

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>Quote of the Month:</b> <b>Winter is done and April is in the Skies</b></p>	<p>A.M. IN2L Tai Chi. Sing-A-Long Monday Refreshments Morning Devotional Craft Club/Color &amp; Me P.M. Exercise - Cardio April Fools Day Puzzles</p>	<p>A.M. Rise and Shine Fitness Refreshments Sing - A - Long Tuesday Catholic Service/Communion P.M. Virtual Reality-European Travels Evening Stroll</p>	<p>A.M. Wednesday Workout Refreshments We All Scream for Ice Cream Lets Take A Walk P.M. Exercise - Range of Motion <b>Singing with Dave</b> Precious Memories</p>	<p>A.M. Discussion - Table Talk Tidbits <b>WU Gardening Club</b> Chair Zumba Painting With A Twist P.M. Happy Hour Entertainment Evening Stroll</p>	<p>A.M. Friday Fitness Can't Buy Me Love Challenge Refreshments <b>WU Craft Club: Cherry Blossom Watercolors</b> P.M. Exercise - Strength In2L Brain Challenge</p>	<p>A.M. Saturday Fitness Refreshments Don't Worry Be Happy Crazy Caramel Fun P.M. <b>WU Culinary Club- Peanut Butter Kiss Cookies</b> Exercise-Strength Evening- In2L Furry Friend</p>	
<p>A.M. Stretch It Out Refreshments <b>Sunday Devotional Hymn</b> Praise and Worship P.M. Springtime Flower Collage Exercise - Balance Relax With Jazz Music</p>	<p>A.M. Sing-A-Long Monday Refreshments Morning Devotional <b>WU Craft Club- Color &amp; Me</b> P.M. <b>WU Total Solar Eclipse Viewing</b> Exercise - Cardio Activity Baskets Fun</p>	<p>A.M. Rise and Shine Fitness Refreshments <b>WU Craft Club: Cherry Blossom Art</b> P.M. Evening Stroll Virtual Reality- Yosemite Park <b>Ice Cream Social Outing</b> Evening-Spa Night</p>	<p>A.M. Wednesday Workout Refreshments Grumpy Balloon Toss <b>Music Therapy with Ivor</b> P.M. Travelogue-Scottish Highlands In2L Reminisce With Me</p>	<p>A.M. <b>WU Gardening Club</b> Refreshments Exercise - Ball Toss Sing-A-Long with Susie P.M. Exercise - Range of Motion Happy Hour Entertainment Dining Helpers</p>	<p>A.M. Friday Fitness Refreshments Ice Cream Cereal Breakfast P.M. In2L Brain Challenge Did Anybody Say BINGO Exercise - Chair Zumba Manicures &amp; Music</p>	<p>A.M. Sit &amp; Be Fit Refreshments Craft Club - April Pair up P.M. National Scrabble day Challenge In2L: Sing-A-Long with Susie Nature Walk Dining Helpers</p>	
<p>A.M. Sit &amp; Be Fit Refreshments <b>Sunday Devotional Hymn</b> Sing-A-Long P.M. Exercise - Strength Did Someone Say BINGO? Evening-Hot Towel Therapy</p>	<p>A.M. Sing-A-Long Monday Refreshments Shout out the Answer Bocce Ball Challenge P.M. World Art Day Exercise - Range of Motion Evening-Puzzle Fun</p>	<p>A.M. Rise and Shine Fitness Refreshments Fountain of Youth Foods <b>WU Art Club: Watercolors</b> P.M. Junk Drawer Detective Virtual Reality -Southern France Evening Stroll</p>	<p>A.M. Wednesday Workout Refreshments Bocce Ball Challenge P.M. Reading Theater Did Someone Say BINGO <b>Singing with Krystal</b> Evening Stroll</p>	<p>A.M. <b>WU Gardening Club</b> Refreshments Name That Tune Challenge Bowling for Cookies <b>Picnic in the Park Outing</b> P.M. Exercise - Range of Motion Happy Hour Entertainment Evening-Activity Baskets</p>	<p>A.M. Friday Fitness The Scoop on Ice Cream April Junk Drawer Detective P.M. Exercise - Cardio Aromatherapy Dough Evening-Relaxing Music</p>	<p>A.M. Stretch It Out Refreshments Let's Take a Stroll Crazy Sunglasses Photo Shoot P.M. Family Movie Matinee -AL Exercise - Cardio</p>	
<p>A.M. Sit &amp; Be Fit National Volunteer Week-Devotional P.M. Exercise - Strength Hymn Sing-A-Long</p>	<p>A.M. Sing-A-Long Monday Refreshments Happy Balloon Badminton Earth Day Information Class P.M. Passover Celebration Exercise - Range of Motion Evening-Music &amp; Relaxation</p>	<p>A.M. Rise and Shine Fitness National Picnic Day Daily Chronicle <b>WU Culinary Club: Double Chocolate Chip Cookies</b> P.M. Virtual Reality: Niagara Falls Evening Stroll</p>	<p>A.M. Wednesday Workout Refreshments <b>WU Craft Club- Color&amp;ME</b> <b>Music Therapy with Ivor</b> P.M. Exercise - Balance Did Someone Say BINGO? In2L Classic Rock Radio</p>	<p>A.M. <b>WU Gardening Club</b> Refreshments Hunt for Happiness In2L: Memory Match up P.M. Exercise - Range of Motion Happy Hour Entertainment Dining Helpers</p>	<p>A.M. Friday Fitness Refreshments <b>WU Culinary Club - Biscuits and Jam</b> Trivia Time P.M. <b>WU Book Club - Short Stories</b> Fashion Show Exercise - Strength Training Evening-Hot Towel Therapy</p>	<p>A.M. Stretch It Out Refreshments Bean Bag Target Toss Name That Tune P.M. Puppy Love Day Exercise - Strength Training Dining Helpers</p>	
<p>A.M. Sit &amp; Be Fit Refreshments <b>Prestonwood Church Service</b> Hymn Sing-A-Long P.M. Precious Memories Match up Exercise - Breathing Work Puzzles &amp; Games</p>	<p>A.M. Sing-A-Long Monday Refreshments Morning Devotional Craft Club/Color &amp; Me P.M. Exercise - Cardio Activity Baskets Fun</p>	<p>A.M. Rise and Shine Fitness Refreshments Sing - A - Long Tuesday Catholic Service/Communion Creative Cake Bake P.M. Virtual Reality- African Safari Evening Stroll</p>	<p><b>Color Coding</b> Blue- WU Green- Therapy Pink-Spirit Orange- Outing</p>			<p><b>Happy Birthday</b> Azar Bayat 4/1 Barbara Carlisle 4/3 Patsy Hickman 4/23</p>	

**APRIL 2024**

Memory Care



**PARKVIEW**  
IN FRISCO  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

**ACTIVITY LOCATOR KEY**

**DR- Dining Room**  
**L- Lounge**  
**TR- TV Room**

