

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BIRTHDAYS Frederic Pokrinchak 5/02 Mario Renden 5/09 Ruth Gustafson 5/10 Cecily Goodman 5/16	BIRTHDAYS Cont. Shirley Beck 5/18 Annaick Eichel 5/31	*RED REQUIRES YOU TO SIGN UP *BOLD IS A WATERMARK UNIVERSITY PROGRAM *PROGRAMS SUBJECT TO CHANGE	9:00 Chair Yoga (CL) 10:00 Scattergories (MR) 11:00 Balance 101 (CL) 11:15 Ted Talks (A) 1:00 Writer's Workshop (MR) 1:00 Shop Rite/Library (ML) 2:00 25 Cent Bingo (A) 2:15 Wednesday Chat Group on Zoom 3:00 Bean Bag (MR) 6:30 Evening Movie (Cinema) 1	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 11:00 Wii Bowling (MR) 11:00 Brain Cafe (CR) 1:00 Social Bridge (AS) 2:00 James Michael (A) 6:30 Evening Movie (Cinema) 2	10:00 Ukulele with Susan Peak (AS) 10:00 Aqua Aerobics (CL) 11:00 Hot Topics (A) 11:00 Stop N Shop (ML) 1:00 Opera: Pearl Fishers with George Conner (A) 2:00 Monthly Bereavement (ACR) 3:15 Team Trivia Happy Hour (A) 6:30 Evening Movie (Cinema) 3	9:00 Seated Yoga w/Sharon O'Brien (CL) 10:00 Indoor Putting *Cancelled (A) 11:00 Netflix Docuseries w/Peter (C) 12:30 Celebration of Life: Lillian Faccio (A) 2:00 Watermark 8 Ball Game (B) 3:00 Rummikub (CR) 3:00 Music You Grew Up With (COM) 4:30 Sacred Heart PM Mass (ML) 6:30 Evening Movie (Cinema) 4
8:30 Sacred Heart Mass (ML) 10:30 St. Thomas Mass (ML) 11:30 Plated Brunch (D) 3:00 Chris Coogan (A) 6:30 Evening Movie (C) 5	9:30 Tai Chi (CL) 10:30 Crossword Club (AS) 11:15 Bible Study (MR) 1:00 Stitch This! (MR) 1:00 Social Bridge (CR) 2:00 Open Pool Lessons for Beginners (B) 2:15 Pictionary (A) 6:30 Evening Movie (Cinema) 6	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 10:30 Technology Troubleshooting (L) 11:00 Wii Bowling (MR) 1:00 Poker (CR) 2:00 Brain Check Lecture (A) 6:30 Evening Movie (Cinema) 7	9:00 Chair Yoga (CL) 10:00 Scattergories (MR) 11:00 Town Hall (A) 1:00 Writer's Workshop (CR*) 1:00 Shop Rite/Library (ML) 1:00 Lia Levitt Lecture: Antarctica Part 2 (A) 6:30 Evening Movie (Cinema) 8	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 11:00 Wii Bowling (MR) 11:00 Brain Cafe (CR) 1:00 Social Bridge (AS) 2:00 Rick & Dawn (A) 6:30 Evening Movie (Cinema) 9	10:00 Ukulele with Susan Peak (AS) 10:00 Aqua Aerobics (CL) 11:00 Hot Topics (A) 11:00 Stop N Shop (ML) 1:00 Opera: Porgy and Bess with George Conner (A) 2:00 LGBTQ Buzz Session (CR) 3:15 Team Trivia Happy Hour (A) 6:30 Evening Movie (Cinema) 10	9:00 Seated Yoga w/Sharon O'Brien (CL) 10:00 Indoor Putting (A) 11:00 Netflix Docuseries w/Peter (C) 2:00 Watermark 8 Ball Game (B) 3:00 Rummikub (CR) 3:00 Music You Grew Up With (COM) 4:30 Sacred Heart PM Mass (ML) 6:30 Evening Movie (Cinema) 11
