SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 1:30- Games in the Pub 2:00 - Chaplet of Divine Mercy 3:00- Volleyball 4:15 - iN2L : Art History 6:15 - EWTN Worship Service Ch.18	Art Exhibit in Lobby 9:45 - Resistance Exercise 10:15 - Balance Assesment 10:30 - Scattergories 1:30 - WU: Family Recipes 3:00 - Happy Hour in Pub/ WU: Marilyn Monroe 4:15 - iN2L: Animal Adventures 6:15 - Comedy Club: Red Skelton 2	9:45 - WU: Exercise with Kim 10:30 - One Long Word 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - WU: Memory Book 3:30 - Car Show Trip 4:15 - iN2L: Meditation 6:15 - Prize BINGO	9:30 - Blood Pressure Clinic 9:45 - Cardio Exercise 10:30 - Plinko 1:30- Jimmy Mazz Entertains 3:00 - Outdoor Reflection 4:00 - Dominoes in Pub 6:15 - Poker with Friends in Pub	9:45 - Theraband Exercise 10:30 - WU: Health Talk "The Aging Brain" 11:00- Word Games 1:30 - WU: Engage VR 1:30 - WU: Timely Topics Around the World 3:00- WU: Garden Party Planting 4:15 - iN2L: Relaxation 6:15 - Art Exhibit Wine & Cheese Reception	9:45 - Balance Exercise 10:30 - Crossword Puzzle 1:30 - Catholic Mass With Father Wayne 2:45 - Karma the Dog Visits 3:00 - Happy Hour in Pub/ Music Exploration 4:15 - iN2L: Breathe 6:15 - An Eye for Art: Vision Board	9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize BINGO 3:00 - Movie Matinee in Pub: "The World's Fastest Indian" 4:15 - iN2L: Piggy Bankers 6:15 - Coffe Social in Cafe'/ Daily Chronicle 7
9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 2:00 - Chaplet of Divine Mercy 3:00-Volleyball 4:15 - iN2L : Art History 6:15 - EWTN Worship Service Ch.18	9:45 - Resistance Exercise 10:30 - Scattergories 1:15 - Communion 3:00- Happy Hour in Pub/ WU: Morgan Freeman 4:15- iN2L: Animal Adventures 6:15- Comedy Club: I Love Lucy	9:45 - WU: Exercise With Kim 10:30 - One Long Word 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - Johnny P. Performs 3:00 - Outdoor Reflection 4:15 - iN2L: Meditation 6:15 - Prize BINGO	9:45 - Cardio Exercise 10:30 Library Trip 10:30 - WU: Discovery Series: "Man, It's Time To Move" 11:30 Redstone Lunch Trip 3:15 - Outdoor Reflection 4:00 - Dominoes in Pub 6:15- Poker with Friends in the Pub	9:45 - Theraband Exercise 10:30 - WU: Scrumptious Delights 11:00- Outdoor Walks 1:30 - WU: Engage VR 1:30 - WU: Patriotic Card Making 3:00 - Men's Social in the Pub 4:15 - iN2L: Relaxation 6:15 - LCR in Activity Room	9:45 - Balance Exercise 10:30 - Crossword Puzzle 1:30 - Pitch & Putt Golf 2:45 - Karma the Dog Visits 3:00 - WU: Wine and the Times 4:15 - iN2L: Breathe 6:15 - An Eye for Art: Vision Board	Flag Day 9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Tony Rarus Performs 3:00 - Movie Matinee in Pub: "Nonna's" 4:15 - iN2L: Radio Garden 6:15 - Coffe Social in Cafe'/ Daily Chronicle
Father's Day 9:45 - Exercise W/Krystén 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 12:00- Special Father's Day Luncheon 1:00- Piano Entertainment 2:00 - Grace Church Service 4:15 - iN2L : Art History 6:15 - EWTN Worship Service	9:45 - Resistance Exercise 10:30 - Scattergories 1:15 - Outdoor Reflection 2:00- Chaplet of Divine Mercy Prayer 3:00 - Happy Hour in Pub/ WU: Peter Dinklage 4:15 - iN2L: Animal Adventures 6:15 - Comedy Club: Dean Martin	9:45 - WU: Exercise With Kim 10:30 - One Long Word 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - WU: Chef's Kitchen 3:00 - WU: Timely Topics Around the World 4:15 - iN2L: Meditation 6:15 - Prize BINGO	Bake Sale/Alzheimer's 9:30 - Blood Pressure Clinic 9:45 - Cardio Exercise 10:30 - WU: The Wild Side 