


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>TECH HELP -</b> Wednesdays 11:45-1:00  If you need help with your computer, tablet, or cellphone, sign up at the front desk and we will come to your room to help you!		<b>GOLDEN GALA PROM</b> May 3rd - 2:00 PM  Come to the beauty salon between 9:45-12:00 to get your nails and makeup done!	<b>HAPPY BIRTHDAY!</b> Norrine J. 5/08 Heidi A. 5/14 Dyann D. 5/23 Eileen E. 5/24 Wendy N. 5/31	10:15 Badminton-D 10:30 National Geographic-T <b>1:00 Shop @ Walmart-FD</b> 2:00 Puzzle Hour-C 2:30 Afternoon Movie-T	9:15 Morning Stroll-P 10:15 Resistance Bands-F 10:45 May Trivia-F <b>2:15 Craft Group: Hat Decorating-D</b> 3:30 Color & Create-C 6:00 Movie Night-T	9:45 Manicures & Makeup-B Join us in the salon to get ready for the dance!  <b>2:00 Senior Prom with Granger High School-D</b>
9:30 Cocoa & Music-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color & Create with Ruth-C 6:00 Walking Club-P	10:00 Chair Yoga-T 10:30 Morning Meditation-T 10:45 Manicures-B 1:00 Journaling-C <b>2:15 WU: Trip to Mexico-D</b> 3:30 Helping Hands Club-C	9:15 Morning Stroll-P 10:15 Weight Exercise-F 10:45 This Week in History-F <b>11:45-1:00 Tech Help-R</b> <b>2:00 BINGO-D</b> 3:30 Tea & Tunes: Paul Anka-D	10:15 Stretches-D 10:45 Wellness for the Week-D 2:00 Game Group-C 3:00 Afternoon Movie-T 7:00 Sunday School-D	9:15 Morning Stroll-P <b>9:30 Tulip Festival Outing-FD</b> 10:30 Morning Meditation-T 1:00 Trivial-L <b>2:15 Karaoke &amp; Happy Hour-D</b>	9:15 Puzzle Hour-C 10:15 Badminton-D 1:30 Game Group-C 2:30 Afternoon Movie-T 3:30 Color & Create-C	9:30 Cocoa & Music-L 10:15 Cardio-D 10:45 Brain Breaks-D <b>2:00 Mothers Day Tea-D</b> Family welcome!
9:30 Cocoa & Music-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color & Create with Ruth-C 6:00 Walking Club-P  <b>Happy Mother's Day!</b>	9:30 Gardening-P 10:00 Chair Yoga-T 10:30 Morning Meditation-T 10:45 Manicures-B 1:00 Journaling-C <b>2:00 Music with Wayne-D</b> 3:30 Helping Hands Club-C	9:15 Morning Stroll-P 10:15 Weight Exercise-F 10:45 This Week in History-F <b>11:45-1:00 Tech Help-R</b> <b>2:00 BINGO-D</b> 3:30 Tea & Tunes: Nat King Cole-D	9:30 Gardening-P 10:15 Badminton-D 10:45 Wellness for the Week-D 1:00 Poetry Hour-L <b>2:00 Hat Parade with Tea and Cookies-D</b> <b>2:30 Annual Summit Derby-D</b> 7:00 Relief Society & Priesthood-D	9:15 Morning Stroll-P 10:15 Balance Class-D 10:45 Star Wars Trivia-D <b>1:00 Shop @ Walmart-FD</b> <b>2:00 Music with Heart &amp; Soul-D</b> 3:30 Lemonade on the Patio	9:30 Cocoa & Music-L <b>10:00 Tracy Aviary Outing-FD</b> 1:00 Game Group-C <b>2:30 WU: Birds of North America-T</b> 6:00 Movie Night-T	9:30 Cocoa & Music-L 10:15 Cardio-D 10:45 Brain Breaks-D 1:00 National Geographic-T <b>2:00 BINGO-D</b> 3:00 Social-D
