

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>CONFEDERATE HISTORY MONTH</p> <p>NATIONAL HUMOR MONTH</p> <p>KEEP AMERICA BEAUTIFUL MONTH</p> <p>NATIONAL MOVE MORE MONTH</p>	<p>APRIL FOOLS' DAY</p> <p>9:30 Head-to-Toe Exercise w/MJ-S</p> <p>11:00 Exercise & Trivia w/Joey-IL</p> <p>11:00 Jokes & Poems w/VH-S</p> <p>11:30 Looking Forward w/MJ-IL</p> <p>2:30 Rummikub w/MJ-IL</p> <p>3:30 Dollar Sign Day w/MJ-IL</p> <p>6:00 Unique Pets w/VH-S</p> <p>6:30 Card Games w/CG's-IL</p> <p style="text-align: right;">1</p>	<p>SCOTTISH HISTORY DAY</p> <p>9:30 Easy Does It Fitness w/VH-S</p> <p>11:00 Tuesday Tune-Upw/MJ-IL</p> <p>11:00 <i>Singer Lynn Lewis - S</i></p> <p>11:30 All About April w/MJ-IL</p> <p>2:30 LuckyDogCardGame w/MJ-IL</p> <p>3:30 Scottish History w/MJ-IL</p> <p>4:15 Left-Center-Right w/VH-S</p> <p>6:30 Mandala Art w/CG's-IL</p> <p style="text-align: right;">2</p>	<p>FIND A RAINBOW DAY</p> <p>9:30 Head-to-Toe Exercise w/MJ-S</p> <p>10:00 <i>Tai Chi w/Jonathan-G</i></p> <p>10:30 <i>Tai Chi w/Jonathan-IL</i></p> <p>11:00 Somewhere Over the Rainbow w/MJ-IL</p> <p>1:30 Afternoon Visits w/MJ-S</p> <p>2:30 <i>Ice Cream Sundaes w/MJ-IL</i></p> <p>3:30 Bonkers for Bingo w/ MJ-G</p> <p>6:30 Seated Stretch w/CG's-IL</p> <p style="text-align: right;">3</p>	<p>BEATLEMANIA</p> <p>9:30 Stay Fit w/VH-S</p> <p>10:30 Exercise to Music w/MJ-IL</p> <p>11:00 Wheel of Fortune w/VH-S</p> <p>11:15 <i>Out Trip for Lunch w/MJ</i></p> <p>2:30 Wheel of Fortune w/MJ-IL</p> <p>3:30 BeatlesFacts&Music w/MJ-IL</p> <p>4:15 Lets Draw w/VH-S</p> <p>6:30 TCM Movie w/CG's-IL</p> <p style="text-align: right;">4</p>	<p>CROSSWORD PUZZLE DAY</p> <p>9:30 Friday Fun Fitness w/VH-S</p> <p>11:30 TGIF Fitness w/MJ-IL</p> <p>11:00 Bingo w/VH-S</p> <p>11:30 Parables of Jesus w/MJ- IL</p> <p>2:30 Jeopardy w/MJ-IL</p> <p>3:30 Cranium Busters w/MJ-IL</p> <p>4:15 Puzzles w/VH-S</p> <p>6:30 YouTube Concert w/CG's-IL</p> <p style="text-align: right;">5</p>	<p>DOUBLE MEANING DAY</p> <p>9:30 Fun Fitness w/VH-S</p> <p>10:00 Light & Fit w/VH-G</p> <p>11:00 Exercise w/VH-IL</p> <p>11:30 Manicure Mania w/VH-S</p> <p>2:30 <i>Armchair Travel Canada w/VH-IL</i></p> <p>3:30 <i>Ice Cream Social w/VH-G</i></p> <p>4:15 All About March w/VH-S</p> <p>6:30 Saturday evening music</p> <p style="text-align: right;">6</p>	
<p>NATIONAL LIBRARY WEEK BEGINS</p> <p>9:30 Get Fit w/VH-S</p> <p>10:00 Sunday Fitness w/VH-G</p> <p>11:00 Workout w/VH-IL</p> <p>11:30 Facts About Apples w/VH-S</p> <p>2:30 VR Fun w/ VH-IL</p> <p>3:30 <i>ArmchairTravelCanadaw/VH-IL</i></p> <p>4:15 Game Time w/VH-S</p> <p>6:30 Sunday Movie w/CG-IL</p> <p style="text-align: right;">7</p>	<p>TOTAL SOLAR ECLIPSE</p> <p>9:30 Head-to-Toe Exercise w/MJ-S</p> <p>11:00 Exercise & Trivia w/ Joey-IL</p> <p>11:00 Bingo w/VH-S</p> <p>11:30 Looking Forward w/MJ-IL</p> <p>2:30 Yahtzee Game w/VH-IL</p> <p>3:30 Name That Tune w/VH-IL</p> <p>6:00 Tic Tac Toe w/VH-S</p> <p>6:30 