

Is It Time to Consider Assisted Living?



Have household chores become more challenging and tedious? Are you spending more time worrying about your health than living your life? Do you find yourself bored, craving mental and social interaction?

It's not easy to pinpoint when it's time to consider a move to assisted living, so it can be useful to keep a few things in mind to help guide your decision.

- Assisted living communities are intentionally designed to alleviate the burden of daily tasks.*
- Residents enjoy a less physically strenuous lifestyle that can alleviate health concerns.
- Thoughtfully accessible social events, classes, and outings enhance quality of life.*

A Helping Hand Ready When You Are

At Watermark, our residents lead enriching and rewarding lives with confidence. Enjoy total peace of mind knowing that expert care is always just a moment away, allowing you to focus on the things that matter most to you.



Scan the QR code to learn more about extraordinary senior living at Watermark Retirement Communities®.



* Howley, E. K. (2022). When to Move From Independent Living to Assisted Living. U.S. News & World Report. <https://welcomehealth.org/usn>