SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Resident Birthday: 4/17-Sven Ljunggren	9:30 Dear Abby with The Nayas 10:00 The Lucy Show: "Lucy and The Bean Queen" 10:00 Outing: Scenic Park Tour with Ed-"Moraine Hills" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 April Fools' Day Discussion with Renee *2:00 WU-Drum Circle with Renee-2nd 2:30 Sing Along with Nadine *3:15 WU-Billiards 101 with Ed-Library 3:30 A-Z with The Nayas: Celebrities 4:00 Busy Hands: Polishing Silverware 6:30 Jigsaw Puzzles with The Nayas	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee and M & M Cookies with The Nayas *10:30 WU-Get Inspired with Pinterest with The Nayas: "Coffee Filter Flowers" 11:00 Thriving Through Music with The Nayas: "Benny Goodman 1:00 Walking Club with Amy and Jerry 2:00 Let's Get Rolling Dice Game with The Nayas: "Cross Out" *2:00 WU-Cooking Demo with Chef Dayna-Lounge *3:00 WU-HealthPro Wellness with Katy-2nd 3:00 Reminiscing with Old Time Records w/ The Nayas 4:00 Busy Hands: Dinner Set-Up 6:30 Nightly Meditation with Nancy	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas 10:00 Wii Time with The Nayas: "Bowling" *10:30 WU-Culinary Creations with The Nayas: "Blueberry Muffin Tops" 11:00 The Best of William Shakespeare Short Stories with The Nayas: "As You Like It" 1:00 Fancy Nails with The Nayas 2:00 Afternoon Social Hour w/ Nayas: "Blueberry Muffin Tops" 2:30 Sing Along with Nadine 3:00 Bible Bingo for Prizes with The Nayas 4:00 Busy Hands: Card Sorting 6:15 Outing: Superfoods at Cary Library 6:30 Can You Solve it with The Nayas: Wheel of Fortune	9:15 Moving to Music with Sam 10:00 Protestant Service with Bethany Lutheran-2nd 10:00 Lessons of Faith: My Rock & My Fortress 11:00 Music and Memories with Sam *1:00 WU-Virtual Reality Experience with Sam: "Exploring Outer Space" 1:30 Pictionary with Sam 2:00 Pinch Pot Pets, Part 1 with Sam 3:00 Play Your Cards Right with Sam: "Blackjack" 3:30 Balloon Volleyball 4:00 Busy Hands: Yarn Ball 6:30 Inspirational Painting 101 w/ Nayas	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with The Nayas: "Spring Fashion" 11:00 Quizmania with The Nayas 1:00 Drum Circle with The Nayas 1:30 The Dean Martin Celebrity Roast: "George Burns and Jack Benny" *2:00 WU-Name That Tune with Resident, Pat-2nd 3:30 Poetry Readings with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 April Fools' Activity Packet with The Nayas	9:15 This Week in Review with The Nayas 9:30 Morning Stretch with The Nayas *9:30 WU-Painting Techniques 101 with Manda: "Flower String Pulling":2nd 10:00 Outing: Geocaching w/ Renee (Car Only) 10:00 The World's Greatest Geological Wonders with Professor Michael Wysession: "The Grand Canyon-Earth's Layer" 2:00 Bingo for Prizes with The Nayas 3:30 Jokes and Riddles with The Nayas 4:00 Busy Hands: Button Sorting 6:30 Weekend Movie Special: "Julie and Julia" with Meryl Streep 6:30 Hand Massages with The Nayas
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 The Bible Word Search with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Can You Name 5 4:00 Busy Hands: Napkin Folding 6:30 Church Bulletin Bloopers Crossword Puzzle with The Nayas 6:30 Weekend Movie Special: "Madison" with Bruce Dern	9:30 Dear Abby with The Nayas 10:00 The Lucy Show: "Lucy Meets The Law" 10:00 Outing: Scenic Park Tour with Ed-"Chain O'Lakes" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Solar Eclipse Discussion and Viewing with Renee-Meet in Lobby *2:30 WU-Slow & Gentle Yoga with Denise-2nd 2:30 Sing Along with Nadine 3:30 A-Z with The Nayas: Fruits and Vegetables 4:00 Busy Hands: Polishing