


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May 6th - May 12th is National Nurses Week! We appreciate all the hard work and dedication our nurses give every single day!	Take a moment to thank a nurse, they make a difference every day!	There will be cards available at the front desk for a personal note to the nursing staff.		10:15 Stretching & Balance - 2T 10:45 Weis Trip 2:00 WU: Horticulture Pressed Flowers - 2AR 3:00 Grateful Thoughts - 2AR 4:00 Ice Breakers- L	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 3:00 Happy Hour & Massages 2AR 4:00 Ice Breakers-Lobby	2:00 Word Mining -2AR Independent May Word Games Available in the Bistro 6:00 Movie: Driving Miss Daisy - B
10:00 Communion with Lucy - Bistro 4:00 Ice Breakers- L	10:15 Seated Aerobics - 2T 2:00 Fiesta Royale!- 2AR 3:00 WU: Journaling - 2AR 4:00 Ice Breakers- L	<u>NURSES WEEK</u> 10:15 Chair Yoga-2T 1:00 May IQ & Gazette - 2AR 2:00 Bingo - 2AR 3:15 Mindful Breathing- 2AR 4:00 Ice Breakers- L 6:00 Discussions w/ Donna - L	10:15 Coordination & Agility Training - 2T 1:30 WU: Bringing Up Baby: Then & Now - 2AR 2:30 Checkers - 2T 3:15 Pre- Dinner Talk 4:00 Ice Breakers- L	10:15 Stretching & Balance - 2T 2:30 Craig Satchel-Piano 4:00 Ice Breakers- L	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 3:00 Happy Hour -2AR 4:00 Ice Breakers- L	2:00 Mother's Day Weekend Tea Party - 2AR Independent April Word Games Available in the Bistro 6:00 Movie: Mother of the Bride - B
<u>Happy Mother's Day</u> 10:00 Communion with Lucy - Bistro 11:30 Mother's Day Lunch 1:30 'MOM'osas - B 4:00 Ice Breakers- L	10:15 Seated Aerobics - 2T 10:45 Nail Salon Trip 1:00 Activity Plan -2AR 2:30 Minnie Kalan- Singer - 2T 4:00 Ice Breakers- L	10:15 Chair Yoga-2T 1:00 Finish the Song-2AR 2:00 Bingo - 2AR 4:30 Order In Dinner-Pumpernick's 6:00 Discuss w/ Donna-L	10:00 WU: Osteoporosis Discussion & Exercise w/ Wade -2T 1:00 Getting to Know You- 2T 2:00 Book Club - 2T 3:00 Tic Tac Toe - 2T 4:00 Ice Breakers- L	10:15 Stretching & Balance - 2T 2:30 Corn Hole Outdoors 3:00 Drinks & Chatter-Outdoors 4:00 Ice Breakers- L	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 3:00 Happy Hour -2AR 4:00 Ice Breakers- L	2:00 Word Mining -2AR Independent May Word Games Available in the Bistro 6:00 Movie: Mamma Mia! - B
10:00 Communion with Lucy - Bistro 4:00 Ice Breakers- L	10:15 Seated Aerobics - 2T 10:45 Boscov's Trip 2:00 WU: Women's Health Discussion with Roxanne - Bistro <i>2:30 Community Word Puzzle - Bistro</i> 4:00 Ice Breakers- L	10:15 Chair Yoga-2T 1:30 Menu Plan - B 2:15 Bingo - 2AR 3:30 Gratitude Circle-2T 4:00 Ice Breakers- L 6:00 Discussions w/ Donna	10:15 Coordination & Agility Training - 2T 2:00 Resident Council- 2T 2:30 BBP Store - 2T 3:15 Corn Hole - 2T 4:00 Ice Breakers- L	10:15 Stretching & Balance - 2T 11:30 Panache - Lunch Trip 3:00 Memorial Day Poetry - 2AR 4:00 Ice Breakers- L	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 2:00 Which War Was It?- Bistro 3:00 Happy Hour -2AR 4:00 Ice Breakers- L	Independent May Word Games Available in the Bistro 6:00 Movie: The Last Laugh - B
10:00 Communion with Lucy - Bistro 4:00 Ice Breakers- L	<u>Wear Red,White,&Blue</u> MEMORIAL DAY BBQ LUNCH With DJ BETSY 4:00 Ice Breakers- L	10:15 Chair Yoga-2T 1:00 WU: Finding Purpose - B 2:00 Gardening - Back Patio 3:00 Drinks on the Patio 6:00 Discussions with Donna - L	10:15 Coordination & Agility Training - 2T 2:00 WU: Cooking Demo - Healthy Salad - 2AR 3:00 Meditation - B 4:00 Ice Breakers- L	10:15 Stretching & Balance - 2T 2:00 WU: Crafters Corner - 2AR 3:00 Cardio Blast -2T 6:30 Ambler Station Singers - TBD	10:15 Building Muscle with Weights-2T 1:00 Walking Club-L 3:00 Happy Hour & Birthday Party -2AR 4:00 Ice Breakers- L	2:00 Word Mining -2AR Independent May Word Games Available in the Bistro 6:00 Movie: Fried Green Tomatoes - B
MAY 2025 Traditional  BLUE BELL PLACE <small>A WATERMARK RETIREMENT COMMUNITYSM</small>		ACTIVITY LOCATOR KEY L - Lobby DR - Dining Room B - 1st Floor Bistro 2T- 2nd Fl. Theater 2AR - 2nd Fl. Activities Room	Manicures every Wednesday by appointment. Sign up at the front desk	Every Thursday evening join your friends for some jigsaw puzzle therapy in the Activities Room	Calendar is Subject to Change See Daily Calendar in Lobby for most accurate schedule!	