

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:00 Chair Exercise, Lobby 11:00 Morning Walk 1:00 Bingo, Lobby 2:00 Series: Tiny House Nation, 3rd floor theater 3:00 Afternoon Walk 3:30 Brain Games, Lobby 6:00 Netflix: Fatherhood	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Series: Cooking at All Costs, 3rd floor theater 2:00 Who's Who?, Lobby 3:30 DrumFit, Lobby 6:00 Documentary: I am Vanessa Guillen, 3rd floor theater	10:00 Chair Exercise, Lobby 11:00 Morning Walk 1:00 Tai Chi, Lobby 2:15 Long Word, Short Word, Lobby 3:00 Live Music: Olivier Zynglier, Lobby 6:00 Musical: Miss Americana, 3rd floor theater	9:00 Sit & Move w/Aliona, Lobby 11:00 Morning Walk 1:00 Board Games, Lobby 2:00 Coloring, 5th floor art studio 3:30 Word Game, Lobby 6:00 Netflix: Hangover 1, 3rd floor theater	9:00 Zumba, Lobby 10:00 Morning Walk 11:00 Board Games 11:30 Cinco de Mayo Lunch 1:00 Game Show TV, 3rd floor theater 2:00 Afternoon Walk 3:00 Cocktail Trivia, Lobby 6:00 Friday Night Comedy: We Have A Ghost, 3rd floor theater	10:00 Scenic Walk: Bay Bridge Trail 1:00 Piano Music w/Natalie, Lobby 2:00 Cooking w/Christina 6:00 Netflix Movie: Resident's Choice, 3rd floor theater
1:00 Afternoon Stretch, Lobby 2:00 Spiritual Eldercare: Non-denominational service, Connections Cafe 3:00 Play Mahjong, Lobby	10:00 Chair Exercise, Lobby 11:00 Morning Walk 1:00 Bingo, Lobby 2:00 Series: Tiny House Nation, 3rd floor theater 3:00 Afternoon Walk 3:30 Brain Games, Lobby 6:00 Netflix: I Wanna Dance With Somebody, 3rd floor theater	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Series: Cooking at All Costs, 3rd floor theater 2:00 Who's Who?, Lobby 3:30 DrumFit, Lobby 6:00 Documentary: Wild Babies, 3rd floor theater	10:00 Chair Exercise, Lobby 11:00 Morning Walk 1:00 Tai Chi, Lobby 2:15 Long Word, Short Word, Lobby 3:00 Live Music: Christopher Alexander, Lobby 6:00 Musical: Dolly Parton: Here I Am, 3rd floor theater	9:00 Sit & Move w/Aliona, Lobby 11:00 Morning Walk 1:00 Board Games, Lobby 2:00 Cooking w/Christina, Lobby 2:00 Coloring, 5th floor art studio 3:30 Word Game, Lobby 6:00 Netflix: Hangover 2, 3rd floor theater	9:00 Zumba, Lobby 10:00 Morning Walk 11:30 Mother's Day Buffet 2:00 Afternoon Walk 3:00 Get to Know You Happy Hour, Lobby 6:00 Friday Night Comedy: Madea's Homecoming, 3rd floor theater	10:00 Scenic Walk: Lake Merritt 1:00 Piano Music w/Natalie, Lobby 2:00 Karaoke w/Christina, Lobby 6:00 Netflix Movie: Resident's Choice, 3rd floor theater
1:00 Afternoon Stretch, Lobby 2:00 Spiritual Eldercare: Non-denominational service, Connections Cafe 2:00 Mother's Day Afternoon Tea 3:00 Engage VR, 3rd floor theater	10:00 Chair Exercise, Lobby 11:00 Morning Walk 1:00 Resident Meeting, Connections Cafe 2:00 Series: Tiny House Nation, 3rd floor theater 3:00 Afternoon Walk 3:30 Brain Games, Lobby 6:00 Netflix: Hangover 2, 3rd floor theater	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Series: Cooking at All Costs, 3rd floor theater 