

# Advice from veterans on being a Dad

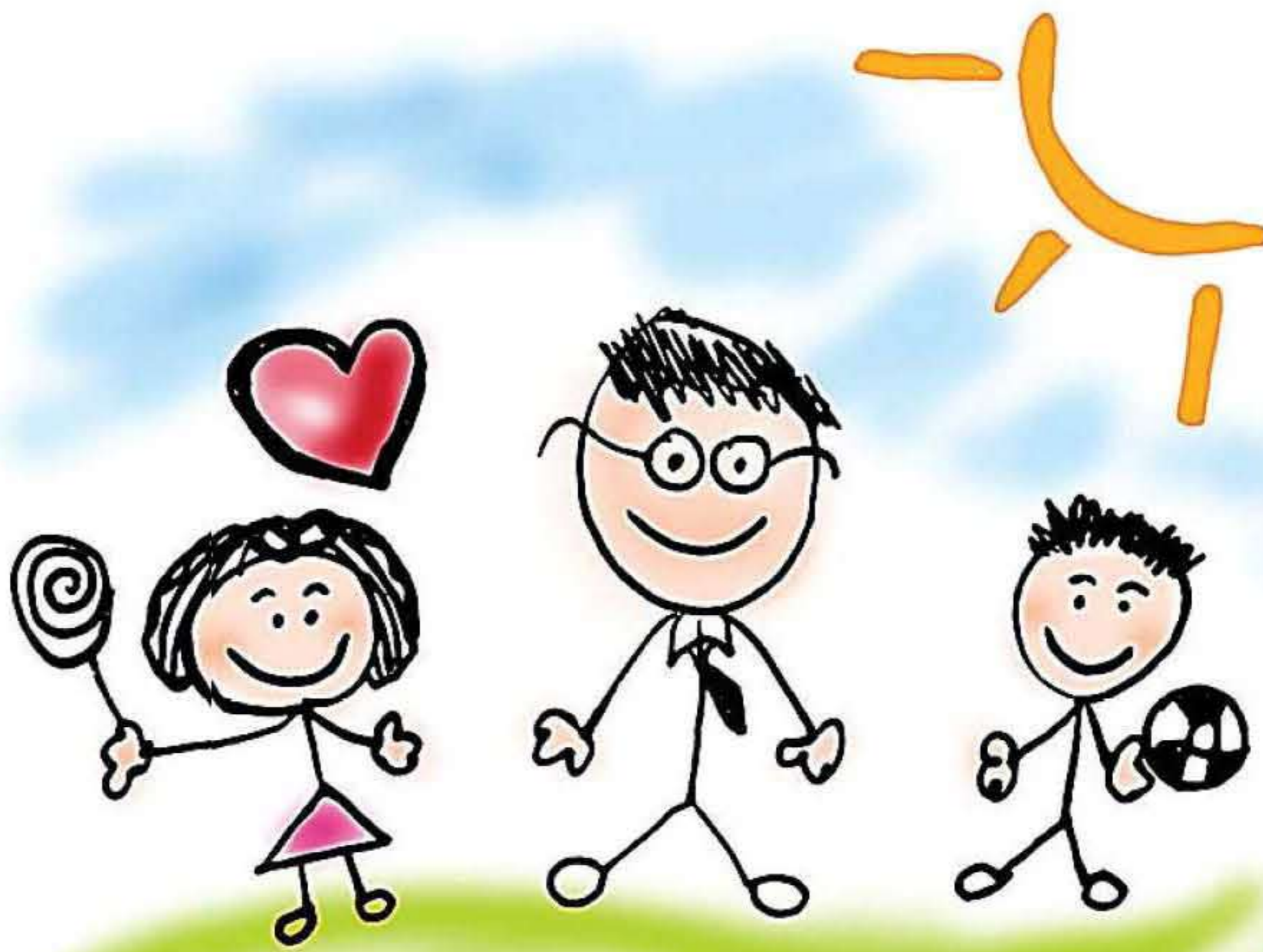
**R**esidents of Southbury's East Hill retirement

community recently shared thoughts on how to succeed at a lifetime job, that of being a dad. In time for Father's Day, they suggest:

"Being a dad is a life-altering experience, and a needy infant deserves two parents — do your share." Dr. Alvin M. Laster, who raised four children in New Jersey, adds "Be — yourself — honest, generous, loving, and strong, since your child will learn how to live from what he or she sees in you."