Mother's Day 8:30 Sacred Heart Mass (ML) 10:30 St. Thomas Mass (ML) 11:30 Plated Brunch (D) 3:00 Patty Carver (A) 6:30 Evening Movie (C) 12	9:30 Tai Chi (CL) 10:30 Crossword Club (AS) 11:00 Book Club (CR) 11:15 Bible Study (MR) 1:00 Stitch This! (MR) 1:00 Social Bridge (CR) 2:00 Open Pool Lessons for Beginners (B) 2:15 Pictionary (A) 3:30 Catholic Liturgy/Communion (A) 6:30 Evening Movie (Cinema) 13	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 10:30 Technology Troubleshooting (L) 11:00 Book Club (CR) 11:00 Wii Bowling (MR) 1:00 Poker (CR) 2:00 Lecture: Mark Albertson: Televisions queen of comedy: Lucille Ball 6:30 Evening Movie (Cinema) 14	9:00 Chair Yoga w/Sharon O'Brien (CL) 10:00 Scattergories (MR) 11:00 Balance 101 (CL) 11:15 Ted Talks (A) 1:00 Writer's Workshop (MR) 1:00 Shop Rite/Library (ML) 2:00 Women in the Bible w/Sherry (A) 2:15 Wednesday Chat Group on Zoom 3:00 Bean Bag (MR) 6:30 Evening Movie (Cinema) 15	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 11:00 Wii Bowling (MR) 11:00 Brain Cafe (CR) 1:00 Social Bridge (AS) 1:00 Out Trip: Wine Tasting (ML) 2:00 Left, Right, Center (MR) 2:00 "Freud's Last Session" (C) 6:30 Evening Movie (Cinema) 16	10:00 Ukulele with Susan Peak (AS) 10:00 Aqua Aerobics (CL) 11:00 Hot Topics with Parker (A) 11:00 Stop N Shop (ML) 1:00 Opera: Il Trovatore with George Conner (A) 2:00 Jewelry Making w/Jordyn (AS) 3:15 Team Trivia Happy Hour (A) 6:30 Evening Movie (Cinema) 17	9:00 Seated Yoga w/Sharon O'Brien (CL) 10:00 Indoor Putting (A) 11:00 Peabody Museum (ML) 1:00 Baseball Hour with Mike (MR) 2:00 Watermark 8 Ball Game (B) 3:00 Rummikub (CR) 3:00 Music You Grew Up With (COM) 4:30 Sacred Heart PM Mass (ML) 6:30 Evening Movie (Cinema) 18
8:30 Sacred Heart Mass (ML) 10:30 St. Thomas Mass (ML) 11:30 Plated Brunch (D) 3:00 Paul Bisaccia (A) 6:30 Evening Movie (C) 19	9:30 Tai Chi (CL) 10:30 Crossword Club (AS) 11:15 Bible Study (MR) 1:00 Stitch This! 1:00 Social Bridge (CR) 2:00 Open Billiard Lessons for Beginners (B) 2:00 Poetry Reading (L) 2:15 Pictionary (A) 6:30 Evening Movie (Cinema) 20	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 10:30 Technology Troubleshooting (L) 11:00 Wii Bowling (MR) 1:00 Poker (CR) 2:00 Lecture: Art Gottlieb: Parent-Child Role Reversal (A) 6:30 Evening Movie (Cinema) 21	9:00 Chair Yoga w/Sharon O'Brien (CL) 10:00 Scattergories (MR) 11:00 Balance 101 (CL) 11:15 Ted Talks (A) 1:00 Writer's Workshop (MR) 1:00 Shop Rite/Library (ML) 2:00 Prize Bingo (A) 2:15 Wednesday Chat Group on Zoom 3:00 Bean Bag (MR) 6:30 Evening Movie (Cinema) 22	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 11:00 Wii Bowling (MR) 11:00 Brain Cafe *Cancelled (CR) 1:00 Social Bridge (AS) 1:00 Drumming with Audrey (CL) 2:00 Left, Right, Center (MR) 2:45 Tea with Z (D) 4:45 Supper Club:Vyne (ML) 6:30 Evening Movie (Cinema) 23	10:00 Ukulele with Susan Peak (AS) 10:00 Aqua Aerobics (CL) 11:00 Hot Topics (A) 11:00 Wii Bowling Tournament (MR) 11:00 Stop N Shop (ML) 1:00 Opera: Elixir of Love with George Conner (A) 2:00 Jordyn's Craft (AS) 3:15 Team Trivia Happy Hour (A) 6:30 Evening Movie (Cinema) 24	9:00 Seated Yoga w/Sharon O'Brien (CL) 10:00 Putting Tournament (A) 11:00 Kohls (ML) 2:00 Watermark 8 Ball Game (B) 2:00 Bean Bag Tournament (MR) 3:00 Rummikub (CR) 3:00 Music You Grew Up With (COM) 4:30 Sacred Heart PM Mass (ML) 6:30 Evening Movie (Cinema) 25
8:30 Sacred Heart Mass (ML) 10:30 St. Thomas Mass (ML) 11:30 Plated Brunch (D) 3:00 Susan Peak(A) 6:30 Evening Movie (C) 26	Memorial Day 9:30 Tai Chi *Cancelled (CL) 10:00 Bocce Tournament (SC) 10:30 Crossword Club *Cancelled (AS) 11:15 Bible Study (MR) 1:00 Stitch This! 1:00 Social Bridge (CR) 2:00 Open Billiard Lessons for Beginners (B) 6:30 Evening Movie (Cinema) 27	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 10:30 Technology Troubleshooting (L) 11:00 Wii Bowling (MR) 1:00 Poker (CR) 1:00 Healthpro Discovery Series: "Living with Chronic Pain"(A) 2:00 Bill's Feel Good Music (A) 6:30 Evening Movie (Cinema) 28	9:00 Chair Yoga (CL) 10:00 Scattergories (MR) 11:00 Balance 101 (CL) 11:15 Ted Talks (A) 1:00 Writer's Workshop (MR) 1:00 Shop Rite/Library (ML) 2:00 Sport's Tournament Awards (COM) 3:00 Bean Bag (MR) 3:00 Spousal Caregiver Support Group (ACR) 6:30 Evening Movie (Cinema) 29	9:00 Fitness & Cardio (CL) 10:00 Seated Strength & Motion (CL) 11:00 Wii Bowling (MR) 11:00 Brain Cafe (CR) 1:00 Social Bridge (AS) 2:00 Left, Right, Center (MR) 4:00 Family Kindness Painting (AS) 6:30 Evening Movie (Cinema) 30	10:00 Ukulele with Susan Peak (AS) 10:00 Aqua Aerobics (CL) 11:00 Hot Topics (A) 11:00 Stop N Shop (ML) 1:00 Opera: Merry Widow with George Conner (A) 2:00 LGBTQ Buzz Session (CR) 3:15 Team Trivia Happy Hour (A) 6:30 Evening Movie (Cinema) 31	

MAY 2024
Independent Living
 **THE WATERMARK**
 AT EAST HILL

ACTIVITY LOCATOR KEY

Activity Locator Key:
 ACR - Admin. Conference Room
 AS - Art Studio
 A - Auditorium
 BR - Billiard Room
 CR - Card Room
 C - Cinema

CL - Club (Pool/Gym)
COM - Commons (2nd Floor)
L - Library
ML - Main Lobby
MR - Meeting Room
SC - Sports Center/Putting Green
WL - Watermark Lounge

MEET COMMUNITY LIFE STAFF
 Meg Maier - CL Director
 Audrey Zanzal
 Jordyn Smith
 Sherry Thomas
 Nicolette Duncan
 Theresa D'Ambrosio
 Tasha Jones - Driver/Bingo
 Jeannette Burgos - Driver
 Peter Slifka - Driver/Trivia