1:30- WU: Culinary Adventures 3:00 - Corn Hole 4:00 - Dominoes in Pub 6:15 - Poker with Friends in the Pub	Juneteenth 9:45 - Theraband Exercise 10:00 - WU: Jeff The Plant Guy 11:00- Outdoor Meditation 1:30 - WU: Engage VR 1:30 - WU: Old News 3:00 - WU: Notable Figures 4:15 - iN2L: Relaxation 6:15 - LCR in Activity Room	9:45 - Balance Exercise 10:30 - Crossword Puzzle 1:30 - Disco Dance Party 2:45 - Karma the Dog Visits 3:00 - Happy Hour in Pub/ Animal Antics 4:00- iN2L: Breathe 6:15 - An Eye for Art: Vision	9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize BINGO 3:00 - Movie Matinee in Pub: "Where Hope Grows" 4:15 - iN2L: Bubble Popper 6:15 - Coffe Social in Cafe'/ Daily Chronicle Discussion 21
9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 2:00 - Chaplet of Divine Mercy 2:30- Old Post Road Orchestra Trip 4:15 - iN2L : Art History 6:15 - EWTN Worship Service Ch.18	9:45 - Resistance Exercise 10:30 - Scattergories 1:15 - Communion 3:00 - Happy Hour in Pub/ WU: Nicole Kidman 4:15 - iN2L: Animal Adventures 6:15 - Comedy Club: Carol Burnett	9:45 - WU: Exercise With Kim 10:30 - One Long Word 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - Randall's Ice Cream Trip 3:00 - 360 Well-Mind,Body, Spirit 4:15 - iN2L: Meditation 6:15 - Prize BINGO	9:45 - Cardio Exercise 10:30 - Sunshine Club 10:30- Library Trip 1:30- WU: Timely Topics Around the World 3:00- Ice Cream Social 4:00 - Dominoes in Pub 6:15 - Poker with Friends in Pub	9:45 - Theraband Exercise 10:30 - Food For Thought Meeting 1:30 - WU: Engage VR 1:30 - Derek Bridges Performs 3:00 - Outdoor Walks 4:15 - iN2L: Relaxation 6:15 - LCR in Activity Room	9:45 - Balance Exercise 10:30 - Crossword Puzzle 1:30 - Resident Council Meeting 2:45 - Karma the Dog Visits 3:00 - Beverly On The Piano 4:15 - iN2L: Breathe 6:15 - An Eye for Art: Vision Board	9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize BINGO 3:00 - Movie Matinee in Pub: "For The Love of the Game" 4:15 - iN2L: Wordle 6:15 - Coffe Social in Cafe'/ Daily Chronicle
9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 2:00 - Chaplet of Divine Mercy 3:00-Volleyball 4:15 - iN2L : Art History 6:15 - EWTN Worship Service Ch.18	9:45 - Resistance Exercise 10:30 - Scattergories 1:30- Wii Bowling 3:00- Outdoor Bird Watching 4:15 - iN2L: Animal Adventures 6:15 - Comedy Club: Charlie Chaplin	Celebrate Pride Month * Schedule Subject to Change	Note: Activities in bold denote special programs such as: live music, religious services, & Watermark University courses	Transportation/ Medical Appointments: Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.	.Happy Birthday 7th Eugene Gallagher 9th Lorraine Arsenault 19th Carolyn Bourgios 21st Evelyn Draper 27th Regina Ellis 29th Margaret Farrell	Dates to Remember 6/4 Jimmy Mazz Performs 6/6 Catholic Mass 6/10 Johnny P. Entertains 6/11 Redstone Lunch Trip 6/14 Tony Rarus on Guitar 6/15 Father's day Luncheon 6/15 Piano Entertainment 6/15 Grace Church
JUNE 20 Assisted L EAST VILLAGE A WATERMARK RETIREMENT COMMUNITY	iving		Pet Therapy Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.	Engage VR - Virtual Reality If you are interested in traveling, exploring under the sea or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus	A Prayer Service with Communion will be held every Sunday and Tuesday @ 11:00am in the Pub Chaplet of Divine Mercy will be held @ 2pm Sundays	6/18 Bake Sale Fundraiser for Alzheimer's 6/19 WU: Jeff the Plant Guy 6/24 Ice Cream Trip 6/25 Ice Cream Social 6/26 Derek Bridges Performs 6/27 Beverly on the Piano