

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Resident Birthday: 5/11-Kathy Kontos					
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 Who Said It: Bible Quotes with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Get The List 4:00 Busy Hands: Napkin Folding 6:30 Inventors Word Search with The Nayas 6:30 Mother's Day Movie Special: "Steel Magnolias" with Sally Field 5	9:30 Dear Abby with The Nayas 10:00 Sentimental Reflections: "Casey Jones Village" 10:00 Outing: Scenic Lake Tour with Ed-"Island Lake" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Name That Celebrity with Renee *2:00 WU-Drum Circle with Renee-2nd 2:30 Sing Along with Nadine 3:30 A-Z with The Nayas: Mother's Names 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 6	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee & Marinela Barritas Cookies with The Nayas *11:00 WU-Get Inspired with Pinterest with The Nayas: "Happy Mother's Day Charm Bracelets" 1:00 Walking Club with Amy and Jerry 2:00 Musical Performance by Christopher from Star Hospice *2:00 WU-Cooking Demo with Chef Dayna-Lounge *3:00 WU-HealthPro Wellness with Katy-2nd 4:00 Busy Hands: Dinner Set-Up 6:30 Nightly Meditation with Nancy 7	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with The Nayas: "Spring Cookie Decorating" 11:00 Wii Time with The Nayas: "Bowling" 1:00 Fancy Nails with The Nayas 2:00 Afternoon Social Hour w/ Nayas: "Spring Cookies" 2:30 Sing Along with Nadine 3:00 Bible Bingo for Prizes with The Nayas 4:00 Busy Hands: Card Sorting 6:15 Outing: Death Defying Acts-The History of the Circus at Cary Library 6:30 Jigsaw Puzzles with Nayas 1	9:15 Moving to Music with Sam 10:00 Protestant Service with Bethany Lutheran-2nd 10:00 Bible Time Favorites: "David and Goliath" *11:00 WU-Virtual Reality Experience with Sam: "National Gallery of Art In Washington, DC" 1:00 Music and Memories with Sam 1:30 Pictionary with Sam 2:00 Art and Crafts with Sam: "Tape Art" *2:00 WU-Hilarious History with Jim: "The American Dream"-2nd 3:00 Play Your Cards Right with Sam: "Super 7's" 3:30 Balloon Volleyball 4:00 Busy Hands: Yarn Ball 6:30 Can You Solve it with The Nayas: Wheel of Fortune 2	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with The Nayas: "Meaningful Friendships" 11:00 What Do You Know? with The Nayas 1:00 Drum Circle with The Nayas 1:30 Music Special: The Beatles on Record 2:00 Social Hour with Joe Nuccio-MDR 3:30 Poetry Readings with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 All About Cinco De Mayo Activity Packet with The Nayas 3	9:15 This Week in Review with The Nayas 9:30 Morning Stretch with The Nayas *9:30 WU-Painting Techniques 101 with Manda: "Splatter Painting"-2nd 10:00 The History of The Kentucky Derby with The Nayas 11:00 Discovering Yosemite National Park 1:30 Bingo for Prizes with The Nayas 2:30 Watching The Kentucky Derby with The Nayas 4:00 Busy Hands: Button Sorting 6:30 Holiday Movie Special: "Seabiscuit" with Tobey Maguire 6:30 Hand Massages with The Nayas 4
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 Bible People Pairs with The Nayas 11:15-12:15 Mother's Day Brunch with Music by Chris Minardi-MDR 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Mother's Day Word-in-Word 4:00 Busy Hands: Napkin Folding 6:30 Mother's Day Trivia with The Nayas 6:30 Mother's Day Movie Special: "Monster-In-Law" with Jane Fonda 12	9:30 Dear Abby with The Nayas 10:00 Sentimental Reflections: "Steamboat in Cornfield" 10:00 Outing: Scenic Lake Tour with Ed-"Wonder Lake" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Happy Birthday, Perry Como: His Legend and Music Discussion with Renee *2:30 WU-Slow & Gentle Yoga with Denise-2nd 2:30 Sing Along with Nadine *3:15 WU-Billiards 101 with Ed-Library 3:30 A-Z with