

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b><i>Happy New Year!!</i></b> 9:30 Current Events & Coffee - L 10:30 BINGO - L 1:30 Hymn singing -L 2:00 Church Service: Why the Nativity? w/ David Jeremiah - L 3:00 History of the Ball Drop - L 3:30 Recap on New Years Eve around the world - L           1	9:30 Exercise Group / Cardio - L 10:00 Ellis Island Open Anniversary 10:30 Happy New Year Puzzles - L 1:30 Walking Group 2:00 Welcome to January - L <b>2:30 Communion Service - CL</b> <b>3:00 Bible Study with Pastor Bill</b> <b>4:00 Bible Study Discussion</b> 2	9:30 Exercise Group / Strength - L 10:00 Alcatraz Became Prison- L 10:30 BINGO - L 1:30 Walking Group 2:00 Movie, Popcorn & Drinks - L 4:00 Movie Discussion - L 5:30 Evening Gathering with Tina           3	9:30 Exercise Group / Balance - L 10:00 National Bird Day - L 10:30 January Bird Painting Activity 1:30 Walking Group 2:00 Game: Domino's / Mexican Train 3:15 "My State" Virtual Travel Trip 4:00 Travel Discussion - L           4	9:30 Exercise Group / Flexibility - L 10:00 Discussion of Epiphany - L <b>10:30 WU Card Making Group - L</b> <b>2:00 WU Book Club &amp; Starbucks Coffee Drinks</b> <b>3:15 Entertainment &amp; Happy Hour with Tony Macaroni - DR</b> 5	9:30 Current Events and Coffee 10:00 Exercise Group - L 10:30 BINGO - L 2:00 <b>WU Travel with Christiane - L</b> 3:00 Walking Group 3:30 Dominoes - L           6	9:30 Current Events & Coffee - L 10:00 BINGO - L 2:00 Saturday Movie Matinee - L 3:30 Movie Discussion- L 4:00 Saturday Mind Puzzles - L 5:30 Evening Gathering with Tina Scott           7
9:30 Current Events & Coffee - L 10:30 BINGO - L 1:30 Hymn singing -L 2:00 Church Service on TV - L 3:00 Dallas Cowboys Tailgate Snacks 3:25 Dallas Cowboys Game on TV           8	9:30 Exercise Group / Cardio - L 10:00 Finishing Lyrics Challenge - L 10:30 WU Blankets of Love - L 1:30 Walking Group <b>2:00 Entertainment with Doc - MC</b> <b>3:15 Bible Study with Pastor Bill</b> <b>4:00 Bible Study Discussion</b> 9	9:30 Exercise Group / Strength - L 10:00 Happy Birthday Elvis - L <b>10:30 Creative Crafts with Sandy - L</b> 1:30 Walking Group 2:00 Movie, Popcorn & Drinks - L 4:00 Movie Discussion - L 5:30 Evening Gathering with Tina           10	9:30 Exercise Group / Balance - L 10:00 January Hangman Challenge <b>11:00 OUTING: Lunch Bunch</b> 1:30 Walking Group 2:00 BINGO 3:15 "My State" Travel Trip - L 4:00 Happy Birthday Alaska           11	9:30 Exercise Group / Flexibility - L 10:00 Johnny Cash Folsom Prison Discussion - L 10:30 WU Culinary Food Club - Peach Pie <b>2:00 WU Book Club &amp; Starbucks Coffee Drinks</b> <b>3:15 Entertainment &amp; Happy Hour with Paul Anderson - DR</b> 12	9:30 Current Events and Coffee 10:00 Exercise Group - L 10:30 BINGO - L 2:00 <b>WU Travel with Christiane - L</b> 3:00 Walking Group 3:30 Dominoes - L           13	9:30 Current Events & Coffee - L 10:00 BINGO - L 2:00 Saturday Movie Matinee - L 3:30 Movie Discussion- L 4:00 Saturday Mind Puzzles - L 5:30 Evening Gathering with Tina Scott           14
9:30 Current Events & Coffee - L 10:30 BINGO - L 1;30 Hymn Singing - L 2:00 Gospel Hour with Doc Gibbs - L 3:15 Happy Birthday Martin Luther King - L           15	9:30 Exercise Group / Cardio - L 10:00 Finishing Lines Challenge - L <b>10:30 Resident Council Meeting DR</b> 1:30 Walking Group 2:00 Gametime: Yahtzee <b>3:00 Bible Study with Pastor Bill</b> <b>4:00 Bible Study Discussion</b> 16	9:30 Exercise Group / Strength - L 10:00 Happy Birthday Betty White 10:30 BINGO 1:30 Walking Group 2:00 Movie, Popcorn & Drinks - L 4:00 Movie Discussion - L 5:30 Evening Gathering with Tina           17	9:30 Exercise Group / Balance - L 10:00 Winter Wonderland Puzzles - L 10:30 Snow Flake