


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Note:</u> Activities in bold denote special programs such as : live music, religious services, & Watermark University courses.</p>	<p><u>Transportation/ Medical Appointments:</u> Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.</p>	<p>Pet Therapy Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.</p>	<p>As the weather improves we will be making every effort to host our activities outside on the courtyard.</p>	<ul style="list-style-type: none">ConductorciseObjects BINGOBrain GamesEnergy BurstWU: Person of Interest: Bob DylanHorse RacingHoop TossMusic Hour: Diana RossSorting/ Sequencing <div>1</div>	<ul style="list-style-type: none">Flexibility ExerciseTarget TossMemory Triggers1:30- Catholic Mass w/Father WayneEnergy BurstJigsaw PuzzlesKarma the Dog VisitsKickballMusic Hour: Willie Nelson <div>2</div>	<ul style="list-style-type: none">Stretching ExerciseWU: Reminisce: The Stove DragonCoffee SocialEnergy BurstSaturday Matinee: <i>Field of Dreams</i>Outdoor ReflectionBall TossHousehold TasksVolleyballVirtual Roadtrippers <div>3</div>
<ul style="list-style-type: none">10:00- Mass on TV Ch.9Sole to Soul Walking ClubMorning ExerciseLisa Pernice Roll & StrollSing Along3:00- Chaplet of Divine MercyEnergy BurstMusic Hour: OperaHearthside Book Club <div>4</div>	<ul style="list-style-type: none">Joyful MovementWU: Artistry UnleashedBrain GamesEnergy BurstTable Top BowlingSorting/SequencingOutdoor Patio EnjoymentMusic Hour: 1940'sGame Night: High/Low <div>5</div>	<ul style="list-style-type: none">Strengthening ExerciseWU: Culinary CreationsGroup Discussion: MusiciansEnergy Burst1:30- Cinco de Mayo BandHousehold RoutinesSoul to Soul Walking ClubMusic Hour: ElvisArtistic Expression <div>6</div>	<ul style="list-style-type: none">Balance ExerciseCoffee Social in Cafe'Daily ChronicleGratitude & ReflectionsEnergy BurstDominoesWord Game: CatergoriesMusic Hour: BachScenic Relaxation <div>7</div>	<ul style="list-style-type: none">Conductorcise1950's Sing AlongBrain GamesEnergy BurstWU: Person of Interest: Mel BrooksIce Cream SocialVolleyballMusic Hour: Aretha FranklinHousehold Tasks: Folding <div>8</div>	<ul style="list-style-type: none">Flexibility ExercisePitch & Putt GolfMemory TriggersEnergy BurstArtistic ExpressionHearthside Book ClubKarma the Dog VisitsMusic Hour: Johnny CashConnect 4 <div>9</div>	<ul style="list-style-type: none">Stretching ExerciseWU: Reminisce: Flying KitesCoffee SocialEnergy BurstSaturday Matinee: <i>Home Team</i>Outdoor ReflectionBall TossHousehold TasksVolleyballVirtual Roadtrippers <div>10</div>
<ul style="list-style-type: none">10:00- Mass on TV Ch.9Sole to Soul Walking ClubMorning ExerciseMother's Day LuncheonSing Along2:00- Chaplet of Divine MercyEnergy BurstBird WatchingMusic Hour: JazzHearthside Book Club <div>11</div>	<ul style="list-style-type: none">Joyful MovementWU: An Eye for Art:Brain Games1:00- CommunionEnergy BurstTable Top BowlingSorting/SequencingOutdoor Patio EnjoymentMusic Hour: 1950'sGame Night: Matching <div>12</div>	<ul style="list-style-type: none">Strengthening ExerciseWU: Culinary CreationsGroup Discussion: Emotions11:30- Luncheon OutEnergy BurstMeditationHousehold RoutinesSoul to Soul Walking ClubMusic Hour: Chuck BerryArtistic Expression <div>13</div>	<ul style="list-style-type: none">Strength & BalanceCoffee Social in Cafe'Daily ChronicleEnergy Burst1:30- Steve & Tom PerformMatchingWord Game: Starts withMusic Hour: BeethovenScenic Relaxation <div>14</div>	<ul style="list-style-type: none">ConductorciseObjects BINGOBrain GamesEnergy BurstWU: Person of Interest: Jimmy StewartHorse RacingHoop TossMusic Hour: Louis ArmstrongSorting/ Sequencing <div>15</div>	<ul style="list-style-type: none">Flexibility ExerciseTarget TossMemory TriggersEnergy Burst1:30- Disco Dance PartyJigsaw PuzzlesKarma the Dog VisitsKickballMusic Hour: Neil DiamondConnect 4 <div>16</div>	<ul style="list-style-type: none">Stretching ExerciseWU: Reminisce: My TownCoffee SocialEnergy BurstSaturday Matinee: <i>Benji</i>Outdoor ReflectionBall TossHousehold TasksVolleyballVirtual Roadtrippers <div>17</div>
