

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Resident Birthdays:</u> 6/5-Therese Waszak 6/12-Meg Cordell 6/13-Marilyn Dahl 6/16-Ralph Wischman 6/25-Gus Unti 6/26-Mitch McWilliams 6/29-Mary Carter		<u>Transportation:</u> Medical Appointments/Bank Visit Tuesdays and Thursdays-8:00-3:30 We do require a 24 hour notice for all appointments. Please call Transportation at 815/477-6580.	*Denotes a Watermark University Course Calendar is subject to change- Please check the daily sheets for any schedule changes.	Dr. Transportation 8:45 Today's Happenings with Gina 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Protestant Service with Bethany Lutheran Church-2nd 11:30 Town Hall Meeting with Amy-MDR *2:00 WU-Game Show Network with Marty: Jeopardy-Father's Day Edition *3:00 WU-Strength Training with Meg 4:00 Town Hall Meeting with Amy-MDR 6:00 Who's My Match: Cars (Pick up your sheet at the Front Desk) <div>1</div>	9:30 & 1:00 Outing: Shopping 8:45 You Be the Judge with Gina-2nd 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd *10:00 WU-Cell Phone & Tablet Basics with Donna-2nd 1:00 Food Meeting with Jeff-Lounge 2:00 Afternoon Social Hour w/ Edizon-MDR 6:00 National Italian Day Activity Packet (Pick up your packet at the Front Desk) <div>2</div>	9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd *9:30 WU-Painting Techniques 101 with Manda: "Bubble Wrap Painting" 9:30: Outing: Geocaching with Renee (Car Only) 10:00 Play Your Cards Right with Alan: "Gin Rummy"-3rd 1:45-3:00 Bingo for Dimes with Alan-MDR *3:30 WU-The Life and Death of Robert F. Kennedy with Alan 6:00 Wedding Month Movie Special: "Wedding at Graceland" with Kellie Pickler <div>3</div>
10:00 Catholic Service: Holy Apostles 10:00 God Created Adam and Eve Crossword Puzzle (Pick up your sheet at the Front Desk) 1:00 I Spy: Ice Cream (Pick up your sheet at the Front Desk) 2:00 Stronger Seniors: Strength Exercise Video *3:00 WU-Strength Training-Gardens 6:00 Father's Day Month Movie Special: "Father of the Bride" with Steve Martin <div>4</div>	9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Coffee Klatch with Salted Caramel Biscotti-Room #119 11:45 Outing: Mass at St. Thomas Church *2:30 Slow and Gentle Yoga w/ Denise *5:30-WU Bible Study w/ Resident, Nancy <div>5</div>	Dr. Transportation 8:45 In The News with Gina-2nd 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Outdoor Scavenger Hunt with Renee-Meet in Lobby 1:00 Outdoor Stroll with Alan (Weather Permitting)-Meet in Lobby *2:00 WU-Cooking with Chef Dayna-Lounge *3:00 WU-Senior Strength with Katy 6:00 Father Knows Best: Episodes 1 & 2 <div>6</div>	9:30 & 1:00 Outing: Shopping 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Morning Dice Game with Renee: Bunco 1:45-3:00 Bingo for Dimes with Sam-MDR *3:30 WU-Sip n' Thrive Mixology with Alan: "Godfather's Cocktail"-Lounge *5:30 WU-Virtual Reality Experience with Alan: "Playing Tennis" <div>7</div>	Dr. Transportation 8:45 Today's Happenings with Gina 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Protestant Service with United Methodist Church *2:00 WU-Discovery Series with HealthPro *3:00 WU-Strength Training with Meg 6:00 Who's My Match: TV Dad's (Pick up your sheet at the Front Desk) 6:15 Outing: Concert in the Park-McHenry City Band <div>8</div>	9:30 & 1:00 Outing: Shopping 8:45 You Be the Judge with Gina-2nd 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 A to Z: Father's Names with Renee 2:00 Afternoon Social Hour Heather Braoudakis-MDR 6:00 All About Lucille Ball Activity Packet (Pick up your packet at the Front Desk) <div>9</div>	9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd *9:30 WU-Get Inspired with Pinterest with Noel: "Patriotic Gnome Door Sign" 10:00 Play Your Cards Right w/ Alan: "Crazy 8's"-3rd 1:45-3:00 Bingo for Dimes with Alan-MDR *3:30 WU-84th Anniv. of The National Baseball Hall of Fame-History and Discussion with Alan 6:00 Wedding Month Movie Special: "My Big Fat Greek Wedding" with Nia Vardalos <div>10</div>
