SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Quote of the Month It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light, and winter in the shade ~Charles Dickens	WATERMARK RETIREMENT COMMUNITIES*	April Fools Day Tai Chi Brain Games WU: Artistry Unleashed: Mans Best friend Painting Energy Burst: Velcro Darts Doggone Funny - Furry Friends Humor Do You Know Your Neighbor? Evening Puzzles with Nayas	<ul> <li>Strength &amp; Balances</li> <li>Gratitude and Reflections</li> <li>Energy Burst</li> <li>Brain Games</li> <li>Lady Liberty-What Am I</li> <li>Secrets of the US Mint</li> <li>Evening Coloring with the Naya's</li> </ul>	<ul> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Magic Art</li> <li>Virtual Adventure</li> <li>Energy Burst: Swatter Ball</li> <li>Noon Mocktails with Tina</li> <li>Manicures with Tina</li> <li>1:30 Pet Therapy Visit with Roni and Dude</li> <li>Happy Hour in Assisted Living</li> <li>Evening Movie with Naya- Featuring Doris Day</li> </ul>	<ul> <li>Joyful Movement</li> <li>Energy Burst: Dodge Ball</li> <li>WU: Person of Interest:</li> <li>Peanut Butter &amp; Jelly Cookie Bake</li> <li>Gardening Club</li> <li>Puzzle Power Hour</li> <li>Afternoon Coffee or Tea</li> <li>Basketball Trivia</li> <li>Snack Time Word Search</li> <li>Parkview Movie Night</li> </ul>	<ul> <li>Stretch and Strength</li> <li>Energy Burst: Ball Toss</li> <li>Morning Church Service- 10am</li> <li>Junk Drawer Detective</li> <li>Patio Talks and Ice Cream</li> <li>WU Culinary Creations</li> <li>Parachute Ball</li> <li>Afternoon Coffee or Tea</li> <li>Gardening Club with Tina</li> <li>Memory Baskets with Nayr</li> </ul>
<ul> <li>Sole to Soul Walking Club</li> <li>Energy Burst: Velcro Darts</li> <li>Hymn and Church Service with Tina</li> <li>Memory Baskets with Naya</li> <li>20 Questions with Tina</li> <li>WU Craft Club - Foaming Rainbows</li> <li>Afternoon Cookie and Coffee</li> <li>Popcorn and Movie with Nayas</li> </ul>	<ul> <li>Joyful Movement</li> <li>WU: Writers Collective/Social: Where have you Traveled</li> <li>Energy Burst: Corn Hole</li> <li>Junk Drawer Detective</li> <li>What Am I: Fork</li> <li>Coloring Corner with Nayas</li> <li>Thriving Through music with Nayas</li> </ul>	<ul> <li>Tai Chi</li> <li>Brain Games</li> <li>Country Drive Outing</li> <li>Energy Burst: Ladder Ball</li> <li>12:30 Activity with Amanda and Tina</li> <li>WU: An Eye for Art: Leslies Art with Accent at 1:30pm</li> <li>WU Virtual Travel with Tina:</li> <li>WU: Culinary Creations</li> <li>Afternoon Coffee or Tea</li> <li>Evening Bible Verse with Nayas</li> </ul>	<ul> <li>Strength &amp; Balances</li> <li>Guided Imagery</li> <li>Energy Burst: Ball Toss</li> <li>Evening Relaxation with Classical Music</li> <li>Entertainment with Krystal</li> <li>Evening Memory Baskets with Nayas</li> </ul>	<ul> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Magic Art</li> <li>Virtual Trip The Eiffel Tower</li> <li>Energy Burst: Chair Dancing</li> <li>Noon Mocktails with Tina</li> <li>Hand Massages with Tina</li> <li>Gardening Club</li> <li>Masters Tournament: Golf Talk with David and Golf Tournament</li> <li>Happy