

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Wake Up and Workout Daily Chronicle April Fools Jokes Matinee Movie 1	Seated Fitness - WU: Reader's Digest- Best American RoadTrips 6:30 Hand Massages 2	Let's Have a Ball Exercise Daily Chronicle 2:00 Entertainment 6:30 Manicures 3	Seated Fitness Daily Chronicle Let's Get Crafty Jigsaw Puzzle Group 4	Wake Up and Workout- Daily Chronicle Happy Hour Evening Movie 5	Move to the Music Color Your World Sing Along 6
Stretching and Balance Dance to the Music Evening Movie 7	Wake Up and Workout Daily Chronicle Poetry Reading 8	Seated Fitness Daily Chronicle Reading Club- Uplifting Stories 6:30 Sing Along 9	Let's Have a Ball Exercise Daily Chronicle Manicures 6:30 Bingo 10	Stretching and Balance Daily Chronicle Reminiscing 6:30 Word Games 11	Wake Up and Workout- Daily Chronicle Happy Hour Evening Movie 12	Move to the Music Jigsaw Puzzle Group Evening Movie 13
Stretching and Balance Sing Along Evening Movie 14	Wake Up and Workout Daily Chronicle WU: Greek Culture and Food 15	Seated Fitness Daily Chronicle Paint and Sip 6:30 Dance to the Music 16	Let's Have a Ball Exercise Daily Chronicle Manicures 6:30 Movie & Snack 17	Seated Fitness Daily Chronicle WU: No Bake Dessert 6:30 Bingo 18	Wake Up and Workout- Daily Chronicle 2:00 Sister Angel Evening Movie 19	Move to the Music Color Your World Sing Along 20
Stretching and Balance Balloon Toss Evening Movie 21	Wake Up and Workout Daily Chronicle WU: Passover Seder and Jewish Traditions 22	Seated Fitness Daily Chronicle Jigsaw Puzzle Group 6:30 Adult Coloring 23	Let's Have a Ball Daily Chronicle Manicures 6:30 Dance to the Music 24	Seated Fitness Daily Chronicle WU: History of Tree Theme Songs 6:30 Hand Massages 25	Wake Up and Workout- Daily Chronicle Happy Hour Evening Movie 26	Move to the Music Jigsaw Puzzle Group Evening Movie 27
Stretching and Balance Adult Coloring Evening Movie 28	Wake Up and Workout Daily Chronicle WU: Scottish Folktales 29	Seated Fitness Daily Chronicle Laugh Out Loud! 6:30 Sing Along 30	<p>ALL</p> <p>ACTIVITIES</p> <p>ARE SUBJECT</p> <p>TO CHANGE</p>			

APRIL 2024

Pathways