


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
<p>*RED REQUIRES YOU TO SIGN UP</p> <p>*BOLD IS A WATERMARK UNIVERSITY PROGRAM</p> <p>*PROGRAMS SUBJECT TO CHANGE</p>	<p>9:30 Tai Chi (CL)</p> <p>10:30 Crossword Club (AS)</p> <p>11:15 Bible Study (MR)</p> <p>1:00 Stitch This! (MR)</p> <p>1:00 Social Bridge (AS/CR)</p> <p>1:00 Open Pool Lessons for Beginners (B)</p> <p>Pictionary (A)</p> <p>2:15 Pictionary (A)</p> <p>3:30 Catholic Liturgy/Communion (A*)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Fitness & Cardio (CL)</p> <p>10:00 Seated Strength & Motion (CL)</p> <p>10:00 Polls for Primary Voting (ML)</p> <p>10:30 Technology Troubleshooting (L)</p> <p>11:00 Wii Bowling (MR)</p> <p>1:00 Poker (CR)</p> <p>2:00 Baby Bunny Party (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Chair Yoga (CL)</p> <p>10:00 Scattergories (MR)</p> <p>11:00 Balance 101 (CL)</p> <p>11:15 Ted Talks (MR*)</p> <p>1:00 Writer's Workshop (CR*)</p> <p>1:00 Shop Rite/Library (ML)</p> <p>2:15 Wednesday Chat Group on Zoom</p> <p>3:00 Bean Bag (MR)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Fitness & Cardio (CL)</p> <p>10:00 Seated Strength & Motion (CL)</p> <p>11:00 Current Events with Rabbi Polokoff (A)</p> <p>11:00 Wii Bowling (MR)</p> <p>1:00 Social Bridge (AS)</p> <p>1:00 Lia Levitt Lecture: Antarctica (A)</p> <p>2:00 Jewelry Making (AS)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>10:00 Ukulele with Susan Peak (AS)</p> <p>10:00 Aqua Aerobics (CL)</p> <p>11:00 Hot Topics (A)</p> <p>11:00 Stop N Shop (ML)</p> <p>1:00 Opera: Rigoletto with Paula Crean (A)</p> <p>Monthly Bereavement (ACR)</p> <p>3:15 Team Trivia Happy Hour (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Seated Yoga w/Sharon O'Brien (CL)</p> <p>10:00 Indoor Putting (A)</p> <p>1:00 Watermark 8 Ball Game (B)</p> <p>1:30 National Parks w/Parker (MR)</p> <p>3:00 Rummikub (CR)</p> <p>3:00 Music You Grew Up With (COM)</p> <p>4:30 Sacred Heart PM Mass (ML)</p> <p>6:30 Evening Movie (Cinema)</p>			
<p>8:30 Sacred Heart Mass (ML)</p> <p>10:30 St. Thomas Mass (ML)</p> <p>11:30 Plated Brunch (D)</p> <p>3:00 Elderly Brothers (A)</p> <p>6:30 Evening Movie (C)</p>	<p>9:30 Tai Chi (CL)</p> <p>10:30 Crossword Club (AS)</p> <p>11:15 Bible Study (MR)</p> <p>1:00 Stitch This! (MR)</p> <p>1:00 Social Bridge (AS/CR)</p> <p>1:00 Open Billiard Lessons for Beginners (B)</p> <p>Pictionary (A)</p> <p>2:15 Pictionary (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Fitness & Cardio (CL)</p> <p>10:00 Seated Strength & Motion (CL)</p> <p>10:30 Technology Troubleshooting (L)</p> <p>11:00 Book Club (CR)</p> <p>11:00 Wii Bowling (MR)</p> <p>1:00 Poker (CR)</p> <p>2:00 Lecture: Mark Albertson: Decisive Day: April 6, 1917 (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Chair Yoga (CL)</p> <p>10:00 Scattergories (MR)</p> <p>11:00 Town Hall (A)</p> <p>1:00 Writer's Workshop (MR)</p> <p>1:00 Shop Rite/Library (ML)</p> <p>2:00 25 Cent Bingo (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Fitness & Cardio (CL)</p> <p>10:00 Seated Strength & Motion (CL)</p> <p>*Cancelled*</p> <p>10:00 Museum of Connecticut History (ML)</p> <p>11:00 Wii Bowling (MR)</p> <p>1:00 Drumming with Audrey (CL)</p> <p>1:00 Oppenheimer Movie (C)</p> <p>1:00 Social Bridge (AS)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>10:00 Ukulele with Susan Peak (AS)</p> <p>10:00 Aqua Aerobics (CL)</p> <p>11:00 Hot Topics (A)</p> <p>11:00 Stop N Shop (ML)</p> <p>1:00 Opera: Cosi Fan Tutte with Paula Crean (A)</p> <p>Fired Up Pottery (AS)</p> <p>3:15 Team Trivia Happy Hour (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Seated Yoga w/Sharon O'Brien (CL)</p> <p>10:00 Indoor Putting (A)</p> <p>11:00 Trader Joes & DSW (ML)</p> <p>1:00 Watermark 8 Ball Game (B)</p> <p>3:00 Rummikub (CR)</p> <p>3:00 Music You Grew Up With (COM)</p> <p>4:30 Sacred Heart PM Mass (ML)</p> <p>6:30 Evening Movie (Cinema)</p>			
