

| SUNDAY                                                                                                                                                                                                                                                                                  | MONDAY                                                                                                                                                                                                                                                                                                                                                                                                        | TUESDAY                                                                                                                                                                                                                                                                                                                                                                               | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                               | THURSDAY                                                                                                                                                                                                                                                                                                                                        | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                                | SATURDAY                                                                                                                                                                                                                                                                                                                                                                                  |
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| <b>1</b> <ul style="list-style-type: none"><li>• 10:00 Sunday Mass</li><li>• 1:30 Full Body Stretch (VFC)</li><li>• 2:00 Service Circles (AR)</li><li>• 3:00 Sunday Concert Series: The Music of Burt Bacharach (A)</li><li>• 7:00 Netflix Binge Club: The Queen's Gambit (T)</li></ul> | <b>2</b> <ul style="list-style-type: none"><li>• 9:00 DrumFIT (V)</li><li>• 10:00 Veterans Group (L)</li><li>• 11:00 Mental Aerobics (AR)</li><li>• 1:30 Mindfulness Meditation (VFC)</li><li>• 2:00 WU: Highlighting Local Ingredients</li><li>• 3:30 Mahjong (CR)</li><li>• 4:30 Ask Siri Social</li><li>• 7:00 Fantasy Baseball League (LO)</li></ul>                                                      | <b>3</b> <ul style="list-style-type: none"><li>• 8:30 Sunrise Yoga (V)</li><li>• 9:30 Zumba Gold</li><li>• 10:00 Seeders &amp; Weeders Gardening Club (C)</li><li>• 1:00 Morning Brew &amp; National News</li><li>• 2:00 WU: Maximizing Your Space (A)</li><li>• 3:30 EngageVR Experience (LO)</li><li>• 4:00 Scrabble Scrimmage (L)</li><li>• 7:00 Poker Club (CR)</li></ul>         | <b>4</b> <ul style="list-style-type: none"><li>• 9:00 Strength &amp; Balance</li><li>• 10:00 WU: Line Dancing (A)</li><li>• 1:30 Splash Fitness at the Y</li><li>• 2:00 WU: Religious Studies from Around the World (AR)</li><li>• 3:00 WU: Inspired Artistic Expression (AS)</li><li>• 3:30 Bocce Ball (C)</li><li>• 6:00 Evening Film: Molly's Game (T)</li></ul>                                                                     | <b>5</b> <ul style="list-style-type: none"><li>• 8:30 Holy Walkamolies Group</li><li>• 10:00 Gratitude Journaling (L)</li><li>• 11:00 WU: Brain Cafe</li><li>• 1:30 Qi Gong</li><li>• 2:00 Artists' Palette Collective (AS)</li><li>• 3:00 WU: Reading Boccaccio's The Decameron (TL)</li><li>• 4:00 Happy Hour- Local Microbrews (P)</li></ul> | <b>6</b> <ul style="list-style-type: none"><li>• 9:00 Circuit Training (VFC)</li><li>• 10:00 Community Life Committee</li><li>• 11:00 Wine &amp; Dine Club - Lunch at Bocelli's</li><li>• 1:30 WU: Treasuring Our National Parks</li><li>• 2:00 Bell Choir Rehearsal (AR)</li><li>• 2:30 Croquet on the Lawn</li><li>• 4:00 Shabbat Service (AR)</li><li>• 6:30 Take the Stage Karaoke (LO)</li></ul> | <b>7</b> <ul style="list-style-type: none"><li>• 9:30 Tai Chi (V)</li><li>• 10:00 As the Page Turns Book Club</li><li>• 11:00 Improv Club (T)</li><li>• 1:00 Hot Shots Billiards Club (GR)</li><li>• 1:00 Outing to the Art Museum: Matisse in the 1930's</li><li>• 2:00 Bridge Club</li><li>• 4:00 Yappy Hour (C)</li><li>• 7:00 Saturday Night Cinema: The Imitation Game (T)</li></ul> |
| <b>8</b> <ul style="list-style-type: none"><li>• 10:00 Sunday Mass</li><li>• 1:30 Full Body Stretch (VFC)</li><li>• 2:00 Service Circles (AR)</li><li>• 3:00 Sunday Concert Series: British Invasion (A)</li><li>• 7:00 Netflix Binge Club: The Queen's Gambit (T)</li></ul>            | <b>9</b> <ul style="list-style-type: none"><li>• 9:00 DrumFIT (V)</li><li>• 10:00 Shopping Loop</li><li>• 11:00 Mental Aerobics (AR)</li><li>• 1:30 Mindfulness Meditation (VFC)</li><li>• 2:00 WU: Mysteries of the Crown (A)</li><li>• 3:30 Mahjong (CR)</li><li>• 4:30 Ask Siri Social</li><li>• 7:00 Fantasy Baseball League (LO)</li></ul>                                                               | <b>10</b> <ul style="list-style-type: none"><li>• 8:30 Sunrise Yoga (V)</li><li>• 9:30 Zumba Gold</li><li>• 10:00 Seeders &amp; Weeders Gardening Club (C)</li><li>• 1:00 Morning Brew &amp; National News</li><li>• 2:00 WU: Birding for Beginners (MIL)</li><li>• 3:30 EngageVR Experience (LO)</li><li>• 4:00 Scrabble Scrimmage (L)</li><li>• 7:00 Poker Club (CR)</li></ul>      | <b>11</b> <ul style="list-style-type: none"><li>• 9:00 Strength &amp; Balance</li><li>• 10:00 WU: Line Dancing (A)</li><li>• 2:00 Nondenominational Faith Service (CH)</li><li>• 2:00 WU: Chinese Brush Stroke Painting (AS)</li><li>• 3:30 Putting on the Green (C)</li><li>• 6:00 Evening Film: St. Vincent (T)</li></ul>                                                                                                             | <b>12</b> <ul style="list-style-type: none"><li>• 8:30 Holy Walkamolies Group</li><li>• 10:00 Gratitude Journaling (L)</li><li>• 11:00 WU: Brain Cafe</li><li>• 1:30 Qi Gong</li><li>• 2:00 WU: Alternative Approaches to Managing Stress (A)</li><li>• 4:00 Happy Hour - Wine Pairings (LO)</li></ul>                                          | <b>13</b> <ul style="list-style-type: none"><li>• 9:00 Circuit Training (VFC)</li><li>• 10:00 Local Action Committee (LO)</li><li>• 11:00 Parkinson's Support Group (AR)</li><li>• 2:00 Bell Choir Rehearsal (AR)</li><li>• 2:30 Croquet on the Lawn</li><li>• 4:00 Shabbat Service (AR)</li><li>• 6:30 Take the Stage Karaoke (LO)</li></ul>                                                         | <b>14</b> <ul style="list-style-type: none"><li>• 9:30 Tai Chi (V)</li><li>• 10:00 Bible Study (L)</li><li>• 11:00 Creative Writing (L)</li><li>• 1:00 Hot Shots Billiards Club (GR)</li><li>• 2:00 Bridge Club</li><li>• 4:00 Yappy Hour (C)</li><li>• 7:00 Murder Mystery Party</li></ul>                                                                                               |
