

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		"New year, new beginnings—embrace the possibilities ahead."		New Year's Day 1 What's New in 2026 (L) 4:00 Ice Breakers (L) 6:00 Puzzle Corner (2AR)	2 10:15 Building Muscle with Weights (2FT) 1:00 Roving Retirees Walking Club (L) 2:30 Happy Hour (2AR) 4:00 Ice Breakers (L)	3 Independent January Word Games Available in Bistro (B) 4:00 Ice Breakers (L)
4 10:00 Communion with Lucy (B) 4:00 Ice Breakers (L)	5 10:15 Seated Aerobics (2FT) 1:30 January IQ and Gazette (2AR) 2:15 Community Crossword Puzzle (2AR) 4:00 Ice Breakers (L)	6 10:15 Chair Yoga (2FT) 10:45 Nail Salon & Shopping Trip (L) 1:30 WU: Feast of the Epiphany (2AR) 2:00 Bingo (2AR) 4:00 Ice Breakers (L) 6:00 Alan Lurty - Piano/Singer (L)	7 10:15 Coordination & Agility Training (2T) 10:45 Dollar Tree Trip (L) 11:00 Manicures with Kally (B) 2:00 WU: Horticulture (2AR) 3:30 Tic Tac Toe (2AR) 4:00 Ice Breakers (L)	8 10:15 Chair Yoga with Yen (2FT) 2:00 A Tribute to Elvis with DJ Betsy (2AR) 3:15 Elvis Quiz (2T) 4:00 Ice Breakers (L) 6:00 Puzzle Corner (2AR)	9 10:15 Building Muscle with Weights (2FT) 1:00 Roving Retirees Walking Club (L) 2:30 Happy Hour (2AR) 4:00 Ice Breakers (L)	10 Independent January Word Games Available in Bistro (B) 4:00 Ice Breakers (L)
11 10:00 Communion with Lucy (B) 4:00 Ice Breakers (L)	12 10:15 Seated Aerobics (2FT) 1:30 Word Mining with Bobbi (2AR) 2:30 Minnie Kalan - Singer (2T) 4:00 Ice Breakers (L)	13 10:15 Chair Yoga (2FT) 10:45 Boscov's Trip (L) 1:30 WU: Honoring the Korean Culture (2AR) 4:00 Ice Breakers (L) 6:00 Discussions with Donna (L)	14 10:00 WU: Exercise and Discussion with Dr. Wade- Fox Therapy (2FT) 11:00 Manicures with Kally (B) 1:30 Activity Planning (2AR) 2:00 Bingo (2AR) 4:00 Ice Breakers (L) 4:30 Order In Dinner -- Greek Spot (2AR)	15 10:15 Stretching and Balance (2FT) 2:00 Checkers (2T) 3:00 Book Club (2AR) 4:00 Ice Breakers (L) 6:00 Puzzle Corner (2AR)	16 10:15 Building Muscle with Weights (2FT) 1:00 Roving Retirees Walking Club (L) 2:30 Happy Hour (2AR) 4:00 Ice Breakers (L)	17 Independent January Word Games Available in Bistro (B) 4:00 Ice Breakers (L)
18 10:00 Communion with Lucy (B) 4:00 Ice Breakers (L)	Martin Luther King Jr. Day 19 10:15 Seated Aerobics (2FT) 11:15 Bacco Lunch Trip (L) 1:00 WU: MLK JR. Day- Famous Quotes and Speeches (2AR) 2:00 MLK Quiz - Test Your Knowledge (2AR) 4:00 Ice Breakers (L)	20 10:15 Chair Yoga (2FT) 1:00 Menu Planning (B) 2:00 Bingo (2AR) 4:00 Ice Breakers (L) 6:00 Discussions with Donna (L)	21 10:15 Coordination & Agility Training (2FT) 11:00 Manicures with Kally (B) 2:00 Resident Council Meeting (2FT) 2:30 Blue Bell Place Store (2FT) 4:00 Ice Breakers (L)	22 10:15 Stretching and Balance (2FT) 10:45 Wegman's Shopping Trip (L) 2:00 JT - Singer (2T) 3:15 Adult Coloring for Relaxation (2AR) 4:00 Ice Breakers (L) 6:00 Puzzle Corner (2AR)	23 10:15 Building Muscle with Weights (2FT) 1:00 Roving Retirees Walking Club (L) 2:30 Happy Hour (2AR) 4:00 Ice Breakers (L) 7:00 Gwynedd Mercy University- Declarations of Joy: A Spiritual Music Encounter (L)	24 Independent January Word Games Available in Bistro (B) 4:00 Ice Breakers (L)
25 10:00 Communion with Lucy (B) 4:00 Ice Breakers (L)	26 10:15 Seated Aerobics (2FT) 1:00 Tic Tac Toe (2T) 2:00 Bingo (2AR) 4:00 Ice Breakers (L)	27 10:15 Chair Yoga (2FT) 2:00 Craig Satchell- Pianist and Singer (L) 3:15 Trivia (L) 4:00 Ice Breakers (L) 6:00 Discussions with Donna (L)	28 10:15 Coordination & Agility Training (2FT) 11:00 Manicures with Kally (B) 1:30 WU: Wellness Wednesday - The Importance of Social Health (2AR) 4:00 Ice Breakers (L)	29 10:15 Stretching and Balance (2FT) 2:00 WU: The Importance of Puzzles (2AR) 2:30 WU: Poetry with a Twist (2AR) 4:00 Ice Breakers (L) 6:00 Puzzle Corner (2AR)	30 10:15 Building Muscle with Weights (2FT) 1:00 Roving Retirees Walking Club (L) 2:30 Happy Hour and Birthday Party (2AR) 4:00 Ice Breakers (L)	31 Independent January Word Games Available in Bistro (B) 1:00 Hot Cocoa and Cookies (2AR) 4:00 Ice Breakers (L)

Activity Locator Key:

L = Lobby
DR = Main Dining Room – Traditional
B = 1st Floor Bistro
2T = 2nd floor Theater Room
2AR = 2nd floor Activities Room

Calendar is Subject to Change



- Body
- Community
- Entertainment
- Mind
- Outing
- Spirit

January 2026 - Traditional

