

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p><b>*All programs and times are subject to change without notice*</b></p>	10:00am Friendly 1:1 CL Visits w/Audrey 10:30am Balloon Volleyball Exercise 11:00am Trivia Challenge 11:30am Category Game 2:00pm Prize BINGO w/Audrey 3:00pm Pet Therapy Visits w/Gromit <span style="float:right">1</span>	10:00am Morning Mingle and 1:1 CL Visits w/Audrey 10:30am Seated Stretch w/Audrey 11:00am Person of Interest: Betty Crocker w/Audrey 11:30am Joggin Your Noggin w/Audrey 1:30pm Live Saxophone Performance w/ Tom Sansone (Dining Room) 2:30pm Snack and Hydration w/Audrey <span style="float:right">2</span>	11:00am Piano Performance w/ Gary Stabile (Springs Dining Room) 12:30pm Sing-A-Long w/Sherry 1:00pm Reminisce This! w/Sherry 3:00pm Just For Fun BINGO w/ Nicolette <span style="float:right">3</span>	10:00am Spiritual Connection Service 10:30am Aroma Touch w/Audrey 11:00am Seated Tai Chi Instructed by Ann Sullo (Dining Room) 11:30am Who Am I Trivia w/Audrey 2:00pm Table Top Bowling w/Audrey 3:00pm Snack and Hydration w/Audrey <span style="float:right">4</span>	10:00am Morning Mingle and 1:1 CL Visits w/Audrey 10:30am Balloon Volleyball Exercise w/Audrey 11:00am Up and Down the River Card Game w/Audrey 11:30am Pet Therapy Visits w/Sarah Jessica Barker 2:00pm Creative Corner: April Showers Bring May Flowers w/Audrey 3:00pm Snack and Hydration <span style="float:right">5</span>	9:30am Who Am I Trivia w/Sherry 10:00am Memory Lane w/Sherry 10:30am Small Ball Exercise 11:00am Name That Tune w/Sherry 1:30pm Live Country Western Performance w/ Jim Moore (Dining Room) <span style="float:right">6</span>		
	10:00am Televised Catholic Mass (Channel 20) 10:00am Friendly 1:1 Visits w/ Nicolette 10:30am Sunday Seated Stretch w/Nicolette 11:00am Creative Corner w/Nicolette <span style="float:right">7</span>	10:00am Friendly 1:1 CL Visits w/Audrey 10:30am Balloon Volleyball Exercise 11:00am Trivia Challenge 11:30am Category Game 2:00pm Prize BINGO w/Audrey 3:00pm Snack and Hydration w/Audrey <span style="float:right">8</span>	10:00am Morning Mingle and 1:1 CL Visits w/Audrey 10:30am Seated Stretch w/Audrey 11:00am Joggin' Your Noggin w/Audrey 11:30am Classical Music & Manicures w/Audrey 2:00pm Drumming w/Audrey (Dining Room) 3:00pm Snack and Hydration w/Audrey <span style="float:right">9</span>	11:00am Piano Performance w/ Gary Stabile (Springs Dining Room) 12:30pm Sing-A-Long w/Sherry 1:00pm Reminisce This! w/Sherry 2:00pm Just For Fun BINGO w/ Nicolette <span style="float:right">10</span>	10:00am Morning Mingle and 1:1 Visits w/Audrey 10:30am Aroma Touch w/Audrey 11:00am Sit and Be Fit w/Audrey 11:30am Raise the Stakes Dice Game w/Audrey 2:00pm Table Top Bowling w/Audrey 3:00pm Snack and Hydration w/Audrey <span style="float:right">11</span>	10:00am Morning Mingle and 1:1 Visits w/Audrey 10:30am Balloon Volleyball Exercise w/Audrey <b>11:00am Resident Council Meeting (Dining Room)</b> 11:30am Cooking Creations: Cinnamon Tea Cake w/Audrey 2:00pm Kitchen Creations: Enjoying Cinnamon Tea Cake Social Hour <span style="float:right">12</span>	9:30am Who Am I Trivia w/Sherry 10:00am Memory Lane w/Sherry 10:30am Small Ball Exercise 11:00am Name That Tune w/Sherry 1:30pm Afternoon Movie Matinee <span style="float:right">13</span>	
	10:00am Televised Catholic Mass (Channel 20) 10:00am Friendly 1:1 Visits w/ Nicolette 10:30am Sunday Seated Stretch w/Nicolette 11:00am Creative Corner w/Nicolette <span style="float:right">14</span>	10:00am Friendly 1:1 CL Visits w/Audrey 10:30am Balloon Volleyball Exercise 11:00am Trivia Challenge 11:30am Category Game 2:00pm Prize BINGO w/Audrey 3:00pm Snack and Hydration w/Audrey <span style="float:right">15</span>	10:00am Morning Mingle and 1:1 CL Visits w/Audrey 10:30am Seated Stretch w/Audrey 11:00am Joggin' Your Noggin w/Audrey 11:30am Pick a Card Social w/Audrey 2:00pm Drumming w/Audrey (Dining Room) 3:00pm Snack and Hydration w/Audrey <span style="float:right">16</span>	11:00am Piano Performance w/ Gary Stabile (Springs Dining Room) 12:30pm Sing-A-Long w/Sherry 1:00pm Reminisce This! w/Sherry 2:00pm Just For Fun BINGO w/ Nicolette <span style="float:right">17</span>	10:30am Categories w/ Sherry 11:00am Seated Tai Chi Instructed by Ann Sullo (Dining Room) 2:00pm Communion Service w/ Sacred Heart Church Volunteers Helen and Karen (Dining Room) <span style="float:right">18</span>	10:00am Balloon Volleyball Exercise w/ Jordyn 11:00am You Tube Music Hour: Sing-A-Long w/Tom Melady 2:00pm Creative Corner w/Jordyn <span style="float:right">19</span>	9:30am Who Am I Trivia w/Sherry 10:00am Memory Lane w/Sherry 10:30am Small Ball Exercise 11:00am Name That Tune w/Sherry 1:30pm Live Musical Performance w/ The Blue Yodels (Dining Room) <span style="float:right">20</span>	
	10:00am Televised Catholic Mass (Channel 20) 10:00am Friendly 1:1 Visits w/ Nicolette 10:30am Sunday Seated Stretch w/Nicolette 11:00am Creative Corner w/Nicolette <span style="float:right">21</span>	<p style="text-align:center"><b>Earth Day Passover Begins</b></p> 11:00am Trivia Challenge w/Meg 1:30pm Live Musical Entertainment w/ Stephen Hammacott (Springs Dining Room) 3:00pm Pet Therapy Visits w/Gromit <span style="float:right">22</span>	11:00am Seated Stretch w/ Nicolette 11:30am Name That Tune w/ Nicolette 2:00pm Pick a Card Social w/ Nicolette 3:00pm Patio Karaoke w/ Nicolette <span style="float:right">23</span>	11:00am Piano Performance w/ Gary Stabile (Springs Dining Room) 12:30pm Sing-A-Long w/Sherry 1:00pm Reminisce This! w/Sherry 2:00pm Just For Fun BINGO w/ Nicolette <span style="float:right">24</span>	10:30am Categories w/ Sherry 11:15am Spring Sing w/ Sherry 2:00pm Table Top Bowling w/ Nicolette <span style="float:right">25</span>	10:00am Balloon Volleyball Exercise w/ Jordyn 11:00am Music Hour 11:30am Pet Therapy Visits w/Sarah Jessica Barker 2:00pm Creative Corner w/Jordyn <span style="float:right">26</span>	9:30am Who Am I Trivia w/Sherry 10:00am Memory Lane w/Sherry 10:30am Small Ball Exercise 11:00am Name That Tune w/Sherry 1:30pm Afternoon Movie Matinee <span style="float:right">27</span>	
	10:00am Televised Catholic Mass (Channel 20) 10:00am Friendly 1:1 Visits w/ Nicolette 10:30am Sunday Seated Stretch w/Nicolette 11:00am Creative Corner w/Nicolette <span style="float:right">28</span>	10:00am Friendly 1:1 CL Visits w/Audrey 10:30am Balloon Volleyball Exercise 11:00am Trivia Challenge 11:30am Category Game 2:00pm Prize BINGO w/Audrey 3:00pm Snack and Hydration w/Audrey <span style="float:right">29</span>	<p style="text-align:center"><b>Passover Ends</b></p> 10:00am Morning Mingle and 1:1 CL Visits w/Audrey 10:30am Seated Stretch w/Audrey 11:00am Joggin Your Noggin w/Audrey 11:30am Classical Music & Manicures w/Audrey 2:00pm Drumming w/Audrey (Dining Room) 3:00pm Snack and Hydration w/Audrey <span style="float:right">30</span>	<p><b>Meet the Community Life Team!</b></p> <p><b>Meg Maier, Community Life Director</b></p> <p>Audrey Zanzal</p> <p>Jordyn Smith</p> <p>Sherry Thomas</p> <p>Nicolette Duncan</p> <p>Tasha Jones (Driver)</p> <p>Jeanette Burgos (Driver)</p> <p>Peter Slifka (Driver)</p>			<p><b>Who You Fooling?</b></p> <p>Its exact beginnings are a mystery, but some historians link April Fools' Day to the 16th century, when New Year's Day moved from April 1 to January 1. Those who continued to celebrate the new year on April 1 were called fools.</p>	

APRIL 2024

Springs



THE WATERMARK  
AT EAST HILL

ACTIVITY LOCATOR KEY

All activities take place in The Springs living room unless otherwise noted

What's Lucky in April?

Lucky Color: Yellow

Lucky Animal: Goat

Lucky Letter: H

Lucky Day: Thursday

Lucky Plant: Tulip

"Our spring has come at last with the soft laughter of April suns and shadow of April showers."

~ Byron Caldwell Smith