Evening Chat w/CG's-IL</p> <p style="text-align: right;">8</p>	<p>ROSIE RIVETER DAY</p> <p>9:30 Light Fitness w/VH-S</p> <p>11:00 Dice Fitness w/VH-IL</p> <p>11:30 Welcome April w/MJ-S</p> <p>11:30 Poetry & Music w/VH-IL</p> <p>2:30 Ball in Basket w/VH-IL</p> <p>3:30 About Eid Al fitr w/VH-IL</p> <p>4:15 Basket-Ball w/VH-S</p> <p>6:30 Farkle Game w/CG's-IL</p> <p style="text-align: right;">9</p>	<p>LIBRARY OUTREACH DAY</p> <p>9:30 Head-to-Toe Exercise w/MJ-S</p> <p>10:30 Wellness Workout w/MJ-G</p> <p>11:00 Exercise Dice w/MJ-IL</p> <p>1:30 Afternoon Visits w/MJ-S</p> <p>2:30 Bingo! w/MJ-IL</p> <p>3:30 B-I-N-G-O w/MJ-G</p> <p>4:15 Afternoon Visits w/CL-S</p> <p>6:30 HandRubs&Music w/CG's-IL</p> <p style="text-align: right;">10</p>	<p>NATIONAL PET DAY</p> <p>9:30 Morning Stretch w/VH-S</p> <p>11:00 Mind, Body Fitness w/VH-IL</p> <p>11:30 Hollywood Gossip w/VH-IL</p> <p>11:30 National Pet Day w/MJ-S</p> <p>2:30 Drumming w/VH-IL</p> <p>3:30 Name 5 w/VH-IL</p> <p>4:15 Bible Reading w/VH-S</p> <p>6:30 Article highlight w/CG's-IL</p> <p style="text-align: right;">11</p>	<p>DAY OF PINK</p> <p>9:30 Rise & Shine w/VH-IL</p> <p>11:00 Dancersise w/VH-IL</p> <p>11:00 <i>Singer Jennifer DiSapio - S</i></p> <p>11:30 <i>GrilledCheeseFacts w/VH-IL</i></p> <p>2:30 <i>Movie & Popcorn w/VH-IL</i></p> <p>3:30 Movie Discussion w/VH-IL</p> <p>4:15 <i>Armchair Travel Canada w/VH-S</i></p> <p>6:30 Evening Chat w/CG's-IL</p> <p style="text-align: right;">12</p>	<p>DIME STORE DAY</p> <p>9:30 Morning Greetings w/Lisa-S</p> <p>10:30 Sit & Stretch w/Lisa-G</p> <p>11:00 Sit & Be Fit w/ Lisa-IL</p> <p>11:30 Music & Laughter w/Lisa-S</p> <p>2:00 Variety of Fun w/Lisa-IL</p> <p>2:30 Variety of Fun w/Lisa-G</p> <p>4:00 Stories for the Soul w/Lisa-S</p> <p>6:30 Jigsaw Puzzles w/CG's-IL</p> <p style="text-align: right;">13</p>	
<p>INTERNATIONAL MOMENT OF LAUGHTER DAY</p> <p>9:30 Morning Greetings w/Kayti-S</p> <p>10:30 Exercise&Music w/Kayti-IL</p> <p>11:00 Mandala Art w/ Kayti-IL</p> <p>11:30 <i>Pianist John Lamb - S</i></p> <p>2:30 Manicures&Music w/Kayti-IL</p> <p>6:30 World News w/CG's-IL</p> <p style="text-align: right;">14</p>	<p>SINKING OF TITANIC ANNIVERSARY</p> <p>9:30 Head-to-Toe Exercise w/MJ-S</p> <p>11:00 Exercise & Trivia w/Joey-IL</p> <p>11:00 Bingo w/VH-S</p> <p>11:30 Looking Forward w/MJ-IL</p> <p>2:30 Tic Tac Trivia w/MJ-IL</p> <p>3:30 Titanic Facts w/MJ-IL</p> <p>6:00 Manicures & Music w/VH-S</p> <p>6:30 Name 5 Game w/CG's-IL</p> <p style="text-align: right;">15</p>	<p>NATIONAL ORCHID DAY</p> <p>9:30 Stretch Fitness w/VH-S</p> <p>11:00 Work It! Exercise w/MJ-IL</p> <p>11:00 Wheel Of Fortune w/VH-S</p> <p>11:30 All About Orchids w/MJ-IL</p> <p>2:30 Over the Rainbow Game w/MJ-IL</p> <p>3:30 Round Table Chat w/MJ-IL</p> <p>4:15 Untie The Knot w/VH-S</p> <p>6:30 Outburst! Game w/CG's-IL</p> <p style="text-align: right;">16</p>	<p>"HAIL, HAIL, THE GANG'S ALL HERE" DAY</p> <p>9:30 