9:30 Cocoa & Music-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color & Create with Ruth-C 6:00 Walking Club-P	9:30 Gardening-P 10:00 Chair Yoga-T 10:30 Morning Meditation-T 10:45 Manicures-B 1:00 Journaling-C 2:00 Donuts and Trivia-D 2:30 Resident Council-D 3:30 Helping Hands Club-D	9:15 Morning Stroll-P 10:15 Weight Exercise-F 10:45 This Week in History-F <b>11:45-1:00 Tech Help-R</b> <b>2:00 BINGO-D</b> 3:30 Tea & Tunes: Doris Day-D	9:30 Gardening-P 10:15 Stretches-D 10:45 Wellness for the Week-D 1:00 Poetry Hour-L <b>2:00 WU: The Buzz on Bees-D</b> 3:00 Honey Tasting-D 7:00 Sunday School-D	9:15 Morning Stroll-P 10:15 Balance Class-D 10:45 Trivia-D <b>11:00 Walk to Taco Bell Lunch Outing-FD</b> <b>2:15 Karaoke &amp; Happy Hour-D</b>	9:15 Gardening-P 10:00 Resistance Bands-F <b>11:00 Picnic @ Murray Park-FD</b> <b>2:30 Artist Impressions: Freda Kahlo-C</b> <b>3:30 Activity Planning Committee-C</b> 6:00 Movie Night-T	9:30 Cocoa & Music-L 10:15 Cardio-D 10:45 Brain Breaks-D 1:00 National Geographic-T <b>2:30 Game Group with Alysia-D</b> 3:30 Social-D
9:30 Cocoa & Music-L 10:00 LDS Sacrament-D 10:30 Puzzle Hour-C 1:00 Afternoon Movie-T 2:00 Color & Create with Ruth-C 6:00 Walking Club-P	9:30 Gardening-P 10:00 Chair Yoga-T 10:30 Morning Meditation-T 10:45 Manicures-B 1:00 Journaling-C <b>2:00 Music with Terry-D</b> <b>3:00 Birthday Social-D</b> 3:30 Helping Hands Club-C	9:15 Morning Stroll-P 10:15 Weight Exercise-F 10:45 This Week in History-F <b>11:45-1:00 Tech Help-R</b> <b>2:00 BINGO-D</b> 3:30 Tea & Tunes: -D	9:30 Gardening-P <b>10:15 360Well: Purpose-T</b> <b>10:45 Wellness for the Week-T</b> 1:00 Poetry Hour-L 2:00 Bowling-D 3:30 Ice Cream Social-D 7:00 Relief Society & Priesthood-D	9:15 Morning Stroll-P 10:15 Balance Class-D 10:45 Trivia-D <b>1:00 Shop @ Walmart-FD</b> <b>2:30 Paint &amp; Sip-D</b> <b>3:30 Person of Interest: Amelia Earhart-D</b>	9:30 Gardening-P 10:15 Resistance Bands-F 10:30 Morning Meditation-T 10:45 Name That Tune-F <b>1:00 Ice Cream Outing-FD</b> 6:00 Movie Night-T	9:30 Cocoa & Music-L 10:15 Combined Exercise-D 10:45 Brain Breaks-D 1:00 National Geographic-T <b>2:00 BINGO-D</b> 3:00 Social-D
<b>MAY 2025</b> <b>Assisted Living</b>  <b>SUMMIT</b> SENIOR LIVING A WATERMARK RETIREMENT COMMUNITY <sup>SM</sup>		<b>ACTIVITY LOCATOR KEY</b>  B - Beauty Salon C - Craft Room D - Dining Room F - Fitness Room FD - Front Desk LR - Living Room P - Patio R-Room Activity L - Library T - Theater		Green activities are favorites!  Purple activities are Watermark University Classes!  Red is outings, they are first come first served		Transportation for doctor appointments is available 9:00-3:30 <b>TUESDAY</b> and <b>WEDNESDAY</b> . If you need transportation, please go to the front desk to give them your appointment information. Appointments must be scheduled a minimun 7 days in advance.