The Nayas: Ways of Transportation 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 13	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee and Strawberry Crispy Cream Wafer Bars with The Nayas *11:00 WU-Get Inspired with Pinterest with The Nayas: "Q-Tip Flowers" 1:00 Thriving Through Music with The Nayas: "Patsy Cline" 2:00 Trivia Time with The Nayas 2:00 Mass with Holy Apostles-2nd 3:00 Reminiscing with Old Time Records w/ The Nayas 4:00 Busy Hands: Dinner Set-Up 6:00 Night Time Sing Along with Lori 14	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with The Nayas: "Reese's Peanut Butter Coffee Cake" 11:00 Wii Time with The Nayas: "Golfing" 1:00 Fancy Nails with The Nayas 2:00 Afternoon Social Hour w/ Nayas: "Reese's Peanut Butter Coffee Cake" 2:30 Sing Along with Nadine 3:00 Bible Bingo for Prizes with The Nayas 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzles with Nayas 15	9:15 Moving to Music with Sam 10:00 Bible Time Favorites: Esther and The King" 10:00 Music and Memories with Kim and Molly-2nd *11:00 WU-Virtual Reality Experience with Sam: "Swimming with Dolphins" 1:00 Music and Memories with Sam 1:30 Win, Lose or Draw with Sam 2:00 Gardening Club with Sam *2:00 WU-Card Making with Noel-2nd 3:00 Play Your Cards Right with Sam: "Poker Bingo" 3:30 Bowling with Sam 4:00 Busy Hands: Yarn Ball 6:30 Can You Solve it: Wheel of Fortune 16	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with The Nayas: "Working in the Gardens" 11:00 Everyday Life Trivia with The Nayas 1:00 Drum Circle with The Nayas 1:30 Music Special: Michael Jackson-Life of a Superstar 2:00 Social Hour with Mike Knauf-MDR 3:30 May in History with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 All About Blue Jeans Activity Packet with The Nayas 17	9:15 This Week in Review with The Nayas 9:30 Morning Stretch with The Nayas 10:00 Remembering Malcolm X with The Nayas 11:00 You Be The Judge with The Nayas 11:00 Outing: NISRA Presents: "Pop-Stars-The 90's Musical" 2:00 Bingo for Prizes with The Nayas 3:30 Rick Steve's Travelogue Special: "France" 4:00 Busy Hands: Button Sorting 6:30 Weekend Movie Special: "Fiddler on The Roof" with Norma Crane 6:30 Hand Massages with The Nayas 18
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 Bible Word Search: The King with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Change The Letter 4:00 Busy Hands: Napkin Folding 6:30 Number Fill-In Puzzle with The Nayas 6:30 Mother's Day Movie Special: "Erin Brockovich" with Julia Roberts 19	9:30 Dear Abby with The Nayas 10:00 Sentimental Reflections: "Capistrano's Swallows" 10:00 Outing: Scenic Lake Tour with Ed-"Fox Lake" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Inventions of the 1950's Discussion with Renee *2:00 WU-Laughter Yoga with Amy-2nd 2:30 Sing Along with Nadine 3:30 A-Z with The Nayas: Summer Destinations 4:00 Busy Hands: Polishing Silverware 6:30 Board Games with The Nayas 20	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee and M & M Cookies with The Nayas *11:00 WU-Life Long Learning with Marcia from C.L. Library 1:00 Walking Club with Amy and Jerry *2:00 WU-Get Inspired with Pinterest with The Nayas: "Decorate Your Own Birdhouse" *2:00 WU-The Tales and Taste of France with Renee-2nd *3:00 WU-HealthPro Wellness with Katy-2nd 3:00 Reminiscing with Old Time Records w/ The Nayas 4:00 Busy Hands: Dinner Set-Up 6:30 Nightly Meditation with Nancy 21	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas 10:00 Culinary Creations with JourneyCare Hospice 11:00 Wii Time with The Nayas: "Family Feud" 1:00 Fancy Nails with The Nayas 2:00 Afternoon Social Hour with Nayas 2:30 Sing Along with Nadine 3:00 Bible Bingo for Prizes with The Nayas 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzles with Nayas 22	9:15 Moving to Music with Sam 10:00 Bible Time Favorites: "The Great Commandment" 10:00 Protestant Service with Immanuel Lutheran Church-2nd *11:00 WU-Virtual Reality Experience with Sam: "Touring The Garden of Europe" 1:00 Music and Memories with Sam 1:30 Memorial Day Hangman with Sam 2:00 Art and Crafts with Sam: "Popsicle Flags" *2:00 WU-Hilarious History with Jim: "Where Did We Come From?"