SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Medical Transportation Appointment Request must be turned in one day prior by 2:00pm. All appointments must be within a 10 mile radius. Please note: Only one appointment per day per resident and First Come First Serve	L	<u>May Birthdays</u> David T. 05/08 Earl Y. 05/08 Jarry A. 05/10 Howard M. 05/11 Sue F. 05/12 Virginia W. 05/16	<u>May Birthdays Continued</u> Faye M. 05/17 John S. 05/18 Jacquelyn C. 05/22 Jose L. 05/24	9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 1:30 Bingo (MP) 2:30 Hymn Singing (next to 4111) 6:30 Pokeno (G) 6:30 Poker (L)	9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:30 Mystery Lunch Outing 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 2:00 Bridgerton Watch Party (TH) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)	10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Lungs (BL) 10:30 Diamond Dots (BL) 10:30 Suad Sells (BL) 11:00 Hawaiian Bros Outing 1:30 Bingo (MP) 2:00/7:00 Movie: The Kings Speech (TH) 6:30 Chicken Foot (G)
10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 3:00 Frisco RoughRiders Baseball Game Outing 7:00 Sunday Movie: Quigley Down Under (TH) 4	Cinco De Mayo 9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:30 National Beer Day: Union Bear Brewery Outing 1:00 Chair Zumba (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer 2:15 Cinco De Mayo Happy Hour with Monte Slaver (DR) 3:00 History Buffs: Herbert Hoover More Then Just a President (L) 3:00 New Resident Orientation (TH) 6:30 Pokeno (G)	 9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 11:00 Trivia with Christianne (BL) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:00 National Herb Day: Herbal Salt Scrub (AB) 3:00 Travel to the Netherlands: Snack Box and Information Session (BL) 4:00 Russell Stover Candy Day: Virtual Tour of the Russell Stover Factory (BL) 7:00 Evening Movie: The Shootist (TH) 	10:00 Resistance Band Workout (AS) 10:00 Grocery Shopping/Nail Salon Outing 11:00 Morning Affirmations (BL) 11:00 History of the World with Rabbi Wolk (TH) 1:00 Pokeno (Next to 5212) 1:00 Navy Model Kit (AB) 2:00 Community Life Meeting (BL) 2:30 Learn French with Christianne (BL) 3:00 Art Class with Judy Mason (AB) 4:00 Wine Down Wednesday (BL) 4:30 ACM Country Kickoff at The Sta	9:00 Walking Club with Christianne (BL)9:00 Head to Toe Swedish Exercise (AS)10:30 WU Bible Study (MP)11:30 WU Tech Class: Social Media(BL)1:30 Bingo (MP)1:30 National Have a Coke Day: Coca-ColaParty (BL)3:00 WU National Salad Month; Salad Creationswith Raz: Cobb Salad (BL)4:00 Tie Dye Bags (AB)6:30 Pokeno (G)6:30 Poker (L)	2 9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:00 HEB Outing 10:30 Catholic Communion (MP) 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 1:30-3:30 Mothers Day Tea Party (DR) 4:00 Signature Cocktail Hour with Michele Morris (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)	3 10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Heart (BL) 10:00 54th Street Outing 10:30 Diamond Dots (BL) 11:30 Violin Playing with Jay (DR) 1:30 Bingo (MP) 1:30 Valerie's Card Making Creations (AB) 2:00/7:00 Movie: Deja Vu (TH) 6:30 Chicken Foot (G) 6:30 Frisco Chorale Concert at First Frisco Global Methodist Church Outin 10
Mothers Day 10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 7:00 Sunday Movie: The Last Picture Show (TH) 11	9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:30 Delicious Deals: McAlisters Outing 1:00 Chair Zumba (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 3:00 History Buffs: Utopian Communities- New Harmony (L) 6:30 Pokeno (G) 12	 9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:15 Gala Theme Happy Hour with Andy Goin (DR) 3:15 Cannes Film Festival: Cannes Film Festival Trivia (BL) 4:00-5:00 Addendum Pictures (BL) 7:00 Evening Movie: Calendar Girls (TH) 	10:00 Resistance Band Workout (AS) 11:00-12:00 Addendum Pictures (BL) 11:00-12:00 My Loved One Passed - Now What? - Information Session with Sheila Williamson (TH) 12:30 Boat Outing with Russell 1:00 Pokeno (Next to 5212) 1:00 Navy Model Kit (AB) 1:30 360 Wellness Talk: Womens Health Talk with HealthPro Heritage (BL) 1:30 Painting with Bob Razz: Bluejay (AB) 2:30 Craft Beer Week: Beer Tasting (BL) 4:00 Wine Down Wednesday (BL)	9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 1:00 Encompass Health Talk: Stroke Awareness; Signs, Symptoms, and Rehab (BL) 1:30 Bingo (MP) 1:30 Leslie's Watercolor Art with Accent (AB) 2:30 WU National Salad Month; Salad Creations with Raz: Authentic Caesar Salad (BL) 2:30 Hymn Singing (next to 4111) 4:00-5:00 Addendum Pictures (BL) 6:30 Pokeno (G) 6:30 Poker (L)	9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 11:00 Travel with Christianne: Spain Part 2 (TH) 11:30 ROMEO Mens Outing: Ernestos Outing 1:00 Crazy Rummy (L) 1:00/2:00/3:00 WU Live your Best Life (G) 2:00 Bridgerton Watch Party (TH) 3:30 Total Hearing Care Visit (L) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP)	10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Kidneys (BL) 10:00 Frisco Farmers Market Outing 10:30 Julie's Abstract Art (AB) 10:30 Diamond Dots (BL) 11:30 Harp Playing with FISD Harp Program (DR) 1:30 Bingo (MP) 2:00/7:00 Movie: Runaway Jury (TH) 6:30 Chicken Foot (G) 17
