

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>Happy Birthday!</i> Donna G. - 1st Beverly B. - 9th	Joe D. - 11th Joe L. - 11th Peg R. - 25th Donna S. - 25th	Jackie M. - 28th June G. - 30th Carmen S. - 30th	Elena G. Robillard Community Life Director Legacy at Cranberry Landing 300 Cranberry Landing Dr. Rochester, NY 14609 (585)244-3630 egrobillard@watermarkcommunities.com	10:00 Sit and Be Fit Exercise (AR) 10:45 W.U. May Special Days (AR) 1:15 Holy Rosary (MR) 2:00 <i>Tom Dunn</i> (LR) 3:30 Yahtzee (AR) 6:15 Brain Teasers (Independent)	10:00 Silver Sneakers Exercise 10:45 Bible Study with Mike (CH) 1:30 <i>Cinco de Mayo Fiesta (LR)</i> 2:00 Sing-a-Long with Kathy (LR) 3:30 Drum Fitness (AR) 6:15 Card Games (Independent)	10:00 Weighted Exercise (AR) 10:45 Morning Meditation (LR) 1:30 Saturday Social (AR) 2:30 Bingo BASH! (AR) 3:30 Walking Club (Lobby) 6:15 <i>Kentucky Derby Party (MR)</i>
9:45 Sunday Stretch (AR) 10:30 Catholic Service (CH) 1:30 Bocee Ball (AR) 3:00 Manicures (AR) 6:15 Creative Coloring (Independent)	10:00 Sit and Be Fit Exercise (AR) 10:00 Bus Trip: Wegmans 1:30 Gardening Club- Seed Starting (AR) 2:30 "Protecting Paradise- The Story of Niue" (MR) 3:30 Ring Toss (AR) 6:15 Crossword Puzzles	10:00 Seated Exercise (AR) 11:00 Church Service with Pastor Angelo (CH) 1:30 Dining Meeting with John (ILDR) 3:00 <i>Mike Kornrich</i> (LR) 6:15 Word Searches (Independent)	10:00 Active Yoga (AR) 10:00 Bus Trip: Irondequoit Public Library 1:30 Assisted Living Resident Council (AR) 2:30 Independent Living Resident Council (LR) 3:30 Happy Hour (AR) 6:15 Board Games (Independent)	10:00 Sit and Be Fit Exercise (AR) 10:45 W.U. Ehlers Danlos Awareness Month (MR) 1:30 W.U. Art Class with Diana (AS) 2:00 Bingo BASH! (AR) 3:30 Biking Class (AR) 6:15 Brain Teasers (Independent)	10:00 Silver Sneakers Exercise 10:45 Bible Study with Mike (CH) 1:30 Shirley Temples (LR) 2:00 Sing-a-Long with Kathy (LR) 3:30 Name That Tune (MR) 6:15 Card Games (Independent)	10:00 Weighted Exercise (AR) 10:45 Morning Meditation (LR) 1:30 Saturday Social (AR) 2:30 Bingo BASH! (AR) 3:30 Walking Club (Lobby) 6:15 Game Night (Independent)
9:45 Sunday Stretch (AR) 10:30 Catholic Service (CH) 1:30 Mother's Day Mimosa Social (AR) 3:00 Manicures (AR) 6:15 Creative Coloring (Independent)	10:00 Sit and Be Fit Exercise (AR) 10:45 W.U. National Nurses Week- Who Was Florence Nightingale? (MR) 1:30 Jenga (AR) 2:30 360Well Principle of the Month- Creativity (AR) 3:30 Decades Trivia (MR) 6:15 Crossword Puzzles	10:00 Seated Exercise (AR) 10:45 Shuffleboard (AR) 1:30 TED Talk Tuesday (MR) 2:30 Bingo BASH! (AR) 3:30 Walking Club (Lobby) 6:15 Word Searches (Independent)	10:00 Active Yoga (AR) 10:45 "Let's Chat" Game (AR) 1:30 Ladderball (AR) 2:30 Never Have I Ever (AR) 3:30 Happy Hour (AR) 6:15 Board Games (Independent)	10:00 Sit and Be Fit Exercise (AR) 10:45 Giant Bowling (GR) 1:15 Holy Rosary (MR) 2:00 Bingo BASH! (AR) 3:30 Mad Libs (AR) 6:15 Brain Teasers (Independent)	10:00 Silver Sneakers Exercise 10:45 Bible Study with Mike (CH) 1:30 Frozen Strawberry Lemonade (LR) 2:00 Sing-a-Long with Kathy (LR) 3:30 Drum Fitness (AR) 6:15 Card Games (Independent)	10:00 Weighted Exercise (AR) 10:45 Morning Meditation (LR) 1:30 Saturday Social (AR) 2:30 Bingo BASH! (AR) 3:30 Walking Club (Lobby) 6:15 Game Night (Independent)
