

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Resident Birthdays: 5/3-Barbara Teberg 5/5-Jack Holecek</p>	<p>Wedding Anniversary: 5/25-Russell & Leanna Stodd-73 Years!</p>		<p>9:00 Outing: Shopping *9:00 WU-Step It Up Aerobics w/ Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Scrabble with Gina 11:00 Outing: Lunch at LongHorn Steakhouse and Shopping at Woodman's 1:45 Bingo for Dimes with Renee-MDR 3:30 Travelogue: "Chicago's Hidden Gems-Seven Wonders of Chicago" *5:30 WU-Blackjack with Resident, Connie-Lounge 6:15 Outing: Death Defying Acts-The History of the Circus at Cary Library</p>	<p>Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Protestant Service with Bethany Lutheran Church 12:30 Town Hall Meeting with Amy-Lounge *1:30 WU-Virtual Reality Experience: "National Gallery of Art In Washington, DC"-Lobby *2:00 WU-Hilarious History with Jim: "The American Dream" *3:00 WU-Strength and Stretch with Renee 7:30 Night Time Sing Along with Nadine-Lobby</p>	<p>9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Ultimate Trivia with Gina 12:30 Food Meeting with Jeff-Lounge 2:00 Social Hour with Joe Nuccio-MDR 5:30 Bingo for Prizes with Resident, Donna-Lounge 6:00 All About Cinco De Mayo Activity Packet (Pick up your packet at the front desk)</p>	<p>*9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd *9:30 WU-Painting Techniques 101 with Manda: "Splatter Painting" *10:00 WU-The History of The Kentucky Derby with Renee-3rd 1:45-3:00 Bingo for Dimes with Renee-MDR 6:00 Weekend Movie Special: "Seabiscuit" with Tobey Maguire</p>
<p>10:00 Catholic Service: Holy Apostles 10:00 Who Said It: Bible Quotes (Pick up your sheet at the front desk) 1:00 Inventors Word Search (Pick up your sheet at the front desk) 2:00 Stronger Seniors: Strength Exercise Video 6:00 Weekend Movie Special: "Three Amigos!" with Steve Martin</p>	<p>9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Coffee Klatch with Marinela Barritas Cookies-Lounge 11:45 Outing: Mass at St. Thomas Church *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 2:00 Bingo for Prizes with Ed-3rd *2:00 WU-Drum Circle with Renee 3:15 Bag Games with Ed-Lobby 6:00 The Carol Burnett Show: Treasures From The Vault Part 1</p>	<p>Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Card Game with Gina: "Garbage" *2:00 WU-Cooking Demo with Chef Dayna-Lounge *3:00 WU-HealthPro Wellness with Katy *5:30 WU-Bible Study with Resident Pat: "The Book of John" 7:30 Night Time Sing Along with Nadine-Lobby</p>	<p>9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Happy Mother's Day Word-in-Word with Gina *1:00 WU-Health Talk with Nurse Carlee: "Circle of Friends" 1:45 Mother's Day Bingo with JourneyCare-MDR *3:30 WU-Sip n' Thrive Mixology with Ed: "Strawberry Daiquiri Margaritas" *5:30 WU-Blackjack with Resident, Connie-Lounge</p>	<p>Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Christian Service: Music and Message with United Methodist Church *1:00 WU-Virtual Reality Experience with Renee: "Walkabout Mini Golf"-Lobby *2:00 WU-Discovery Series with HealthPro: "Finding Your Purpose: Living A Life of Plenty" *3:00 WU-Strength and Stretch with Renee 7:30 Night Time Sing Along with Nadine-Lobby</p>	<p>9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd *10:00 WU-Cell Phone and Tablet Basics with Donna *10:00 WU-Community Service: Be a Community Scientist with Renee-3rd *2:00 WU-Name That Tune with Resident, Pat *3:00 Bingo for Prizes with Resident, Donna-Lounge 6:00 All About Mother's Activity Packet (Pick up your packet at front desk)</p>	<p>*9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd *9:30 WU-Get Inspired with Pinterest with Manda: "Happy Mother's Day Charm Bracelets" 1:45-3:00 Bingo for Dimes with Renee-MDR 6:00 Mother's Day Movie Special: "Steel Magnolias" w/ Sally Field</p>
