

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
<ul style="list-style-type: none"> • 10:00 Sunday Mass • 1:30 Full Body Stretch (VFC) • 2:00 Service Circles (AR) • 3:00 Sunday Concert Series: The Music of Burt Bacharach (A) • 7:00 Netflix Binge Club: The Queen's Gambit (T) 	<ul style="list-style-type: none"> • 9:00 DrumFIT (V) • 10:00 Veterans Group (L) • 11:00 Mental Aerobics (AR) • 1:30 Mindfulness Meditation (VFC) • 2:00 WU: Highlighting Local Ingredients • 3:30 Mahjong (CR) • 4:30 Ask Siri Social • 7:00 Fantasy Baseball League (LO) 	<ul style="list-style-type: none"> • 8:30 Sunrise Yoga (V) • 9:30 Zumba Gold • 10:00 Seeders & Weeders Gardening Club (C) • 1:00 Morning Brew & National News • 2:00 WU: Maximizing Your Space (A) • 3:30 EngageVR Experience (LO) • 4:00 Scrabble Scrimmage (L) • 7:00 Poker Club (CR) 	<ul style="list-style-type: none"> • 9:00 Strength & Balance • 10:00 WU: Line Dancing (A) • 1:30 Splash Fitness at the Y • 2:00 WU: Religious Studies from Around the World (AR) • 3:00 WU: Inspired Artistic Expression (AS) • 3:30 Bocce Ball (C) • 6:00 Evening Film: Molly's Game (T) 	<ul style="list-style-type: none"> • 8:30 Holy Walkamolies Group • 10:00 Gratitude Journaling (L) • 11:00 WU: Brain Cafe • 1:30 Qi Gong • 2:00 Artists' Palette Collective (AS) • 3:00 WU: Reading Boccaccio's The Decameron (TL) • 4:00 Happy Hour- Local Microbrews (P) 	<ul style="list-style-type: none"> • 9:00 Circuit Training (VFC) • 10:00 Community Life Committee • 11:00 Wine & Dine Club - Lunch at Bocelli's • 1:30 WU: Treasuring Our National Parks • 2:00 Bell Choir Rehearsal (AR) • 2:30 Croquet on the Lawn • 4:00 Shabbat Service (AR) • 6:30 Take the Stage Karaoke (LO) 	<ul style="list-style-type: none"> • 9:30 Tai Chi (V) • 10:00 As the Page Turns Book Club • 11:00 Improv Club (T) • 1:00 Hot Shots Billiards Club (GR) • 1:00 Outing to the Art Museum: Matisse in the 1930's • 2:00 Bridge Club • 4:00 Yappy Hour (C) • 7:00 Saturday Night Cinema: The Imitation Game (T)
8	9	10	11	12	13	14
<ul style="list-style-type: none"> • 10:00 Sunday Mass • 1:30 Full Body Stretch (VFC) • 2:00 Service Circles (AR) • 3:00 Sunday Concert Series: British Invasion (A) • 7:00 Netflix Binge Club: The Queen's Gambit (T) 	<ul style="list-style-type: none"> • 9:00 DrumFIT (V) • 10:00 Shopping Loop • 11:00 Mental Aerobics (AR) • 1:30 Mindfulness Meditation (VFC) • 2:00 WU: Mysteries of the Crown (A) • 3:30 Mahjong (CR) • 4:30 Ask Siri Social • 7:00 Fantasy Baseball League (LO) 	<ul style="list-style-type: none"> • 8:30 Sunrise Yoga (V) • 9:30 Zumba Gold • 10:00 Seeders & Weeders Gardening Club (C) • 1:00 Morning Brew & National News • 2:00 WU: Birding for Beginners (MIL) • 3:30 EngageVR Experience (LO) • 4:00 Scrabble Scrimmage (L) • 7:00 Poker Club (CR) 	<ul style="list-style-type: none"> • 9:00 Strength & Balance • 10:00 WU: Line Dancing (A) • 2:00 Nondenominational Faith Service (CH) • 2:00 WU: Chinese Brush Stroke Painting (AS) • 3:30 Putting on the Green (C) • 6:00 Evening Film: St. Vincent (T) 	<ul style="list-style-type: none"> • 8:30 Holy Walkamolies Group • 10:00 Gratitude Journaling (L) • 11:00 WU: Brain Cafe • 1:30 Qi Gong • 2:00 WU: Alternative Approaches to Managing Stress (A) • 4:00 Happy Hour - Wine Pairings (LO) 	<ul style="list-style-type: none"> • 9:00 Circuit Training (VFC) • 10:00 Local Action Committee (LO) • 11:00 Parkinson's Support Group (AR) • 2:00 Bell Choir Rehearsal (AR) • 2:30 Croquet on the Lawn • 4:00 Shabbat Service (AR) • 6:30 Take the Stage Karaoke (LO) 	<ul style="list-style-type: none"> • 9:30 Tai Chi (V) • 10:00 Bible Study (L) • 11:00 Creative Writing (L) • 1:00 Hot Shots Billiards Club (GR) • 2:00 Bridge Club • 4:00 Yappy Hour (C) • 7:00 Murder Mystery Party
15	16	17	18	19	20	21
<ul style="list-style-type: none"> • 10:00 Sunday Mass • 1:30 Full Body Stretch (VFC) • 2:00 Service Circles (AR) • 3:00 Sunday Concert Series: Classical Composers (A) • 7:00 Netflix Binge Club: The Queen's Gambit (T) 	<ul style="list-style-type: none"> • 9:00 DrumFIT (V) • 10:00 As The Page Turns Book Club (L) • 10:00 Shopping Loop • 11:00 Mental Aerobics (AR) • 1:30 Mindfulness Meditation (VFC) • 2:00 WU: Classic Dishes with a Modern Twist (CA) • 3:30 Mahjong (CR) • 4:30 Ask Siri Social • 7:00 Fantasy Baseball League (LO) 	<ul style="list-style-type: none"> • 8:30 Sunrise Yoga (V) • 9:30 Zumba Gold • 10:00 Seeders & Weeders Gardening Club (C) • 1:00 Morning Brew & National News • 2:00 WU: The Power of Unplugging (IL) • 3:30 EngageVR Experience (LO) • 4:00 Scrabble Scrimmage (L) • 7:00 Poker Club (CR) 	<ul style="list-style-type: none"> • 9:00 Strength & Balance • 10:00 WU: Line Dancing (A) • 1:30 Splash Fitness at the Y • 2:00 WU: Religious Studies from Around the World (AR) • 3:00 WU: Inspired Artistic Expression (AS) • 3:30 Bocce Ball (C) • 5:30 Wine & Dine Club Night Out - Bridgets Steakhouse • 6:00 Evening Film: St. Vincent (T) 	<ul style="list-style-type: none"> • 8:30 Holy Walkamolies Group • 10:00 Gratitude Journaling (L) • 11:00 WU: Brain Cafe • 1:30 Qi Gong • 2:00 Artists' Palette Collective (AS) • 2:00 WU: Email Applications (LO) • 4:00 Happy Hour: International Cocktails (LO) 	<ul style="list-style-type: none"> • 9:00 Circuit Training (VFC) • 10:00 Resident Council Meeting • 11:00 WU: Sharing Wisdom Through Podcasts (AR) • 2:00 Bell Choir Rehearsal (AR) • 2:30 Croquet on the Lawn • 4:00 Shabbat Service (AR) • 6:30 Take the Stage Karaoke (LO) 	<ul style="list-style-type: none"> • 9:30 Tai Chi (V) • 10:30 Trip to the Farmers' Market • 11:00 Improv Club (T) • 1:00 Hot Shots Billiards Club (GR) • 2:00 Bridge Club • 2:00 WU: Herb Infused Oils (AR) • 4:00 Yappy Hour (C) • 7:00 Saturday Night Cinema: The Unforgivable (T)