<p>8:30 Sacred Heart Mass (ML)</p> <p>10:30 St. Thomas Mass (ML)</p> <p>11:30 Plated Brunch (D)</p> <p>3:00 Mark Templeton Band (A)</p> <p>6:30 Evening Movie (C)</p>	<p>9:30 Tai Chi (CL)</p> <p>10:30 Crossword Club (AS)</p> <p>11:15 Bible Study (MR)</p> <p>1:00 Stitch This! (MR)</p> <p>1:00 Social Bridge (AS/CR)</p> <p>1:00 Open Billiard Lessons for Beginners (B)</p> <p>2:00 Poetry Reading (Library)</p> <p>2:15 Pictionary (A)</p> <p>3:00 Lutheran Communion (A*)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Fitness & Cardio (CL)</p> <p>10:00 Seated Strength & Motion (CL)</p> <p>10:30 Technology Troubleshooting (L)</p> <p>11:00 Wii Bowling (MR)</p> <p>1:00 Poker (CR)</p> <p>2:00 Lecture: Art Gottlieb (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Chair Yoga (CL)</p> <p>10:00 Scattergories (MR)</p> <p>11:00 Balance 101 (CL)</p> <p>11:15 Ted Talks (A)</p> <p>1:00 Writer's Workshop (MR)</p> <p>1:00 Shop Rite/Library (ML)</p> <p>2:15 Wednesday Chat Group on Zoom</p> <p>3:00 Bean Bag (MR)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Fitness & Cardio (CL)</p> <p>10:00 Seated Strength & Motion (CL)</p> <p>11:00 Wii Bowling (MR)</p> <p>11:00 Brain Cafe (CR)</p> <p>1:00 Social Bridge (AS)</p> <p>2:00 Left, Right, Center (MR)</p> <p>3:00 Wine Tasting (WL)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>10:00 Ukulele with Susan Peak (AS)</p> <p>10:00 Aqua Aerobics (CL)</p> <p>11:00 Hot Topics with Parker (A)</p> <p>11:00 Stop N Shop (ML)</p> <p>1:00 Opera: Masked Ball with George Conner (A)</p> <p>Monthly Bereavement (ACR)</p> <p>3:15 Team Trivia Happy Hour (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Seated Yoga w/Sharon O'Brien (CL)</p> <p>10:00 Indoor Putting (A)</p> <p>1:00 Watermark 8 Ball Game (B)</p> <p>3:00 Rummikub (CR)</p> <p>3:00 Music You Grew Up With (COM)</p> <p>4:30 Sacred Heart PM Mass (ML)</p> <p>6:30 Evening Movie (Cinema)</p>			
<p>8:30 Sacred Heart Mass (ML)</p> <p>10:30 St. Thomas Mass (ML)</p> <p>11:30 Plated Brunch (D)</p> <p>3:00 Dino is Back (A)</p> <p>6:30 Evening Movie (C)</p>	<p>9:30 Tai Chi (CL)</p> <p>10:30 Crossword Club (AS)</p> <p>11:15 Bible Study (MR)</p> <p>1:00 Stitch This! (MR)</p> <p>1:00 Social Bridge (AS/CR)</p> <p>1:00 Open Billiard Lessons for Beginners (B)</p> <p>Pictionary (A)</p> <p>2:15 Pictionary (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Fitness & Cardio (CL)</p> <p>10:00 Seated Strength & Motion (CL)</p> <p>10:30 Technology Troubleshooting (L)</p> <p>11:00 Wii Bowling (MR)</p> <p>12:00 Ferris Acres Creamery (ML)</p> <p>1:00 Poker (CR)</p> <p>2:00 Bill's Feel Good Music (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Chair Yoga (CL)</p> <p>10:00 Scattergories (MR)</p> <p>10:30 Dogwood Building Meeting</p> <p>11:00 Balance 101 (CL)</p> <p>11:15 Ted Talks (A)</p> <p>1:00 Writer's Workshop (MR)</p> <p>1:00 Shop Rite/Library (ML)</p> <p>2:00 Prize Bingo (A)</p> <p>2:15 Wednesday Chat Group on Zoom</p> <p>3:00 Bean Bag (MR)</p> <p>5:00 Seder (WL)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Fitness & Cardio (CL)</p> <p>10:00 Seated Strength & Motion (CL)</p> <p>10:30 Birchwood Building Meeting</p> <p>11:00 Wii Bowling (MR)</p> <p>11:00 Brain Cafe (CR)</p> <p>11:00 Pray the Rosary (AS)</p> <p>1:00 Social Bridge (AS)</p> <p>1:30 Craft with Jordyn (AS)</p> <p>4:45 Supper Club: Rein Osteria (ML)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>10:00 Ukulele with Susan Peak (AS)</p> <p>10:00 Aqua Aerobics (CL)</p> <p>10:30 Applewood Building Meeting</p> <p>11:00 Hot Topics (A)</p> <p>11:00 Stop N Shop (ML)</p> <p>1:00 Opera: The Magic Flute with George Conner (A)</p> <p>Monthly Bereavement (ACR)</p> <p>3:15 Team Trivia Happy Hour (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Seated Yoga w/Sharon O'Brien (CL)</p> <p>10:00 Indoor Putting (A)</p> <p>1:00 Baseball Hour with Mike (MR)</p> <p>1:00 Watermark 8 Ball Game (B)</p> <p>3:00 Rummikub (CR)</p> <p>3:00 Music You Grew Up With (COM)</p> <p>4:30 Sacred Heart PM Mass (ML)</p> <p>6:30 Evening Movie (Cinema)</p>			
<p>8:30 Sacred Heart Mass (ML)</p> <p>10:30 St. Thomas Mass (ML)</p> <p>11:30 Plated Brunch (D)</p> <p>1:30 Gabbing at the Gazebo</p> <p>3:00 Blue Yodels (A)</p> <p>6:30 Evening Movie (C)</p>	<p>9:30 Tai Chi (CL)</p> <p>10:30 Crossword Club (AS)</p> <p>11:15 Bible Study (MR)</p> <p>1:00 Stitch This! (MR)</p> <p>1:00 Social Bridge (AS/CR)</p> <p>1:00 Open Billiard Lessons for Beginners (B)</p> <p>2:00 Jewish Study With Chaplain Ron (A)</p> <p>3:30 Catholic Liturgy/Communion (A*)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>9:00 Fitness & Cardio (CL)</p> <p>10:00 Seated Strength & Motion (CL)</p> <p>10:30 Technology Troubleshooting (L)</p> <p>11:00 Wii Bowling (MR)</p> <p>1:00 Poker (CR)</p> <p>2:00 Meg Ryan Discovery Series: Get A Grip (A)</p> <p>6:30 Evening Movie (Cinema)</p>	<p>ACTIVITY LOCATOR KEY</p> <p>ACR - Admin Conference Room</p> <p>AS - Art Studio</p> <p>A - Auditorium</p> <p>B - Billiard Room</p> <p>CR - Card Room</p> <p>C - Cinema</p> <p>CL - Club (Gym/Pool)</p> <p>COM - Commons (2nd Floor)</p> <p>L - Library</p> <p>ML - Main Lobby</p> <p>MR - Meeting Room</p> <p>SC - Sports Center/Putting Green</p> <p>WL - Watermark Lounge</p>				<p>MEET COMMUNITY LIFE STAFF</p> <p>Meg Maier - CL Director</p> <p>Audrey Zanzal</p> <p>Jordyn Smith</p> <p>Sherry Thomas</p> <p>Nicolette Duncan</p> <p>Tasha Jones - Driver/Bingo</p> <p>Peter Slifka - Driver/Trivia</p> <p>Jeannette Burgos - Driver</p>	<p>BIRTHDAYS</p> <p>Myrtle Wells 4/2</p> <p>Barbara Colonel 4/5</p> <p>Nancy Correll 4/7</p> <p>Leila Edwards 4/9</p> <p>Bob Ivers 4/9</p> <p>Arline Schmalig 4/12</p> <p>Lina Williams 4/12</p> <p>Paula Crean 4/15</p>	<p>BIRTHDAYS CONTINUED</p> <p>Virginia Toms 4/16</p> <p>Gordon Williams 4/19</p> <p>Robert Crean 4/25</p> <p>Mary Fredlund 4/26</p> <p>Herbert Issac 4/27</p>

<p>8:30 Sacred Heart Mass (ML)</p> <p>10:30 St. Thomas Mass (ML)</p> <p>11:30 Plated Brunch (D)</p> <p>1:30 Gabbing at the Gazebo</p> <p>3:00 Blue Yodels (A)</p> <p>6:30 Evening Movie (C)</p>	<p>9:30 Tai Chi (CL)</p> <p>10:30 Crossword Club (AS)</p> <p>11:15 Bible Study (MR)</p> <p>1:00 Stitch This! (MR)</p> <p>1:00 Social Bridge (AS/CR)</p> <p>1:00 Open Billiard Lessons for Beginners (B)</p> <p>2:00 Jewish Study With Chaplain Ron (A)</p> <p>3:30 Catholic Liturgy/Communion (A*)</p> <p>6:30 Evening Movie (Cinema)</p>
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APRIL 2024

Independent Living

 **THE WATERMARK**
AT EAST HILL