

January 2026

THE WATERMARK
AT MARCO ISLAND

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>DR = The Seasons AS = Art Studio TB = The Burrow T = Taboon MC = Memory Care WU = Watermark University TR = Theatre Room L = Lobby DP = Dining Patio PD = Private Dining Room L = Lawn LR = Living Room</p>	<p>360Well Body Community Entertainment Mind Outing Spirit</p> <p>HAPPY BIRTHDAY</p> <p>Bernadette L. - 18th Dorothy L. - 22nd Martha R. - 30th</p>			<p>New Year's Day AD New Years Day!</p> <p>8:30am Island Walking Club (MILR) 10:15am Tai Chi (TL) 11:00am Open Canvas (AS) 1:30pm Strength & Balance (WU) 2:00pm Guided Stretch & Meditation (WU) 3:00pm Rummikub / Games (TH)</p>	<p>1 8:30am Island Walking Club (MILR) 10:15am Friday Fitness Class (WU) 1:30pm Sit To Be Fit (WU) 2:00pm Seated Yoga & Relaxation (WU) 2:30pm Grip Strengthening Class (WU) 3:00pm Lounge & Listen w/ Live Vibes by Joe Marino (LR)</p>	<p>2 8:30am Island Walking Club (L) 10:15am Taoist YOGA w/ Stew (WU) 1:00pm Game On! Play Game of Your Choice! (DP) 3:00pm Afternoon Tunes By Darci (LR)</p> <p>3</p>
<p>9:40am Catholic Communion (TR) 10:00am Catholic Mass - Televised (TR) 10:00am Church Trips 1:30pm Big Band Concert - Veterans Park \$10 Donation and Bring your Chairs 3:00pm Sunday Matinee Movie (TR)</p>	<p>4 8:30am Island Walking Club (MILR) 10:15am Mindful Movement (WU) 11:00am Music Melodies w/ Michael Nardi (LR) 11:15am Marco Library 1:30pm Sit To Be Fit (WU) 3:00pm Creative Movement (WU) 3:00pm Mexican Train (DP)</p>	<p>5 8:30am Island Walking Club (MILR) 10:15am Tai Chi (L) 11:00am Yoga (WU) 11:30am The Rosary Team - All Welcome To Pray Together (TR) 1:00pm Publix/Bank 1:30pm Strength & Balance (WU) 2:00pm Creative Creations (AS) 3:00pm Euchre / Games (TB) 3:30pm Jazz On The Greens - Naples Jazz Group (L)</p>	<p>6 8:30am Island Walking Club (MILR) 9:30am Marco Island Farmer's Market 10:15am Balance & Toning Class (WU) 1:30pm Sit To Be Fit (WU) 2:00pm Meditation Time (WU) 3:00pm LCR Left, Center, Right, Dice Game "Bring Quarters" (PD) 7:00pm Movie Night! (TR)</p>	<p>7 8:30am Island Walking Club (MILR) 10:15am Tai Chi (TL) 11:00am Unleashed Art (AS) 1:30pm Strength & Balance (WU) 2:00pm The 6 Wives of Henry VIII Presentation by Nancy Maxwell (TR) 3:00pm Rummikub / Games (TH) 3:30pm Afternoon Tunes by Paddy (LR)</p>	<p>8 8:30am Island Walking Club (MILR) 10:15am Friday Fitness Class (WU) 11:00am Lunch Outing! Mango's 1:30pm Sit To Be Fit (WU) 2:00pm Seated Yoga & Relaxation (WU) 2:30pm Grip Strengthening Class (WU) 3:00pm Lounge & Listen w/ Live Vibes by JR Erb Trio (LR)</p>	<p>9 8:30am Island Walking Club (L) 10:15am Taoist YOGA w/ Stew (WU) 1:00pm Game On! Play Game of Your Choice! (DP) 4:00pm Relaxation Time w/ Angie "Sound Bath Bowls" (TR)</p> <p>10</p>
<p>9:40am Catholic Communion (TR) 10:00am Catholic Mass - Televised (TR) 10:00am Church Trips 2:00pm Piano Tunes by Joe Marino (LR) 3:00pm Sunday Matinee Movie (TR)</p>	<p>11 8:30am Island Walking Club (MILR) 10:15am Mindful Movement (WU) 11:15am Cardio Drumming (TR) 11:15am Marco Library 1:30pm Sit To Be Fit (WU) 2:00pm WU: Crime Prevention Presentation by Corporal Jim Sparks CCO (TR) 3:00pm Creative Movement (WU) 3:00pm Mexican Train (DP)</p>	<p>12 8:30am Island Walking Club (MILR) 10:15am Tai Chi (L) 11:00am Yoga (WU) 11:30am The Rosary Team - All Welcome To Pray Together (TR) 1:00pm Publix/Bank 1:30pm Strength & Balance (WU) 2:00pm Sip & Paint (AS) 3:00pm "Resident Only" Council Meeting (WU) 3:00pm Euchre / Games (TB)</p>	<p>13 8:30am Island Walking Club (MILR) 10:15am Balance & Toning Class (WU) 1:30pm Sit To Be Fit (WU) 2:00pm Meditation Time (WU) 2:30pm 360 Well Talk! Eating for a Sharper Mind (TR) 3:00pm Game On! (TB) 7:00pm Movie Night! (TR)</p>	<p>14 8:30am Island Walking Club (MILR) 10:15am Tai Chi (TL) 11:00am Art Club w/ Bobby (AS) 1:30pm Strength & Balance (WU) 2:00pm Guided Stretch & Meditation (WU) 3:00pm Member Dining Committee (WU) 7:00pm Rummikub / Games (TH)</p>	<p>15 8:30am Island Walking Club (MILR) 10:15am Friday Fitness Class (WU) 11:00am Art Club w/ Bobby (AS) 1:30pm Sit To Be Fit (WU) 2:00pm Seated Yoga & Relaxation (WU) 2:30pm Grip Strengthening Class (WU) 3:00pm Lounge & Listen w/ Live Vibes by Moon Over Miami (LR)</p>	<p>16 8:30am Island Walking Club (L) 10:15am Taoist YOGA w/ Stew (WU) 1:00pm Game On! Play Game of Your Choice! (DP) 3:00pm Afternoon Tunes By Kellee Kaysee (LR)</p> <p>17</p>
