

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Sunrise Stretching (B/F)</li> <li>10:30-11:00 Televised Worship Service (CR/F)</li> <li>11:00-11:30 Daily Chronicle (CR/F)</li> <li>11:00-1:00 Dallas Museum of Art (CB)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 WU: Tai Chi and Tea (B/F)</li> <li>2:30-3:30 Word Search Mania (B/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:15 Exercise: Fitness and Fun (B/F)</li> <li>10:15-11:15 The Men's Club (TR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>2:30-3:30 Rummikub with Friends (CR/F)</li> <li>3:30-4:30 Happy Hour with Music (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:15 Chair Yoga Dancing (B/F)</li> <li>10:30-11:30 WU: Prayer &amp; Bible Discussion (TR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>2:30-3:30 Rummikub with Friends (CB/F)</li> <li>3:30-4:30 Happy Hour /Sweet Bingo (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Chair Yoga (B/F)</li> <li>10:15-11:15 WU: Learning Academy w/ Curtis (CR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 Mexican Train Game (CR/F)</li> <li>2:00-2:30 Walking Club (L/F)</li> <li>3:30-4:30 The Daily Splash: Name that Tune (CB/F)</li> <li>3:30-4:30 The Daily Splash: Wacky Wednesdays (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Chair Yoga Dancing (B/F)</li> <li>10:00-11:30 IKE Countdown to D-Day (CR/F)</li> <li>10:30-11:30 Thirsty Thursday (CB/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>3:30-4:30 Are You Smarter than a Sixth Grader (CR/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:15 Exercise: Fitness and Fun (B/F)</li> <li>10:15-11:15 WU: WWII Series: War &amp; Remembrance (CR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 Rummikub with Friends (CB/F)</li> <li>3:30-4:30 Happy Hour /Pokeno Game (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:00-10:00 Doughnut Social (CB/F)</li> <li>9:45-10:15 Saturday Stretch (B/F)</li> <li>10:00-2:00 Juanita Craft Civil Rights House Tour (CB)</li> <li>10:30-11:00 Activity Packets w/ Daily Chronicle (B/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:00-2:30 Saturday Matinee Movie (CR/F)</li> <li>2:00-3:00 Craft Corner "Mystery Craft" (B/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>
<p><b>8</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Sunrise Stretching (B/F)</li> <li>10:30-11:00 Televised Worship Service (CR/F)</li> <li>11:00-11:30 Daily Chronicle (CR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 WU: Tai Chi and Tea (B/F)</li> <li>2:30-3:30 Word Search Mania (B/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:15 Exercise: Fitness and Fun (B/F)</li> <li>10:15-11:15 The Men's Club (TR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>2:30-3:30 Rummikub with Friends (CR/F)</li> <li>3:30-4:30 Happy Hour with Music (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:15 Chair Yoga Dancing (B/F)</li> <li>10:30-11:30 WU: Prayer &amp; Bible Discussion (TR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 Rummikub with Friends (CB/F)</li> <li>2:30-3:30 WU: Current Events w/ Randy Mayeux (CR/F)</li> <li>3:30-4:30 Happy Hour /Sweet Bingo (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Chair Yoga (B/F)</li> <li>9:30-10:00 Exercise: Fitness and Fun (B/F)</li> <li>10:15-12:00 Outing to The Rock Barrel (TRB)</li> <li>10:15-11:15 WU: Learning Academy w/ Curtis (CR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:15-3:00 Mexican Train Game (BRT/F)</li> <li>2:00-2:30 Walking Club (L/F)</li> <li>3:30-4:30 The Daily Splash: Name that Tune (CB/F)</li> <li>3:30-4:30 The Daily Splash: Wacky Wednesdays (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>12</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Chair Yoga Dancing (B/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>3:30-4:30 Are You Smarter than a Sixth Grader (CR/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-2:00 Carrollton Historic District (CB)</li> <li>9:30-10:15 Exercise: Fitness and Fun (B/F)</li> <li>10:15-11:15 WU: WWII Series: War &amp; Remembrance (CR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 Rummikub with Friends (CB/F)</li> <li>3:30-4:30 Happy Hour /Pokeno Game (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:00-10:00 Doughnut Social (CB/F)</li> <li>9:45-10:15 Saturday Stretch (B/F)</li> <li>10:30-11:00 Activity Packets w/ Daily Chronicle (B/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:00-3:00 Baby Party (TR/F)</li> <li>1:00-3:00 Saturday Matinee Movie (CR/F)</li> <li>6:00-7:00 Saturday Night Live Music (L/F)</li> </ul>
<p><b>15</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Sunrise Stretching (B/F)</li> <li>10:30-11:00 Televised Worship Service (CR/F)</li> <li>11:00-11:30 Daily Chronicle (CR/F)</li> <li>12:00-3:00 Car Show (L/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 WU: Tai Chi and Tea (B/F)</li> <li>2:30-3:30 Father's Day Celebration with Toney Walsh (L/F)</li> <li>2:30-3:30 Word Search Mania (B/F)</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:15 Exercise: Fitness and Fun (B/F)</li> <li>10:15-11:15 The Men's Club (TR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>2:30-3:30 Rummikub with Friends (CR/F)</li> <li>3:30-4:30 Happy Hour with Music (CB/F)</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:15 Chair Yoga Dancing (B/F)</li> <li>9:30-2:00 Shopping Outing: Target, CVS, Northpark (RSVP Needed) (L/F)</li> <li>10:30-11:30 WU: Prayer &amp; Bible Discussion (TR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 Residents Council Meeting (CR/F)</li> <li>2:30-3:30 Rummikub with Friends (CB/F)</li> <li>3:30-4:30 Happy Hour /Sweet Bingo (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Chair Yoga (B/F)</li> <li>9:30-10:00 Exercise: Fitness and Fun (B/F)</li> <li>10:15-11:15 WU: Learning Academy w/ Curtis (CR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-3:15 WU: Jewelry Making w/ Beccye (TR/F)</li> <li>2:00-2:30 Walking Club (L/F)</li> <li>3:30-4:30 The Daily Splash: Name that Tune (CB/F)</li> <li>3:30-4:30 The Daily Splash: Wacky Wednesdays (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Chair Yoga Dancing (B/F)</li> <li>10:30-11:30 WU: Garden Club Meeting (TFT/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>3:30-4:30 Are You Smarter than a Sixth Grader (CR/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:15 Exercise: Fitness and Fun (B/F)</li> <li>10:15-11:15 WU: WWII Series: War &amp; Remembrance (CR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 Train Your Brain (CB/F)</li> <li>3:30-4:30 Happy Hour /Pokeno Game (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:00-10:00 Doughnut Social (CB/F)</li> <li>9:45-10:15 Saturday Stretch (B/F)</li> <li>10:00-2:00 Meadows Museum (CB)</li> <li>10:30-11:00 Activity Packets w/ Daily Chronicle (B/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:00-2:30 Saturday Matinee Movie (CR/F)</li> <li>2:00-3:00 Craft Corner "Mystery Craft" (B/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>
<p><b>22</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Sunrise Stretching (B/F)</li> <li>10:30-11:00 Televised Worship Service (CR/F)</li> <li>11:00-11:30 Daily Chronicle (CR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 WU: Tai Chi and Tea (B/F)</li> <li>2:30-3:30 Word Search Mania (B/F)</li> <li>3:30-4:30 Sunday Happy Hour (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:15 Exercise: Fitness and Fun (B/F)</li> <li>10:15-11:15 The Men's Club (TR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>2:30-3:30 Rummikub with Friends (CR/F)</li> <li>3:30-4:30 Happy Hour with Music (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:15 Chair Yoga Dancing (B/F)</li> <li>10:30-11:30 WU: Prayer &amp; Bible Discussion (TR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 Rummikub with Friends (CB/F)</li> <li>2:30-3:30 WU: Current Events w/ Randy Mayeux (CR/F)</li> <li>3:30-4:30 Happy Hour /Sweet Bingo (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Chair Yoga (B/F)</li> <li>9:30-10:00 Exercise: Fitness and Fun (B/F)</li> <li>10:15-11:15 WU: Learning Academy w/ Curtis (CR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:00-3:00 Outing/The Dallas Contemporary (TDCC)</li> <li>2:00-2:30 Walking Club (L/F)</li> <li>2:30-3:30 WU: Name That Tune w/ Mike Frankel (CR/F)</li> <li>3:30-4:30 Social Hour: Birthday Happy Hour (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Chair Yoga Dancing (B/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>3:30-4:30 Are You Smarter than a Sixth Grader (CR/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>27</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-2:00 Downtown Plano Arts District (CB)</li> <li>9:30-10:15 Exercise: Fitness and Fun (B/F)</li> <li>10:15-11:15 WU: WWII Series: War &amp; Remembrance (CR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 Train Your Brain (CB/F)</li> <li>3:30-4:30 Happy Hour /Pokeno Game (CB/F)</li> <li>3:30-4:30 Mimosa Mixer Happy Hour (CB/F)</li> <li>3:30-4:30 Mimosa Mixer Happy Hour (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:00-10:00 Doughnut Social (CB/F)</li> <li>9:45-10:15 Saturday Stretch (B/F)</li> <li>10:30-11:00 Activity Packets w/ Daily Chronicle (B/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:00-2:30 Saturday Matinee Movie (CR/F)</li> <li>2:00-3:00 Craft Corner "Mystery Craft" (B/F)</li> <li>3:30-4:30 Saturday Music: "Jazz Express" (L/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>
<p><b>29</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:00 Sunrise Stretching (B/F)</li> <li>10:30-11:00 Televised Worship Service (CR/F)</li> <li>11:00-11:30 Daily Chronicle (CR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-2:30 WU: Tai Chi and Tea (B/F)</li> <li>2:30-3:30 Word Search Mania (B/F)</li> <li>3:30-4:30 Sunday Happy Hour (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li>7:30-9:00 Breakfast (DRF)</li> <li>9:30-10:15 Exercise: Fitness and Fun (B/F)</li> <li>10:15-11:15 The Men's Club (TR/F)</li> <li>12:00-1:00 Lunch (DRF)</li> <li>1:30-3:00 WU: Mosaic Art w/ Esther (TR/F)</li> <li>2:30-3:30 Rummikub with Friends (CR/F)</li> <li>3:30-4:30 Happy Hour with Music (CB/F)</li> <li>5:00-6:00 Dinner (DRF)</li> </ul>					

- Body
- Community
- Entertainment
- Mind
- Outing
- Spirit

**Activity Locator Key:**

CR = Community Room (1st Floor)  
 TR = Tea Room (7th Floor)  
 CB = Craddock's Bar /Lounge (1st Floor)  
 PT = Poker Table (3rd Floor)  
 L = Lobby (1st Floor)  
 BR = Bridge (3rd Floor)  
 DR = Dining Room (1st Floor)

**Leadership Team:**

Executive Director: Chad Hubbard  
 Resident Care Director: Rhonda Battee  
 Memory Care Director: Delondria Epps  
 Dining Services Director: Kyle Blazer  
 Maintenance Director: Brandon DeLeon  
 Sales Director: Cynthia Seskes  
 Human Resources Director: Patricia Gloria-Barraza  
 Business Office Manager: Tomicca Wilson

# Assisted Living June 2025

