

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Solar Eclipse Glasses will be handed out to residents and staff the day of event.</b>	<b>Morning:</b> 10:00 This week in History (MR) 10:30 Active Yoga (AR) <b>Afternoon:</b> 1:30 W.U. April National Events (AR) 2:30 Best April Fools Jokes! (AR) <b>Evening:</b> 6:15 Thrive By Music (AR) <b>1</b>	<b>Morning:</b> 10:00 Sit and be Fit (AR) 11:00 Church Service with Pastor Angelo (CH) <b>Afternoon:</b> 2:30 Montage Musical Entertainment (LR) 3:30 Meditation Session (AR) <b>Evening:</b> 6:15 Tuesday Night Lucy Show! (AR) <b>2</b>	<b>Morning:</b> 10:00 Zumba Fitness (AR) 10:45 Manicures with Elena (SR) <b>Afternoon:</b> 1:30 Bingo Bash (CR) 3:15 Lets Bike Around Toronto (AR) <b>Evening:</b> 6:15 Drum Fitness (AR) <b>3</b>	<b>Morning:</b> 10:00 Chair Aerobics (AR) 10:45 W.U. Solar Eclispe (AR) <b>Afternoon:</b> 2:30 Mike Sidoti Musical Entertainment (LR) 2:30 Pet Visit with Tug (LR) <b>Evening:</b> 6:15 Thursday Night Movie (AR) <b>4</b>	<b>Morning:</b> 10:00 Gratitude Circle (AR) 10:45 Silver Sneaker Exercise (AR) <b>Afternoon:</b> 1:00 Music Sing Along with Maggie (AR) 3:15 Happy Friday! Let's have a Smoothie! (AR) <b>Evening:</b> 6:15 Friday Night Movie Night (AR) <b>5</b>	<b>Morning:</b> 10:00 Sit and Be Fit (AR) 10:45 Cranium Crunches(AR) <b>Afternoon:</b> 1:30 Concierge Social (Front Desk) 3:00 Giant Connect 4 (AR) <b>Evening:</b> 6:15 Saturday Night Movie Night (AR) <b>6</b>
<b>Morning:</b> 9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) <b>Afternoon:</b> 1:30 Bingo Bash (CR) 2:30 Coffee and Chat (AR) <b>Evening:</b> 6:15 Jogging the Noggin (AR) <b>7</b>	<b>Morning:</b> 10:00 This week in History (MR) 10:45 W.U. Learn How to Moon Walk (MR) <b>Afternoon:</b> 1:30 Solar Eclipse Party (Front Patio) 2:00 SOLAR ECLIPSE! (Front Patio) <b>Evening:</b> 6:15 Space "ET" Movie (MR) <b>8</b>	<b>Morning:</b> 10:00 Sit and be Fit (AR) 10:45 Cranium Crunches- Riddles (AR) <b>Afternoon:</b> 1:30 Arts and Crafts (AR) 3:00 Drum Fitness (AR) <b>Evening:</b> 6:15 Tuesday Night Lucy Show (AR) <b>9</b>	<b>Morning:</b> 10:00 Zumba Fitness (AR) 10:45 Manicures with Elena (SR) <b>Afternoon:</b> 1:30 Bingo Bash (CR) 3:30 Let's Travel to Floirda! (AR) <b>Evening:</b> 6:15 Thrive By Music (SR) <b>10</b>	<b>Morning:</b> 10:00 Chair Aerobics (AR) 10:45 Lunch Outing to Parkside Diner (Front Lobby) <b>Afternoon:</b> 1:30 W.U. Art Class with Diana (AS) 2:00 Bingo Bash (CR) <b>Evening:</b> 6:15 Thursday Night Movie (AR) <b>11</b>	<b>Morning:</b> 10:00 Gratitude Circle (AR) 10:45 Silver Sneaker Exercise (AR) <b>Afternoon:</b> 1:00 Music Sing Along with Maggie (AR) 2:30 Happy Friday! Let's have an Ice Cap (AR) <b>Evening:</b> 6:15 Friday Night Movie Night (AR) <b>12</b>	<b>Morning:</b> 10:00 Sit and Be Fit (AR) 10:45 Best Joke of the Week! (AR) <b>Afternoon:</b> 1:30 Concierge Social (Front Desk) 3:00 Toss and Talk (AR) <b>Evening:</b> 6:15 Saturday Night Movie Night (AR) <b>13</b>
<b>Morning:</b> 9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) <b>Afternoon:</b> 1:30 Bingo Bash (CR) 2:30 Bocce Ball (MR) <b>Evening:</b> 6:15 Jogging the Noggin (AR) <b>14</b>	<b>Morning:</b> 10:00 This week in History (MR) 10:30 Active Yoga (AR) <b>Afternoon:</b> 1:30 W.U. Fire Safety With Matt (AR) 3:00 V.R. Social (AR) <b>Evening:</b> 6:15 Jeopardy Show (AR) <b>15</b>	<b>Morning:</b> 10:00 Sit and be Fit (AR) 11:00 Church Service with Pastor Angelo (CH) <b>Afternoon:</b> 2:30 Flower Planting (AS) 3:30 Meditation Session (MR) <b>Evening:</b> 6:15 Tuesday Night Lucy Show (AR) <b>16</b>	<b>Morning:</b> 10:00 Zumba Fitness (AR) 10:45 Manicures with Elena (SR) <b>Afternoon:</b> 1:30 Bingo