

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Resident Birthdays: 5/14-James Connelly 5/16-Mary Keller 5/16-Bernadette Jarosz 5/21-Rose Marie Kovarik 5/28-Douglas Scheel 5/29-Gwen Godfrey		9:00 Outing: Shopping *9:00 WU-Step It Up Aerobics w/ Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Morning Game with Renee: "Horse Race" 11:00 Outing: Lunch at LongHorn Steakhouse and Shopping at Woodman's 1:45 Bingo for Dimes with Renee-MDR 3:30 Travelogue: "Chicago's Hidden Gems-Seven Wonders of Chicago"-2nd *5:30 WU-Blackjack with Resident, Connie-Lounge	Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Protestant Service with Bethany Lutheran Church-2nd 10:00 Fancy Nails with Renee 12:30 Town Hall Meeting with Amy-Lounge *1:30 WU-Virtual Reality Experience w/ Renee: "National Gallery of Art in Washington, DC"-Lobby *2:00 WU-Hilarious History with Jim: "The American Dream"-2nd 2:00 Cinco De Mayo Bingo for Prizes with Renee *3:00 WU-Strength and Stretch with Renee-2nd 7:30 Night Time Sing Along with Nadine-Lobby	9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Dice Games with Renee: "Cross Out" 12:30 Food Meeting with Jeff-Lounge 2:00 Social Hour with Joe Nuccio-MDR 5:30 Bingo for Prizes with Resident, Donna-Lounge 6:00 All About Cinco De Mayo Activity Packet (Pick up your packet in the 3rd Floor Activity Room)	*9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout *9:30 WU-Painting Techniques 101 with Manda: "Splatter Painting"-2nd *10:00 WU-The History of The Kentucky Derby with Renee 1:45-3:00 Bingo for Dimes with Renee-MDR 6:00 The Flicka Collection Movie Special: "My Friend Flicka" w/ Roddy McDowall
10:00 Catholic Service: Holy Apostles-2nd 10:00 Who Said It: Bible Quotes (Pick up in the 3rd Floor Activity Room) 1:00 Inventors Word Search (Pick up your sheet in the 3rd Floor Activity Room) 2:00 Stronger Seniors: Strength Exercise Video-2nd 6:00 Holiday Movie Special: "Selena" with Jennifer Lopez	9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Coffee Klatch with Marinela Barritas Cookies-Lounge 10:00 Mind Games with Renee: "Word Similarities" 11:45 Outing: Mass at St. Thomas Church *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 2:00 Bingo for Prizes with Ed *2:00 WU-Drum Circle with Renee-2nd 3:15 Bag Games with Ed-Lobby 6:00 The Carol Burnett Show: Treasures From The Vault Part 1-2nd	Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 May in History Discussion with Renee 1:45 Physiology and Fitness: "Components of Fitness" *2:00 WU-Cooking Demo with Dayna-Lounge *3:00 WU-HealthPro Wellness with Katy-2nd *5:30 WU-Health Study with Resident Pat: "The Book of John"-2nd 7:30 Night Time Sing Along with Nadine-Lobby	9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Morning Game with Renee: "A-Z Mother's Names" *1:00 WU-Health Talk with Nurse Carlee: "Circle of Friends"-2nd 1:45 Mother's Day Bingo with JourneyCare-MDR *3:30 WU-Sip n' Thrive Mixology with Ed: "Strawberry Daiquiri Margaritas"-2nd *5:30 WU-Blackjack with Resident, Connie-Lounge	Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Christian Service: Music and Message with United Methodist Church-2nd 10:00 Chicken Soup for The Soul Readings with Renee *1:00 WU-Virtual Reality Experience with Renee: "Walkabout Mini Golf"-Lobby *2:00 WU-Discovery Series with HealthPro: "Finding Your Purpose: Living A Life of Plenty"-2nd 2:00 Familiar Faces Bingo For Prizes with Renee *3:00 WU-Strength and Stretch with Renee-2nd 7:30 Night Time Sing Along with Nadine-Lobby	9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout *10:00 WU-Cell Phone and Tablet Basics with Donna-2nd *10:00 WU-Community Service: Be a Community Scientist with Renee-3rd *2:00 WU-Name That Tune w/ Res., Pat-2nd 5:30 Bingo for Prizes with Resident, Donna-Lounge 6:00 All About Mother's Activity Packet (Pick up in the 3rd Floor Activity Room)	*9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout *9:30 WU-Get Inspired with Pinterest with Manda: "Happy Mother's Day Charm Bracelets"-2nd 1:45-3:00 Bingo for Dimes with Renee-MDR 6:00 Mother's Day Movie Special: "Because I Said So" with Diane Keaton