| <b>15</b> <ul style="list-style-type: none"><li>• 10:00 Sunday Mass</li><li>• 1:30 Full Body Stretch (VFC)</li><li>• 2:00 Service Circles (AR)</li><li>• 3:00 Sunday Concert Series: Classical Composers (A)</li><li>• 7:00 Netflix Binge Club: The Queen's Gambit (T)</li></ul>        | <b>16</b> <ul style="list-style-type: none"><li>• 9:00 DrumFIT (V)</li><li>• 10:00 As The Page Turns Book Club (L)</li><li>• 10:00 Shopping Loop</li><li>• 11:00 Mental Aerobics (AR)</li><li>• 1:30 Mindfulness Meditation (VFC)</li><li>• 2:00 WU: Classic Dishes with a Modern Twist (CA)</li><li>• 3:30 Mahjong (CR)</li><li>• 4:30 Ask Siri Social</li><li>• 7:00 Fantasy Baseball League (LO)</li></ul> | <b>17</b> <ul style="list-style-type: none"><li>• 8:30 Sunrise Yoga (V)</li><li>• 9:30 Zumba Gold</li><li>• 10:00 Seeders &amp; Weeders Gardening Club (C)</li><li>• 1:00 Morning Brew &amp; National News</li><li>• 2:00 WU: The Power of Unplugging (IL)</li><li>• 3:30 EngageVR Experience (LO)</li><li>• 4:00 Scrabble Scrimmage (L)</li><li>• 7:00 Poker Club (CR)</li></ul>     | <b>18</b> <ul style="list-style-type: none"><li>• 9:00 Strength &amp; Balance</li><li>• 10:00 WU: Line Dancing (A)</li><li>• 1:30 Splash Fitness at the Y</li><li>• 2:00 WU: Religious Studies from Around the World (AR)</li><li>• 3:00 WU: Inspired Artistic Expression (AS)</li><li>• 3:30 Bocce Ball (C)</li><li>• 5:30 Wine &amp; Dine Club Night Out - Bridgets Steakhouse</li><li>• 6:00 Evening Film: St. Vincent (T)</li></ul> | <b>19</b> <ul style="list-style-type: none"><li>• 8:30 Holy Walkamolies Group</li><li>• 10:00 Gratitude Journaling (L)</li><li>• 11:00 WU: Brain Cafe</li><li>• 1:30 Qi Gong</li><li>• 2:00 Artists' Palette Collective (AS)</li><li>• 2:00 WU:Email Applications (LO)</li><li>• 4:00 Happy Hour: International Cocktails (LO)</li></ul>        | <b>20</b> <ul style="list-style-type: none"><li>• 9:00 Circuit Training (VFC)</li><li>• 10:00 Resident Council Meeting</li><li>• 11:00 WU: Sharing Wisdom Through Podcasts (AR)</li><li>• 2:00 Bell Choir Rehearsal (AR)</li><li>• 2:30 Croquet on the Lawn</li><li>• 4:00 Shabbat Service (AR)</li><li>• 6:30 Take the Stage Karaoke (LO)</li></ul>                                                  | <b>21</b> <ul style="list-style-type: none"><li>• 9:30 Tai Chi (V)</li><li>• 10:30 Trip to the Farmers' Market</li><li>• 11:00 Improv Club (T)</li><li>• 1:00 Hot Shots Billiards Club (GR)</li><li>• 2:00 Bridge Club</li><li>• 2:00 WU: Herb Infused Oils (AR)</li><li>• 4:00 Yappy Hour (C)</li><li>• 7:00 Saturday Night Cinema: The Unforgivable (T)</li></ul>                       |
