

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Sole to Soul Walking Club</div> <div>Energy Burst</div> <div>Morning Mingle</div> <div>IDS Sacrament Meeting</div> <div>Hymn Sing A Long</div> <div>Ananda Baskets</div> <div>Thrive Music</div> <div>Joyful Movement</div> <div>Color and Create</div> <div>Rest and Relax</div> <div>Music and Movement</div> <div>Sunday Evening Movie</div> <div>1</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Joyful Movement</div> <div>Energy Burst</div> <div>Tai Chi</div> <div>Morning Mingle</div> <div>Hair Styling</div> <div>Rest and Relax</div> <div>Ananda Baskets</div> <div>Manicures</div> <div>Gardening</div> <div>Thrive Music</div> <div>Monday evening Movie</div> <div>2</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Brain Games</div> <div>This Day In History</div> <div>Energy Burst</div> <div>WU: Writers Collective</div> <div>Rest and Relax</div> <div>Think Tank</div> <div>Scenic Drive</div> <div>Musical Expressions</div> <div>Tuesday Evening Movie</div> <div>Joyful Movement</div> <div>WU: Culinary Creations</div> <div>3</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Strength & Balance</div> <div>This Day in History</div> <div>Rewind Wednesday</div> <div>Rest and Relax</div> <div>Energy Burst</div> <div>Brain Games</div> <div>Guided Imagery</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>LDS Church Services</div> <div>Wednesday Evening Movie</div> <div>4</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Slow Flow Yoga</div> <div>Brain Games</div> <div>Energy Burst</div> <div>WU: Culinary Creations</div> <div>Rest and Relax</div> <div>Throwback Thursday</div> <div>This day in History</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>Thursday Evening Movie</div> <div>5</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Energy Burst</div> <div>Community Life Committee Meeting</div> <div>This Day in History</div> <div>Flashback Friday</div> <div>Fun Facts Friday</div> <div>Happy Hour & Karaoke</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>Friday Evening Movie</div> <div>6</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Stretch & Strength</div> <div>Energy Burst</div> <div>Virtual Roadtrippers</div> <div>Brain Breaks</div> <div>This Day In History</div> <div>Combined Cardio</div> <div>Bingo Game Group</div> <div>Rest and Relax</div> <div>Music and Movement</div> <div>joyful Movement</div> <div>Saturday Evening Movie</div> <div>7</div>
<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Sole to Soul Walking Club</div> <div>Energy Burst</div> <div>Morning Mingle</div> <div>IDS Sacrament Meeting</div> <div>Hymn Sing A Long</div> <div>Ananda Baskets</div> <div>Thrive Music</div> <div>Joyful Movement</div> <div>Color and Create</div> <div>Rest and Relax</div> <div>Music and Movement</div> <div>Sunday Evening Movie</div> <div>8</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Joyful Movement</div> <div>Energy Burst</div> <div>Tai Chi</div> <div>Morning Mingle</div> <div>Hair Styling</div> <div>Rest and Relax</div> <div>Ananda Baskets</div> <div>Manicures</div> <div>Gardening</div> <div>Thrive Music</div> <div>Monday evening Movie</div> <div>9</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Brain Games</div> <div>This Day In History</div> <div>WU: An Eye for Art</div> <div>Energy Burst</div> <div>Rest and Relax</div> <div>Think Tank</div> <div>WU: Culinary Creations</div> <div>Scenic Drive</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>Tuesday Evening Movie</div> <div>10</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Strength & Balance</div> <div>This Day in History</div> <div>Rewind Wednesday</div> <div>Rest and Relax</div> <div>Energy Burst</div> <div>Brain Games</div> <div>Gratitude & Reflections</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>LDS Church Services</div> <div>Wednesday Evening Movie</div> <div>11</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Slow Flow Yoga</div> <div>Brain Games</div> <div>WU: Artistry Unleashed</div> <div>Energy Burst</div> <div>Music through Heart & Soul</div> <div>Fruit Taster's Club</div> <div>Rest and Relax</div> <div>Throwback Thursday</div> <div>This day in History</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>Thursday Evening Movie</div> <div>12</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Service Circle</div> <div>Energy Burst</div> <div>Know Your Neighbor</div> <div>This Day in History</div> <div>Flashback Friday</div> <div>Fun Facts Friday</div> <div>Happy Hour & Karaoke</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>Friday Evening Movie</div> <div>13</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Stretch & Strength</div> <div>Energy Burst</div> <div>Virtual Trip Down Memory Lane</div> <div>Brain Breaks</div> <div>This Day In History</div> <div>Combined Cardio</div> <div>Combined Game Group</div> <div>Rest and Relax</div> <div>Music and Movement</div> <div>joyful Movement</div> <div>Saturday Evening Movie</div> <div>14</div>