"Relax and let your kids be themselves," advises Norman Franklin, father of two children raised in New York and New Jersey. Herbert Isaac says he raised three boys whose activity level could make his Long Island home resemble a barn, despite which he urges young dads to, "Enjoy your children — they

aren't a hindrance to you having a good time, they are the good times!" Isaac also offers some sleep tips: "When the children are very young, sleep when they do; in the middle of the night, when they are screaming their heads off, pretend you are sound



Jack Levine



Alvin Laster



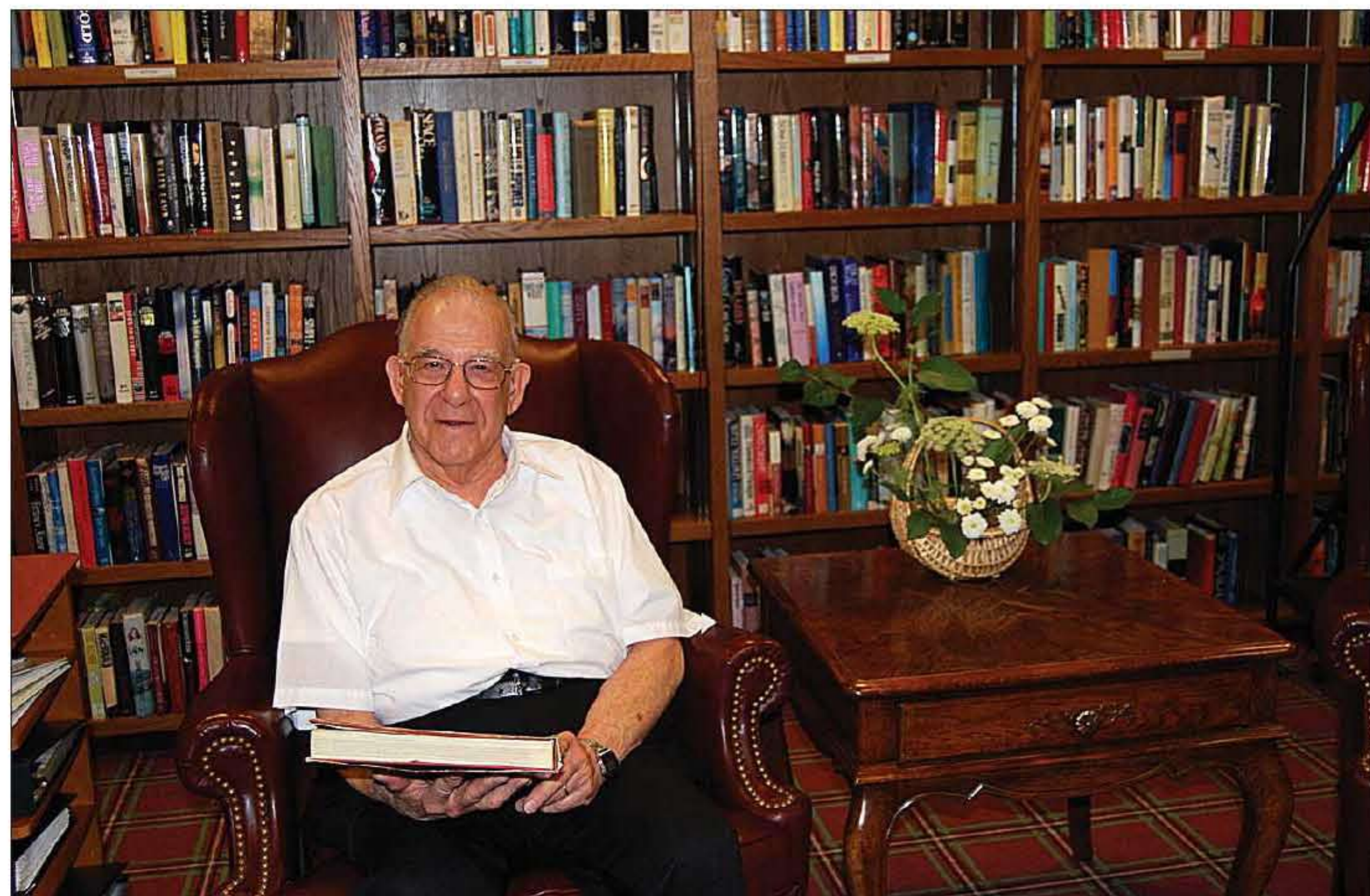
Harry Shaw

asleep." Dr. Benjamin Littman's experience raising a son and a daughter in New York City convinced him dads need to "Make sure you give your children love, and impress upon them how much 'love' will help make life worthwhile." Choices for children are important for Joseph Brussels, whose son grew up in

White Plains. He recommends "Sharing your interest with your children, but never forcing it upon them. Give them options in life." Harry Shaw moved around with his two sons and two daughters, raising them in Washington, D.C., Maryland, and Texas, and his best advice is to the point: "Don't waste any time during life; if you have nothing

to do, do it with the kids." Paying attention to his son and daughter was important to Jack Levine, who learned during their Long Island upbringing to "work with them (your children), support them in all their endeavors, and most of all enjoy them." Edward Atwood raised two sons in Virginia, to whom he gave "plenty of free-

dom." And Bud Dunn, also the father of two sons, who grew up in Naugatuck, reminds dads to "Set a good example for your boys and girls. Be interested in their activities and welcome their friends into your home." Even, perhaps, if it looks like a barn afterward. As these fathers have learned, nothing is forever.



Herb Isaac

