SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul> <li>10:00- Mass on TV Ch.9</li> <li>Sole to Soul Walking Club</li> <li>Morning Exercise</li> <li>Sing Along</li> <li>2:00- Chaplet of Divine Mercy</li> <li>Energy Burst</li> <li>Bird Watching</li> <li>Music Hour: Jazz</li> <li>Hearthside Book Club</li> </ul>	<ul> <li>Joyful Movement</li> <li>WU: Artistry Unleashed</li> <li>Brain Games</li> <li>Energy Burst</li> <li>Table Top Bowling</li> <li>Planting Sunflowers</li> <li>Outdoor Patio Enjoyment</li> <li>Music Hour: 1940's</li> <li>Game Night: High/Low</li> </ul>	<ul> <li>Strengthening Exercise</li> <li>WU: Culinary Creations</li> <li>Group Discussion: Summer Vacation</li> <li>Ice Cream Out Trip</li> <li>Household Routines</li> <li>Soul to Soul Walking Club</li> <li>Music Hour: Elvis</li> <li>Artistic Expression</li> </ul>	<ul> <li>Balance Exercise</li> <li>Coffee Social in Cafe'</li> <li>Daily Chronicle</li> <li>1:30- Jimmy Mazz Entertains</li> <li>Energy Burst</li> <li>Name that Tune</li> <li>Word Game: Places to Visit</li> <li>Music Hour: Bach</li> <li>Scenic Relaxation</li> </ul>	<ul> <li>Conductorcise</li> <li>Objects BINGO</li> <li>Brain Games</li> <li>Energy Burst</li> <li>WU: Person of Interest: Marilyn Monroe</li> <li>1960's Sing Along Hoop Toss Music Hour: Diana Ross Sorting/ Sequencing</li> </ul>	<ul> <li>Flexibility Exercise Target Toss Memory Triggers</li> <li>Energy Burst</li> <li>1:30- Catholic Mass w/Fr Wayne Hearthside Book Club</li> <li>Karma the Dog Visits</li> <li>Music Hour: Johnny Cash Connect 4</li> </ul>	<ul> <li>Stretching Exercise</li> <li>WU: Reminisce: The Victory Garden Coffee Social</li> <li>Energy Burst Saturday Matinee: Kangaroo Valley Outdoor Reflection Ball Toss Household Tasks</li> <li>Volleyball Virtual Roadtrippers</li> </ul>
<ul> <li>10:00- Mass on TV Ch.9</li> <li>Sole to Soul Walking Club</li> <li>Morning Exercise</li> <li>Sing Along</li> <li>2:00- Chaplet of Divine Mercy</li> <li>Energy Burst</li> <li>Bird Watching</li> <li>Music Hour: Jazz</li> <li>Hearthside Book Club</li> </ul>	<ul> <li>Joyful Movement</li> <li>WU: Artistry Unleashed</li> <li>Brain Games</li> <li>Energy Burst</li> <li>1:00- Communion</li> <li>Table Top Bowling</li> <li>Sorting/Sequencing</li> <li>Outdoor Patio Enjoyment</li> <li>Music Hour: 1940's</li> <li>Game Night: High/Low</li> </ul>	<ul> <li>Strengthening Exercise</li> <li>WU: Culinary Creations</li> <li>Group Discussion: First Car</li> <li>Energy Burst</li> <li>1:30- Johnny P. Performs</li> <li>Household Routines</li> <li>Soul to Soul Walking Club</li> <li>Music Hour: Elvis</li> <li>Artistic Expression</li> </ul>	<ul> <li>Balance Exercise</li> <li>Coffee Social in Cafe'</li> <li>Daily Chronicle</li> <li>Gratitude &amp; Reflections</li> <li>Energy Burst</li> <li>Dominoes</li> <li>Word Game: Starts with "J"</li> <li>Music Hour: Bach</li> <li>Scenic Relaxation</li> </ul>	<ul> <li>Conductorcise</li> <li>Memory Magic Game Brain Games</li> <li>Energy Burst Ice Cream Out Trip</li> <li>WU: Person of Interest: Morgan Freeman</li> <li>3:00- Men's Social in Pub Hoop Toss</li> <li>Music Hour: Diana Ross Sorting/ Sequencing</li> <li>12</li> </ul>	<ul> <li>Flexibility Exercise Pitch &amp; Putt Golf Memory Triggers</li> <li>Energy Burst Broadway Sing Along/Karaoke Hearthside Book Club</li> <li>Karma the Dog Visits</li> <li>Music Hour: Johnny Cash Connect 4</li> </ul>	<ul> <li>Stretching Exercise</li> <li>WU: Reminisce: The Clothesline Coffee Social</li> <li>Energy Burst</li> <li>Tony Rarus Performs Saturday Matinee: <i>Puff Wonders of the Reef</i></li> <li>Outdoor Reflection Household Tasks</li> <li>Volleyball Virtual Roadtrippers</li> <li>14</li> </ul>