Happy Mother's Day! 10:00 Catholic Service: Holy Apostles-2nd 10:00 Bible People Pairs (Pick up your sheet in the 3rd Floor Activity Room) 11:15-12:15 Mother's Day Brunch with Music by Chris Minardi-MDR 1:00 Mother's Day Trivia (Pick up your sheet in the 3rd Floor Activity Room) 2:00 Stronger Seniors: Stretch Exercise Video-2nd 6:00 Mother's Day Movie Special: "Mr. Mom" with Michael Keaton	*9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Coffee Klatch with Strawberry Crispy Cream Wafer Bars-Lounge 10:00 Mind Games with Renee: "Change The Letter" 11:45 Outing: Mass at St. Thomas Church *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 2:00 Bingo for Prizes with Ed *2:30 WU-Slow & Gentle Yoga w/ Denise-2nd 3:15 WU-Billiards 101 with Ed-Library 6:00 The Carol Burnett Show: Treasures From The Vault Part 2-2nd	Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Happy Birthday, Perry Como: His Legend and Music Discussion with Renee 1:00 Walking Club with Amy and Jerry (Weather Permitting)-Meet in Lobby 1:45 Physiology and Fitness: "Fueling Fitness" 2:00 Mass with Holy Apostles-2nd *3:00 WU-Chair Aerobics with Renee-2nd *5:30 WU-Bible Study with Resident Pat: "The Book of John"-2nd 7:30 Night Time Sing Along with Nadine-Lobby	8:30 Outing: Breakfast at Richard Walker's *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Name That Celebrity w/ Renee-2nd 1:00 Outing: Shopping 1:45 Bingo for Dimes with Renee-MDR 3:30 Travelogue: "Chicago's Hidden Gems-Foods of Chicago, A Delicious History"-2nd *5:30 WU-Blackjack with Resident, Connie-Lounge	Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Music & Memories w/ Kim & Molly-2nd 10:00 Fancy Nails with Renee *1:00 WU-Virtual Reality Experience with Renee: "Swimming with Dolphins"-Lobby *2:00 WU-Card Making with Noel-2nd 2:00 Garden Bingo for Prizes with Renee *3:00 WU-Strength and Stretch with Renee-2nd 7:30 Night Time Sing Along with Nadine-Lobby	9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout *10:00 WU-Cell Phone and Tablet Basics w/ Donna-2nd 10:00 Dice Games with Renee: "Yahtzee" 10:00 Pearl Vision: Small Repair/Cleaning for your Eyeglasses-Lobby 2:00 Social Hour with Mike Knauf-MDR 5:30 Bingo for Prizes with Donna-Lounge 6:00 All About Blue Jeans Activity Packet (Pick up in the 3rd Floor Activity Room)	*9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout *9:30 WU-Get Inspired with Pinterest with Manda: "Q-Tip Flowers"-2nd *10:00 WU-Remembering The Life of Malcolm X with Renee-3rd 11:00 Outing: NISRA Presents: "Pop-Stars-The 90's Musical" 1:45-3:00 Bingo for Dimes with Renee-MDR 6:00 The Flicka Collection Movie Special: "Thunderhead-Son of Flicka" with Roddy McDowall
10:00 Catholic Service: Holy Apostles-2nd 10:00 Bible Word Search: The King (Pick up your sheet in the 3rd Floor Activity Room) 1:00 Number Fill-In Puzzle (Pick up your sheet in the 3rd Floor Activity Room) 2:00 Simply Seated Exercise Video-2nd 6:00 Mother's Day Movie Special: "Maid in Manhattan" with Jennifer Lopez	*9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Coffee Klatch with M & M Cookies-Lounge 10:00 Mind Games with Renee: "Cartoon Caption Exercise" 11:45 Outing: Mass at St. Thomas Church *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 2:00 Bingo for Prizes with Ed *2:00 WU-Laughter Yoga with Amy-2nd 3:15 Bag Games with Ed-Lobby 6:00 The Carol Burnett Show: Treasures From The Vault Part 3-2nd	Dr. Transportation *9:00 WU-Step It Up Aerobic with Connie-2nd *9:30 WU-Connie's Total Body Workout *10:00 WU-Life Long Learning with Marcia from C.L. Library-2nd 10:00 Inventions of the 1950's Discussion with Renee 1:45 Physiology and Fitness: "Walk Your Way To Fitness" *2:00 WU-The Tales and Taste of France with Renee-2nd *3:00 WU-HealthPro Wellness with Katy-2nd *5:30 WU-Bible Study w/ Resident Pat-2nd 7:30 Sing Along with Nadine-Lobby	9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Morning Game with Renee: "Penny Ante" 1:45 Bingo for Dimes w/ Renee-MDR *3:30 WU-Sip n' Thrive Mixology with Ed: "Ed's Birthday Surprise"-Lounge *5:30 WU-Blackjack with Resident, Connie-Lounge	Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Protestant Service with Immanuel Lutheran Church-2nd 10:00 This Was The Year...1977 with Renee *1:00 WU-Virtual Reality Experience with Renee: "Touring The Garden of Europe"-Lobby *2:00 WU-Hilarious History with Jim: "Where Did We Come From?"