Bash (CR) 3:00 Air Hockey Game (MR) <b>Evening:</b> 6:30 Creative Coloring (CR) <b>17</b>	<b>Morning:</b> 10:00 Chair Aerobics (MR) 10:45 Common Sense Test (AR) 11:00 Bus Outing to Charlotte For Picnic Lunch (Front Desk) <b>Afternoon:</b> 2:00 Bingo Bash (CR) <b>Evening:</b> 6:15 Thursday Night Movie (AR) <b>18</b>	<b>Morning:</b> 10:00 Gratitude Circle (AR) 10:45 Silver Sneaker Exercise (AR) <b>Afternoon:</b> 1:00 Music Sing Along with Maggie (AR) 3:15 The Giving Table- Spring Cleaning (Front Lobby) <b>Evening:</b> 6:15 Friday Night Movie Night (AR) <b>19</b>	<b>Morning:</b> 10:00 Sit and Be Fit (AR) 10:45 Holy Rosary (AR) <b>Afternoon:</b> 1:30 Concierge Social (Front Desk) 3:00 Name that Tune (AR) <b>Evening:</b> 6:15 Saturday Night Movie Night (AR) <b>20</b>
<b>Morning:</b> 9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) <b>Afternoon:</b> 1:30 Bingo Bash (CR) 2:30 Air Hockey Game! (MR) <b>Evening:</b> 6:15 Jogging the Noggin (AR) <b>21</b>	<b>Morning:</b> 10:00 This week in History (MR) 10:30 Active Yoga (AR) <b>Afternoon:</b> 1:30 W.U. National Earth Day! (MR) 2:30 Flower Planting (AR) <b>Evening:</b> 6:15 Earth Day Movie (AR) <b>22</b>	<b>Morning:</b> 10:00 Sit and be Fit (AR) 10:45 Kaoke Social (AR) <b>Afternoon:</b> 1:30 W.U. Homemade Ice Cream Day (AR) 3:30 Meditation Session (MR) <b>Evening:</b> 6:15 Tuesday Night Lucy Show (AR) <b>23</b>	<b>Morning:</b> 10:00 Zumba Fitness (AR) 10:45 Manicures with Elena (SR) <b>Afternoon:</b> 1:30 Bingo Bash (CR) 2:30 Ice Tea Social (GP) <b>Evening:</b> 6:30 Giant Connect 4 (AR) <b>24</b>	<b>Morning:</b> 10:00 Chair Aerobics (MR) 10:45 W.U. Best Teachers! (MR) <b>Afternoon:</b> 1:30 Bus Outing to Danielle School 4th Grade Class (Front Lobby) 1:30 W.U. Art Class with Diana (AS) <b>Evening:</b> 6:15 Thursday Night Movie (AR) <b>25</b>	<b>Morning:</b> 10:00 Gratitude Circle (AR) 10:45 Silver Sneaker Exercise (AR) <b>Afternoon:</b> 1:00 Music Sing Along with Maggie (AR) 2:30 Happy Friday! Let's have a Slushy (AR) <b>Evening:</b> 6:15 Friday Night Movie Night (AR) <b>26</b>	<b>Morning:</b> 10:00 Sit and Be Fit (AR) 10:45 Biking in Florida! (MR) <b>Afternoon:</b> 1:30 Concierge Social (Front Desk) 2:30 Bean Bag Toss (AR) <b>Evening:</b> 6:15 Saturday Night Movie Night (AR) <b>27</b>
<b>Morning:</b> 9:45 Weighted Exercise (MR) 10:30 Catholic Mass (CH) <b>Afternoon:</b> 1:30 Bingo Bash (CR) 3:00 April Trivia (AR) <b>Evening:</b> 6:15 Jogging the Noggin (AR) <b>28</b>	<b>Morning:</b> 10:00 This week in History (MR) 10:30 Active Yoga (AR) <b>Afternoon:</b> 1:30 W.U. Groomers Day! (AR) 2:30 Shot Gun Painting (Front Patio) <b>Evening:</b> 6:15 Thrive By Music (AR) <b>29</b>	<b>Morning:</b> 10:00 Sit and be Fit (AR) 10:45 Hollywood Squares (AR) <b>Afternoon:</b> 1:30 Arts and Crafts (AR) 3:30 Meditation Session (MR) <b>Evening:</b> 6:15 Tuesday Night Lucy Show (AR) <b>30</b>	<b>CR- Card Room</b> <b>MR- Media Room</b>  <b>CH- Chapel</b>  <b>SR- Sensory Room</b>  <b>AR- Activity Room</b>  <b>GP- Gardens Patio</b>	<b>Matthew Bailey Community Life Director Legacy at Cranberry Landing 300 Cranberry Landing Drive (585) 244-3630</b>	<b>Calendar Key:</b>  Bus Trips: Sign up at the Front Desk for any bus outings.  W.U. : Watermark University, educational programming.  Italics: Entertainer performance	<b>Happy Birthday!</b> <b>Dale V- 04/06</b> <b>Janet B- 04/11</b> <b>Carol S- 04/15</b> <b>Ann L- 04/23</b> <b>Pete M- 04/26</b> <b>David A- 04/28</b>

**APRIL 2024**



**LEGACY**  
AT CRANBERRY LANDING  
A WATERMARK RETIREMENT COMMUNITY<sup>SM</sup>

**ACTIVITY LOCATOR KEY**

**ILD- Independent Living Dining Room**  
**BGL- Balcony Garden Lounge**  
**AS- Art Studio**