<ul> <li>10:00- Mass on TV Ch.9</li> <li>Sole to Soul Walking Club</li> <li>Morning Exercise</li> <li>12:00 - Father's Day Luncheon</li> <li>1:00- Piano Entertainment</li> <li>2:00- Grace Church Service</li> <li>Energy Burst</li> <li>Bird Watching</li> <li>Music Hour: Jazz</li> <li>Hearthside Book Club</li> </ul>	<ul> <li>Joyful Movement</li> <li>WU: Artistry Unleashed</li> <li>Brain Games</li> <li>Energy Burst</li> <li>Sing Along</li> <li>Sorting/Sequencing</li> <li>Outdoor Patio Enjoyment</li> <li>Music Hour: 1940's</li> <li>Game Night: High/Low</li> </ul>	<ul> <li>Strengthening Exercise</li> <li>WU: Culinary Creations</li> <li>Group Discussion: Caring for</li> <li>Pets</li> <li>Energy Burst</li> <li>Household Routines</li> <li>Soul to Soul Walking Club</li> <li>Music Hour: Elvis</li> <li>Artistic Expression</li> </ul>	<ul> <li>Balance Exercise</li> <li>Coffee Social in Cafe'</li> <li>Daily Chronicle</li> <li>Card Making/ Pen Pals</li> <li>Energy Burst</li> <li>Blowing Bubbles on the Patio</li> <li>Word Game: Catergories</li> <li>Music Hour: Bach</li> <li>Scenic Relaxation</li> </ul>	<ul> <li>Conductorcise</li> <li>Objects BINGO</li> <li>Brain Games</li> <li>Energy Burst</li> <li>WU: Person of Interest: Peter Dinklage</li> <li>Horse Racing 1950's Sing Along</li> <li>Music Hour: Diana Ross Sorting/ Sequencing</li> <li>19</li> </ul>	<ul> <li>Flexibility Exercise</li> <li>Volleyball Memory Triggers</li> <li>Energy Burst</li> <li>1:30- Disco Dance Party</li> <li>Karma the Dog Visits Matching</li> <li>Music Hour: Johnny Cash Connect 4</li> </ul>	<ul> <li>Stretching Exercise</li> <li>WU: Reminisce: Fresh-Air Kids Coffee Social</li> <li>Energy Burst Saturday Matinee: <i>My Octopus Teacher</i></li> <li>Outdoor Reflection Ball Toss Household Tasks</li> <li>Volleyball Virtual Roadtrippers</li> </ul>
<ul> <li>10:00- Mass on TV Ch.9</li> <li>Sole to Soul Walking Club</li> <li>Morning Exercise</li> <li>Sing Along</li> <li>2:00- Chaplet of Divine Mercy</li> <li>Energy Burst</li> <li>Bird Watching</li> <li>Music Hour: Jazz</li> <li>Hearthside Book Club</li> </ul>	Joyful Movement WU: Artistry Unleashed Brain Games Energy Burst <b>1:00- Communion</b> Table Top Bowling Sorting/Sequencing Outdoor Patio Enjoyment Music Hour: 1940's Game Night: High/Low 23	<ul> <li>Strengthening Exercise</li> <li>WU: Culinary Creations</li> <li>Group Discussion: Gardens</li> <li>Energy Burst</li> <li>Household Routines</li> <li>Soul to Soul Walking Club</li> <li>Music Hour: Elvis</li> <li>Artistic Expression</li> </ul>	<ul> <li>Balance Exercise</li> <li>Coffee Social in Cafe'</li> <li>Daily Chronicle</li> <li>Gratitude &amp; Reflections</li> <li>Energy Burst</li> <li>2:00- Ice Cream Social</li> <li>Dominoes</li> <li>Word Game: Rhymes</li> <li>Music Hour: Bach</li> <li>Scenic Relaxation</li> </ul>	<ul> <li>Conductorcise</li> <li>Memory Magic Game Brain Games</li> <li>Energy Burst</li> <li>1:30 - Derek Bridges Performs for Monthly Birthdays Party Magnetic Tiles Hoop Toss</li> <li>Music Hour: Diana Ross Sorting/ Sequencing</li> </ul>	<ul> <li>Flexibility Exercise</li> <li>Kickball Memory Triggers</li> <li>Energy Burst Aqua Painting</li> <li>Karma the Dog Visits</li> <li>Beverly on Piano in Lobby</li> <li>Music Hour: Johnny Cash Connect 4</li> </ul>	<ul> <li>Stretching Exercise</li> <li>WU: Reminisce: Cutting Hay Coffee Social</li> <li>Energy Burst Saturday Matinee: <i>Tiny Creatures</i> Outdoor Reflection Ball Toss Household Tasks</li> <li>Volleyball Virtual Roadtrippers</li> </ul>
<ul> <li>10:00- Mass on TV Ch.9</li> <li>Sole to Soul Walking Club</li> <li>Morning Exercise</li> <li>Sing Along</li> <li>2:00- Chaplet of Divine Mercy</li> <li>Energy Burst</li> <li>Bird Watching</li> <li>Music Hour: Jazz</li> <li>Hearthside Book Club</li> </ul>	<ul> <li>Joyful Movement</li> <li>WU: Artistry Unleashed</li> <li>Brain Games</li> <li>Energy Burst</li> <li>WU: Person of Interest: Nicole</li> <li>Kidman</li> <li>Outdoor Patio Enjoyment</li> <li>Music Hour: 1940's</li> <li>Game Night: High/Low</li> </ul>	ACTIVITY LOCATOR KEY  Body Community Mind Spirit	<u>Note:</u> Activities in <b>bold</b> denote special programs such as : live music, religious services, & Watermark University courses.	<u>Transportation/ Medical</u> <u>Appointments:</u> Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.	Pet Therapy Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma.	As the weather improves we will be making every effort to host our activities outside on the courtyard.
JUNE 20 Prema Mem	ory Support	* Schedule Subject to Change	Happy Birthday! 7th Eugene Gallagher 9th Lorraine Arsenault 19th Carolyn Bourgois 21st Evelyn Draper 27th Regina Ellais 29th Margaret Farrell	Dates to Remember 4th Jimmy Mazz 6th Catholic Mass 14th Tony Rarus 15th Piano Entertainment 15th Grace Church Service 20th Disco Dance Party 25th Ice Cream Social 26th Derek Bridges/ Birthday Party		