10:00 Catholic Service: Holy Apostles 10:00 The Promise of a Savior Crossword Puzzle (Pick up your sheet at the Front Desk) 1:00 I Spy: Insects (Pick up your sheet at the Front Desk) 2:00 Stronger Seniors: Stretch Exercise Video *3:00 WU-Strength Training-Gardens 6:00 Father's Day Month Movie Special: "Father of the Bride" Part 2 with Steve Martin <div>11</div>	9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Coffee Klatch with Chex Mix Peanut Butter Treat Bars-Room #119 11:45 Outing: Mass at St. Thomas Church *2:00 WU-Line Dancing 101 with Renee *5:30 WU-Bible Study w/ Resident, Nancy <div>12</div>	Dr. Transportation 8:45 In The News with Gina-2nd 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Miniature Horse Visit w/ Sunny-Patio 1:00 Outdoor Stroll with Alan (Weather Permitting)-Meet in Lobby 2:00 Mass with Holy Apostles *3:00 WU-Chair Aerobics with Katy 6:00 Father Knows Best: Episodes 3 & 4 <div>13</div>	9:00 Outing: Shopping 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Morning Dice Game with Renee: Cover All 11:00 Outing: Lunch at La Trinidad and Shopping at Farm and Fleet *1:00 WU-Health Talk w/ Tracy: "Vision Research" 1:45-3:00 Bingo for Dimes with Sam-MDR *3:30 WU-Sip n' Thrive Mixology with Alan: "Grand Ole Flag"-Lounge *5:30 WU-Virtual Reality Experience with Alan: "Adventure Through Car Museums Around the World" <div>14</div>	Dr. Transportation 8:45 Today's Happenings with Gina 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Virtual Protestant Service 2:00 Buds and Suds Beer Tasting Event with Alan and Jeff-MDR *3:00 WU-Strength Training with Meg 6:00 Who's My Match: Famous Fathers (Pick up your sheet at the Front Desk) <div>15</div>	9:30 & 1:00 Outing: Shopping 8:45 You Be the Judge with Gina-2nd 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd *10:00 WU-Cell Phone & Tablet Basics with Donna-2nd 10:00 Visit with Pearl Vision: Small Repair and Cleanings for your Eyeglasses-Lobby 2:00 Afternoon Social Hour with Ron Steta-MDR 6:00 Father's Day Activity Packet (Pick up your packet at the Front Desk) 6:15 Candlelight Dinner (See front desk for sign up, price and menu) <div>16</div>	9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd *9:30 WU-Get Inspired with Pinterest with Noel: "Baseball Cap Gift Box" 10:00 Play Your Cards Right with Alan: "Poker"-3rd 1:45-3:00 Bingo for Dimes with Alan-MDR *3:30 WU-Musical Notes with Alan: "Surf Culture-The Music and Movies" 6:00 Wedding Month Movie Special: "Bridesmaids" with Kristen Wiig <div>17</div>
<i>Happy Father's Day!</i> 10:00 Catholic Service: Holy Apostles 10:00 Juneteenth Word Search (Pick up your sheet at the Front Desk) 11:15-12:15 Father's Day Brunch with John Ivan-MDR 1:00 I Spy: Father's Day (Pick up your sheet at the Front Desk) 2:00 Simply Seated Exercise Video *3:00 WU-Strength Training-Gardens 6:00 Father's Day Month Movie Special: "King Richard" with Will Smith <div>18</div>	9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Coffee Klatch with Birthday Cake Drizzled Granola Clusters-Room #119 10:00 Celebrate Juneteenth: Emancipation of Enslaved African Americans with Renee-3rd 11:45 Outing: Mass at St. Thomas Church *2:00 WU-Qigong with Renee *3:15 WU-Billiards with Ed-Library *5:30-WU Bible Study w/ Resident, Nancy <div>19</div>	Dr. Transportation 8:45 In The News with Gina-2nd 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd *10:00 WU-Life Long Learning with Marcia from