Silverware 6:30 Jigsaw Puzzles with The Nayas	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee and Coffee Cake with The Nayas 10:30 WU-Get Inspired with Pinterest with The Nayas: "Flower String Pulling" 11:00 Thriving Through Music with The Nayas: "Loretta Lynn" 1:00 Dazzling Doo's with The Nayas 2:00 Let's Get Rolling Dice Game with The Nayas: "Left, Right, Center" 2:00 Mass with Holy Apostles-2nd 3:00 Reminiscing with Old Time Records w/ The Nayas 4:00 Busy Hands: Dinner Set-Up 6:30 Nightly Meditation with Nancy	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas 10:00 Wii Time with The Nayas: "Tennis" *10:30 WU-Culinary Creations with The Nayas: "Red Lobster's Cheddar Bay Biscuits" 11:00 The Best of William Shakespeare Short Stories w/ Nayas: "King Lear" 11:00 Fancy Nails with The Nayas *1:00 WU-Health Talk with Tracy: "Stress Management"-2nd 2:00 Social Hour w/ Nayas: "Red Lobster's Cheddar Bay Biscuits" 2:30 Sing Along with Nadine 3:00 Music Bingo for Prizes with The Nayas *3:30 WU-Sip n' Thrive: "Springtime Screwdrivers"-Lounge 4:00 Busy Hands: Card Sorting 6:30 Can You Solve it with The Nayas: Wheel of Fortune	9:15 Moving to Music with Sam 10:00 Protestant Service with United Methodist Church-2nd 10:00 Lessons of Faith: The Time Had Fully Come 11:00 Music and Memories with Sam 11:00 Music and Memories with Sam 11:00 WU-Virtual Reality Experience with Sam: "Exploring Butterfly Gardens" 13:00 Word Pictures with Sam 10:00 Pinch Pot Pets, Part 2 with Sam 10:00 Pinch Pot Pets, Part 2 with Sam 10:00 Pinch Pot Pets, Part 2 with Sam 10:00 Play Your Cards Right with Sam: "Hi-Low" 10:00 Play Your Cards Right with Sam: "Hi-Low" 10:00 Busy Hands: Yarn Ball 10:00 Seasonal Painting 101 with The Nayas	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with The Nayas: "Spring Time Hobbies" 11:00 Say it with Music: Music Games and Trivia with The Nayas 1:00 Drum Circle with The Nayas 1:30 The Best of Dean Martin Variety Show with Lorne Green and Many More 2:00 Social Hour with Dave Mehner-MDR 3:30 Chicken Soup for the Grandmother's Soul Readings with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 National Pet Day Activity Packet W/ Nayas	9:15 This Week in Review with The Nayas 9:30 Morning Stretch with The Nayas 9:30 MU-Get Inspired with Pinterest with Noel: "Welcome Spring Door Sign"-2nd 10:00 The World's Greatest Geological Wonders with Professor Michael Wysession: "The Himalayas-Mountains at Earth's Roof" *10:00 WU-Bat Appreciation Day Discussion-3rd 2:00 Bingo for Prizes with The Nayas 3:30 This Was The Year1977 with The Nayas 4:00 Busy Hands: Button Sorting 6:30 Weekend Movie Special: "King Richard" with Will Smith 6:30 Hand Massages with The Nayas
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 20 Miracles of Jesus Word Search with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Finish The Phrase 4:00 Busy Hands: Napkin Folding 6:30 Tax Day Word-in-Word with The Nayas 6:30 Weekend Movie Special: "Heaven is for Real" with Greg Kinnear	9:30 Dear Abby with The Nayas 10:00 The Lucy Show: "Lucy's Barbershop Quartet" 10:00 Outing: Scenic Park Tour with Ed."Glacier State Park" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Name That Jingle with Renee *2:00 WU-Qigong with Renee-2nd 2:30 Sing Along with Nadine *3:15 WU-Billiards 101 with Ed-Library 3:30 A-Z with The Nayas: States and Capitals 4:00 Busy Hands: Polishing Silverware 6:30 Jigsaw Puzzles with The Nayas	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee and Ding Dongs with The Nayas 10:30 WU-Get Inspired with Pinterest with The Nayas: "Spring Sun Catchers" *11:00 