<p>9:40am Catholic Communion (TR) 10:00am Catholic Mass - Televised (TR) 10:00am Church Trips 3:00pm Sunday Matinee Movie (TR)</p>	<p>18 Martin Luther King Jr. Day 8:30am Island Walking Club (MILR) 10:15am Mindful Movement (WU) 11:00am Music Melodies by Michael Nardi 11:15am Marco Library 1:30pm Sit To Be Fit (WU) 2:00pm WU: Art History Presentation by Carol Jonson "Gone! History's Great Art Heists" (TR) 3:00pm Creative Movement (WU) 3:00pm Mexican Train (DP)</p>	<p>19 8:30am Island Walking Club (MILR) 10:15am Tai Chi (L) 11:00am Yoga (WU) 11:30am The Rosary Team - All Welcome To Pray Together (TR) 1:00pm Publix/Bank 1:30pm Strength & Balance (WU) 2:00pm Art Explorers (AS) 3:00pm Euchre / Games (TB)</p>	<p>20 8:30am Island Walking Club (MILR) 10:15am Balance & Toning Class (WU) 11:00am Marco Lutheran Church Luncheon -RSVP (MLC) 1:30pm Sit To Be Fit (WU) 2:00pm Meditation Time (WU) 3:00pm Game On! (TB) 7:00pm Movie Night! (TR)</p>	<p>21 8:30am Island Walking Club (MILR) 10:15am Tai Chi (TL) 11:00am Imagination Art Station (AS) 1:30pm Strength & Balance (WU) 2:00pm Guided Stretch & Meditation (WU) 3:00pm BINGO for Bucks \$\$\$ (TR)</p>	<p>22 8:30am Island Walking Club (MILR) 10:15am Friday Fitness Class (WU) 11:30am Lunch Outing! La Tavola Restaurant 1:30pm Sit To Be Fit (WU) 2:00pm Seated Yoga & Relaxation (WU) 2:30pm Grip Strengthening Class (WU) 3:00pm Lounge & Listen w/ Live Vibes by Yasel on Sax (LR)</p>	<p>23 8:30am Island Walking Club (L) 10:15am Taoist YOGA w/ Stew (WU) 1:00pm Game On! Play Game of Your Choice! (DP) 3:00pm Afternoon Tunes w/ John G. (LR)</p> <p>24</p>
<p>9:40am Catholic Communion (TR) 10:00am Catholic Mass - Televised (TR) 10:00am Church Trips 3:00pm Sunday Matinee Movie (TR)</p>	<p>25 8:30am Island Walking Club (MILR) 10:15am Mindful Movement (WU) 11:15am Cardio Drumming 11:15am Marco Library 1:30pm Sit To Be Fit (WU) 2:30pm WU: 360 Well Talk! Sleep... Why you need a bedtime! (TR) 3:00pm Creative Movement (WU) 3:00pm Mexican Train (DP)</p>	<p>26 8:30am Island Walking Club (MILR) 10:15am Tai Chi (L) 11:00am Yoga (WU) 1:00pm Music Melodies w/ Michael Nardi 1:00pm Publix/Bank 1:30pm Strength & Balance (WU) 2:00pm Painting & Prosecco (AS) 3:00pm Euchre / Games (TB)</p>	<p>27 8:30am Island Walking Club (MILR) 10:15am Balance & Toning Class (WU) 11:30am Book Club - The Favorites (DP) 1:30pm Sit To Be Fit (WU) 2:00pm Meditation Time (WU) 2:00pm Poetry for Neanderthals Game w/ Kelly Rose (TR) 3:00pm LCR Left, Center, Right, Dice Game "Bring Quarters" (PD) 7:00pm Movie Night! (TR)</p>	<p>28 8:30am Island Walking Club (MILR) 10:15am Tai Chi (TL) 11:00am Art Club w/ Bobby (AS) 1:00pm Piano Tunes by Michael Nardi (LR) 1:30pm Strength & Balance (WU) 2:00pm Guided Stretch & Meditation (WU) 3:00pm Rummikub / Games (TH) 4:00pm Watermark Ribbon Cutting & Grand Opening Event</p>	<p>29 8:30am Island Walking Club (MILR) 10:15am Friday Fitness Class (WU) 1:30pm Sit To Be Fit (WU) 2:00pm Seated Yoga & Relaxation (WU) 2:30pm Grip Strengthening Class (WU) 3:00pm Lounge & Listen w/ Live Vibes Steel Drums by Trace "Birthday Celebrations" (LR)</p>	<p>30 8:30am Island Walking Club (L) 10:15am Taoist YOGA w/ Stew (WU) 1:00pm Game On! Play Game of Your Choice! (DP) 3:00pm Afternoon Tunes By Tom Sheppard (LR) 4:00pm Relaxation Time w/ Angie "Sound Bath Bowls" (TR)</p> <p>31</p>