C.L. Library 1:00 Outdoor Stroll with Alan (Weather Permitting)-Meet in Lobby *2:00 WU-Snackin' Around the World with Renee: "England" *3:00 WU-Senior Strength with Katy 6:00 Father Knows Best: Episodes 5 & 6 <div>20</div>	9:30 & 1:00 Outing: Shopping 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd *10:00 WU-People Who Paved the Way for LGBTQ Rights Discussion with Renee 1:45-3:00 Bingo for Dimes with Sam-MDR *3:30 WU-Sip n' Thrive Mixology with Alan: "Captain of The Sea"-Lounge *5:30 WU-Virtual Reality Experience w/ Alan: "Touring The Miller Lite Factory" <div>21</div>	Dr. Transportation 8:45 Today's Happenings with Gina 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Protestant Service with Immanuel Lutheran Church *2:00 WU-Hilarious History with Resident Jim *3:00 WU-Strength Training with Meg 6:00 Who's My Match: Baseball Team Logos (Pick up your sheet at the Front Desk) <div>22</div>	9:30 & 1:00 Outing: Shopping 8:45 You Be the Judge with Gina-2nd 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Can You Name Five with Renee 2:00 Afternoon Social Hour with Daniel Rausch-MDR 6:00 Summer Vacations Destinations Activity Packet (Pick up your packet at the Front Desk) <div>23</div>	9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd *9:30 WU-Get Inspired with Pinterest with Noel: "Pinecone Flowers" 10:00 Play Your Cards Right with Alan: "3 Up, 3 Down"-3rd 1:45-3:00 Bingo for Dimes with Alan-MDR *3:30 WU-On The Road with Alan: "Savannah, Georgia-A Southern Belle" 6:00 Wedding Month Movie Special: "The In-Laws" with Michael Douglas <div>24</div>
10:00 Catholic Service: Holy Apostles 10:00 From Adam to Noah Crossword Puzzle (Pick up your sheet at the Front Desk) 1:00 Soap Opera Word Search (Pick up your sheet at the Front Desk) 2:00 Sit and Be Fit Exercise Video *3:00 WU-Strength Training-Gardens 6:00 Father's Day Movie Special: "Big Fish" with Ewan McGregor <div>25</div>	9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Coffee Klatch with Mini Powdered Donettes-Room #119 11:45 Outing: Mass at St. Thomas Church *2:30 Slow and Gentle Yoga with Denise *5:30 WU-Bible Study w/ Resident, Nancy <div>26</div>	Dr. Transportation 8:45 In The News with Gina-2nd 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd *10:00 WU-Card Making with Alan-2nd 1:00 Outdoor Stroll with Alan (Weather Permitting)-Meet in Lobby *2:00 WU-Guided Imagery w/ Resident, Marilyn *3:00 WU-Senior Strength with Katy 6:00 Father Knows Best: Episodes 7 & 8 <div>27</div>	9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd *10:00 WU-Community Service: Be a Community Scientist with Renee 1:00 Outing: Shopping 1:45-3:00 Bingo for Dimes with Sam-MDR *3:30 WU-Sip n' Thrive Mixology with Alan: "Coronarita"-Lounge 4:00 Outing: Dinner at Nick's Pizza *5:30 WU-Virtual Reality Experience with Alan: "Traveling Along Route 66" <div>28</div>	Dr. Transportation 8:45 Today's Happenings with Gina 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd 10:00 Virtual Protestant Service *2:00 WU-Card Making with Zita *3:00 WU-Strength Training with Resident, Meg 6:00 Who's My Match: Countries Flags (Pick up your sheet at the Front Desk) <div>29</div>	9:30 & 1:00 Outing: Shopping 8:45 You Be the Judge with Gina-2nd 9:00 Moving to Music *9:30 WU-Connie's Total Body Workout-3rd *10:00 WU-Cell Phone & Tablet Basics with Donna-2nd 2:00 Monthly Birthday/Welcome Party with Music by Dante-MDR 6:00 Summertime Fun Activity Packet (Pick up your packet at the Front Desk) <div>30</div>	
		<div>JUNE 2023</div> <div>Town Center</div>			<div>ACTIVITY LOCATOR KEY</div> <div>All Activities will be in the 2nd Floor Activity Room, unless noted.</div> <div>Please sign-up at the front desk for all outings.</div>	