Mid- Week Fitness w/VH-S</p> <p>10:00 <i>Tai Chi w/Jonathan-G</i></p> <p>10:30 <i>Tai Chi w/ Jonathan-IL</i></p> <p>11:30 <i>SpringsResidentCouncil-S</i></p> <p>2:30 Charades w/VH-IL</p> <p>3:30 Bingo w/VH-G</p> <p>4:15 Table Bowling w/VH-S</p> <p>6:30 Evening Stretch w/CG's-IL</p> <p style="text-align: right;">17</p>	<p>HIGH FIVE DAY</p> <p>9:30 Exercise Time w/VH-S</p> <p>11:00 High Five Fitness w/MJ-IL</p> <p>11:00 Music 1950's w/VH-S</p> <p>11:15 <i>Out Trip w/ VH</i></p> <p>11:30 Interesting Facts w/MJ-IL</p> <p>2:30 <i>April Birthday Party w/MJ-IL</i></p> <p>3:30 1960's Quiz w/MJ-IL</p> <p>4:15 Dice Game w/VH-S</p> <p>6:30 Give the CG's a HIGH FIVE!</p> <p style="text-align: right;">18</p>	<p>DAVINCI'S BIRTHDAY</p> <p>9:30 Rise & Shine w/VH-S</p> <p>11:00 Friday Fitness w/MJ-IL</p> <p>11:00 Balloon Toss w/VH-S</p> <p>11:30 Titanic History w/MJ-IL</p> <p>1:15 <i>Shabbat w/Rabbi Paris-IL</i></p> <p>2:30 <i>Pianist John Lamb - IL</i></p> <p>3:30 Word Scrambles w/MJ-IL</p> <p>4:15 All About Dogs w/VH-S</p> <p>6:30 YouTube Concert w/CG's-IL</p> <p style="text-align: right;">19</p>	<p>NATIONAL LOOKALIKE DAY</p> <p>9:30 Head-to-Toe Exercise w/MJ-S</p> <p>10:00 <i>Music&Dance w/Jennifer-G</i></p> <p>11:00 <i>Dance&Music w/Jennifer-IL</i></p> <p>11:30 <i>Human Science w/MJ-IL</i></p> <p>1:30 Afternoon Visits w/MJ-S</p> <p>2:30 Ganzenbord Game w/MJ-IL</p> <p>3:30 4 in a Row w/MJ-G</p> <p>6:30 Puzzles w/CG's-IL</p> <p style="text-align: right;">20</p>	
<p>WORLD CREATIVITY & INNOVATION DAY</p> <p>9:30 Head-to-Toe Exercise w/MJ-S</p> <p>10:30 Sunday Sittercise w/MJ-G</p> <p>11:00 Creative Exercise w/MJ-IL</p> <p>1:30 Afternoon Visits w/MJ-S</p> <p>2:30 7 Card Rummy w/MJ-IL</p> <p>3:30 Human Science w/MJ-G</p> <p>6:30 Soothing Evening Music w/CG's-IL</p> <p style="text-align: right;">21</p>	<p>PASSOVER BEGINS AT SUNDOWN</p> <p>9:30 Head-to-Toe Exercise w/MJ-S</p> <p>11:00 Exercise & Trivia w/Joey-IL</p> <p>11:00 Bingo w/VH-S</p> <p>11:30 Looking Forward w/MJ-IL</p> <p>2:30 Manicures & Music w/VH-IL</p> <p>3:30 Debate w/VH-IL</p> <p>6:00 All About Dubai UAE w/VH-S</p> <p>6:30 Scrabble w/CG's-IL</p> <p style="text-align: right;">22</p>	<p>PINK MOON DAY</p> <p>9:30 Tuesday Tune Up w/VH-S</p> <p>11:00 Weight Fitness w/VH-IL</p> <p>11:30 <i>Health Talk w/Bindu George, RN-IL</i></p> <p>11:30 SensationalSensory w/MJ-S</p> <p>2:15 <i>Singer Jennifer DiSapio-IL</i></p> <p>3:30 Charades w/VH-IL</p> <p>4:15 Arts & Crafts w/VH-S</p> <p>6:30 Tic Tac Toe w/CG's-IL</p> <p style="text-align: right;">23</p>	<p>SODA FOUNTAIN DAY</p> <p>9:30 Strength Fitness w/VH-S</p> <p>10:30 Weight Exercise w/ VH-IL</p> <p>11:00 <i>Inn Resident Council - IL DR</i></p> <p>11:30 Poetry & Music w/VH-S</p> <p>2:30 <i>Milk Shake Social w/VH-IL</i></p> <p>3:30 Acting 101 w/VH-IL</p> <p>4:15 Sensory Touch w/VH-S</p> <p>Farkle Game w/CG's-IL</p> <p style="text-align: right;">24</p>	<p>PET PARENTS' DAY</p> <p>9:30 