


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
9:45 Sunday Stretch - AR 10:30 Catholic Service - CH 1:30 Who am I? Trivia - AR 3:00 Manicures - AR 6:15 Creative Coloring - Independent <div>1</div>	10:00 Sit & Be Fit - AR 10:00 <b>Bus Trip: Aldi</b> 1:30 A Deep Dive Into Jaws - 50th Anniversary - Jaws the Movie with Popcorn - MR 6:15 Crossword Puzzles - Independent <div>2</div>	10:00 Cardio Drumming - AR 11:00 Church Service with Pastor Angelo - CH 1:30 Dining Meeting w/ John - ILDR 2:30 Bingo BASH! - AR 3:30 Walking Club -Lobby 6:15 Word Searches (Independent) <div>3</div>	9:00 TOPS Club - LR 10:00 Seated Tai Chi - AR 10:00 <b>Bus Trip: Irondequoit Public Library</b> 1:30 Gardening Club: Planting and Weeding 2:30 Strawberry Lemon Sorbet-LR 3:30 Happy Hour - AR 6:15 Board Games (Independent) <div>4</div>	10:00 Seated Strength Training - AR 10:45 360Well Principle of the Month- Legacy - AR 1:15 Holy Rosary -MR 2:00 Bingo BASH! - AR 3:30 Noodle Ball - AR 6:15 Brain Teasers (Independent) <div>5</div>	10:00 Sliver Sneakers Exercise-AR 10:45 Bible Study with Mike - CH 1:30 Cherry Limeade - LR 2:00 Sing-A-Long with Kathy - LR 3:30 Shuffleboard - AR 6:15 Card Games - Independent <div>6</div>	10:00 Weekend Workout - AR 10:45 Morning Meditation - AR 1:30 Saturday Social - AR 2:30 BINGO BASH! - AR 3:45 Catholic Service - CH 6:15 Game Night - Independent <div>7</div>		
9:45 Sunday Stretch - AR 10:45 Manicures - AR 1:30 WU: World Ocean Day - MR 3:30 Walking Club - Lobby 6:15 Creative Coloring - Independent <div>8</div>	10:00 Sit & Be Fit - AR 10:00 <b>Bus Trip: Wegmans</b> 1:15 <b>Bus Trip: Wild Wings Bird of Prey</b> 3:30 Cornhole Bean Bag Toss- PA 6:15 Crossword Puzzles - Independent <div>9</div>	10:00 Seated Yoga 10:45 Gardening Club: Weeding 1:30 TED Talk Tuesday - MR 2:30 Bingo BASH! -AR 3:30 Walking Club - Lobby 6:15 Word Searches (Independent) <div>10</div>	9:00 TOPS Club - LR 10:00 Get Fit Be Fit - AR 10:00 <b>Bus Trip: Savers</b> 1:30 Assisted Living Resident Council -AR 2:30 Independent Living Resident Council - LR 3:30 Happy Hour - AR 6:15 Board Games (Independent) <div>11</div>	10: 00 Ageless Aerobics 10:45 U.S. Golf Open Championship - AR 1:30 W.U. Art Class with Diana - AS 2:00 Bingo BASH! -AR 3:30 June Birthday Social - AR 6:15 Brain Teasers (Independen <div>12</div>	10:00 Sliver Sneakers Exercise-AR 10:45 Bible Study with Mike - CH 11:30 <b>Bus Trip: Lunch at Genesee Brew House</b> 2:00 Sing-A-Long with Kathy - LR 3:30 Flag Day Trivia - AR 6:15 Card Games - Independen <div>13</div>	<b>Flag Day</b> 10:00 Weekend Workout - AR 10:45 Morning Meditation - AR 1:30 Saturday Social - AR 2:30 BINGO BASH! - AR 3:30 Walking Club - Lobby 6:15 Game Night - Independent <div>14</div>		
<b>Father's Day</b> 9:45 Sunday Stretch - AR 10:30 Catholic Service - CH 1:30 Father's Day Social -AR 2:30 A Toast to TV Dads - AR 3:00 Manicures - AR 6:15 Creative Coloring - Independent <div>15</div>	10:00 Sit & Be Fit - AR 11:00 <b>Bus Trip: Picnic at the Park</b> 1:30 Celebrate Sea Turtles Day with Sea Turtle Painting - AS 2:30 Bowling - GR 3:30 A CrackJack of a Day - LR 6:15 Crossword Puzzles - Independent <div>16</div>	10:00 Cardio Drumming - AR 11:00 Church Service with Pastor Angelo - CH 1:30 Dining Meeting w/ John - ILDR 2:30 Bingo BASH! - AR 3:30 Walking Club -Lobby 6:15 Word Searches (Independent) <div>17</div>	9:00 TOPS Club - LR 10:00 Seated Tai Chi - AR 