22	23	24	25	26	27	28
<ul style="list-style-type: none"> • 10:00 Sunday Mass • 1:30 Full Body Stretch (VFC) • 2:00 Service Circles (AR) • 3:00 Sunday Concert Series: Broadway Favorites (A) • 7:00 Netflix Binge Club: The Queen's Gambit (T) 	<ul style="list-style-type: none"> • 9:00 DrumFIT (V) • 10:00 Shopping Loop • 11:00 Mental Aerobics (AR) • 11:00 WU: The Changing Landscape of Ancient Rome • 1:30 Mindfulness Meditation (VFC) • 3:30 Mahjong (CR) • 4:30 Ask Siri Social • 7:00 Fantasy Baseball League (LO) 	<ul style="list-style-type: none"> • 8:30 Sunrise Yoga (V) • 9:30 Zumba Gold • 10:00 Seeders & Weeders Gardening Club (C) • 1:00 Morning Brew & National News • 2:00 WU: Seasonal Design Trends (AR) • 3:30 EngageVR Experience (LO) • 4:00 Scrabble Scrimmage (L) • 7:00 Poker Club (CR) 	<ul style="list-style-type: none"> • 9:00 Strength & Balance • 10:00 WU: Line Dancing (A) • 2:00 Nondenominational Faith Service (CH) • 2:00 WU: Paper Marbling (AS) • 3:30 Putting on the Green (C) • 4:00 Pub Trivia (LO) • 6:00 Evening Documentary: Bob Ross: Happy Accidents, Betrayal and Greed 	<ul style="list-style-type: none"> • 8:30 Holy Walkamolies Group • 10:00 Gratitude Journaling (L) • 11:00 WU: Brain Cafe • 1:30 Qi Gong • 2:00 WU: Effective Password Management (LO) • 3:30 Intergenerational STEAM Initiative (AR) 	<ul style="list-style-type: none"> • 9:00 Circuit Training (VFC) • 10:00 Local Action Committee (LO) • 11:00 Resident Town Hall Meeting • 2:00 Bell Choir Rehearsal (AR) • 2:30 Croquet on the Lawn • 4:00 Shabbat Service (AR) • 6:30 Take the Stage Karaoke (LO) 	<ul style="list-style-type: none"> • 9:30 Tai Chi (V) • 10:00 Bible Study (L) • 11:00 Creative Writing (L) • 1:00 Hot Shots Billiards Club (GR) • 1:00 Spinning Wheels Car Show • 2:00 Bridge Club • 4:00 Yappy Hour (C) • 7:00 Saturday Night Cinema: Poms (T)
29	30	31		Program sampling only. Subject to change.		
<ul style="list-style-type: none"> • 10:00 Sunday Mass • 1:30 Full Body Stretch (VFC) • 2:00 Service Circles (AR) • 3:00 Sunday Concert Series: Best of the Opera (A) • 7:00 Netflix Binge Club: The Queen's Gambit (T) 	<ul style="list-style-type: none"> • 9:00 DrumFIT (V) • 10:00 Shopping Loop • 10:00 TED Talks that Inspire (AR) • 11:00 Mental Aerobics (AR) • 1:30 Mindfulness Meditation (VFC) • 2:00 WU: Spices that Add Zest (CA) • 3:30 Mahjong (CR) • 4:30 Ask Siri Social • 7:00 Fantasy Baseball League (LO) 	<ul style="list-style-type: none"> • 8:30 Sunrise Yoga (V) • 9:30 Zumba Gold • 10:00 Seeders & Weeders Gardening Club (C) • 1:00 Morning Brew & National News • 2:00 WU: Great Composers of Our Time (AR) • 3:30 EngageVR Experience (LO) • 4:00 Scrabble Scrimmage (L) • 7:00 Poker Club (CR) 				