SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Chuck Bracken Concert - Inn 3:30 Sam Papa Memorial Bocce Kick Off w/ lemonade - Bocce Court by Inn Parking Lot 1	10:45 WU Rehab Workout - A 11:30 House of David - 591 11:30 WU Current Affairs - AL 1:30 WU Knit/Crochet w/ Jen - UL 3:00 WU Sound Bath Experience w/ Elizabeth - AL 3:00 Summer Bingo! - UL 7:00 Film: Snow White (2025) - AL, 591 2	10:45 WU Lucy's Limber Up - A 11:30 Series: Genius - 591, AL 11:40 WU Lucy's Breathe Well - A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art - AR 1:00 Shopping Trip: Millbrook 2:30 WU Active Listening - AL 3:00 Bingo w/ prizes - UL 4:00 Deb's Update Meeting - A 3	10:00 Men's Coffee Social - CS 10:45 WU Alexander Tech - A 11:00 Lunch Trip: Olive Garden 11:30 Archaeology Series - AL, 591 1:30 WU Walking Club - NL 2:00 WU Writers' Exchange - L 3:30 FMRA Coffee Social (all are welcome!) - UL 4	10:00 WU Equine Therapy INN 10:45 WU Lucy's Limber Up - A 11:30 Oceanography Series -AL, 591 1:00 Canasta - UL 2:00 WU Art History Film: Pablo Picasso: Legacy of a Genius - A 3:30 WU Film Discussion - AR 3:45 WU Bible Study - INN 4:00 Catholic Communion - AL 6:30 Game Night! - UL 5	10:00 Card Game: Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 Series: Intrgoduction to Cognitive Science - AL, 591 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR 6	10:30 WU Vitality & Balance A 11:00 Scrabble - NL 1:00 Real Zen Series - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Film: The Long Game - A, 591 2:15 Craft w/ Jess: Summer Earrings - AR 4:00 Inter-generational Piano Singalong - Inn 7
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Classic Film: Seven Brides for Seven Brothers - A, 591 3:30 Bocce - Bocce Court 8	10:45 WU Rehab Workout - A 11:30 House of David - 591 11:30 WU Current Affairs - AL 1:00 Shopping Trip: Shoprite 1:30 WU Knit/Crochet w/ Jen - UL 3:00 WU Opera part 1: Pirates of Penzance w/ Dr. Mullee - AL 7:00 Film: Airport - AL, 591 9	10:45 WU Lucy's Limber Up - A 11:30 Series: Genius - 591, AL 11:40 WU Lucy's Breathe Well - A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art: Print Making & Collage Series- AR 3:00 WU Garden Girls Plant Project; Mason Jar Gardens -AR 4:00 WU Sign Language - AL South East Asian Theme Dinner 10	10:45 WU Alexander Tech - A 11:30 Archaeology Series - AL, 591 1:30 WU Walking Club - NL 2:00 WU Health Seminar w/ Sarah: Women's Health w/ Blueberry Smoothies - AL 3:00 WU Opera part 2: Pirates of Penzance- AL 11	10:45 WU Lucy's Limber Up - A 11:30 Flower Arranging - AR 11:30 Oceanography Series -AL, 591 1:00 Canasta - UL 2:00 WU Art History: Pure Art: The Work of Franklin Williams - A 3:15 WU Film Discussion - AR 3:45 WU Bible Study - INN 4:00 Catholic Communion - A 12	10:00 Card Game: Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 Series: Introduction Cognitive Science - AL, 591 2:00 Trivial Pursuit - AL 3:15 WU Greek Cooking on Patio w/ Irene & Kat! 4:00 Shabbat Shalom - PDR 5:45 Trip: Renegades Stadiu 13	Flag Day 10:00 Pledge of Allegiance -A 10:30 WU Vitality & Balance A 11:00 Scrabble - NL 1:00 Real Zen Series - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Love, Weddings & Other Disasters- A, 591 2:15 Broadway Trivia w/Jen AL 4:00 Inter-generational Piano Singalong - Inn 14
