

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Note: Activities in bold denote special programs such as : live music, religious services, & Watermark University courses.</p>	<p>Transportation/ Medical Appointments: Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.</p>	<p>Pet Therapy Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.</p>	<p>Engage VR - Virtual Reality If you are interested in travelling, exploring under the sea or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus Headset.</p>	<ul style="list-style-type: none">● -Balance Exercise● 10:30 - WU: Health Talk "Blood Pressure & Stroke Awareness"● Brain Games● Energy Burst● Happy Hour● 3:00- WU: Motown Music Greats● Music Hour: Perry Como● Comedy Club: <i>Man on the Inside Episode 5</i>	<ul style="list-style-type: none">● Flexibility Exercise● WU: Reminisce:● Coffee Social in Cafe'● Energy Burst● 1:30 - Catholic Mass With Father Wayne● 2:45 - Karma the Dog Visits● Jigsaw Puzzle● Relaxation & Meditation● Watercolor Painting	<ul style="list-style-type: none">● Yoga for Exercise● Bingo● 1:30 - Saturday Matinee: "K-9"● Energy Burst● Hearthside Book Club● Cafe' Social● Volleyball● Music Hour: Neil Daimond● Sing Along
<ul style="list-style-type: none">● 10:00- Mass on TV Ch.9● Soul to Soul Walking Club● Yoga for Exercise● 1:30 - Lisa Roll& Stroll● 2:00 - Chaplet of Divine Mercy● Energy Burst● Volleyball● Music Hour: Jazz● 6:30 - EWTN Worship	<ul style="list-style-type: none">● Joyful Movement● WU: Artistry Unleashed: Garland Part 1● 1:30 - WU: Delicious Desserts● Energy Burst● WU: Person of Interest: Yogi Berra● Music Hour: Country● Dominoes	<ul style="list-style-type: none">● Strengthening Exercise● 10:30 - WU: Culinary Creations● Energy Burst● Discussion: Flying Kites● 1:30- Paul Entertains for Cinco De Mayo● BINGO● -Relaxation & Meditation● 6:00- Word Game: Scattergories	<ul style="list-style-type: none">● Cardio Exercise● Brain Games● Energy Burst● Reminisce: The Stove Dragon● 1:30- Ladies Tea Party● 3:15 - WU:Timely Topics Around the World● Word Game: Catergories● Scenic Relaxation● Checkers	<ul style="list-style-type: none">● Balance Exercise● Table Top Bowling● 10:30- WU: Scrumptious Delights● Brain Games● 1:30 Ice Cream Trip● Energy Burst● Happy Hour● Music Hour: Andrew Lloyd Webber● Comedy Club: <i>Man on the Inside Episode 6</i>	<ul style="list-style-type: none">● Flexibility Exercise● WU: Reminisce:● Coffee Social in Cafe'● Energy Burst● 1:30- Plinko● 2:45 - Karma the Dog Visits● Jigsaw Puzzle● Relaxation & Meditation● Watercolor Painting	<ul style="list-style-type: none">● Yoga for Exercise● Bingo● 1:30 - Saturday Matinee: "Big Daddy"● Energy Burst● Hearthside Book Club● Cafe' Social● Volleyball● Music Hour: Lionel Richie● Sing Along
<p>Mother's Day</p> <ul style="list-style-type: none">● 10:00 - Mass on TV Ch.9● Soul to Soul Walking Club● Yoga for Exercise● 12:00-Mother's Day Luncheon● 2:00 - Chaplet of Divine Mercy● Energy Burst● 3:00 - Volleyball● Music Hour: Tony Bennett● 6:30 - EWTN Worship Service Ch.18	<ul style="list-style-type: none">● Joyful Movement● WU: Artistry Unleashed: Garland Part 2● 1:30 - Communion● 2:00 - Axe Throwing● WU: Person of Interest: Jimmy Stewart● Energy Burst● Scenic Relaxation● Music Hour: Liberaci● Billiards	<ul style="list-style-type: none">● Strengthening Exercise● 10:30 - WU: Culinary Creations● Energy Burst● 1:30- WU: Chef's Kitchen● Library Visit● 3:00- WU: Timely Topics Around The World● Relaxation & Meditation● Word Game: Scattergories	<ul style="list-style-type: none">● Cardio Exercise● 10:30- WU: Discovery Series "Wellness in Every Woman"● Energy Burst● 1:30 - Steve and Tom Entertain● 3:30 - Pitch & Putt● Word Game: Catergories● Scenic Relaxation● Checkers	<ul style="list-style-type: none">● Balance Exercise● 10:00 - Jeff The Plant Guy● Brain Games● Energy Burst● Happy Hour● Target Shoot● Music Hour: 70's● Comedy Club: <i>Man on the Inside Episode 7</i>	<ul style="list-style-type: none">● Flexibility Exercise● WU: Reminisce:● Coffee Social in Cafe'● Energy Burst● 1:30- Disco Dance Party● 2:45 - Karma the Dog Visits● Jigsaw Puzzle● 4:00- Girl Scout Troop Visit● Relaxation & Meditation● Watercolor Painting	<ul style="list-style-type: none">● Yoga for Exercise● Bingo● 1:30 - Saturday Matinee: "Home Team"● Energy Burst● Hearthside Book Club● Cafe' Social● Volleyball● Music Hour: Barbara Streisand● Sing Along