<p>Happy Mother's Day! 10:00 Catholic Service: Holy Apostles 10:00 Bible People Pairs (Pick up your sheet at the front desk) 11:15-12:15 Mother's Day Brunch with Music by Chris Minardi-MDR 1:00 Mother's Day Trivia (Pick up your sheet at the front desk) 2:00 Stronger Seniors: Stretch Exercise Video 6:00 Mother's Day Movie Special: "Mother's Day" with Jennifer Aniston</p>	<p>*9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Coffee Klatch with Strawberry Crispy Cream Wafer Bars-Lounge 11:45 Outing: Mass at St. Thomas Church *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 2:00 Bingo for Prizes with Ed-3rd *2:30 WU-Slow & Gentle Yoga w/ Denise *3:15 WU-Billiards 101 with Ed-Library 6:00 The Carol Burnett Show: Treasures From The Vault Part 2</p>	<p>Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Card Game with Gina: "Uno Attack" 1:00 Walking Club with Amy and Jerry (Weather Permitting)-Meet in Lobby 2:00 Mass with Holy Apostles *3:00 WU-Chair Aerobics with Renee *5:30 WU-Bible Study with Resident Pat: "The Book of John" 7:30 Night Time Sing Along with Nadine-Lobby</p>	<p>8:30 Outing: Breakfast at Richard Walker's *9:00 WU-Step It Up Aerobics w/ Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Name That Celebrity with Renee 1:00 Outing: Shopping 1:45 Bingo for Dimes with Renee-MDR 3:30 Travelogue: "Chicago's Hidden Gems-Foods of Chicago, A Delicious History" *5:30 WU-Blackjack w/ Resident, Connie-Lounge</p>	<p>Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Music and Memories with Kim and Molly *1:00 WU-Virtual Reality Experience with Renee: "Swimming with Dolphins"-Lobby *2:00 WU-Card Making with Noel *3:00 WU-Strength and Stretch w/ Renee 7:30 Night Time Sing Along with Nadine-Lobby</p>	<p>9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd *10:00 WU-Cell Phone and Tablet Basics with Donna 10:00 Pearl Vision: Small Repair/Cleaning for your Eyeglasses-Lobby 2:00 Social Hour with Mike Knauf-MDR 5:30 Bingo for Prizes with Donna-Lounge 6:00 All About Blue Jeans Activity Packet (Pick up your packet at the front desk)</p>	<p>*9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd *9:30 WU-Get Inspired with Pinterest with Manda: "Q-Tip Flowers" *10:00 WU-Remembering The Life of Malcolm X with Renee-3rd 11:00 Outing: NISRA Presents: "Pop-stars-The 90's Musical" 1:45-3:00 Bingo for Dimes with Renee-MDR 6:00 Weekend Movie Special: "9 to 5" with Dolly Parton</p>
<p>10:00 Catholic Service: Holy Apostles 10:00 Bible Word Search: The King (Pick up your sheet at the front desk) 1:00 Number Fill-In Puzzle (Pick up your sheet at the front desk) 2:00 Simply Seated Exercise Video 6:00 Mother's Day Movie Special: "The In-Laws" w/ Albert Brooks</p>	<p>*9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Coffee Klatch with M & M Cookies-Lounge 11:45 Outing: Mass at St. Thomas Church *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 2:00 Bingo for Prizes with Ed-3rd *2:00 WU-Laughter Yoga with Amy 3:15 Bag Games with Ed-Lobby 6:00 The Carol Burnett Show: Treasures From The Vault Part 3</p>	<p>Dr. Transportation *9:00 WU-Step It Up Aerobic with Connie *9:30 WU-Connie's Total Body Workout-3rd *10:00 WU-Life Long Learning with Marcia from C.L. Library *2:00 WU-The Tales and Taste of France with Renee *3:00 WU-HealthPro Wellness with Katy *5:30 WU-Bible Study with Resident Pat 7:30 Night Time Sing Along with Nadine-Lobby</p>	<p>9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Painting