

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Laura's Book Club selection:</p> <p>A Thousand Acres by Jane Smiley w/ discussion on 23rd</p> <p>Armchair Travel series continues on Saturdays & is now listed in black.</p>	<p>11:00 WU Tai Chi - A</p> <p>11:35 WU Current Affairs - AL</p> <p>1:00 Bridge - NL</p> <p>1:00 Mahjong - UL</p> <p>1:30 WU Learn to Knit/Crochet w/ Jennifer - UL</p> <p>3:00 WU Opera part 1: Madame Butterfly by Puccini - AL</p>	<p>10:45 WU SIPP - A</p> <p>1:00 Canasta - UL</p> <p>1:00 WU Art w/ Ellen - AR</p> <p>2:00 WU Beginner's Art - AR</p> <p>3:00 Sing Along w/ Donna - AL</p> <p>7:00 Movie Night w/ Dave: Back to the Future 2 - AL, 591 (Deb's Update Meeting is next Tuesday*)</p>	<p>10:00- 12:00 WU Woodshop - WS</p> <p>10:45 WU Stretch & Strengthen - A</p> <p>1:00 Bridge - UL</p> <p>3:00 WU Opera part 2: Madame Butterfly by Puccini - AL</p> <p>4:00 Flower Arranging - AR</p> <p>4:30 Afternoon Rosary - 591</p>	<p>10:45 WU SIPP (Senior Injury Prevention Program) - A</p> <p>11:00 Trip: Walmart</p> <p>1:00 Canasta - UL</p> <p>2:00 WU Art History: Manet & the Birth of Impressionism 591, -A</p> <p>3:30 WU Art History Discussion -AR</p> <p>4:00 Catholic Communion - AL</p> <p>4:15 Food for the Soul - AL</p>	<p>10:45 WU Chair Yoga w/ Judith - A</p> <p>11:30 Lunch Trip: La Puerta Azul for Cinco De Mayo</p> <p>2:00 Team Trivial Pursuit - AL</p> <p>3:30 Happy Hour - UL</p> <p>4:00 Shabbat Shalom - PDR</p>	<p>10:00 WU Chair Zumba - A</p> <p>11:00 Scrabble - NL</p> <p>11:30 Travel Doc: Season 10, Ep. 8 - The Best of Sicily - 591, AL</p> <p>1:00 Wii Bowling w/ Reed - AL</p> <p>2:00 Broadway Film: Miss Saigon -</p>
<p>9:30 Church Trip</p> <p>10:00 Catholic Mass - 591</p> <p>10:30 WU Movement & Meditation w/ Elizabeth - A</p> <p>2:00 NEW Comedy Film: 80 for Brady - 591</p> <p>3:00 Left, Right, Center Game - UL</p>	<p>10:00 Trip: Millbrook Village w/ Millbrook Library stop to view Roger Sweeney's Carving Display</p> <p>11:00 WU Tai Chi - A</p> <p>11:35 WU Current Affairs - AL</p> <p>1:00 Bridge - NL</p> <p>1:30 WU Knit/Crochet w/ Jen - UL</p> <p>3:30 Grandpa Joe's Washboard Band - A</p>	<p>10:45 WU SIPP - A</p> <p>1:00 Canasta - UL</p> <p>1:00 WU Art w/ Ellen - AR</p> <p>2:00 WU Beginner's Art - AR</p> <p>3:00 Singalong w/ Donna - AL</p> <p>4:00 Deb's Update Meeting - A</p> <p>7:00 Fireside Chats w/ Dave - UL</p>	<p>10:00- 12:00 WU Woodshop - WS</p> <p>10:45 WU Stretch & Strengthen - A</p> <p>1:00 Bridge - UL</p> <p>2:00 Skin Care Seminar w/ Laura - Kwiatkowski of The Beauty Bar- AL</p> <p>3:00 NEW: Tea w/ Teresa Estremera (Front Desk Receptionist) - BIS</p> <p>4:30 Afternoon Rosary - 591</p>	<p>10:45 WU SIPP (Senior Injury Prevention Program) - A</p> <p>1:00 Canasta - UL</p> <p>2:00 WU Art History: Rothko, Pictures Must Be Miraculous 591, A</p> <p>3:00 WU Art History Discussion -AR</p> <p>4:00 Catholic Communion - AL</p> <p>4:15 Food for the Soul w/ Pastor Kyle - AL</p>	<p>10:45 WU Chair Yoga w/ Judith - A</p> <p>11:30 Documentary: Calamity Jane: Legend of the West - 591</p> <p>2:00 Team Trivial Pursuit - AL</p> <p>3:30 Happy Hour - UL</p> <p>4:00 Shabbat Shalom - PDR</p>	<p>(No Chair Zumba today)</p> <p>11:00 Scrabble - NL</p> <p>11:30 Travel Doc: Season 10, Ep. 9 - Sicilian Delights - 591, AL</p> <p>1:00 Wii Bowling w/ Reed - AL</p> <p>2:00 Film: The Hundred-Foot Journey - 591</p> <p>3:45 Piano Sing Along - AL</p>
