li>10:00 Bible Study (LI)</li> <li>11:00 Creative Writing (LI)</li> <li>1:00 Hot Shots Billiards Club (GR)</li> <li>1:00 Spinning Wheels Car Show</li> <li>2:00 Bridge Club</li> <li>4:00 Yappy Hour (CO)</li> <li>7:00 Saturday Night Cinema: Poms (T)</li> </ul> <b>28</b>  |
| <ul style="list-style-type: none"> <li>10:00 Sunday Mass</li> <li>1:30 Full Body Stretch (VFC)</li> <li>2:00 Service Circles (AR)</li> <li>3:00 Sunday Concert Series: Best of the Opera (A)</li> <li>7:00 Netflix Binge Club: The Queen's Gambit (T)</li> </ul> <b>29</b>          | <ul style="list-style-type: none"> <li>9:00 DrumFIT (V)</li> <li>10:00 Shopping Loop</li> <li>10:00 TED Talks that Inspire (AR)</li> <li>11:00 Mental Aerobics (AR)</li> <li>1:30 Mindfulness Meditation (VFC)</li> <li>2:00 WU: Spices that Add Zest (C)</li> <li>3:30 Mahjong (CR)</li> <li>4:30 Ask Siri Social</li> <li>7:00 Fantasy Baseball League (LO)</li> </ul> <b>30</b>                    | <ul style="list-style-type: none"> <li>8:30 Sunrise Yoga (V)</li> <li>9:30 Zumba Gold</li> <li>10:00 Seeders &amp; Weeders Gardening Club (CO)</li> <li>11:00 Morning Brew &amp; National News</li> <li>2:00 WU: Great Composers of Our Time (A)</li> <li>3:30 EngageVR Experience (LO)</li> <li>4:00 Scrabble Scrimmage (LI)</li> <li>7:00 Poker Club (CR)</li> </ul> <b>31</b> |   |   |  | <ul style="list-style-type: none"> <li>Body</li> <li>Community</li> <li>Entertainment</li> <li>Mind</li> <li>Outing</li> <li>Spirit</li> </ul>  |