

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b><i>Happy Birthday!</i></b>  Donna G. - 1st Beverly B. - 9th	Joe D. - 11th  Joe L. - 11th  Peg R. - 25th  Donna S. - 25th	Jackie M. - 28th  June G. - 30th  Carmen S. - 30th	<b>Elena G. Robillard</b> Community Life Director Legacy at Cranberry Landing  300 Cranberry Landing Dr. Rochester, NY 14609 (585)244-3630  egrobillard@watermarkcommunities.com	<ul style="list-style-type: none"><li>Slow Flow Yoga (AR)</li><li>Brain Games- Word Searches (AR)</li><li>Virtual Adventure- Mexico (AR)</li><li>Energy Burst Walks</li></ul> 2:00 <i>Tom Dunn</i> (LR)	<ul style="list-style-type: none"><li>Joyful Movement (AR)</li><li>Energy Burst Walks</li><li>WU: Person of Interest (SR)</li></ul> 1:00 Sing-a-Long with Kathy (AR) 2:15 Movie Matinee and Snack (AR)	<ul style="list-style-type: none"><li>Stretch &amp; Strength (AR)</li><li>Energy Burst Walks</li><li>Meditation (SR)</li></ul> 2:30 Bingo (AR-upstairs) 6:15 Kentucky Derby Party
<ul style="list-style-type: none"><li>Sunday Stretch (AR)</li><li>Energy Burst Walks</li><li>Manicures (SR)</li><li>Lawrence Welk (AR)</li></ul> 10:30 Catholic Mass (CH)	<ul style="list-style-type: none"><li>Joyful Movement (AR)</li><li>WU: Writers Collective</li><li>WU: Culinary Creations- Guacamole (DR)</li><li>Energy Burst Walks</li></ul> 10:00 <b>Bus Trip: Wegmans</b>	<ul style="list-style-type: none"><li>Tai Chi (AR)</li><li>Brain Games- UNO! (SR)</li><li>WU: Artistry Unleashed- Water Painting (SR)</li><li>Energy Burst Walks</li></ul> 11:00 Church Service with Pastor Angelo (CH) 2:30 Bingo (AR-upstairs)	<ul style="list-style-type: none"><li>Strength &amp; Balance (AR)</li><li>Gratitude &amp; Reflections (SR)</li><li>Energy Burst Walks</li></ul> 10:00 <b>Bus Trip: Irondequoit Library</b> 3:30 Happy Hour (AR- upstairs)	<ul style="list-style-type: none"><li>Slow Flow Yoga (AR)</li><li>Brain Games- "Let's Chat" Game (SR)</li><li>Virtual Trip Down Memory Lane (AR)</li><li>Energy Burst Walks</li></ul> 2:00 Bingo BASH! (AR- upstairs)	<ul style="list-style-type: none"><li>Joyful Movement (AR)</li><li>Community Life Committee Meeting (AR)</li><li>Energy Burst Walks</li></ul> 1:00 Sing-a-Long with Kathy (AR) 2:15 Movie Matinee and Snack (AR)	<ul style="list-style-type: none"><li>Stretch &amp; Strength (AR)</li><li>Energy Burst Walks</li><li>Meditation (SR)</li></ul> 2:30 Bingo (AR-upstairs)
<ul style="list-style-type: none"><li>Sunday Stretch (AR)</li><li>Energy Burst Walks</li><li>Manicures (SR)</li><li>Lawrence Welk (AR)</li></ul> 10:30 Catholic Mass (CH)	<ul style="list-style-type: none"><li>Joyful Movement (AR)</li><li>WU: Culinary Creations- Muffins (DR)</li><li>Energy Burst Walks</li></ul> Creative Coloring	<ul style="list-style-type: none"><li>Tai Chi (AR)</li><li>Brain Games- "Expressions" (SR)</li><li>WU: An Eye for Art- "Sleeping Beauty" by the Berlin Ballet (AR)</li><li>Energy Burst Walks</li></ul> 2:30 Bingo (AR-upstairs)	<ul style="list-style-type: none"><li>Strength &amp; Balance (AR)</li><li>Guided Imagery (SR)</li><li>Energy Burst Walks</li></ul> 3:30 Happy Hour (AR- upstairs)	<ul style="list-style-type: none"><li>Slow Flow Yoga (AR)</li><li>Brain Games- Jigsaw Puzzles (SR)</li><li>Virtual Roadtrippers- The Netherlands (AR)</li><li>Energy Burst Walks</li></ul> 2:00 Bingo BASH! (AR- upstairs)	<ul style="list-style-type: none"><li>Joyful Movement (AR)</li><li>Service Circles</li><li>Energy Burst Walks</li></ul> 1:00 Sing-a-Long with Kathy (AR) 2:15 Movie Matinee and Snack (AR)	<ul style="list-style-type: none"><li>Stretch &amp; Strength (AR)</li><li>Energy Burst Walks</li><li>Meditation (SR)</li></ul> 2:30 Bingo (AR-upstairs)