<ul style="list-style-type: none">● 10:00 - Mass on TV Ch.9● Soul to Soul Walking Club● Yoga for Exercise● 1:00 - Piano Entertainment in Lobby● 2:00- Grace Church Service● Energy burst● 3:00 - Corn Hole● Music Hour: Peter, Paul and mary● 6:30 - EWTN Worship Service	<ul style="list-style-type: none">● Joyful Movement● WU: Artistry Unleashed: Clay Creations● Hearthside Book Club● 2:00 - Chaplet of Divine Mercy● WU: Person of Interest: Mel Brooks● Scenic Relaxation● Music Hour: Rock & Roll● 6:00 - Table Top Bowling	<ul style="list-style-type: none">● Strengthening Exercise● 10:30 - WU: Culinary Creations● 11:15 Friendly's Lunch Trip● Energy Burst● Discussion: Central City● 3:00- Ice Cream Social● BINGO● Relaxation & Meditation● 6:00- Word Game: Scattergories	<ul style="list-style-type: none">● Cardio Exercise● 10:30-WU: The Wild Side● Energy Burst● 1:30- WU: Culinary Adventures● 3:00 - WU:Timely Topics Around the World● Word Game: Catergories● Scenic Relaxation● Checkers	<ul style="list-style-type: none">● Balance Exercise● Table Top Bowling● Brain Games● Energy Burst● 1:30- Joseph Wilson Entertains● Hallway walks● Music Hour: Burt Bachcarach● Comedy Club: <i>Man on the Inside Episode 8</i>	<ul style="list-style-type: none">● Flexibility Exercise● WU: Reminisce:● Coffee Social in Cafe'● Energy Burst● 1:30- Memorial Day Program● 2:45 - Karma the Dog Visits● Jigsaw Puzzle● Relaxation & Meditation● Watercolor Painting	<ul style="list-style-type: none">● Yoga for Exercise● Bingo● 1:30 - Saturday Matinee: "Field Of Dreams"● Energy Burst● Hearthside Book Club● Cafe' Social● Volleyball● Music Hour: Barry Manilow● Sing Along
<ul style="list-style-type: none">● 10:00 - Mass on TV Ch.9● Soul to Soul Walking Club● Yoga for Exercise● 2:00 - Chaplet of Divine Mercy● Energy Burst● 3:00 - Volleyball● Music Hour: Nancy Wilson● 6:30 - EWTN Worship Service Ch.18	<ul style="list-style-type: none">● Joyful Movement● Patriotic Drawings● Trivia● Energy Burst● Movie "Midway"● Sing Along● Scenic Relaxation● Music Hour: Americana● 6:00- Ball Toss	<ul style="list-style-type: none">● Strengthening Exercise● 10:30 - WU: Culinary Creations● Energy Burst● 1:30- Ben Buck Performs for the Birthday Party● Library Visit● BINGO● Relaxation & Meditation● 6:00- Word Game: Scattergories	<ul style="list-style-type: none">● Cardio Exercise● WU: Old News● Energy Burst● Discussion: How Did We Live Without that in the Car?● 1:30 Bagpipe Player● 3:30 - WU:Timely Topics Around the World● Word Game: Catergories● Scenic Relaxation● Checkers	<ul style="list-style-type: none">● Balance Exercise● Table Top Bowling● Brain Games● Energy Burst● 1:30- WU: Hubble's 35th● Happy Hour● Billiards● Music Hour: Gershwin● Comedy Club: <i>Man on the Inside Episode 9</i>	<ul style="list-style-type: none">● Flexibility Exercise● WU: Reminisce:● Coffee Social in Cafe'● Energy Burst● 1:30- WU: Old News● 2:45 - Karma the Dog Visits● 3:00- Beverly on The Piano● Jigsaw Puzzle● Relaxation & Meditation● Watercolor Painting	<ul style="list-style-type: none">● Yoga for Exercise● Bingo● 1:30 - Saturday Matinee: "Benji"● Energy Burst● Hearthside Book Club● Cafe' Social● Volleyball● Music Hour: Michael Bolton● Sing Along
<div><div>MAY 2025</div><div>Prema Memory Support OP</div><div><div><div><div></div></div><div>EAST VILLAGE PLACE</div><div>A WATERMARK RETIREMENT COMMUNITYSM</div></div></div></div>		<div>ACTIVITY LOCATOR KEY</div> <div><div>● Body</div><div>● Community</div><div>● Mind</div><div>● Spirit</div></div>	<div><div>* Schedule Subject to Change</div><div></div></div>		<div><div>Happy Birthday</div><div>13th JoAnne Seagrave</div><div>15th Patricia Gallagher</div><div>31st Mary Anne Connery-Simmons</div></div>	<div><div>Dates To Remember</div><div>4th Lisa Roll & Stroll</div><div>6th Cinco De Mayo Entertainment</div><div>7th Ladies Tea Party</div><div>14th Steve and Tom Perform</div><div>15th Jeff The Plant Guy</div><div>16th Girls Scouts Visit</div><div>22nd Joe Wilson Entertains</div><div>27th Ben Buck Performs</div><div>28th Bagpipe Player</div><div>29th Hubble's 35th</div></div>