

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
March is: National Women's History Month, check out the trivia and movie selections that promote and educate us to powerful women who inspire us.			9:45 Stretcherexercise 2 LR 11:00 March Trivia 2 LR  <b>2:00 WU: Senior Safari with Barn Nature Center 2 LR</b> 6:30 Netflix Club: The Vault 2 LR	10:00 Ball Exercise 2 LR 11:00 Name That Tune 2LR <b>1:00 Nail Salon Trip</b>  4:00 Rosary 2 LR 6:00 Jigsaw Fun 2 FL GR	10:15 Weighted Exercise 2LR <b>1:30 WU: Arm Chair Travels: To Russia with Love 2 LR</b> 3:00 Happy Hour 2 LR <b>Drink of the Day: Black and Cola Russians</b>	10:15 Word Games with Jody LC  Check out our Library in 2LR for reading materials Games Available in 2 LR
10:00 Communion with Lucy 2LR  1:30 Cards with Jon LC Try Rummy or Uno	10:15 Weighted Exercise 2 LR <b>11:00 WU: Book Club: Animals of the Rainforest 2LR</b> 2:00 Quarter Bingo DR 4:00 Take Out Club: Chinese Food LC	10:00 Yoga Dance Moves 2LR <b>Time TBD Movie Trip</b> <b>11:00 WU: It's Cereal 2 LR</b> <b>3:30 Bernie Walters on Piano Lobby</b> 6:00 Discovery with Donna Lobby	<b>9:30 WU: In the Kitchen with Cindy: Corned Beef &amp; Cabbage for Dinner LC</b> <b>2:00 Michael Flatley Video, Irish Dancing 2LR</b> 6:30 Netflix Club: Big Eyes 2 LR	10:00 Ball Exercise 2 LR <b>1:00 Color Me Mine Pottery Trip</b> 2:00 Documentary: Maya Angelou 2 LR 4:00 Rosary 2 LR 6:00 Puzzle Meet 2 FL GR	In Room Scavenger Hunt, sheets available in Lobby . Complete for Blue Bell Bucks  3:00 Happy Hour with Elaine 2 LR	11:00 Resident Sing a Long Lobby <b>2:00 Create a Shamrock Door Decoration LC</b>
10:00 Communion with Lucy 2LR  1:30 Cards with Jon LC Try Rummy or Uno	10:00 Music with Colby TBD  2:00 Cornhole Competition Week 1 Portico or 2LR	<b>10:00 Airport Square Shopping</b> 1:30 Menu Planning DR <b>2:30 Irish Potato Making for St Pat's Party Day LC</b> 6:00 Discovery with Donna Lobby <b>PIE DAY</b>	9:45 Stretcherexercise 2 LR 1:30 Blue Bell Bucks Store <b>2:00 Town Hall Meeting 2LR</b> Store continues after meeting 6:30 Netflix Club: Disney's Moana 2 LR	9:15 Ball Exercise 2 LR <b>10:15 Mummer's Museum Trip</b> <b>2:00 WU: Crafts with Danielle LC</b> 4:00 Rosary 2 LR 6:00 Jigsaw Fun 2 FL GR	10:15 Weighted Exercise 2LR  <b>2:00 Ode to Joy Performing St Patricks Day Favorites 2 LR</b> 3:00 Happy Hour 2 LR <b>St Patrick's Day</b>	10:15 Word Games with Jody LC  2:00 Shamrock Bingo DR
10:00 Communion with Lucy 2LR 11:00 Ball Exercise 2 LR 1:30 Cards with Jon LC Try Rummy or Uno	<b>10:00 Health Talk and Exercise with Wade: The Effects of Disease and Aging 2LR</b> 2:00 Cornhole Competition Week II Portico or 2 LR <b>1st Day of Spring</b>	10:00 Yoga Dance Moves 2LR <b>11:00 Lunch Trip: PA Soup and Seafood, Doylestown</b> 2:00 Documentary of Lady Gaga 2 LR <b>6:30 Bill Long on Guitar Lobby</b>	9:45 Stretcherexercise 2 LR 11:00 Dictionary Game 2 LR  <b>2:00 WU: In the Kitchen with Cindy: Appetizer Wraps LC</b>  6:30 Netflix Club: Princess Cyd 2 LR	9:15 Ball Exercise 2 LR <b>10:00 Weis Shopping Trip</b>  <b>2:00 WU: Arm Chair Travels to China 2 LR</b> 4:00 Rosary 2 LR 6:00 Puzzle Meet 2 FL GR	10:15 Weighted Exercise 2 LR 11:00 Feel Good News Stories 2 LR  3:00 Happy Hour with Pub Trivia 2 LR	Check out our Library in 2LR for reading materials Games Available in 2 LR  <b>3:30 Eileen Arno on Piano Lobby</b>
10:00 Communion with Lucy 2 LR  1:30 Cards with Jon LC Try Rummy or Uno	<b>10:15 WU: Coffee Day Info Session Taste Testing DR</b> 11:00 Weighted Exercise 2LR 2:00 Music Choice & You Tube Karaoke 2 LR 4:00 Take Out Club: Jersey Mikes LC	10:00 Yoga Dance Moves 2LR 11:00 Music Trivia 2 LR <b>1:00 WU: Asher's Chocolate Factory Trip</b> 2:00 Prize Bingo DR 6:00 Discovery with Donna Lobby	9:45 Stretcherexercise 2 LR 11:00 Sports Trivia 2 LR  <b>2:00 WU: Kadinsky Art with Oil Pastels LC</b> 6:30 Netflix Club: She's Beautiful when she's Angry 2 LR	9:15 Ball Exercise 2 LR <b>10:00 Pathways Country Ride</b> <b>2:00 WU: Seed Indoor Planting LC</b> 4:00 Rosary 2 LR 6:00 Jigsaw Fun 2 FL GR	10:15 Weighted Exercise 2 LR  <b>11:00 WU: Get to Know Virtual Reality 2LR</b> 3:00 Happy Hour with Female Favorite Hits 2 LR	
March Madness Brackets Available. Complete a Bracket for a Grand Prize.	<b>We are offering a Thursday night Puzzle Activity for all residents. Come join your neighbors in putting together jigsaw puzzles in our Game Room on the 2 FL. The room is next to the LC.</b>	<b>MARCH 2023</b> <i>Traditional</i>				

**ACTIVITY LOCATOR KEY**