<ul style="list-style-type: none"><li>Sunday Stretch (AR)</li><li>Energy Burst Walks</li><li>Manicures (SR)</li><li>Lawrence Welk (AR)</li></ul> 10:30 Catholic Mass (CH)	<ul style="list-style-type: none"><li>Joyful Movement (AR)</li><li>WU: Culinary Creations- Ice Cream in a Bag (DR)</li><li>Energy Burst Walks</li></ul> 10:00 <b>Bus Trip: Wegmans</b> 1:30 <b>Bus Trip: Lilac Tour of Highland Park</b>	<ul style="list-style-type: none"><li>Tai Chi (AR)</li><li>Brain Games- Never Have I Ever (SR)</li><li>WU: Artistry Unleashed- Memorial Poppy Craft (AR)</li><li>Energy Burst Walks</li></ul> 11:00 Church Service with Pastor Angelo (CH) 2:30 Bingo (AR-upstairs)	<ul style="list-style-type: none"><li>Strength &amp; Balance (AR)</li><li>Gratitude &amp; Reflections (SR)</li><li>Energy Burst Walks</li></ul> 10:00 <b>Bus Trip: Irondequoit Library</b> 1:30 <i>Bridges for Brain Injuries</i> <i>Wildlife Rehab Show (LR)</i> 3:30 Happy Hour (AR- upstairs)	<ul style="list-style-type: none"><li>Slow Flow Yoga (AR)</li><li>Brain Games- Card Games (SR)</li><li>Energy Burst Walks</li></ul> 2:00 Bingo BASH! (AR- upstairs)	<ul style="list-style-type: none"><li>Joyful Movement (AR)</li><li>WU: Lives Well Lived (SR)</li><li>Energy Burst Walks</li></ul> 1:00 Sing-a-Long with Kathy (AR) 2:00 Movie Matinee and Snack (AR)	<ul style="list-style-type: none"><li>Stretch &amp; Strength (AR)</li><li>Energy Burst Walks</li><li>Meditation (SR)</li></ul> 2:30 Bingo (AR-upstairs)
<ul style="list-style-type: none"><li>Sunday Stretch (AR)</li><li>Energy Burst Walks</li><li>Manicures (SR)</li><li>Lawrence Welk (AR)</li></ul> 10:30 Catholic Mass (CH)	<ul style="list-style-type: none"><li>Joyful Movement (AR)</li><li>WU: Culinary Creations- Snack Mix (DR)</li><li>Energy Burst Walks</li></ul> 10:00 <b>Bus Trip: Dollar Tree</b> 1:30 <b>Bus Trip: Ice Cream</b>	<ul style="list-style-type: none"><li>Tai Chi (AR)</li><li>Brain Games- Connect 4 (AR)</li><li>WU: An Eye for Art- Dogs in Fine Art (SR)</li><li>Energy Burst Walks</li></ul> 2:30 Bingo (AR-upstairs)	<ul style="list-style-type: none"><li>Strength &amp; Balance (AR)</li><li>Chicken Soup for the Soul (SR)</li><li>Energy Burst Walks</li></ul> 1:15 <b>Bus Trip: Erie Canal Boat Tour</b>	<ul style="list-style-type: none"><li>Slow Flow Yoga (AR)</li><li>Brain Games- Memory Match (SR)</li><li>Virtual Road-Trippers- Santa Fe, New Mexico (AR)</li><li>Energy Burst Walks</li></ul> 2:00 Bingo BASH! (AR- upstairs)	<ul style="list-style-type: none"><li>Joyful Movement (AR)</li><li>Service Circles- Pollinator Watering Station (AR)</li><li>Energy Burst Walks</li></ul> 11:30 <b>Bus Trip: Lunch at Agatina's</b> 1:00 Sing-a-Long with Kathy (AR) 2:00 Movie Matinee and Snack (AR)	<ul style="list-style-type: none"><li>Stretch &amp; Strength (AR)</li><li>Energy Burst Walks</li><li>Meditation (SR)</li></ul> 2:30 Bingo (AR-upstairs)
<b>MAY 2025</b> <b>Gardens</b>   <b>LEGACY</b> AT CRANBERRY LANDING A WATERMARK RETIREMENT COMMUNITY <sup>SM</sup>		<b>ACTIVITY LOCATOR KEY</b>  <ul style="list-style-type: none"><li>Body</li><li>Community</li><li>Mind</li><li>Spirit</li></ul>	<b>AR- Activity Room</b> <b>MR- Media Room</b> <b>AS- Art Studio</b> <b>CH- Chapel</b> <b>LR- Living Room</b>	<b>GR- Game Room</b> <b>FD-Front Desk</b> <b>SR- Sensory Room</b> <b>DR- Dining Room</b> <b>CY- Court Yard</b>	<b>Calendar Key:</b> W.U. - Watermark University, educational programming  Italics- Entertainer Performance  Bus Trips- Sign up in Lobby (Bus Trips must be signed up for before the day of the outing)	<b>***Activities are Subject to Change***</b>