10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 7:00 Sunday Movie: Secondhand Lions (TH) 18	9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:30 Delicious Deals: McDonalds Outing 1:00 Chair Zumba (AS) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30 Pokeno (G) 19	9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 11:00 Pick Strawberries Day: DIY Mini Strawberry Lemon Pudding Tarts (BL) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:15 Bee Day Theme Happy Hour with Paul Anderson (DR) 3:15 Comedy Hour: Sonny and Cher (BL) 7:00 Evening Movie: Guarding Tess (TH) 20	10:00 Resistance Band Workout (AS) 11:00 Morning Affirmations (BL) 10:00 Grocery Shopping/Nail Salon Outing 12:30 Navy Model Kit (AB) 1:00 Pokeno (Next to 5212) 1:30 WU Taste of the Holy Lands (1208) 2:00 EMT Appreciation Meet and Greet at Frisco Fire Department 4:00 Wine Down Wednesday (BL) 21	9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 11:30 Ritu Kapoors' Jewelry and Clothing Booth (BL) 1:00 Harris Jewelry Repair (BL) 1:30 Bingo (MP) 2:30 WU National Salad Month; Salad Creations with Raz: Veggie Nicoise Salad (BL) 5:00 Mystery Dinner Outing 6:30 Pokeno (G) 6:30 Poker (L)	9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 12:00 JULIETS Womens Outing: Poached Brunch House 1:00 Crazy Rummy (L) 1:00 Crazy Rummy (L) 1:00 Chair Zumba (AS) 1:00/2:00/3:00 WU Live your Best Life (G) 2:00 Bridgerton Watch Party (TH) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP) 23	10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Pancreas (BL) 10:00 Olive Garden Outing 10:30 Diamond Dots (BL) 10:30 Julie's Abstract Art (AB) 11:45 Rolling Through the 40's and 50's with Dean Peters (DR) 1:30 Bingo (MP) 2:00/7:00 Movie: Working Girls (TH) 6:30 Chicken Foot (G) 24
10:00 Church Shuttle to Stonebriar Community Church and St Francis of Assisi Catholic Church Outing 11:00-2:00 Sunday Brunch (DR) 11:00 Bold Grace Fellowship (TH) 2:00 Billiards Club (near 5110) 2:30 Parkview Church Service (TH) 7:00 Sunday Movie: The Rookie (TH) 25	<u>Memorial Day</u> 9:00 Head to Toe Swedish Exercise (AS) 10:00 Grocery Shopping 10:00 WU Kidney Disease Talk (BL) 11:00 WU Brain Teasers (G) 12:00 Delicious Deals: Braums 1:00 Memorial Day Music and Drinks with Tom Ingram (DR) 1:30 Bingo (MP) 2:00 Intercessory Community Prayer (across from 5212) 6:30 Pokeno (G) 26	 9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 9:00 Synergy Vitals Checks (BL) 10:30 Parkview Book Club: Dibs in Search of Self by Virginia Axline (L) 1:00 Crazy Rummy (G) 1:00 Creative Expression through Color (BL) 2:00 Learn Chess with Aarohan and Shiven (BL) 7:00 Evening Movie: Baby Boom (TH) 	10:00 Medal of Honor Museum 11:00 Morning Affirmations (BL) 1:00 Pokeno (Next to 5212) 1:00 Navy Model Kit (AB) 1:00-3:00 Mobile Mini Mall: Clothing and Jewlery Booth (BL) 2:00 Pinochle (G) 2:00 WU Les Music and Memories (TH) 3:00 Ultimate Auto Identification Quiz (BL) 4:00 Wine Down Wednesday (BL)	 9:00 Walking Club with Christianne (BL) 9:00 Head to Toe Swedish Exercise (AS) 10:30 WU Bible Study (MP) 1:30 Bingo (MP) 2:15 Happy Hour with Andy Goin (DR) 3:00 Mad Hatters Book Club: Remarkably Bright Creatures by Shelby Van Pelt (L) 3:15 Paper Clip Day: Paper Clip Art (AB) 6:30 Pokeno (G) 6:30 Poker (L) 	 8:00 Winstar Casino Outing 9:00 Head to Toe Swedish Exercise (AS) 10:00 Catholic Rosary (MP) 10:30 Catholic Communion (MP) 1:00 Crazy Rummy (L) 1:00 International Cabin Crew Day Party (BL) 1:00/2:00/3:00 WU Live your Best Life (G) 2:00 Bridgerton Watch Party (TH) 4:00 Signature Cocktail Hour (BL) 6:30 Chicken Foot (G) 7:00 Mexican Train (MP) 	10:00 Charity Stitch & Chat (across from 5212) 10:00 WU Talk about the Pancreas (BL) 10:30 Diamond Dots (BL) 11:00 Pliata Greek Cusina Outing 1:30 Bingo (MP) 2:00/7:00 Movie: What Lies Beneath (TH) 6:30 Chicken Foot (G) 31
MAY 202 Independe	25 ent Living	ACTIVITY LOCATOR KEY AB- Art Breezeway AS- Aerobic Studio B1/4- Breezway Between Bld 1/4 BL- Bistro Lounge DO- Doctor's Office (#1102)	R- Dining Room FP- Fire Place G- Game Room L- Library MP- Multipurpose Room LB- Lobby P-Pool PD- Private Dining Room PT- Pool Table TH- Theater	L	,	WATERMARK RETIREMENT COMMUNITIES*