Happy Father's Day! 9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Father's Day Concert w/ Nancy Paroli - Inn 15	10:45 WU Rehab Workout - A 11:30 House of David - 591 11:30 WU Current Affairs - AL 1:00 Shopping Trip: Adams 1:30 WU Knit/Crochet w/ Jen - UL 2:00 WU Brain Games w/ Jen McCreery - L 3:00 Scott Stephens Concert- A 7:00 Documentary Film: Every Little Thing - AL, 591 16	10:45 WU Lucy's Limber Up - A 11:30 Series: Genius - 591, AL 11:40 WU Lucy's Breathe Well - A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art: Print Making & Collage - AR 2:30 Food Service Meeting - Bistro 3:00 WU Active Listening - AL 3:30 WU Laura's Book Club - 17	10:45 WU Alexander Tech - A 11:30 Archaeology Series - AL, 591 1:30 WU Walking Club - NL 2:00 Saxophone Name That Tune w/ Wil Greenstreet - INN 3:15 Father Matt's Service - AL 4:00 Popsicles on the Porch - Rocking Chair Porch (off UL) 18	10:45 WU Lucy's Limber Up - A 11:30 Oceanography Series -AL, 591 1:00 Canasta - UL 2:00 WU Art History: The Art of Henry Moore - A 3:00 WU Art History Discussion - AR 3:45 WU Bible Study - INN 4:00 Catholic Communion - AL 4:15 Dinner Trip: Aroi Thai 19	10:00 Card Game: Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Trivial Pursuit - AL 3:30 Happy Hour - UL 4:00 Shabbat Shalom - PDR 20	10:30 Streamed Fitness - 591 11:00 Scrabble - NL 1:00 Real Zen Series - 591 1:00 Wii Bowling w/ Reed - AL 2:00 Film: Harry & Snowman - A, 591 2:15 Craft w/ Jess: Jewelry Making - AR 4:00 Inter-generational Piano Singalong - Inn 21
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Film: Draft Day - A, 591 3:30 WU Spiritual Study w/ Beth &Maayana - AL 22	10:45 WU Rehab Workout - A 11:30 House of David - 591 11:30 WU Current Affairs - AL 1:00 Shopping Trip: Tops 2:00 Documentary: The Quilters - AL, 591 3:00 Grandpa Joe's Washboard Band - A 7:00 Film: Return of the King: The Fall & Rise of Elvis - AL, 591 23	10:45 WU Lucy's Limber Up - A 11:30 Series: Genius - 591, AL 11:40 WU Lucy's Breathe Well -A 1:00 Kings in the Corner - NL 1:00 Canasta - UL 1:00 WU Beginner's Art: Print Making & Collage - AR 2:30 Fellini Film: Il Bidone w/ Coffee & Cannolis w/ Lou - A 4:15 WU Edwin's Prayer Group - AL 24	10:45 WU Tai Chi w/ Cris Caivano - A 11:30 Archaeology Series - AL, 591 1:30 WU Walking Club - NL 1:30 Film: Alice in Wonderland (2010) - AL, 591 2:00 WU Writers Exchange - L 3:30 Root Beer Float Social UL 7:00 Jazz Club Night - PDR 25	10:45 WU Lucy's Limber Up - A 11:00 Shopping Trip: Ollies Bargain Outlet Depot 11:30 Flower Arranging - AR 11:30 Oceanography -AL, 591 1:00 Canasta - UL 2:00 WU Art History: Elizabeth Murray: 4 Decades - A 3:00 WU Film Discussion - AR 3:45 WU Bible Study - INN 4:00 Catholic Communion - AL 5:00 Birthday Dinner - PDR 26	10:00 Card Game: Hand, Knee, Foot - NL 10:45 WU Stretch & Breath w/ Judith - A 1:00 Series: Introduction to Cognitive Science - AL, 591 2:00 Trivial Pursuit - AL 3:30 WU Wine Tasting w/ Carl - Bistro 4:00 Shabbat Shalom - PDR 27	10:30 WU Vitality & Balance A 11:00 Scrabble - NL 1:00 Real Zen Series - 591 1:00 Wii Bowling w/ Reed - AL 2:00 New Film: The Penguin Lessons - A, 591 2:15 Craft w/ Jess: 4th of July Craft - AR 4:00 Inter-generational Piano Singalong - Inn 28
9:30 Church Trip 10:00 Catholic Mass - 591 10:30 WU Meditation & Movement w/ Elizabeth - A 1:30 Mahjong - NL 2:00 Theater Trip: Sharon Playhouse: Million Dollar Quartet 2:00 Film: Instant Family - AL, 591 29	10:45 WU Rehab Workout - A 11:30 House of David - 591 1:30 WU Current Affairs - AL 1:30 Group Knit/Crochet - UL 3:00 WU Music Appreciation: w/ Dr/ Mullee: American Folk Music - A 7:00 New Film: Hillbilly Elegy - AL, 591 30					

JUNE 2025
Independent Living

THE FOUNTAINS
AT MILLBROOK
A WATERMARK RETIREMENT COMMUNITY℠

ACTIVITY LOCATOR KEY

Your Community Life Team:
Lisa Rieckermann, Director
Jennifer Bourque, Associate
Raegan Haege, Associate
Jessica Kaufman, Associate
845-905-8102

Red - Live Exercise
Purple - Music
Dark Orange - Arts & Crafts
Teal - Vocational
Black - Educational/Social
Pink - Health
Green - Trips
Blue - Spiritual, Therapeutic

A - Auditorium
AG - Art Gallery
AL - Allen Lounge
AR - Art Room
BIS - Bistro
CS - Country Store
DR - Dining Room
L - Library
LOB - Main Lobby
NL - North Lounge
PDR - Private Dining Room
UL - Upper Lobby

Please check channel 591 daily for updates!

Church & Shopping trips: sign up @ podium - Lobby

Community Life trips: 905-8102