WU-Life Long Learning with Marcia from C.L. Library 1:00 Walking Club with Amy and Jerry 2:00 Let's Get Rolling Dice Game with The Nayas: "Cover All" *2:00 WU-The Sinking of the Titanic with Renee-2nd 3:00 Reminiscing with Old Time Records w/ The Nayas 4:00 Busy Hands: Dinner Set-Up 6:30 Nightly Meditation with Nancy	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas *10:00 WU-Culinary Creations with JourneyCare 11:00 The Best of William Shakespeare Short Stories with The Nayas: "Measure For Measure" 1:00 Fancy Nails with The Nayas 2:00 Afternoon Social Hour with The Nayas 2:30 Sing Along with Nadine 3:00 Earth Day Bingo for Prizes with The Nayas 4:00 Busy Hands: Card Sorting 6:30 Can You Solve it with The Nayas: Wheel of Fortune	9:15 Moving to Music with Sam 10:00 Daily Devotions with Sam 10:30 Name That Scripture with Sam 11:00 Music and Memories with Sam *1:00 WU-Virtual Reality Experience with Sam: "Camel Riding in Egypt" 1:30 Win, Lose or Draw with Sam 2:00 Gardening Club with Sam *2:00 WU-Card Making with Noel-2nd 3:00 Play Your Cards Right with Sam: "Uno Attack" 3:30 Bowling with Sam 4:00 Busy Hands: Yarn Ball 6:30 Mandala Painting 101 with The Nayas	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with The Nayas: "Gardening" 11:00 Trivia Excursions For The Young at Heart with The Nayas 1:00 Drum Circle with The Nayas 1:30 The Dean Martin Celebrity Roast: "Don Rickles and Angie Dickinson" 2:00 Social Hour with Frank Lee-MDR 3:30 April in History with The Nayas 4:00 Busy Hands: Circle of Calm 6:15 Fountains' Pub Crawl Theme Candlelight Dinner-MDR (Please See Front Desk for Price, Menu and to Sign Up) 6:30 Earth Day Activity Packet with The Nayas	9:15 This Week in Review with The Nayas 9:30 Morning Stretch with The Nayas *9:30 WU-Get Inspired with Pinterest with Noel: "Egg Carton Seedlings"-2nd 10:00 The World's Greatest Geological Wonders with Professor Michael Wysession: The Ganges Delta-Earth's Fertile Lands" *10:00 WU-All About Earth Day Discussion with Renee-3rd 2:00 Bingo for Prizes with The Nayas 3:30 You Be The Judge with The Nayas 4:00 Busy Hands: Button Sorting 6:30 Weekend Movie Special: "Beyond The Sea" with Kevin Spacey 6:30 Hand Massages with The Nayas
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 Mountains Word Search with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Fact or Fiction 4:00 Busy Hands: Napkin Folding 6:30 Earth Day Word Scramble with The Nayas 6:30 Weekend Movie Special: "Out of Africa" with Robert Redford	9:30 Dear Abby with The Nayas 10:00 The Lucy Show: "Lucy and Viv Put in a Shower" 10:00 Outing: Scenic Park Tour with Ed-"The Hollows" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room 1:00 Name That Movie with Renee *2:00 WU-Laughter Yoga with Amy-2nd 2:30 Sing Along with Nadine 3:30 A-Z with The Nayas: Things Recycled 4:00 Busy Hands: Polishing Silverware 6:30 Jigsaw Puzzles with The Nayas	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee and Twinkies with The Nayas 10:00 Coffee and Twinkies with The Nayas 10:30 WU-Get Inspired with Pinterest with The Nayas: "Egg Carton Seedlings" 11:00 Thriving Through Music with The Nayas: "Peter Frampton" 1:00 Dazzling Doo's with The Nayas 2:00 Let's Get Rolling Dice Game with Nayas: "Bunco" 1:00 WU-Beer Tasting From Around The World with Mark-Lounge 3:00 Reminiscing with Old Time Records w/ The Nayas 1:00 Busy Hands: Dinner Set-Up 6:30 Nightly Meditation with Nancy	9:15 Weekly Horoscopes with The Nayas 9:30 Moving to Music with The Nayas 10:00 Wii Time with The Nayas: "Baseball" *10:30 WU-Culinary Creations with The Nayas: "Peanut Butter