Fitness Time w/VH-S</p> <p>10:30 <i>Singer MOJO - IL</i></p> <p>1:30 Afternoon Visits w/CL-S</p> <p>2:30 Beach ball Volly w/VH-IL</p> <p>3:30 Musical Favorites w/VH-G</p> <p>4:15 Trivia Fun w/ VH-S</p> <p>6:30 Mandala Art w/CG's-IL</p> <p style="text-align: right;">25</p>	<p>ARBOR DAY / AUDUBON DAY</p> <p>9:30 Friday Fitness w/VH-S</p> <p>11:00 Dancersise w/VH-IL</p> <p>11:30 World Religion w/VH-IL</p> <p>11:30 The Meaning of Flowers w/MJ-S</p> <p>2:30 <i>Wine And Cheese w/VH-IL</i></p> <p>3:30 International Dance w/VH-IL</p> <p>4:15 Ring Toss w/VH-S</p> <p>6:30 Youtube Concert w/CG's-IL</p> <p style="text-align: right;">26</p>	<p>NATIONAL FIRST LADIES DAY</p> <p>9:30 Morning Greetings w/Joey-S</p> <p>10:00 <i>Tai Chi w/Jonathan-G</i></p> <p>10:30 <i>Tai Chi w/Jonathan-IL</i></p> <p>11:30 Family Feud w/Joey-S</p> <p>2:30 Wheel of Fortune w/Joey-IL</p> <p>3:30 Family Feud w/Joey-G</p> <p>4:00 AfternoonGreetings w/Joey-S</p> <p>6:30 Evening Stretch w/CG's-IL</p> <p style="text-align: right;">27</p>	
<p>HUMANITARIAN DAY</p> <p>9:30 Morning Greetings w/Joey-S</p> <p>10:30 Exercise & Trivia w/Joey-G</p> <p>11:00 Exercise & Trivia w/Joey-IL</p> <p>11:30 Inspirational Stories w/Joey-S</p> <p>2:30 Poker Pals w/Joey-IL</p> <p>3:30 Wheel of Fortune w/Joey-G</p> <p>4:00 AfternoonGreetings w/Joey-S</p> <p>6:30 Local News w/CG's-IL</p> <p style="text-align: right;">28</p>	<p>WORLD WISH DAY</p> <p>9:30 Head-to-Toe w/MJ-S</p> <p>11:00 Exercise & Trivia w/Joey-IL</p> <p>11:00 Bingo w/VH-S</p> <p>11:30 Looking Forward w/MJ-IL</p> <p>2:30 <i>Singer Lynn Lewis - IL</i></p> <p>3:30 What is Your Wish? w/MJ-IL</p> <p>6:00 International Dances w/VH-S</p> <p>6:30 TCM Movie Classic w/CG's-IL</p> <p style="text-align: right;">29</p>	<p>LAUGH 'TIL YOU CRY DAY</p> <p>9:30 Fun Fit Fitness w/VH-S</p> <p>11:00 Time for Exercise w/MJ-IL</p> <p>11:00 Balloon Toss w/VH-S</p> <p>11:30 Hairstyle History w/MJ-IL</p> <p>2:30 Rummikub w/MJ-IL</p> <p>3:30 Jokes & More Jokes w/MJ-IL</p> <p>4:15 Jokes & Poems w/VH-S</p> <p>6:30 Tell a Funny Story w/CG's-IL</p> <p style="text-align: right;">30</p>	<p>"A gush of bird-song, a patter of dew A cloud, and a rainbow's warning Suddenly sunshine and perfect blue An April day in the morning." -Harriet Prescott Spofford</p>			<p>Monthly Catholic Communion with Sister Maureen See Weekly Activities Calendar for Date and Time (The Inn, Gardens, and Springs)</p>	<p>Pet Therapy Visits with Paisley the Dog See Weekly Activities Calendar for Days and Times</p>

APRIL 2024
The Inn / Springs
 **THE WATERMARK**
 AT 3030 PARK

ACTIVITY LOCATOR KEY

AG - Art Gallery
 AS - Art Studio
 A - Auditorium
 G - Gardens
 TC - Town Center

CG'S - Caregivers
 CL - Community Life
 IL - Inn Lounge
 MJ - Mary Jo
 S - Springs
 VH - Victoria
 SC - Springs Conference Room
 DR - Dining Room

Monthly Shabbat with Rabbi Paris
 Third Friday of the Month
 at 1:15 p.m.
 in The Inn Lounge