Hour with Assisted Living</li> <li>Evening Manicures with Nayas</li> </ul>	<ul> <li>Joyful Movement</li> <li>Community Life Committee Meeting</li> <li>Energy Burst: Table Tennis</li> <li>Spray Bottle Canvas Art</li> <li>Culinary Creations: Peanut Butter Cookies</li> <li>Afternoon Coffee or Tea</li> <li>Puzzle Power Hour</li> <li>Happy Birthday Maya Angelou</li> <li>Parkview Movie Night 11</li> </ul>	<ul> <li>Stretch and Strength</li> <li>Morning Church Service- 10am</li> <li>Energy Burst: Balloon Volleyball</li> <li>Do Not Pass Go Game</li> <li>Patio Talks and Ice Cream</li> <li>Parachute Ball</li> <li>Gardening Club with Tina</li> <li>Afternoon Coffee or Tea</li> <li>Reminiscing with the Senses</li> <li>Evening Relaxation with Jazz Music</li> </ul>
<ul> <li>Sole to Soul Walking Club</li> <li>Energy Burst: Balloon Volleyball</li> <li>Church Service and Hymns with Tina</li> <li>Brain Games</li> <li>Tickle Your Funny Bone Quotes</li> <li>20 Questions with Tina</li> <li>Afternoon Cookie and Coffee</li> <li>Penny For your Thoughts</li> </ul>	<ul> <li>Joyful Movement</li> <li>Diving with Dolphins</li> <li>WU: An Eye for Art</li> <li>Energy Burst: Dodge Ball</li> <li>Finish the Song Lyric</li> <li>Where Am I: Dog Park</li> <li>Coloring Corner with Nayas</li> <li>Thriving Through music with Nayas</li> </ul>	<ul> <li>Tai Chi</li> <li>Brain Games</li> <li>WU: Artistry Unleashed:</li> <li>Energy Burst: Velcro Darts</li> <li>Patio Sitters: Daily Chronicle</li> <li>Evening Puzzles with Nayas</li> </ul>	<ul> <li>Strength &amp; Balances</li> <li>Gratitude and Reflections</li> <li>Energy Burst: Corn Hole</li> <li>Pair up Memory Game</li> <li>Take a Wild Guess Day</li> <li>Fun Facts About Orchids</li> <li>Evening Adult Coloring with Nayas</li> </ul>	<ul> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Magic Art</li> <li>Virtual Roadtrippers: Colombia</li> <li>Energy Burst: Swatter Ball</li> <li>Noon Mocktails with Tina</li> <li>Music and Snacks</li> <li>Manicures with Tina</li> <li>Gardening Club</li> <li>Dance Week</li> <li>Happy Hour in Assisted Living</li> <li>Evening Movie with Nayas</li> </ul>	<ul> <li>Joyful Movement</li> <li>Service Circle</li> <li>Energy Burst: Velcro Darts</li> <li>Craft Club: Abstract Watercolors</li> <li>Pinata Day: Pinata Time!</li> <li>Puzzle Power Hour</li> <li>Afternoon Coffee or Tea</li> <li>Listen To Mozart Day</li> <li>Parkview Movie Night</li> </ul>	<ul> <li>Stretch and Strength</li> <li>Morning Church Service- 10am</li> <li>Energy Burst: Ball Toss</li> <li>Craft Club:</li> <li>Great Bingo Challenge</li> <li>Easter Egg Hunt and Snacks</li> <li>Parachute Ball</li> <li>Patio Talks and Ice Cream</li> <li>Gardening Club with Tina</li> <li>Afternoon Coffee or Tea</li> <li>Evening Relaxation with Jazz Music</li> <li>National Plant Peace Lillu</li> </ul>
