

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Transportation for doctor appointments is available 9:00-3:30 TUESDAY and WEDNESDAY . If you need transportation, please go to the front desk to give them your appointment information. Appointments must be scheduled a minimum 7 days in advance.	Green activities are favorites! Purple activities are Watermark University Classes! Red is outings, they are first come first served	9:30 Cocoa & News-L 10:15 Weight Class-F 11:00 This Week in History-F 1:00 Tasting History-T 2:00 BINGO-D 3:30 Technology Class-T 6:00 Walking Club-C	9:30 Cocoa & News-L 10:15 Stretches-D 10:45 Wellness For The Week-D 1:00 Tea & Tunes: Elton John-L 2:00 Journaling-C 3:00 Afternoon Movie-T 7:00 Sunday School-D	9:30 Cocoa & News-L 10:15 Badminton-D 10:45 Trivia-D 1:00 Shop @ Harmons 2:00 WU: The History Of Dogs-D 3:00 Book Club: Dog Stories-D	9:30 Cocoa & News-L 10:15 Resistance Bands-D 10:45 Brain Breaks-D 2:15 Air Fryer Friday-D 3:30 Color & Create-C 6:00 Movie Night-T	9:30 Cocoa & News-L 10:15 Combined Exercise-D 10:45 Brain Breaks-D 1:00 National Geographic-T 2:30 Craft Group-D
9:30 Cocoa & News-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color & Create with Ruth-C 6:00 Walking Club-C	9:30 Cocoa & News-L 10:00 Cardio-D 10:30 This Week in History-D 1:00 Journaling-C 2:00 Games with Alysia-D 3:30 Helping Hands Club-C	9:30 Cocoa & News-L 10:15 Weight Class-F 10:45 Manicures-B 1:00 Tasting History-T 2:00 BINGO-D 3:30 Technology Class-T 6:00 Walking Club-C	9:30 Cocoa & News-L 10:15 Badminton-D 10:45 Wellness For The Week-D 1:00 Tea & Tunes: Show Tunes-L 2:00 Dye Easter Eggs-D 3:00 Easter Trivia-D 7:00 Relief Society & Priesthood-D	9:30 Cocoa & News-L 10:15 Balance Class-D 10:45 Name 5...-D 1:00 Shop @ Walmart 2:00 Tasters Club: Grilled Cheese-D 3:30 Activity Planning Committee-D 6:30 Music with Heart & Soul-D	9:30 Cocoa & News-L 10:15 Resistance Bands-F 10:45 April Fun Facts-D 1:00 Support Group-T 2:15 Karaoke & Happy Hour-D 3:00 Color & Create-C 6:00-7:30 Easter Egg Hunt & Petting Zoo, All Welcome!	9:30 Cocoa & News-L 10:15 Combined Exercise-D 10:45 Brain Breaks-D 1:00 National Geographic-T 2:00 BINGO-D 3:00 Social-D
9:30 Cocoa & News-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color & Create with Ruth-C 6:00 Walking Club-C	9:30 Cocoa & News-L 10:00 Chair Yoga-T 10:30 Manicures-B 1:00 Journaling-C 2:00 Painting Class: Milky Way Mural-C 3:30 Helping Hands Club-C	9:30 Cocoa & News-L 10:15 Weight Class-F 11:00 This Week in History-F 1:00 Tasting History-T 2:00 BINGO-D 3:30 Technology Class-T 6:00 Walking Club-C	9:30 Cocoa & News-L 10:15 Stretches-D 10:45 Wellness For The Week-D 1:00 Tea & Tunes: Classical Music-L 2:00 WU: World Art Day Picaso Portrait-C 3:30 Name That Artist-C 6:30 Easter Music Program-D	9:30 Cocoa & News-L 10:15 Balance Class-D 10:45 Trivia-D 2:00 Afternoon Movie-T 6:00 Walking Club-C	9:30 Cocoa & News-L 10:15 Resistance Bands-F 10:45 Brain Breaks-F 1:00 Shop @ Harmons 2:30 WU: Space and the Final Frontier-T 3:30 Virtual Reality: Walk on The Moon-T 6:00 Movie Night-T	9:30 Cocoa & News-L 10:15 Cardio-D 10:45 Brain Breaks-D 1:00 National Geographic-T 2:30 Game Group-D 3:30 Social-D
9:30 Cocoa & News-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color & Create with Ruth-C 6:00 Walking Club-C	9:30 Cocoa & News-L 10:00 Chair Yoga-T 10:30 Manicures-B 1:00 Journaling-C 2:00 Donuts & Trivia-D 2:30 Resident Council-D 3:30 Helping Hands Club-C	9:30 Cocoa & News-L 10:15 Weight Class-F 11:00 This Week in History-F 1:00 Tasting History-T 2:00 BINGO-D 3:30 Technology Class-T	9:30 Cocoa & News-L 10:15 Badminton-D 10:45 Wellness For The Week-D 1:00 Tea & Tunes: The Everly Brothers-L 2:00 WU: All About Bats with Alexis & Wasatch Wildlife-D 3:30 Agave Mocktails-D 7:00 Sunday School-D	9:30 Cocoa & News-L 10:15 Balance Class-D 10:45 Trivia-D 1:00 McDougal Art Show 2:00 Game Group-C 3:30 National Geographic-T 6:00 Walking Club-C	9:30 Cocoa & News-L 10:15 Resistance Bands-F 10:45 Brain Breaks-F 1:00 Shop @ Walmart 2:15 Karaoke & Happy Hour-D 3:00 Color & Create-C 6:00 Movie Night-T	9:30 Cocoa & News-L 10:15 Combined Exercise-D 10:45 Brain Breaks-D 1:00 National Geographic-T 2:00 BINGO-D 3:00 Social-D
9:30 Cocoa & News-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color & Create with Ruth-C 6:00 Walking Club-C	9:30 Cocoa & News-L 10:00 Chair Yoga-T 10:30 Manicures-B 1:00 Journaling-C 2:00 Music with Terry-D 3:00 Birthday Social-D 3:30 Helping Hands Club-C	9:30 Cocoa & News-L 10:15 Weight Class-F 11:00 This Week in History-F 1:00 Tasting History-T 2:00 BINGO-D 3:30 Technology Class-T	9:30 Cocoa & News-L 10:15 Wellness Class: Curiosity-T 10:45 Wellness For The Week-T 1:00 Tea & Tunes: Donna Summers-L 2:00 WU: Aroma Therapy-T 3:00 Flavored Lemonade Social-D 7:00 Relief Society & Priesthood-D	Friday, April 11 6:00-7:30 pm Come join us for our annual Easter Egg Hunt and Petting Zoo! All Family and friends welcome!		HAPPY BIRTHDAY! Karma W. 4/2 Dianna H. 4/20

APRIL 2025

Assisted Living



SUMMIT
SENIOR LIVING

A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

- B - Beauty Salon
- C - Craft Room
- D - Dining Room
- F - Fitness Room
- FD - Front Desk
- L - Library
- LR - Living Room
- P - Patio
- T - Theater