| <b>22</b> <ul style="list-style-type: none"><li>• 10:00 Sunday Mass</li><li>• 1:30 Full Body Stretch (VFC)</li><li>• 2:00 Service Circles (AR)</li><li>• 3:00 Sunday Concert Series: Broadway Favorites (A)</li><li>• 7:00 Netflix Binge Club: The Queen's Gambit (T)</li></ul>         | <b>23</b> <ul style="list-style-type: none"><li>• 9:00 DrumFIT (V)</li><li>• 10:00 Shopping Loop</li><li>• 11:00 Mental Aerobics (AR)</li><li>• 11:00 WU: The Changing Landscape of Ancient Rome</li><li>• 1:30 Mindfulness Meditation (VFC)</li><li>• 3:30 Mahjong (CR)</li><li>• 4:30 Ask Siri Social</li><li>• 7:00 Fantasy Baseball League (LO)</li></ul>                                                 | <b>24</b> <ul style="list-style-type: none"><li>• 8:30 Sunrise Yoga (V)</li><li>• 9:30 Zumba Gold</li><li>• 10:00 Seeders &amp; Weeders Gardening Club (C)</li><li>• 1:00 Morning Brew &amp; National News</li><li>• 2:00 WU: Seasonal Design Trends (AR)</li><li>• 3:30 EngageVR Experience (LO)</li><li>• 4:00 Scrabble Scrimmage (L)</li><li>• 7:00 Poker Club (CR)</li></ul>      | <b>25</b> <ul style="list-style-type: none"><li>• 9:00 Strength &amp; Balance</li><li>• 10:00 WU: Line Dancing (A)</li><li>• 2:00 Nondenominational Faith Service (CH)</li><li>• 2:00 WU: Paper Marbling (AS)</li><li>• 3:30 Putting on the Green (C)</li><li>• 4:00 Pub Trivia (LO)</li><li>• 6:00 Evening Documentary: Bob Ross:Happy Accidents, Betrayal and Greed</li></ul>                                                         | <b>26</b> <ul style="list-style-type: none"><li>• 8:30 Holy Walkamolies Group</li><li>• 10:00 Gratitude Journaling (L)</li><li>• 11:00 WU: Brain Cafe</li><li>• 1:30 Qi Gong</li><li>• 2:00 WU: Effective Password Management (LO)</li><li>• 3:30 Intergenerational STEAM Initiative (AR)</li></ul>                                             | <b>27</b> <ul style="list-style-type: none"><li>• 9:00 Circuit Training (VFC)</li><li>• 10:00 Local Action Committee (LO)</li><li>• 11:00 Resident Town Hall Meeting</li><li>• 2:00 Bell Choir Rehearsal (AR)</li><li>• 2:30 Croquet on the Lawn</li><li>• 4:00 Shabbat Service (AR)</li><li>• 6:30 Take the Stage Karaoke (LO)</li></ul>                                                             | <b>28</b> <ul style="list-style-type: none"><li>• 9:30 Tai Chi (V)</li><li>• 10:00 Bible Study (L)</li><li>• 11:00 Creative Writing (L)</li><li>• 1:00 Hot Shots Billiards Club (GR)</li><li>• 1:00 Spinning Wheels Car Show</li><li>• 2:00 Bridge Club</li><li>• 4:00 Yappy Hour (C)</li><li>• 7:00 Saturday Night Cinema: Poms (T)</li></ul>                                            |
| <b>29</b> <ul style="list-style-type: none"><li>• 10:00 Sunday Mass</li><li>• 1:30 Full Body Stretch (VFC)</li><li>• 2:00 Service Circles (AR)</li><li>• 3:00 Sunday Concert Series: Best of the Opera (A)</li><li>• 7:00 Netflix Binge Club: The Queen's Gambit (T)</li></ul>          | <b>30</b> <ul style="list-style-type: none"><li>• 9:00 DrumFIT (V)</li><li>• 10:00 Shopping Loop</li><li>• 10:00 TED Talks that Inspire (AR)</li><li>• 11:00 Mental Aerobics (AR)</li><li>• 1:30 Mindfulness Meditation (VFC)</li><li>• 2:00 WU: Spices that Add Zest (CA)</li><li>• 3:30 Mahjong (CR)</li><li>• 4:30 Ask Siri Social</li><li>• 7:00 Fantasy Baseball League (LO)</li></ul>                   | <b>31</b> <ul style="list-style-type: none"><li>• 8:30 Sunrise Yoga (V)</li><li>• 9:30 Zumba Gold</li><li>• 10:00 Seeders &amp; Weeders Gardening Club (C)</li><li>• 1:00 Morning Brew &amp; National News</li><li>• 2:00 WU: Great Composers of Our Time (AR)</li><li>• 3:30 EngageVR Experience (LO)</li><li>• 4:00 Scrabble Scrimmage (L)</li><li>• 7:00 Poker Club (CR)</li></ul> |                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>Program sampling only. Subject to change.</b>                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                           |