Painting Activity 1:30 Walking Group <b>2:00 OUTING: Movie Theatre</b> 3:15 "My State" Travel Trip - L           18	9:30 Exercise Group / Flexibility - L 10:00 Happy Birthday Dolly Partin 10:30 WU Scrapbooking 1:30 Walking Group <b>2:00 WU Book Club &amp; Starbucks Coffee Drinks</b> <b>3:15 Entertainment &amp; Happy Hour with</b> 19	9:30 Current Events and Coffee 10:00 Exercise Group - L 10:30 Bingo - L 2:00 <b>WU Travel with Christiane - L</b> 3:00 Walking Group 3:30 Dominoes - L           20	9:30 Current Events & Coffee - L 10:00 BINGO - L 2:00 Saturday Movie Matinee - L 3:30 Movie Discussion- L 4:00 Saturday Mind Puzzles - L 5:30 Evening Gathering with Tina Scott           21
9:30 Current Events & Coffee - DR 10:30 BINGO - L 1:30 Hymn Singing - L 2:00 Church Service on TV - L 3:00 Ice Cream Coke Floats 3:15 Penguin Awareness Day           22	9:30 Exercise Group / Cardio - L 10:00 Finishing Word Challenge - L 10:30 Happy Birthday George Burns 1:30 Walking Group 2:00 Gametime: UNO Card Game - L <b>3:00 Bible Study with Pastor Bill</b> <b>4:00 Bible Study Discussion</b> 23	9:30 Exercise Group / Strength - L 10:00 Knead Bread Machine Discussion - L 10:30 BINGO 1:30 Walking Group 2:00 Movie, Popcorn & Drinks - L 4:00 Movie Discussion - L 5:30 Evening Gathering with Tina           24	9:30 Exercise Group / Balance - L 10:00 National Handwriting Day 10:30 January Craft Activity 1:30 Walking Group <b>2:00 OUTING: Ascension Coffee House at THE STAR</b> 3:15 "My State" Travel Trip - L           25	9:30 Exercise Group / Flexibility - L 10:00 Holocaust Memorial Day 10:30 WU Culinary Food Club - Winter Wonderland Snack Mix 1:30 Walking Group <b>2:00 WU Book Club &amp; Starbucks Coffee Drinks - L</b> <b>3:15 Entertainment &amp; Happy Hour with</b> 26	9:30 Current Events and Coffee 10:00 Exercise Group - L 10:30 Bingo - L 2:00 <b>WU Travel with Christiane - L</b> 3:00 Walking Group 3:30 Dominoes - L           27	9:30 Current Events & Coffee 10:00 BINGO - L 2:00 Saturday Movie Matinee - L 3:30 Movie Discussion- L 4:00 Saturday Mind Puzzles - L 5:30 Evening Gathering with Tina Scott           28
9:30 Current Events & Coffee - DR 10:30 BINGO - L 1:30 Hymn Singing - L 2:00 Church Service on TV - L 3:00 Hot Chocolate Social Time 3:15 Parkview Pictures Slide Show           29	9:30 Exercise Group / Cardio - L 10:00 Name 10 Brain Challenge - L 10:30 Red Hat Sing-a-Long - L 1:30 Walking Group 2:00 Gametime: Domino's / Mexican Train - L <b>3:00 Bible Study with Pastor Bill</b> <b>4:00 Bible Study discussion</b> 30	9:30 Exercise Group / Strength - L 10:00 Happy Birthday Jackie Robinson - L 10:30 BINGO 1:30 Walking Group 2:00 Movie, Popcorn & Drinks - L 4:00 Movie Discussion - L 5:30 Evening Gathering with Tina           31	<b><i>"Let January open with the joy in the Lord, and December close with gladness in Jesus."</i></b> - Charles H. Spurgeon.	<b><i>January opens the box of the year and brings out days that are bright and clear, and brings out days that are cold and grey and shouts "Come see what I brought today!"</i></b>	<b><i>JANUARY, The first month of the year, A perfect time to start all over again. Changing energies and deserting old moods, New beginnings, new attitudes.</i></b>	<b><i>FriendlyReminder:</i></b> <b>Schedule changes may occur; changes will be posted at the activity site.</b>
<b><i>Welcome 2023!</i></b> <b><i>Happy New Year!</i></b>	<b><i>January Birthdays:</i></b> <b><i>Frances B. 1/12</i></b> <b><i>Betty M. 1/20</i></b>	<b>JANUARY 2023</b> <i>The Inn</i>	<b>ACTIVITY LOCATOR KEY</b> CL - Community Life Room CY - Court Yard DR - Dining Room F - Foyer FP - Fire Place G - The Garden		L - Living Room LR - Library NS - Nurse Station O - Outing P - Patio SF - Second Floor	