SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 10:00- Mass on TV Ch.9 Sole to Soul Walking Club Morning Exercise Sing Along 2:00- Chaplet of Divine Mercy Energy Burst Bird Watching Music Hour: Jazz Hearthside Book Club 	 Joyful Movement WU: Artistry Unleashed Brain Games Energy Burst Table Top Bowling Planting Sunflowers Outdoor Patio Enjoyment Music Hour: 1940's Game Night: High/Low 	 Strengthening Exercise WU: Culinary Creations Group Discussion: Summer Vacation Ice Cream Out Trip Household Routines Soul to Soul Walking Club Music Hour: Elvis Artistic Expression 	 Balance Exercise Coffee Social in Cafe' Daily Chronicle 1:30- Jimmy Mazz Entertains Energy Burst Name that Tune Word Game: Places to Visit Music Hour: Bach Scenic Relaxation 	 Conductorcise Objects BINGO Brain Games Energy Burst WU: Person of Interest: Marilyn Monroe 1960's Sing Along Hoop Toss Music Hour: Diana Ross Sorting/ Sequencing 	 Flexibility Exercise Target Toss Memory Triggers Energy Burst 1:30- Catholic Mass w/Fr Wayne Hearthside Book Club Karma the Dog Visits Music Hour: Johnny Cash Connect 4 	 Stretching Exercise WU: Reminisce: The Victory Garden Coffee Social Energy Burst Saturday Matinee: Kangaroo Valley Outdoor Reflection Ball Toss Household Tasks Volleyball Virtual Roadtrippers
 10:00- Mass on TV Ch.9 Sole to Soul Walking Club Morning Exercise Sing Along 2:00- Chaplet of Divine Mercy Energy Burst Bird Watching Music Hour: Jazz Hearthside Book Club 	 Joyful Movement WU: Artistry Unleashed Brain Games Energy Burst 1:00- Communion Table Top Bowling Sorting/Sequencing Outdoor Patio Enjoyment Music Hour: 1940's Game Night: High/Low 	 Strengthening Exercise WU: Culinary Creations Group Discussion: First Car Energy Burst 1:30- Johnny P. Performs Household Routines Soul to Soul Walking Club Music Hour: Elvis Artistic Expression 	 Balance Exercise Coffee Social in Cafe' Daily Chronicle Gratitude & Reflections Energy Burst Dominoes Word Game: Starts with "J" Music Hour: Bach Scenic Relaxation 	 Conductorcise Memory Magic Game Brain Games Energy Burst Ice Cream Out Trip WU: Person of Interest: Morgan Freeman 3:00- Men's Social in Pub Hoop Toss Music Hour: Diana Ross Sorting/ Sequencing 12 	 Flexibility Exercise Pitch & Putt Golf Memory Triggers Energy Burst Broadway Sing Along/Karaoke Hearthside Book Club Karma the Dog Visits Music Hour: Johnny Cash Connect 4 	 Stretching Exercise WU: Reminisce: The Clothesline Coffee Social Energy Burst Tony Rarus Performs Saturday Matinee: <i>Puff Wonders of the Reef</i> Outdoor Reflection Household Tasks Volleyball Virtual Roadtrippers 14
 10:00- Mass on TV Ch.9 Sole to Soul Walking Club Morning Exercise 12:00 - Father's Day Luncheon 1:00- Piano Entertainment 2:00- Grace Church Service Energy Burst Bird Watching Music Hour: Jazz Hearthside Book Club 	 Joyful Movement WU: Artistry Unleashed Brain Games Energy Burst Sing Along Sorting/Sequencing Outdoor Patio Enjoyment Music Hour: 1940's Game Night: High/Low 	 Strengthening Exercise WU: Culinary Creations Group Discussion: Caring for Pets Energy Burst Household Routines Soul to Soul Walking Club Music Hour: Elvis Artistic Expression 	 Balance Exercise Coffee Social in Cafe' Daily Chronicle Card Making/ Pen Pals Energy Burst Blowing Bubbles on the Patio Word Game: Catergories Music Hour: Bach Scenic Relaxation 	 Conductorcise Objects BINGO Brain Games Energy Burst WU: Person of Interest: Peter Dinklage Horse Racing 1950's Sing Along Music Hour: Diana Ross Sorting/ Sequencing 19 	 Flexibility Exercise Volleyball Memory Triggers Energy Burst 1:30- Disco Dance Party Karma the Dog Visits Matching Music Hour: Johnny Cash Connect 4 	 Stretching Exercise WU: Reminisce: Fresh-Air Kids Coffee Social Energy Burst Saturday Matinee: <i>My Octopus Teacher</i> Outdoor Reflection Ball Toss Household Tasks Volleyball Virtual Roadtrippers
 10:00- Mass on TV Ch.9 Sole to Soul Walking Club Morning Exercise Sing Along 2:00- Chaplet of Divine Mercy Energy Burst Bird Watching Music Hour: Jazz Hearthside Book Club 	Joyful Movement WU: Artistry Unleashed Brain Games Energy Burst 1:00- Communion Table Top Bowling Sorting/Sequencing Outdoor Patio Enjoyment Music Hour: 1940's Game Night: High/Low 23	 Strengthening Exercise WU: Culinary Creations Group Discussion: Gardens Energy Burst Household Routines Soul to Soul Walking Club Music Hour: Elvis Artistic Expression 	 Balance Exercise Coffee Social in Cafe' Daily Chronicle Gratitude & Reflections Energy Burst 2:00- Ice Cream Social Dominoes Word Game: Rhymes Music Hour: Bach Scenic Relaxation 	 Conductorcise Memory Magic Game Brain Games Energy Burst 1:30 - Derek Bridges Performs for Monthly Birthdays Party Magnetic Tiles Hoop Toss Music Hour: Diana Ross Sorting/ Sequencing 	 Flexibility Exercise Kickball Memory Triggers Energy Burst Aqua Painting Karma the Dog Visits Beverly on Piano in Lobby Music Hour: Johnny Cash Connect 4 	 Stretching Exercise WU: Reminisce: Cutting Hay Coffee Social Energy Burst Saturday Matinee: <i>Tiny Creatures</i> Outdoor Reflection Ball Toss Household Tasks Volleyball Virtual Roadtrippers
 10:00- Mass on TV Ch.9 Sole to Soul Walking Club Morning Exercise Sing Along 2:00- Chaplet of Divine Mercy Energy Burst Bird Watching Music Hour: Jazz Hearthside Book Club 	 Joyful Movement WU: Artistry Unleashed Brain Games Energy Burst WU: Person of Interest: Nicole Kidman Outdoor Patio Enjoyment Music Hour: 1940's Game Night: High/Low 	ACTIVITY LOCATOR KEY Body Community Mind Spirit	<u>Note:</u> Activities in bold denote special programs such as : live music, religious services, & Watermark University courses.	<u>Transportation/ Medical</u> <u>Appointments:</u> Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.	Pet Therapy Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.	As the weather improves we will be making every effort to host our activities outside on the courtyard.
JUNE 20 Prema Mem	ory Support	* Schedule Subject to Change	Happy Birthday! 7th Eugene Gallagher 9th Lorraine Arsenault 19th Carolyn Bourgois 21st Evelyn Draper 27th Regina Ellais 29th Margaret Farrell	Dates to Remember 4th Jimmy Mazz 6th Catholic Mass 14th Tony Rarus 15th Piano Entertainment 15th Grace Church Service 20th Disco Dance Party 25th Ice Cream Social 26th Derek Bridges/ Birthday Party		