Easter Sole to Soul Walking Club Energy Burst: Velcro Darts Hymns and Church Service with Tina Hoppy Easter 10 Ways to be a Good Samaritan 20 Questions with Tina Afternoon Cookie and Coffee Memory Baskets with Nayas	<ul> <li>Joyful Movement</li> <li>Energy Burst: Dodge Ball</li> <li>Daily Chronicle</li> <li>Patio Talks with Nayas</li> <li>Thriving Through music with Nayas</li> <li>Coloring Corner with Nayas</li> </ul>	<ul> <li>Tai Chi</li> <li>Brain Games</li> <li>Picnic at the Grove Outing</li> <li>WU: An Eye for Art</li> <li>Energy Burst: Bocce Ball</li> <li>WU Virtual Travel with Tina</li> <li>History if the American Revolution</li> <li>Jelly Bean Day: Whats that Jellybean!?</li> <li>Finish the Saying with Tina</li> <li>Afternoon Coffee or Tea</li> <li>Evening Bible Verse with Nay 22</li> </ul>	<ul> <li>Strength &amp; Balances</li> <li>Guided Imagery</li> <li>Energy Burst: Ball Toss</li> <li>Entertainment with Krystal</li> <li>Name That Tune</li> <li>Evening Memory Baskets with Nayas</li> </ul>	<ul> <li>Slow Flow Yoga</li> <li>Brain Games</li> <li>Magic Art</li> <li>Energy Burst: Swatter Ball</li> <li>Noon Mocktails with Tina</li> <li>Hand Massages with Tina</li> <li>Gardening Club</li> <li>Happy Hour in Assisted Living</li> <li>National Soda Fountain Day: Soda Fountain Floats</li> <li>Evening Movie with Nayas 24</li> </ul>	<ul> <li>Joyful Movement</li> <li>WU: Lives Well Lived</li> <li>Energy Burst: Table Tennis</li> <li>WU: Culinary Creations:</li> <li>April Showers Rainbow Cookies</li> <li>Afternoon Coffee or Tea</li> <li>Puzzle Power Hour</li> <li>Parkview Movie Night</li> </ul>	<ul> <li>Stretch and Strength</li> <li>Energy Burst: Ball Toss</li> <li>Morning Church Service- 10am</li> <li>Trivia Fun</li> <li>WU: Culinary Creations</li> <li>Patio Talks and Ice Cream</li> <li>Poets and Poems Challenge</li> <li>Parachute Ball</li> <li>Afternoon Coffee or Tea</li> <li>Gardening Club with Tina</li> <li>Who Am I: Easter Bunny</li> <li>Memory Baskets Nayas</li> </ul>
<ul> <li>Sole to Soul Walking Club</li> <li>Energy Burst: Bocce Ball</li> <li>Hymn and Church Service with Tina</li> <li>Practicing Gratitude</li> <li>Daily Devotional</li> <li>20 Questions with Tina</li> <li>Short Stories: Just Another Day of Retirement</li> <li>Afternoon Cookie and Coffee</li> <li>Popcorn and a movie with the Nayas</li> </ul>	<ul> <li>Joyful Movement- Leah from Accent Care</li> <li>Winter or Spring Challenge</li> <li>Energy Burst: Corn Hole</li> <li>Junk Drawer Detective</li> <li>Who Am I: Garfield</li> <li>Coloring Corner with Nayas</li> <li>Thriving Through music with Nayas</li> </ul>	<ul> <li>Tai Chi</li> <li>Brain Games</li> <li>WU: Artistry Unleashed:</li> <li>Energy Burst: Bocce Ball</li> <li>Taste of the Mediterranean- Tzatziki Sauce</li> <li>Cut a Rug with Mr.Bojangles</li> <li>Afternoon Coffee or Tea</li> <li>Evening Puzzles with Nayas</li> </ul>	<ul> <li>Strength &amp; Balances</li> <li>Gratitude and Reflections</li> <li>Energy Burst: Balloon Volleyball</li> <li>Reminiscing: Retro Toys</li> <li>Cool Cat &amp; Catnip</li> <li>Evening Memory Baskets with Nayas</li> </ul>		<u>April Birthdays</u> Sammy V. 04/20	
<b>APRIL 2025</b>		ACTIVITY LOCATOR KEY	<u>Friendly Reminder:</u> Schedule changes may occur			
<b>Prema Memory Support</b>		<ul> <li>Body</li> <li>Community</li> <li>Mind</li> <li>Spirit</li> </ul>				
PARKVIEW IN FRISCO A WATERMARK RETIREMENT COMMUNITY <sup>M</sup>		- Spint				