10:00 <b>Bus Trip: Irondequoit Public Library</b> 2:30 <i>Mike Sidoti - LR</i> 3:30 Happy Hour - AR 6:15 Board Games (Independent) <div>18</div>	<b>Juneteenth</b> 10:00 Seated Strength Training- AR 10:45 Paul McCartney Hits- AR 1:15 Holy Rosary - MR 2:00 Bingo BASH! - AR 3:30 Juneteenth: A Celebration of Freedom -AR 6:15 Brain Teasers (Independent) <div>19</div>	<b>First Day of Summer</b> 10:00 Sliver Sneakers Exercise-AR 10:45 Bible Study with Mike - CH 1:30 Ice Cream Soda - LR 2:00 Sing-A-Long with Kathy - LR 3:30 Songs of Summer - AR 6:15 Card Games - Independen <div>20</div>	<b>The Longest Day</b> 10:00 Weekend Workout - AR 10:45 Morning Meditation - AR 1:30 Saturday Social - AR 2:30 BINGO BASH! - AR 3:30 Walking Club - Lobby 6:15 Game Night - Independent <div>21</div>		
9:45 Sunday Stretch - AR 10:30 Catholic Service - CH 1:30 World Rainforest Day- AR 3:00 Manicures - AR 6:15 Creative Coloring - Independent <div>22</div>	10:00 Sit & Be Fit - AR 10:00 <b>Bus Trip: Wegmans</b> 1:30 <b>Bus Trip : RMSC</b> 1:30 Afternoon Matinee with Popcorn - Father of the Bride - MR 6:15 Crossword Puzzles - Independent <div>23</div>	10:00 Seated Yoga 10:45 History of "O Canada"-AR 1:30 Beatles Trivia - AR 2:30 Bingo BASH! -AR 3:30 Walking Club -Lobby 6:30 <i>Cindy Sue and Brian - LR</i> <div>24</div>	9:00 TOPS Club - LR 10:00 Get Fit Be Fit 10:45 Happy Birthday Basket Ball! - AR 1:30 Afternoon Matinee with Popcorn - Father of the Bride - MR 3:30 Happy Hour - AR 6:15 Board Games (Independent) <div>25</div>	10:00 Ageless Aerobics 10:45 Captain Kangaroo Day 1:30 W.U. Art Class with Diana - AS 2:00 Bingo BASH! -AR 3:30 Boccee Ball - AR 6:15 Brain Teasers (Independent) <div>26</div>	10:00 Sliver Sneakers Exercise-AR 10:45 Bible Study with Mike - CH 11:30 <b>Bus Trip: Lunch at Applebees</b> 2:00 Sing-A-Long with Kathy - LR 3:30 Famous Couples - AR 6:15 Card Games - Independen <div>27</div>	10:00 Weekend Workout - AR 10:45 Morning Meditation - AR 1:30 Saturday Social - AR 2:30 BINGO BASH! - AR 3:30 Walking Club - Lobby 6:15 Game Night - Independent <div>28</div>		
9:45 Sunday Stretch - AR 10:30 Catholic Service - CH 1:30 LadderBall - PA 3:00 Manicures - AR 6:15 Creative Coloring - Independent <div>29</div>	10:00 Sit & Be Fit - AR 10:00 <b>Bus Trip: Dollar Tree</b> 1:15 <b>Bus Trip: Cherry Picking</b> 3:30 Cards - AR 6:15 Crossword Puzzles - Independent <div>30</div>	<div>ACTIVITY LOCATOR KEY</div> <div>AR- Activity Room MR- Media Room AS- Art Studio LR- Living Room PA- Patio  FD- Front Desk AS- Art Studio CH- Chapel GR- Game Room  ILDR- Independent Living Dining Room  Independent- Self directed, materials are available in the activity room</div>					<div>Casey Jurs Community Life Director (585)244-3630 CLJURS@watermarkcommunities.com</div> <div>Activities Led By Kristen, Lukus, Tammy, Lauren &amp; Casey</div> <div>W.U. - Watermark University, educational programming Italics- Entertainer Performance Bus Trips- Sign up in Lobby (Bus Trips must be signed up for before the day of the outing</div>	<div>Happy June Birthdays!</div> <div>Carolyn K. - 2nd John O. - 4th Margaret S. - 23rd Keith T. - 30th</div> <div><b>**Calendar subject to change. Please refer to Daily Activity Sheets for the most accurate information. **</b></div>
<div>JUNE 2025</div> <div>Independent and Assisted Living</div> <div>LEGACY AT CRANBERRY LANDING A WATERMARK RETIREMENT COMMUNITYSM</div>								