


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Quote of the Month May is the month of expectation, the month of wishes, the month of hope." ~Emily Bronte				● Slow Flow Yoga ● Brain Games ● Virtual Adventure ● Energy Burst ● 1:30 Pet Therapy Visit with Roni ● Craft Club: May Day Crown ● The Evolution of May Day ● May Day Puzzles	● Joyful Movement ● Energy Burst ● WU: Person of Interest ● Send in The Clowns Day ● Cut a Rug with Tina ● Giant Uno ● Loaded Questions Game ● Magic Art	● Stretch & Strength ● 10AM Morning Church Service ● Energy Burst ● Paddles, Picnics and Pastries ● Run for the Roses; Kentucky Derby Showing ● Service Circle ● 10 Ways to be a Good Samaritan
● Sole to Soul Walking Club ● Energy Burst ● Church Service ● Hymns with Tina ● Community Life Committee ● Practicing Gratitude ● Thriving Through Music with the Nayas	Cinco De Mayo ● Joyful Movement ● WU: Writers Collective ● WU: Culinary Creations ● Energy Burst ● 2:30pm Therapy Dog Visit with Cathy ● What Am I?- Mexican Jumping Beans ● Travel Club: Mexico City	● Tai Chi ● Brain Games ● WU: Artistry Unleashed ● Energy Burst ● Gardening Club ● Who Am I?- George Clooney ● Parachute Ball ● Evening Puzzles with the Nayas	● Strength & Balance ● Gratitude & Reflections ● Energy Burst ● Tickle your Funny Bone- Humor Day ● Hand Massages ● Puzzle Power Hour ● Gardening Club ● Reminisce: Frank Sinatra	● Slow Flow Yoga ● Brain Games ● Virtual Trip Down Memory Lane ● Energy Burst ● National Drink a Coke Day: Coke Tasting ● Can you Picture This Puzzle ● On This Day: Military History V-E Day	● Joyful Movement ● Community Life Committee Meeting ● Energy Burst ● Who Am I?- Dr. Spock ● Patio Talk and Ice Cream ● Craft Club: Abstract Art ● Evening Manicures with Nayas	● Stretch & Strength ● 10AM Morning Church Service ● Energy Burst ● 2:00PM Harp Playing with Vir Gandhi ● Culinary Club: Slicing into Strawberries ● Virtual Adventure: To the Fair
Mothers Day ● Sole to Soul Walking Club ● Energy Burst ● 11:30 Mothers Day Brunch ● Motherhood Rewind ● Mothers Day Tea Party ● May Trivia ● Afternoon Cookie and Coffee ● Memory Boxes with Nayas	● Joyful Movement ● WU: Culinary Creations ● Energy Burst ● Gardening Club ● Finish the Song Lyrics ● Junk Drawer Detective ● Name that Tune ● Thriving Through Music	● Tai Chi ● Brain Games ● WU: An Eye for Art ● Energy Burst ● Cannes Film Festival Facts and Trivia ● Book Club: The Detour ● Name that Tune ● Penny for your Thoughts	● Strength & Balance ● Guided Imagery ● Energy Burst ● Boat Outing with Russell ● Entertainment with Krystal ● Who Am I?- Margaret Thatcher ● Coloring Corner with Nayas	● Slow Flow Yoga ● Pop-up Pampering with Ashley ● Virtual Roadtrippers ● Energy Burst ● Culinary Club: Black and White Oreo Cake ● Afternoon Coffee or Tea ● Poet and Poem Challenge ● Evening Movie with Nayas	● Joyful Movement ● Service Circles ● Energy Burst ● Travel Club Destination: The Great Lakes ● May Detective Puzzles ● Magic Art ● Puzzle Power Hour with Nayas	● Stretch & Strength ● 10AM Morning Church Service ● Energy Burst ● Armed Forces Day Discussion ● Match up Games ● Name That Tune ● Mens Club ● Relaxation Jazz with Nayas
● Sole to Soul Walking Club ● Energy Burst ● Reminiscing with Me: School Lunches ● 20 Question with Tina ● Thriving Through Music with the Nayas	● Joyful Movement ● WU: Culinary Creations ● Energy Burst ● Craft Club Wildflowers ● Lets Do The Chicken Dance ● Thriving Through Music	● Tai Chi ● Brain Games ● WU: Artistry Unleashed ● Energy Burst ● Collage Detective ● Early Spring Facts ● Evening Puzzles with the Nayas	● Strength & Balance ● Gratitude & Reflections ● Energy Burst ● Take your Best Shot- Kodak Moments ● Brain Games: You be the Judge ● Evening Memory Basket with Nayas	● Slow Flow Yoga ● Brain Games ● Energy Burst ● Bee Day Snacks and Trivia ● Culinary Club: Milk Way Brownies ● Brain Games ● Evening Movie with Nayas	● Joyful Movement ● WU: Lives Well Lived ● Energy Burst ● Where Am I?- Great Lakes ● 20 Questions Challenge ● Patio Sitters and Ice cream ● Evening Manicures with Nayas	● Stretch & Strength ● 10AM Morning Church Service ● Energy Burst ● Creative Story Telling ● Take Time for yourself Day: Beauty Hour ● Relaxation Classical Music with Nayas
● Sole to Soul Walking Club ● Energy Burst ● Hymn Singing and Church Service with Tina ● Brain Games ● Random Acts of Kindness ● Evening Relaxation with Classical Music	Memorial Day ● Joyful Movement ● WU: Culinary Creations ● Energy Burst ● Memorial Day Snacks and Refreshments ● History of the Vietnam Memorial ● Patio Talk with the Nayas	● Tai Chi ● Brain Games ● WU: An Eye for Art ● Energy Burst ● Pair Up Memory Game ● Star of the Month: Vincent Price ● Food Fun: Grape Popsicle Cocktails ● Evening Puzzles with the Nayas	● Strength & Balance ● Guided Imagery ● Energy Burst ● Entertainment with Krystal ● Pair Up Game ● Penny for your Thoughts ● Coloring Corner with Nayas	● Slow Flow Yoga ● Brain Games ● Virtual Roadtrippers ● Energy Burst ● Craft Club: Salt Art ● Name That Tune ● Junk Drawer Detective ● Evening Movie with Nayas	● Joyful Movement ● Service Circles ● Energy Burst ● International Cabin Crew Day Snacks and Facts ● Picnic Party: Lets Build a Hamburger ● Put on your Creative Cap ● Happy Birthday Johnny Unitas	● Stretch & Strength ● 10AM Morning Church Service ● Energy Burst ● Craft Club: Poppy Field Collage ● Brain Games ● Virtual Trip to Russia ● Relaxation Jazz with Nayas

MAY 2025

Prema Memory Support



PARKVIEW

IN FRISCO

A WATERMARK RETIREMENT COMMUNITYSM

ACTIVITY LOCATOR KEY

● Body


● Community

● Mind

● Spirit

Friendly Reminder:

Schedule changes may occur



WATERMARK

RETIREMENT COMMUNITIES[®]