9:45 Sunday Stretch (AR) 10:30 Catholic Service (CH) 1:30 Old Maid (AR) 3:00 Manicures (AR) 6:15 Creative Coloring (Independent)	10:00 Sit and Be Fit Exercise (AR) 10:00 Bus Trip: Wegmans 1:30 Bus Trip: Lilac Tour of Highland Park 3:30 Cards (AR) 6:15 Crossword Puzzles (Independent)	10:00 Seated Exercise (AR) 11:00 Church Service with Pastor Angelo (CH) 1:30 Dining Meeting with John (ILDR) 2:30 Bingo BASH! (AR) 3:30 Walking Club (Lobby) 6:15 Word Searches (Independent)	10:00 Active Yoga (AR) 10:00 Bus Trip: Irondequoit Public Library 1:30 <i>Bridges for Brain Injuries Animal Rehab Show (LR)</i> 3:30 Happy Hour (AR) 6:15 Board Games (Independent)	10:00 Sit and Be Fit Exercise (AR) 10:45 Gardening Club- Planting (Court Yard) 1:30 W.U. Art Class with Diana (AS) 2:00 Bingo BASH! (AR) 3:30 Biking Class (AR) 6:15 Brain Teasers (Independent)	10:00 Silver Sneakers Exercise 10:45 Bible Study with Mike (CH) 1:30 Margaritas (LR) 2:00 Sing-a-Long with Kathy (LR) 3:30 May Trivia (AR) 6:15 Card Games (Independent)	10:00 Weighted Exercise (AR) 10:45 Morning Meditation (LR) 1:30 Saturday Social (AR) 2:30 Bingo BASH! (AR) 3:30 Walking Club (Lobby) 6:15 Game Night (Independent)
9:45 Sunday Stretch (AR) 10:30 Catholic Service (CH) 1:30 DARTS! (AR) 3:00 Manicures (AR) 6:15 Creative Coloring (Independent)	10:00 Sit and Be Fit Exercise (AR) 10:00 Bus Trip: Dollar Tree 1:30 Bus Trip: Ice Cream 3:30 W.U. Arlington National Cemetery (MR) 6:15 Crossword Puzzles (Independent)	10:00 Seated Exercise (AR) 10:45 UNO! (AR) 1:30 Cards (AR) 2:30 Bingo BASH! (AR) 3:30 Walking Club (Lobby) 6:15 Word Searches (Independent)	10:00 Active Yoga (AR) 10:45 Name That Tune (MR) 1:15 Bus Trip: Erie Canal Boat Tour 6:15 Board Games (Independent)	10:00 Sit and Be Fit Exercise (AR) 10:45 1:15 Holy Rosary (MR) 2:00 Bingo BASH! (AR) 3:30 Cornhole Bean Bag Toss (AR) 6:15 Brain Teasers (Independent)	10:00 Silver Sneakers Exercise 10:45 Bible Study with Mike (CH) 11:30 Bus Trip: Lunch at Agatina's 2:00 Sing-a-Long with Kathy (LR) 3:30 Drum Fitness (AR) 6:15 Card Games (Independent)	10:00 Weighted Exercise (AR) 10:45 Morning Meditation (LR) 1:30 Saturday Social (AR) 2:30 Bingo BASH! (AR) 3:30 Walking Club (Lobby) 6:15 Game Night (Independent)
MAY 2025 Independent Living  LEGACY AT CRANBERRY LANDING A WATERMARK RETIREMENT COMMUNITY SM		ACTIVITY LOCATOR KEY AR- Activity Room MR- Media Room AS- Art Studio	CH- Chapel LR- Living Room GR- Game Room PA- Patio	FD- Front Desk ILDR- Independent Living Dining Room Independent- Self directed, materials are available in the activity room	Calendar Key: W.U.- Watermark University, educational programming <i>Italics</i> - Live Entertainer Bus Trips- Sign up in the lobby (bus trips must be signed up for before the day of the activity)	***Activities are subject to change***