

January 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|---|--|
| | | | | 1 AllDay New Years Day Morning Exercise Morning Line Dancing Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music | 2 Morning Exercise Afternoon Frank and Pam Afternoon Games Afternoon Happy Hour (AL) Edwin Afternoon Snack and Chat Afternoon Thrive with music | 3 Morning Exercise Afternoon Beauty Time Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music |
| 4 Morning Cowboy Church Morning Exercise 10:00am Thrive with music Afternoon Games Afternoon Snack and Chat | 5 AllDay Thrive with music Morning Exercise Morning WU: Writers Collective Afternoon Games Afternoon Snack and Chat | 6 Morning Exercise Morning Hello Neighbor Afternoon Games Afternoon Ross Johnson volunteer Afternoon Snack and Chat Afternoon Thrive with music | 7 AllDay Thrive with music Morning Exercise Morning Van Ride Afternoon Bruce and Captain Afternoon Games Afternoon Snack and Chat | 8 Morning Exercise Morning Line Dancing Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music | 9 Morning Exercise Afternoon Games Afternoon Happy Hour (AL) Desert Melodie Afternoon Snack and Chat Afternoon Thrive with music Afternoon Thrive with music | 10 Morning Exercise Afternoon Beauty Time Afternoon Games Afternoon Lunch at Mio Ricardos Afternoon Snack and Chat Afternoon Thrive with music |
| 11 Morning Cowboy Church Morning Exercise 10:00am Thrive with music Afternoon Games Afternoon Snack and Chat | 12 Morning Exercise Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music | 13 Morning Exercise Morning Hello Neighbor Afternoon Games Afternoon Ross Johnson volunteer Afternoon Snack and Chat Afternoon Thrive with music | 14 Morning Exercise Morning Van Ride Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music Afternoon Town Hall | 15 Morning Exercise Morning Line Dancing Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music | 16 Morning Exercise Afternoon Frank and Pam Afternoon Games Afternoon Happy Hour (AL) Mary Afternoon Snack and Chat Afternoon Thrive with music | 17 Morning Exercise Afternoon Beauty Time Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music |
| 18 Morning Cowboy Church Morning Exercise 10:00am Thrive with music Afternoon Games Afternoon Snack and Chat | 19 Morning Exercise Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music | 20 Morning Exercise Morning Hello Neighbor Afternoon Games Afternoon Ross Johnson volunteer Afternoon Snack and Chat Afternoon Thrive with music | 21 Morning Exercise Morning Van Ride Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music | 22 Morning Exercise Morning Line Dancing Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music | 23 Morning Exercise Afternoon Games Afternoon Happy Hour (AL) Doug R. Afternoon Snack and Chat Afternoon Thrive with music | 24 Morning Exercise Afternoon Beauty Time Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music |
| 25 Morning Cowboy Church Morning Exercise 10:00am Thrive with music Afternoon Games Afternoon Snack and Chat | 26 Morning Exercise Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music | 27 Morning Exercise Morning Hello Neighbor Afternoon Games Afternoon Ross Johnson volunteer Afternoon Snack and Chat Afternoon Thrive with music | 28 Morning Exercise Morning Van Ride Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music | 29 Morning Exercise Morning Line Dancing Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music | 30 Morning Exercise Afternoon Frank and Pam Afternoon Games Afternoon Happy Hour (AL) Hooters Blue w/Maury Afternoon Snack and Chat Afternoon Thrive with music | 31 Morning Exercise Afternoon Beauty Time Afternoon Games Afternoon Snack and Chat Afternoon Thrive with music |