<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Sole to Soul Walking Club</div> <div>Energy Burst</div> <div>Morning Mingle</div> <div>IDS Sacrament Meeting</div> <div>Hymn Sing A Long</div> <div>Ananda Baskets</div> <div>Thrive Music</div> <div>Joyful Movement</div> <div>Color and Create</div> <div>Rest and Relax</div> <div>Music and Movement</div> <div>Sunday Evening Movie</div> <div>15</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Joyful Movement</div> <div>Energy Burst</div> <div>Tai Chi</div> <div>Morning Mingle</div> <div>Hair Styling</div> <div>Rest and Relax</div> <div>Ananda Baskets</div> <div>Manicures</div> <div>Gardening</div> <div>Thrive Music</div> <div>Monday evening Movie</div> <div>16</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Brain Games</div> <div>This Day In History</div> <div>Energy Burst</div> <div>Rest and Relax</div> <div>Think Tank</div> <div>WU: Culinary Creations</div> <div>Scenic Drive</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>Tuesday Evening Movie</div> <div>17</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Strength & Balance</div> <div>Gratitude & Reflections</div> <div>This Day in History</div> <div>Rewind Wednesday</div> <div>Rest and Relax</div> <div>Energy Burst</div> <div>Brain games</div> <div>Trip To Alaska</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>LDS Church Services</div> <div>Wednesday Evening Movie</div> <div>18</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Slow Flow Yoga</div> <div>Brain Games</div> <div>WU: An Eye for Art</div> <div>Energy Burst</div> <div>Rest and Relax</div> <div>Throwback Thursday</div> <div>This day in History</div> <div>Variety Show</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>Thursday Evening Movie</div> <div>19</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>WU: Lives Well Lived</div> <div>Energy Burst</div> <div>Happy Hour & Karaoke</div> <div>This Day in History</div> <div>Flashback Friday</div> <div>Fun Facts Friday</div> <div>Happy Hour & Karaoke</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>Friday Evening Movie</div> <div>20</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Stretch & Strength</div> <div>Energy Burst</div> <div>Virtual Adventure</div> <div>Brain Breaks</div> <div>This Day In History</div> <div>Combined Cardio</div> <div>Bingo Game Group</div> <div>Rest and Relax</div> <div>Music and Movement</div> <div>joyful Movement</div> <div>Saturday Evening Movie</div> <div>21</div>
<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Sole to Soul Walking Club</div> <div>Energy Burst</div> <div>Morning Mingle</div> <div>IDS Sacrament Meeting</div> <div>Hymn Sing A Long</div> <div>Ananda Baskets</div> <div>Thrive Music</div> <div>Joyful Movement</div> <div>Color and Create</div> <div>Rest and Relax</div> <div>Music and Movement</div> <div>Sunday Evening Movie</div> <div>22</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Joyful Movement</div> <div>Energy Burst</div> <div>Tai Chi</div> <div>Hair Styling</div> <div>Rest and Relax</div> <div>Ananda Baskets</div> <div>Manicures</div> <div>Music With Terry</div> <div>Gardening</div> <div>Thrive Music</div> <div>Monday evening Movie</div> <div>23</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Brain Games</div> <div>This Day In History</div> <div>Energy Burst</div> <div>Rest and Relax</div> <div>Think Tank</div> <div>WU: Culinary Creations</div> <div>Scenic Drive</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>Tuesday Evening Movie</div> <div>24</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Strength & Balance</div> <div>Gratitude & Reflections</div> <div>Energy Burst</div> <div>This Day in History</div> <div>Rewind Wednesday</div> <div>Rest and Relax</div> <div>Family Ice Cream Social</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>LDS Church Services</div> <div>Wednesday Evening Movie</div> <div>25</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>Slow Flow Yoga</div> <div>Brain Games</div> <div>Energy Burst</div> <div>WU: Artistry Unleashed</div> <div>Rest and Relax</div> <div>Throwback Thursday</div> <div>This day in History</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>Thursday Evening Movie</div> <div>26</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Morning Mingle</div> <div>WU: Person of Interest</div> <div>Energy Burst</div> <div>Medieval Festival</div> <div>This Day in History</div> <div>Flashback Friday</div> <div>Fun Facts Friday</div> <div>Happy Hour & Karaoke</div> <div>Musical Expressions</div> <div>Joyful Movement</div> <div>Friday Evening Movie</div> <div>27</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Stretch & Strength</div> <div>Energy Burst</div> <div>Virtual Roadtrippers</div> <div>Brain Breaks</div> <div>This Day In History</div> <div>Combined Cardio</div> <div>Bingo Game Group</div> <div>Rest and Relax</div> <div>Music and Movement</div> <div>joyful Movement</div> <div>Saturday Evening Movie</div> <div>28</div>
<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Sole to Soul Walking Club</div> <div>Energy Burst</div> <div>Morning Mingle</div> <div>IDS Sacrament Meeting</div> <div>Hymn Sing A Long</div> <div>Ananda Baskets</div> <div>Thrive Music</div> <div>Joyful Movement</div> <div>Color and Create</div> <div>Rest and Relax</div> <div>Music and Movement</div> <div>Sunday Evening Movie</div> <div>29</div>	<div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div><div></div></div> <div>Joyful Movement</div> <div>Energy Burst</div> <div>Tai Chi</div> <div>Morning Mingle</div> <div>Hair Styling</div> <div>Rest and Relax</div> <div>Ananda Baskets</div> <div>Manicures</div> <div>Gardening</div> <div>Thrive Music</div> <div>Monday evening Movie</div> <div>30</div>	ACTIVITY LOCATOR KEY <div><div></div>Body</div> <div><div></div>Community</div> <div><div></div>Mind</div> <div><div></div>Spirit</div>				

JUNE 2025

Prema Memory Support



SUMMIT

SENIOR LIVING

A WATERMARK RETIREMENT COMMUNITYSM