2:00 Who's Who?, Lobby 3:00 Meet & Greet w/Staff, Lobby 6:00 Documentary: Life in Color, 3rd floor theater	10:00 Chair Exercise, Lobby 11:00 Morning Walk 1:00 Tai Chi, Lobby 2:15 Long Word, Short Word, Lobby 3:00 Live Music: Johnny Blair, Lobby 6:00 Musical: Johnny Cash, 3rd floor theater	9:00 Sit & Move w/Aliona, Lobby 11:00 Morning Walk 1:00 Board Games, Lobby 2:00 Coloring, 5th floor art studio 3:30 Word Game, Lobby 6:00 Netflix: Your Peace or Mine, 3rd floor theater	9:00 Zumba, Lobby 10:00 Field Trip: Berkeley Rose Garden 11:00 Women's Support Group, Connections Cafe 1:00 Game Show TV, 3rd floor theater 2:00 Afternoon Walk 3:00 Cocktail Trivia, Lobby 6:00 Friday Night Comedy: Always Be My Maybe, 3rd floor theater	10:00 Scenic Walk: Brooklyn Basin 1:00 Piano Music w/Natalie, Lobby 2:00 Cooking w/Christina, Lobby 6:00 Netflix Movie: Resident's Choice, 3rd floor theater
1:00 Afternoon Stretch, Lobby 2:00 Spiritual Eldercare: Non-denominational service, Connections Cafe 3:00 Board Games, Lobby	10:00 Chair Exercise, Lobby 11:00 Morning Walk 1:00 Bingo, Lobby 2:00 Series: Tiny House Nation, 3rd floor theater 3:00 Afternoon Walk 3:30 Brain Games, Lobby 6:00 Netflix: The Pursuit of Happyness, 3rd floor theater	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Series: Cooking at All Costs, 3rd floor theater 1:00 Food for Thought, Connections Cafe 2:00 May Birthday Party, Lobby 3:30 Afternoon Walk 6:00 Documentary: A Life on Our Planet, 3rd floor theater	10:00 Chair Exercise, Lobby 11:00 Morning Walk 1:00 Tai Chi, Lobby 2:15 Long Word, Short Word, Lobby 3:00 Live Music: Larrie Noble, Lobby 6:00 Musical: Purple Hearts, 3rd floor theater	9:00 Sit & Move w/Aliona, Lobby 11:00 Morning Walk 1:00 Decorative Photo Frame, Lobby 2:00 Coloring, 5th floor art studio 3:30 Word Game, Lobby 6:00 Netflix: National Security, 3rd floor theater	9:00 Zumba, Lobby 10:00 Morning Walk 11:30 Lunch Out! Nido's Backyard 2:00 Afternoon Walk 3:00 Cocktail Trivia, Lobby 6:00 Friday Night Comedy: You People, 3rd floor theater	10:00 Scenic Walk: Piedmont Park 1:00 Piano Music w/Natalie, Lobby 2:00 Karaoke w/Christina, Lobby 6:00 Netflix Movie: Resident's Choice, 3rd floor theater
1:00 Afternoon Stretch, Lobby 2:00 Spiritual Eldercare: Non-denominational service, Connections Cafe 3:00 Engage VR, 3rd floor theater	10:00 Chair Exercise, Lobby 11:00 Morning Walk 1:00 Bingo, Lobby 2:00 Series: Tiny House Nation, 3rd floor theater 3:00 Afternoon Walk 3:30 Brain Games, Lobby 6:00 Netflix: Enough, 3rd floor theater	10:00 Exercise, Lobby 11:00 Morning Walk 1:00 Series: Cooking at All Costs, 3rd floor theater 2:00 Who's Who?, Lobby 3:30 DrumFit, Lobby 6:00 Documentary: Surviving Paradise, 3rd floor theater	10:00 Chair Exercise, Lobby 11:00 Morning Walk 1:00 Tai Chi, Lobby 2:15 Long Word, Short Word, Lobby 3:00 Live Music: TBD, Lobby 6:00 Musical: Dancing Queens, 3rd floor theater			
				ACTIVITY LOCATOR KEY		
		<div>MAY 2023</div> <div>Community Life</div>				