

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 1:00 Tai Chi Class, Lobby 1:00 IN2L Music, Game or News 2:00 IN2L BINGO 3:00 Movie with Snack 3:00 Dance Party, Lobby 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 Ping Pong 11:00 Music w/David Sturdevant, Lobby 1:00 IN2L Music, Game or News 2:00 Game Day 3:00 Movie with Snack 6:00 Relaxation Music	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Word Search 11:00 Art & Craft: Confetti Bud Vase, 5th Floor Art Studio 1:00 IN2L Music, Game or News 2:00 Balloon Badminton 3:00 Movie with Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 11:30 Cinco de Mayo Luncheon 1:00 IN2L Music, Game or News 1:00 Piano w/ Natalie, Lobby 2:00 Balloon Volleyball 2:00 Cooking w/ Christina, Lobby 3:00 Movie with Snack 3:00 Dance Party, Lobby 6:00 Relaxation Music
10:00 Spiritual Eldercare 11:00 Karaoke Sing-a-Long 1:00 IN2L Music, Game or News 2:00 IN2L Exercise 3:00 Movie with Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 1:00 IN2L Music, Game or News 2:00 IN2L BINGO 2:00 Series: AAPI Month Documentary: Terracota Army (Ancient China), Connections Cafe 3:00 Live Music! Bamboo Peru w/Popcorn 4:00 Movie and Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Word Search 1:00 IN2L Music, Game or News 1:00 Movie: Terms of Endearment, 3rd Floor Theater (Paramount Plus) 2:00 Balloon Badminton 3:00 Movie with Snack 3:15 Walking Club 3:30 Drum Fit, Lobby 6:00 Relaxation Music	10:00 Current News 10:30 IN2L Exercise 11:00 Emerville Senior Center Singers 1:00 Tai Chi Class, Lobby 1:00 IN2L Music, Game or News 2:00 IN2L BINGO 3:00 Movie with Snack 3:00 Live Music: Christopher Alexander, Lobby 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 Ping Pong 11:00 Learn Cantonese w/ Emmy, Connections Cafe 1:00 IN2L Music, Game or News 2:00 Art and Craft 3:00 Movie with Snack 6:00 Relaxation Music	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Word Search 11:30 Mother's Day Buffet 1:00 IN2L Music, Game or New 2:00 Balloon Badminton 3:00 Movie with Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 11:00 Mother's Day Tea, Lobby 1:00 IN2L Music, Game or News 1:00 Piano w/ Natalie, Lobby 2:00 Balloon Volleyball 2:00 Karaoke w/ Christina, Lobby 3:00 Movie with Snack 3:00 Dance Party, Lobby 6:00 Relaxation Music
10:00 Spiritual Eldercare 11:00 Karaoke Sing-a-Long 1:00 IN2L Music, Game or News 2:00 IN2L Exercise 3:00 Movie with Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 1:00 IN2L Music, Game or News 2:00 IN2L BINGO 2:00 Taste & Talk: Chinese Bun & Dumplings, Lobby 3:00 Live Music! Bamboo Peru w/Popcorn 4:00 Movie and Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Word Search 1:00 IN2L Music, Game or News 1:00 Movie: Stepmom, 3rd Floor Theater (Paramount Plus) 2:00 Balloon Badminton 3:00 Movie with Snack 3:15 Walking Club 3:30 Drum Fit, Lobby 6:00 Relaxation Music	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 1:00 Tai Chi Class, Lobby 1:00 IN2L Music, Game or News 2:00 IN2L BINGO 3:00 Movie with Snack 3:00 Live Music: Johnny Blair, Lobby 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 Ping Pong 1:00 IN2L Music, Game or News 2:00 Hand Massage Aromatherapy 3:00 Movie with Snack 6:00 Relaxation Music	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Word Search 1:00 IN2L Music, Game or News 2:00 Balloon Badminton 3:00 Jazz Therapists, Lobby 3:00 Movie with Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 1:00 IN2L Music, Game or News 1:00 Piano w/ Natalie, Lobby 2:00 Balloon Volleyball 2:00 Cooking w/ Christina, Lobby 3:00 Movie with Snack 3:00 Dance Party, Lobby 6:00 Relaxation Music
10:00 Spiritual Eldercare 11:00 Karaoke Sing-a-Long 1:00 IN2L Music, Game or News 2:00 IN2L Exercise 3:00 Movie with Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 1:00 IN2L Music, Game or News 2:00 IN2L BINGO 2:00 Series: AAPI Documentary: Pearl of Gion: Return of Miyako Odori (Geisha story), Connections Cafe 3:00 Live Music! Bamboo Peru w/Popcorn 4:00 Movie and Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Word Search 1:00 IN2L Music, Game or News 1:00 Movie: Dumplin, 3rd Floor Theater (Netflix) 2:00 Balloon Badminton 3:00 Movie with Snack 3:15 Walking Club 3:30 Drum Fit, Lobby 6:00 Relaxation Music	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 1:00 Tai Chi Class, Lobby 1:00 IN2L Music, Game or News 2:00 IN2L BINGO 3:00 Movie with Snack 3:00 Live Music: Larrie Noble, Lobby 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 Ping Pong 11:00 Learn Cantonese w/ Emmy, Connections Cafe 1:00 IN2L Music, Game or News 2:00 Game Day 3:00 Movie with Snack 6:00 Relaxation Music	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Word Search 1:00 IN2L Music, Game or News 1:00 Taste & Talk: Seniotita Bread (Filipino) 2:00 Balloon Badminton 3:00 Movie with Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 1:00 IN2L Music, Game or News 1:00 Piano w/ Natalie, Lobby 2:00 Balloon Volleyball 2:00 Cooking w/ Christina, Lobby 3:00 Movie with Snack 3:00 Dance Party, Lobby 6:00 Relaxation Music
10:00 Spiritual Eldercare 11:00 Karaoke Sing-a-Long 1:00 IN2L Music, Game or News 2:00 IN2L Exercise 3:00 Movie with Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 11:30 Memorial Day BBQ 1:00 IN2L Music, Game or News 2:00 IN2L BINGO 2:00 Mark Weins: Korean Street Food, Connections Cafe 3:00 Live Music! Bamboo Peru w/Popcorn 4:00 Movie and Snack 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Word Search 1:00 IN2L Music, Game or News 1:00 Movie: Earth Mama, 3rd Floor Theater (Paramount Plus) 2:00 Balloon Badminton 2:00 May Birthday Party, Lobby 3:00 Movie with Snack 3:15 Walking Club 6:00 Relaxation Music	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Trivia 1:00 Tai Chi Class, Lobby 1:00 IN2L Music, Game or News 2:00 IN2L BINGO 3:00 Movie with Snack 3:00 Live Music: TBD, Lobby 6:00 Music Therapy	10:00 Current News 10:30 IN2L Exercise 11:00 Ping Pong 1:00 IN2L Music, Game or News 2:00 Art and Craft 2:00 Green Foods Pt. 5: Matcha Latte, Lobby 3:00 Movie with Snack 6:00 Relaxation Music	10:00 Current News 10:30 IN2L Exercise 11:00 IN2L Word Search 1:00 IN2L Music, Game or News 2:00 Balloon Badminton 3:00 Movie with Snack 6:00 Music Therapy	

MAY 2024



The Gardens

A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

THRIVING THROUGH MUSIC:
Monday- Sunday
10:30am-12:00
2:30pm-4:00pm

May is Asian-American & Pacific Islander Heritage Month