with Gina 1:45 Bingo for Dimes with Renee-MDR *3:30 WU-Sip n' Thrive Mixology with Ed: "Ed's Birthday Surprise"-Lounge *5:30 WU-Blackjack w/ Resident, Connie-Lounge</p>	<p>Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Protestant Service with Immanuel Lutheran Church *1:00 WU-Virtual Reality Experience with Renee: "Touring The Garden of Europe"-Lobby *2:00 WU-Hilarious History with Jim: "Where Did We Come From?" *3:00 WU-Strength and Stretch with Renee 7:30 Night Time Sing Along with Nadine-Lobby</p>	<p>9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Memorial Day Service with JourneyCare 2:00 Social Hour with Edizon-MDR 5:30 Bingo for Prizes with Resident, Donna-Lounge 6:00 All Things Patriotic Activity Packet (Pick up your packet at the front desk)</p>	<p>*9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd *9:30 WU-Get Inspired with Pinterest with Manda: "Decorate Your Own Birdhouse" 1:45-3:00 Bingo for Dimes with Renee-MDR 6:00 Weekend Movie Special: "Men of Honor" w/ Robert Deniro</p>
<p>10:00 Catholic Service: Holy Apostles 10:00 Life and Work of The Apostle Paul (Pick up your sheet at the front desk) 1:00 Memorial Day Word Scramble (Pick up your sheet at the front desk) 2:00 Sit and Be Fit Exercise Video 6:00 Mother's Day Movie Special: "Monster-In-Law" with Jane Fonda</p>	<p>Happy Memorial Day! *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Coffee Klatch with Blueberry Pop-Tarts-Lounge *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 2:00 Bingo for Prizes with Renee-3rd 6:00 The Carol Burnett Show: Treasures From The Vault Part 4</p>	<p>Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Card Game with Gina: "Poker Bingo" 1:00 Walking Club with Amy and Jerry (Weather Permitting)-Meet in Lobby *2:00 WU-Pinocle 101 with Mark-KAR *3:00 WU-Senior Strength with Renee *5:30 WU-Bible Study with Resident Pat 7:30 Night Time Sing Along with Nadine-Lobby</p>	<p>9:00 Outing: Shopping *9:00 WU-Step It Up Aerobics w/ Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Rummikub with Gina 11:00 Outing: Lunch at La Trinidad and Shopping at Farm and Fleet 1:45 Bingo for Dimes with Renee-MDR 3:30 Travelogue: "Chicago's Hidden Gems-Chicago Time Machine" *5:30 WU-Blackjack with Resident, Connie-Lounge</p>	<p>Dr. Transportation *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 Scripture Readings with Gina *1:00 WU-Virtual Reality Experience with Renee: "San Diego Zoo"-Lobby *2:00 WU-Spanish 101 with 6th Grader, Makayla *3:00 WU-Strength and Stretch w/ Renee 7:30 Night Time Sing Along with Nadine-Lobby</p>	<p>9:30 & 1:00 Outing: Shopping *9:00 WU-Step It Up Aerobics with Connie *9:30 WU-Connie's Total Body Workout-3rd 10:00 You Be The Judge Readings w/ Gina 2:00 Monthly Birthday/Welcome Party with Ray The Sax Guy-MDR 5:30 Bingo for Prizes with Resident, Donna-2nd 6:00 National Smile Day Activity Packet (Pick up your packet at the front desk) 6:15 Candlelight Dinner-MDR (Please See Front Desk for Price, Menu and to Sign Up)</p>	

ACTIVITY LOCATOR KEY

All Activities are located in the 2nd Floor Church Room unless otherwise noted.

*Denotes a Watermark University Course

- 2nd-2nd Floor Church Room
- KAR-King Arthur Room
- L-Lobby
- LG-Lounge
- MDR-Main Dining Room
- P-Patio
- 3rd-3rd Floor

Calendar is subject to change-Please check the daily sheets for any schedule changes.

Transportation:
Medical Appointments/Bank Visits:
Tuesdays and Thursdays-8:00-3:30
We do require a 24 hour notice for all appointments. Please call Transportation at 815/477-6580

MAY 2024
Town Center
THE FOUNTAINS
AT CRYSTAL LAKE
A WATERMARK RETIREMENT COMMUNITYSM