-2nd 2:00 Patriotic Bingo for Prizes with Renee *3:00 WU-Strength and Stretch with Renee-2nd 7:30 Night Time Sing Along with Nadine-Lobby	9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Memorial Day Service with JourneyCare-2nd 2:00 Social Hour with Edizon-MDR 5:30 Bingo for Prizes with Resident, Donna-Lounge 6:00 All Things Patriotic Activity Packet (Pick up your packet in the 3rd Floor Activity Room)	*9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout *9:30 WU-Get Inspired with Pinterest with Manda: "Decorate Your Own Birdhouse"-2nd 1:45-3:00 Bingo for Dimes with Renee-MDR 6:00 The Flicka Collection Movie Special: "Green Grass of Wyoming" with Peggy Cummins
10:00 Catholic Service: Holy Apostles-2nd 10:00 Life and Work of The Apostle Paul (Pick up your sheet in the 3rd Floor Activity Room) 1:00 Memorial Day Word Scramble (Pick up your sheet in the 3rd Floor Activity Room) 2:00 Sit and Be Fit Exercise Video-2nd 6:00 Mother's Day Movie Special: "Erin Brockovich" w/ Julia Roberts	Happy Memorial Day! *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Coffee Klatch with Blueberry Pop-Tarts-Lounge *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 2:00 Bingo for Prizes with Renee 6:00 The Carol Burnett Show: Treasures From The Vault Part 4-2nd	Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Assisted Living Resident Council-3rd Floor Dining Room 1:00 Walking Club with Amy and Jerry (Weather Permitting)-Meet in Lobby *2:00 WU-Pinocle 101 with Mark-King Arthur Room 2:00 Afternoon Painting with Renee *3:00 WU-Senior Strength with Renee-2nd *5:30 WU-Bible Study with Resident Pat-2nd 7:30 Night Time Sing Along with Nadine-Lobby	9:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Morning Game: "Heads Up!" 11:00 Outing: Lunch at La Trinidad and Shopping at Farm and Fleet 1:45 Bingo for Dimes with Renee-MDR 3:30 Travelogue: "Chicago's Hidden Gems-Chicago Time Machine"-2nd *5:30 WU-Blackjack with Resident, Connie-Lounge	Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Scripture Readings with Gina-2nd 10:00 Fancy Nails with Renee *1:00 WU-Virtual Reality Experience with Renee: "San Diego Zoo"-Lobby *2:00 WU-Spanish 101 w/ 6th Grader, Makayla-2nd 2:00 Bible Bingo for Prizes with Renee *3:00 WU-Strength and Stretch with Renee-2nd 7:30 Night Time Sing Along with Nadine-Lobby	9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout 10:00 Dice Games with Renee: "Cover All" 2:00 Monthly Birthday/Welcome Party with Ray The Sax Guy-MDR 5:30 Bingo for Prizes with Resident, Donna-2nd 6:00 National Smile Day Activity Packet (Pick up your packet in the 3rd Floor Activity Room) 6:15 Candlelight Dinner-MDR (Please See Front Desk for Price, Menu and to Sign Up)	*9:00 WU-Step It Up Aerobics with Connie-2nd *9:30 WU-Connie's Total Body Workout *9:30 WU-Get Inspired with Pinterest with Manda: "Decorate Your Own Birdhouse"-2nd 1:45-3:00 Bingo for Dimes with Renee-MDR 6:00 The Flicka Collection Movie Special: "Green Grass of Wyoming" with Peggy Cummins

ACTIVITY LOCATOR KEY

All Activities are located in the 3rd Floor Activity Room unless otherwise noted.

*Denotes a Watermark University Course

- 2nd-2nd Floor Church Room
- KAR-King Arthur Room
- L-Lobby
- LG-Lounge
- MDR-Main Dining Room
- P-Patio
- 3rd-3rd Floor

Calendar is subject to change-Please check the daily sheets for any schedule changes.

Transportation:
Medical Appointments/Bank Visits:
Tuesdays and Thursdays-8:00-3:30
We do require a 24 hour notice for all appointments. Please call Transportation at 815/477-6580

MAY 2024
The Inn
THE FOUNTAINS
AT CRYSTAL LAKE
A WATERMARK RETIREMENT COMMUNITYSM