Brownies" 11:00 The Best of William Shakespeare Short Stories with The Nayas: "All's Well That Ends Well" 1:00 Fancy Nails with The Nayas 2:00 Afternoon Social Hour with The Nayas: "Peanut Butter Brownies" 2:30 Sing Along with Nadine 3:00 Flower Bingo for Prizes with The Nayas 4:00 Busy Hands: Card Sorting 6:30 Can You Solve it with The Nayas: Wheel of Fortune	9:15 Moving to Music with Sam 10:00 Lessons of Faith: No Greater Love 10:00 Protestant Service with Immanuel Lutheran Church-2nd 11:00 Music and Memories with Sam *1:00 WU-Garden Club with JourneyCare-Patio 2:00 Hangman with Sam *2:00 WU-Hilarious History with Jim: "Five Extinctions of The World"-2nd 3:00 Play Your Cards Right with Sam: "Slap Jack" 3:30 Question Ball with Sam 4:00 Busy Hands: Yarn Ball 6:30 Paint-by-Number with The Nayas	9:15 World News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Reminiscing with The Nayas: "Cars" 11:00 Mind Stretchers with The Nayas 1:00 Drum Circle with The Nayas 1:30 The Best of Dean Martin Variety Show with Lena Horne and Many More 2:00 Monthly Birthday/Welcome Party with Heather Broudakis-MDR 3:30 Chicken Soup for the Gardner's Soul Readings with The Nayas 4:00 Busy Hands: Circle of Calm 6:30 All About Weather Activity Packet with The Nayas	9:15 This Week in Review with The Nayas 9:30 Morning Stretch with The Nayas *9:30 WU-Get Inspired with Pinterest with Noel: Cork Flower Coaster*-2nd 10:00 The World's Greatest Geological Wonders with Professor Michael Wysession: "The Amazon Basin-Lungs of the Planet" 2:00 Bingo for Prizes with The Nayas 3:30 Have You Ever with The Nayas 4:00 Busy Hands: Button Sorting 6:30 Weekend Movie Special: "The Book Club" with Diane Keaton 6:30 Hand Massages with The Nayas
9:00 Slow and Gentle Yoga with The Nayas 9:30 Mass with Holy Name Cathedral 10:00 Catholic Service: Holy Apostles-2nd 11:00 The Prophets Word Search with The Nayas 2:00 Community Project: Coupon Clipping for Food Pantry with The Nayas 3:30 Mind Games with The Nayas: Spill and Spell 4:00 Busy Hands: Napkin Folding 6:30 Mad Lib: April Showers Bring May Flowers with The Nayas 6:30 Weekend Movie Special: "The Last Time I Saw Paris" with Elizabeth Taylor	9:30 Dear Abby with The Nayas 10:00 The Lucy Show: "Lucy's Substitute Secretary" 10:00 Outing: Scenic Park Tour with Ed-"Emricson in Woodstock" 11:00 Moving to Music with The Nayas *12:30 WU-Knitting/Crocheting with Resident, Edith-King Arthur Room *1:00 WU-Community Service: Be a Community Scientist with Renee *2:00 WU-Line Dancing with Renee-2nd 2:30 Sing Along with Nadine *3:15 WU-Billiards 101 with Ed-Library 3:30 A-Z with The Nayas: Flowers 4:00 Busy Hands: Polishing Silverware 6:30 Jigsaw Puzzles with The Nayas	9:15 Local News with The Nayas 9:30 Moving to Music with The Nayas 10:00 Coffee and Nutty Butter with The Nayas 10:30 WU-Get Inspired with Pinterest with The Nayas: "Ork Flower Coaster" 11-00 Thriving Through Music with The Nayas: "Glenn Miller" 11:00 Walking Club with Amy and Jerry 2:00 Let's Get Rolling Dice Game with Nayas: "Yahtzee" *2:00 WU-The Tales and Taste of Vietnam with Renee-2nd 3:00 Reminiscing with Old Time Records w/ The Nayas 4:00 Busy Hands: Dinner Set-Up 6:30 Nightly Meditation with Nancy				
APRIL 2024 The Gardens THE FOUNTAINS AT CRYSTAL LAKE A WATERMARK RETIREMENT COMMUNITYSM		ACTIVITY LOCATOR KEY  All Activities are located in the Gardens unless otherwise noted.	*Denotes a Watermark University Course	Calendar is subject to change-Please check the daily sheets for any schedule changes.	2nd-2nd Floor KAR-King Arthur Room L-Lobby LG-Lounge MDR-Main Dining Room P-Patio 3rd-3rd Floor	