


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
April Birthdays: Diana S- 5th	Entertainment: Webster Bell Choir- 1st Dram-ANTICS- 2nd Debbi Sings!- 5th Red and Harmony- 6th Smile-Maker Magic-13th May Birthday Party- 21st	Events: Mothers Day Brunch- 11th Memorial Day Picnic- 26th		10:00am Stretch and Flex L 10:30am live Music: Webster Presbyterian Bell Choir GA 11:30am Sing a Long L 1:30pmSunshine Hour CY 2:30pm Memory Madness L 3:30pm Balance and Mobility L 6:00pm Creative Coloring L	10:00am Chair Yoga L 11:00am Weekly News L 11:15am Horse Coloring L 1:30pm Music with Andy L 3:15pm Dram-ANTICS Performance GA 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 6:00pm Movie Night L	10:00am Chair Yoga L 11:00am WU: Cinco De Mayo L 11:15a Water Coloring Painting L 1:30pm Science Experiment L 2:00p Live Music: Debbi Sings! GA 3:30pm Milkshake Monday L 6:00pm Sensory room strolls SR	10:00am Total Body Workout L 11:00am Thank you cards for Nursing home L 2:00pm Live music: Red & Harmony GA 2:30pm Music Therapy W/ Katie L 3:30pm Functional Fitness L 6:00pm Creative Coloring L	10:00am Bible study with Anne and Tony L 11:00am Balance and Mobility L 1:30pm Bingo L 2:30pm WU: trip to Chicago L 3:30pm Afternoon Exercise L 6:00pm Sensory room strolls SR	10:00am Stretch and Flex L 11:00am Rhyme Time L 1:30pmSunshine Hour CY 2:30pm Memory Madness L 3:30pm Balance and Mobility L 6:00pm Creative Coloring L	10:00am Chair Yoga L 11:00am Weekly News L 11:15am Garden Walk and Chat 1:30pm Bus ride through Lilac Festival 3:30pm Music with Andy L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Free Draw L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L	10:00am Chair Yoga L 11:00am Limericks L 11:30am Bingo L 1:30pm Blackjack L 2:30pm WU: All about Alabama L 3:30pm Mocktail Monday L 6:00pm Sensory room strolls SR	10:00am Total body Workout L 11:00am Smile-Maker Magic Show GA 1:30pm UNO L 2:30pm Music Therapy W/ Katie L 3:30pm Functional Fitness L 6:00pm Creative Coloring L	10:00am Exercise with Theo L 11:00am Whiteboard games L 1:30pm Musical Memory Lane L 2:30pm May Birthday Party W/ DJ Chuck GA 4:00pm Afternoon exercise L 6:00pm Sensory room strolls SR	10:00am Arthritic Balls Exercise L 11:00am Craft Corner- Wood Painting L 11:30am History of Highland Park L 1:30pmSunshine Hour CY 2:30pm Memory Madness L 3:30pm Balance and Mobility L 6:00pm Creative Coloring L	10:00am Chair Yoga L 11:00am Weekly News l 11:15am Craft Club L 12:00pm Chinese Luncheon 3:30pm Music with Andy L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Youtube Chair Exercise L 10:30am Snack Chat L 2:30pm Creative Coloring L 4:00pm Courtyard Chats CY 6:00pm Movie Night L	10:00am Chair Yoga L 11:00am Paper Airplanes L 1:30pm Left Right center L 2:30pm WU All about Tennessee L 3:30pm Milkshake Monday L 6:00pm Sensory room strolls SR	10:00am Total Body Workout L 11:00am Memory Madness L 1:30pm UNO L 2:30pm Music Therapy W/ Katie L 3:30pm Functional Fitness L 6:00pm Creative Coloring L	10:00am Bible Study with Anne and Tony L 11:00am Chair Yoga L 1:00pm Painting w/ Diana L 2:30pm WU: History of theme parks L 4:00pm Afternoon exercise L 6:00pm Sensory room strolls SR	10:00am Move and Groove L 11:00am Memorial Day Craft L 11:30am Charades L 1:30pmSunshine Hour CY 2:30pm Memory Madness L 3:30pm Balance and Mobility L 6:00pm Creative Coloring L	10:00am Movie and Popcorn! 11:30am Picnic lunch at Highland Park 3:30pm Music with Andy L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Free Draw L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
10:00am Aerobics With Andy L 10:30am Snack Chat L 11:00am Open Crafting & Music L 1:30pm Creative Coloring L 2:30pm Courtyard Chats CY 4:00pm Conversation Cube L 6:00pm Movie Night L	10:00am Chair Yoga L 11:00am Patriotic Sing-A-long L 12:00pm Memorial Day Picnic 2:00pm Music and Beverages GA 3:30pm Memrial Day History L 6:00pm Sensory room strolls SR	10:00am Total Body Workout L 11:00am Pamper and Polish L 1:30pm UNO L 2:30pm Music Therapy W/ Katie L 3:30pm Functional Fitness L 6:00pm Creative Coloring L	10:00am Exercise with Theo L 11:00am Whiteboard games L 1:30pm Musical Memory Lane L 2:30p WU: All about Tennessee L 3:30pm Afternoon exercise L 6:00pm Sensory room strolls SR	10:00am Flex and Stretch L 11:00am Spring Jingo L 11:30am Sing a Long L 1:30pmSunshine Hour CY 2:30pm Memory Madness L 3:30pm Balance and Mobility L 6:00pm Creative Coloring L	10:00am Chair Yoga L 11:00am Weekly News L 11:15am Garden Walk and Chat 12:00pm Pizza Luncheon 1:30pm Whiteboard games L 2:30pm Music Trivia L 3:30pm Music with Andy L 6:00p Friday Night Movie Night L	10:00am Youtube Chair Fitness L 10:30am Snack Chat L 11:30am Word Games L 3:00pm Trivia With Theo L 3:30pm Afternoon Stretch L 6:00pm Creative Coloring L
<div> <div>MAY 2025</div> <div>The Gardens</div> <div>  <div> <div>LEGACY</div> <div>AT GRANDE VIE</div> <div>A WATERMARK RETIREMENT COMMUNITYSM</div> </div> </div> </div>		<div>ACTIVITY LOCATOR KEY</div> <div> GA- Grande Vie Activities WU- Watermark University CY- Courtyard SR- Sensory Room DR- Dining Room L- Lounge GVC- Grande Vie Chapel </div>	<div> With any questions please reach out to: George Kimball Community Life Director (585) 381-0680 Ext. 1118 gkimball@watermarkcommunities.com </div>		<div> <div>**All Activities are Subject to Change</div> <div>All Outings are Weather Permitting**</div> </div>	