<p>9:30 Church Trip</p> <p>10:00 Catholic Mass - 591</p> <p>10:30 WU Movement & Meditation w/ Elizabeth - A</p> <p>1:00 Trip: A Funny Thing Happened on the Way to the Forum @ County Players</p> <p>2:30 Mother's' Day Concert w/ Phil Parquet - A</p>	<p>10:00 Trip: Adams Fairacre Farms</p> <p>11:00 WU Tai Chi - A</p> <p>11:35 WU Current Affairs - AL</p> <p>1:00 Bridge - NL</p> <p>1:30 WU Learn to Knit/Crochet - UL</p> <p>3:00 Mr. Saturday Night: A New Musical Comedy w/ Billy Crystal - 591, AL</p>	<p>10:45 WU SIPP - A</p> <p>1:00 Canasta - UL</p> <p>1:00 WU Art w/ Ellen - AR</p> <p>2:00 WU Beginner's Art - AR</p> <p>3:00 Singalong w/ Donna - AL</p> <p>7:00 Movie Night w/ Dave: Indiana Jones 1 - AL, 591</p>	<p>10:00- 12:00 WU Woodshop - WS</p> <p>10:45 WU Stretch & Strengthen - A</p> <p>1:00 Bridge - UL</p> <p>2:00 Andrea Bocelli Concert - 591</p> <p>3:15 Father Matt's Episcopal Service - AL (All are welcome!)</p> <p>4:00 Flower Arranging - AR</p> <p>4:30 Afternoon Rosary - 591</p>	<p>10:45 WU SIPP - A</p> <p>1:00 Canasta - UL</p> <p>1:30 Trip: Library visits & Ice Cream @ Zoe's</p> <p>2:00 WU Art History: Hopper (30 min) 591, - A</p> <p>2:30 WU Art History Discussion -AR</p> <p>4:00 Catholic Communion - AL</p> <p>4:15 Bereavement Group - AL</p>	<p>10:45 WU Chair Yoga w/ Judith - A</p> <p>11:30 Documentary: Forgotten Ellis Island - 591</p> <p>2:00 Team Trivial Pursuit - AL</p> <p>3:30 Hudson Valley Chamber Music Quintet - A</p> <p>4:00 Shabbat Shalom - PDR</p>	<p>10:00 WU Chair Zumba - A</p> <p>11:00 Scrabble - NL</p> <p>11:30 Travel Doc: Season 10, Ep. 10: Scotland's Highlands - 591, AL</p> <p>1:00 Wii Bowling w/ Reed - AL</p> <p>3:00 Evergreen Chapter of Sweet Adelines Chorus - A</p>
<p>9:30 Church Trip</p> <p>10:00 Catholic Mass - 591</p> <p>10:30 WU Movement & Meditation w/ Elizabeth - A</p> <p>2:00 Action Film: Honest Thief - 591</p> <p>3:00 Left, Right, Center Game - UL</p> <p>3:30 WU Lectio Divina w/ Beth & Maayana - AL</p>	<p>11:00 WU Tai Chi - A</p> <p>11:35 WU Current Affairs - AL</p> <p>1:00 Trip: Shoprite</p> <p>1:00 Bridge - NL</p> <p>1:30 WU Learn to Knit/Crochet w/ Jennifer - UL</p> <p>3:00 WU Music Appreciation: Songs of Spring - A</p> <p>7:00 Andrew's Guitar Concert U</p>	<p>10:45 WU SIPP - A</p> <p>1:00 Canasta - UL</p> <p>1:00 WU Art w/ Ellen - AR</p> <p>2:00 WU Beginner's Art - AR</p> <p>3:00 Singalong w/ Donna - AL</p> <p>3:30 WU Laura's Book Club - L</p> <p>7:00 Fireside Chats w/ Dave - UL</p>	<p>10:00- 12:00 WU Woodshop - WS</p> <p>10:45 WU Stretch & Strengthen - A</p> <p>11:00 Ellen & Smudge visit! - LOB</p> <p>1:00 Bridge - UL</p> <p>1:30 WU Digital Literacy - Library</p> <p>2:00 WU Poetry w/ Lorraine - AL</p> <p>3:00 WU Crafts w/ Lorraine - AR</p> <p>4:30 Afternoon Rosary - 591</p>	<p>10:45 WU SIPP - A</p> <p>1:00 Trip: Tops Grocery Store</p> <p>1:00 Canasta - UL</p> <p>2:00 WU Art History: Bosch, The Garden of Dreams 591, A</p> <p>3:00 WU Art History Discussion -AR</p> <p>4:00 Catholic Communion - AL</p> <p>4:15 Food for the Soul - AL</p> <p>5:00 Birthday Dinner - PDR</p>	<p>10:45 WU Chair Yoga w/ Judith - A</p> <p>11:30 Documentary: Judy Blume Forever - 591</p> <p>2:00 Team Trivial Pursuit - AL</p> <p>3:30 Happy Hour - UL</p> <p>4:00 Shabbat Shalom - PDR</p>	<p>10:00 WU Chair Zumba - A</p> <p>11:00 Scrabble - NL</p> <p>11:30 Travel Doc: Season 10, Ep. 11: Scotland's Islands - 591, AL</p> <p>1:00 Wii Bowling w/ Reed - AL</p> <p>2:00 New Film: Matilda (1996 version) - 591</p>
<p>No Church Trip</p> <p>10:00 Catholic Mass - 591</p> <p>10:30 WU Movement & Meditation w/ Elizabeth - A</p> <p>2:00 Classic Film: The Prince and the Showgirl - 591</p> <p>3:00 Left, Right, Center Game - UL</p>	<p>Memorial Day</p> <p>12 - 2 Frankie Keene/picnic - Outside (weather permitting) & in Main Dining Room</p> <p>2:30 Film: Saving Private Ryan - 591</p>	<p>10:45 WU SIPP - A</p> <p>1:00 Canasta - UL</p> <p>1:00 WU Art w/ Ellen - AR</p> <p>2:00 WU Beginner's Art - AR</p> <p>3:00 Singalong w/ Donna - AL</p> <p>4:15 Edwin's Prayer Group - AL</p> <p>7:00 Movie Night w/ Dave: Indiana Jones 2 - AL, 591</p>	<p>10:00- 12:00 WU Woodshop - WS</p> <p>10:45 WU Exercise Therapy w/ Cris Caivano - A</p> <p>11:00 Ellen & Smudge visit! - LOB</p> <p>1:00 Bridge - UL</p> <p>2:00 WU Writers Exchange - L</p> <p>4:30 Afternoon Rosary - 591</p> <p>4:30 Dinner Trip: Four Brothers Amenia</p>	<p>Trip sign up:</p> <p>Shopping trips - podium in Lobby</p> <p>Community Life trips - 905-8014</p>	<p>Please check channel 591 daily for updates!</p> <p>See next box for 591 streamed fitness classes. Cris Caivano's class is a daily Balance & Strengthening program.</p>	<p>Mon - Sat 9:45 Cris Caivano</p> <p>Sundays: 10:35 Senior Fitness & 1:30 Tai Chi</p> <p>Mondays: 10:30 Senior Fitness</p> <p>Tuesdays: Chair Yoga 10:30</p> <p>Wednesdays: 10:30 Cris Caivano</p> <p>Thursdays: 10:30 Senior Fitness</p> <p>Fridays : 10:30 Chair Zumba</p> <p>Saturdays: 10:30 Senior Fitness</p>
<p>EXERCISE - DARK RED</p> <p>MUSIC - PURPLE</p> <p>SPIRITUAL/THERAPEUTIC - BLUE</p> <p>ARTS & CRAFTS - DARK ORANGE</p> <p>EDUCATIONAL/SOCIAL - BLACK</p> <p>VOCATIONAL - TEAL</p> <p>TRIPS - GREEN</p> <p>HEALTH - PINK</p>	<p>WU = Watermark University Courses, Instructor led series.</p> <p>Village Wine & Spirits Tasting event returns in June!</p>	<p>MAY 2023</p> <p>Independent Living</p>		<p>ACTIVITY LOCATOR KEY</p> <p>Community Life Staff:</p> <p>Lisa Rieckermann, Director</p> <p>Jennifer Bourque, Associate</p>	<p>A - AUDITORIUM</p> <p>AL ALLEN LOUNGE</p> <p>AR - ART ROOM</p> <p>BIS - BISTRO</p> <p>CS - COUNTRY STORE</p> <p>L - LIBRARY</p> <p>LOB - LOBBY</p> <p>NL - NORTH LOUNGE</p>	<p>PDR - PRIVATE DINING ROOM</p> <p>UL -UPPER LOBBY</p> <p>WS - WOODSHOP</p>