-2nd 3:00 Play Your Cards Right with Sam: "Hi-Low" 3:30 Question Ball with Sam 4:00 Busy Hands: Yarn Ball 6:30 Can You Solve it: Wheel of Fortune 23	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Memorial Day Service with JourneyCare-2nd 10:00 Air Force One National Geographic Special 11:00 Holiday Mind Joggers with The Nayas 1:00 Drum Circle with The Nayas 1:30 Music Special: Elvis-Summer of '56 2:00 Social Hour with Edizon-MDR 3:30 Jokes and Riddles with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 All Things Patriotic Activity Packet with The Nayas 24	9:15 This Week in Review with The Nayas 9:30 Morning Stretch with The Nayas 10:00 When We Left Earth-The NASA Mission: "Landing The Eagle" 11:00 Have You Ever with The Nayas 2:00 Bingo for Prizes with The Nayas 3:30 Rick Steve's Travelogue Special: "Discovering Ireland" 4:00 Busy Hands: Button Sorting 6:30 Weekend Movie Special: "A Few Good Men" with Tom Cruise 6:30 Hand Massages with The Nayas 25
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 Life and Work of The Apostle Paul with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Cartoon Caption 4:00 Busy Hands: Napkin Folding 6:30 Memorial Day Word Scramble with The Nayas 6:30 Mother's Day Movie Special: "The In-Laws" with Albert Brooks 26	Happy Memorial Day!	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee and Cherry Pop-Tarts with The Nayas *11:00 WU-Get Inspired with Pinterest with The Nayas: "Spring Time Sun Catchers" 1:00 Thriving Through Music with The Nayas: "Celine Dion" 2:00 Trivia Time with The Nayas *2:00 WU-Pinocle 101 with Mark-KAR 3:00 Reminiscing with Old Time Records w/ The Nayas 4:00 Busy Hands: Dinner Set-Up 6:30 Nightly Meditation with Nancy 28	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with The Nayas: "German Chocolate Cake" 11:00 Wii Time with The Nayas: "Tennis" 1:00 Fancy Nails with The Nayas 2:00 Afternoon Social Hour w/ Nayas: "German Chocolate Cake" 2:30 Sing Along with Nadine 3:00 Bible Bingo for Prizes with The Nayas 4:00 Busy Hands: Card Sorting 6:30 Jigsaw Puzzles with Nayas 29	9:15 Moving to Music with Sam 10:00 Bible Trivia with Sam 10:30 Chicken Soup For The Soul Readings with Sam *11:00 WU-Virtual Reality Experience with Sam: "San Diego Zoo" 1:00 Music and Memories with Sam 1:30 Giant Crossword Puzzle with Sam 2:00 Art and Crafts with Sam: "Marble Painting" *2:00 WU-Spanish 101 w/ 6th Grader, Makayla-2nd 3:00 Play Your Cards Right with Sam: "Blackjack" 3:30 Ring Toss with Sam 4:00 Busy Hands: Yarn Ball 6:30 Can You Solve it: Wheel of Fortune 30	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with The Nayas: "Summer Vacations" 11:00 Quiz Me From A To Z with The Nayas 1:00 Drum Circle with The Nayas 1:30 Music Special: The Big Bands 2:00 Monthly Birthday/Welcome Party with Ray The Sax Guy-MDR 3:30 Fact of Fiction with The Nayas 4:00 Busy Hands: Circle of Calm 6:15 Candlelight Dinner-MDR (Please See Front Desk for Price, Menu and to Sign Up) 6:30 National Smile Day Activity Packet w/ Nayas 31	

MAY 2024 The Gardens



ACTIVITY LOCATOR KEY

All Activities are located in the Gardens unless otherwise noted.

*Denotes a Watermark University Course

Calendar is subject to change-Please check the daily sheets for any schedule changes.

2nd-2nd Floor
KAR-King Arthur Room
L-Lobby
LG-Lounge
MDR-Main Dining Room
P-Patio
3rd-3rd Floor