<ul style="list-style-type: none">10:00- Mass on TV Ch.9Sole to Soul Walking ClubMorning Exercise1:00- Piano Entertainment2:00- Grace Church ServiceEnergy BurstBird WatchingMusic Hour: PopHearthside Book Club <div>18</div>	<ul style="list-style-type: none">Joyful MovementWU: Artistry UnleashedBrain GamesEnergy Burst2:00- Chaplet of Divine MercyTable Top BowlingSorting/SequencingOutdoor Patio EnjoymentMusic Hour: 1960'sGame Night: High/Low <div>19</div>	<ul style="list-style-type: none">Strengthening ExerciseWU: Culinary CreationsGroup Discussion: FamilyEnergy BurstMeditation2:30- Ice Cream SocialSoul to Soul Walking ClubMusic Hour: Bob MarleyArtistic Expression <div>20</div>	<ul style="list-style-type: none">Balance ExerciseCoffee Social in Cafe'Daily ChronicleGratitude & ReflectionsEnergy BurstDominoesWord Game: CatergoriesMusic Hour: ClassicalScenic Relaxation <div>21</div>	<ul style="list-style-type: none">Conductorcise1950's Sing AlongBrain GamesEnergy Burst1:30- Joseph Wilson PerformsWU: Person of Interest: Yogi BerraMagnetic TilesMusic Hour: Count BasieHousehold Tasks: Folding <div>22</div>	<ul style="list-style-type: none">Flexibility ExercisePitch & Putt GolfMemory TriggersEnergy BurstArtistic ExpressionHearthside Book ClubKarma the Dog VisitsMusic Hour: The BeatlesConnect 4 <div>23</div>	<ul style="list-style-type: none">Stretching ExerciseWU: Reminisce: Central CityCoffee SocialEnergy BurstSaturday Matinee: <i>Are We Done Yet?</i>Outdoor ReflectionBall TossHousehold TasksVolleyball <div>24</div>
<ul style="list-style-type: none">10:00- Mass on TV Ch.9Sole to Soul Walking ClubMorning ExerciseSing Along2:00- Chaplet of Divine MercyEnergy BurstBird WatchingMusic Hour: Rock & RollHearthside Book Club <div>25</div>	<ul style="list-style-type: none">Joyful MovementWU: An Eye for ArtBrain GamesEnergy BurstTable Top BowlingSorting/SequencingOutdoor Patio EnjoymentMusic Hour: 1970'sGame Night: Matching <div>26</div>	<ul style="list-style-type: none">Strengthening ExerciseWU: Culinary CreationsGroup Discussion: Good FriendsEnergy Burst1:30- Ben Buck on PianoHousehold RoutinesSoul to Soul Walking ClubMusic Hour: Bobby DarenArtistic Expression <div>27</div>	<ul style="list-style-type: none">Strength & BalanceCoffee Social in Cafe'Daily ChronicleEnergy Burst1:30- Bagpiper PerformsMatchingWord Game: Starts withMusic Hour: HarpScenic Relaxation <div>28</div>	<ul style="list-style-type: none">ConductorciseObjects BINGOBrain GamesEnergy BurstWU: Person of Interest: How Did We Live Without That in the Car?Horse RacingHoop TossMusic Hour: Fats DominoSorting/ Sequencing <div>29</div>	<ul style="list-style-type: none">Flexibility ExerciseTarget TossMemory TriggersEnergy BurstJigsaw PuzzlesKarma the Dog Visits3:00- Beverly on PianoKickballMusic Hour: The Rolling Stones <div>30</div>	<ul style="list-style-type: none">Stretching ExerciseWU: Reminisce: Singing in the RainCoffee SocialEnergy BurstSaturday Matinee:Outdoor ReflectionBall TossHousehold TasksVolleyballVirtual Roadtrippers <div>31</div>
<div>MAY 2025</div> <div>Prema Memory Support PW</div> <div><div><div><div></div><div></div></div><div>EAST VILLAGE PLACE</div><div>A WATERMARK RETIREMENT COMMUNITYSM</div></div></div>		<div>ACTIVITY LOCATOR KEY</div> <div><div>Body</div><div>Community</div><div>Mind</div><div>Spirit</div></div>	<div>Happy Birthday</div> <div>13th JoAnne Seagrave</div> <div>15th Pat Gallagher</div> <div>31st MaryAnne Connery-Simmons</div>	<div>Dates to Remember</div> <div>4th Lisa Roll & Stroll</div> <div>6th Cinco de Mayo Entertainment</div> <div>14th Steve & Tom Perform</div> <div>22nd Joe Wilson Entertains</div> <div>27th Ben Buck Performs</div> <div>28th Bagpipe Player</div>	<div></div>	