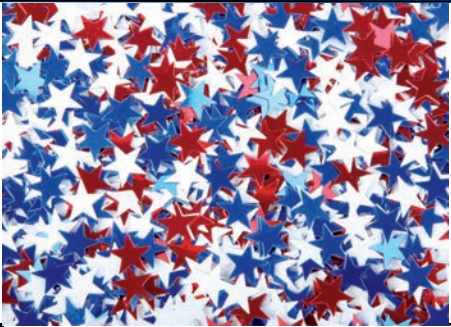


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<ul style="list-style-type: none"><li>Tai Chi</li><li>Brain Games</li><li>WU: Culinary Creations</li><li>Energy Burst</li><li>July Gazette &amp; IQ</li></ul>	<ul style="list-style-type: none"><li>Strength &amp; Balance</li><li>Gratitude &amp; Reflections</li><li>Energy Burst</li><li>WU: Artistry Unleashed</li></ul>	<ul style="list-style-type: none"><li>Slow Flow Yoga</li><li>Brain Games</li><li>Virtual Adventure</li><li>Energy Burst</li><li>Happy Hour</li></ul>	<ul style="list-style-type: none"><li><b>Happy 4<sup>th</sup> of July</b> Wear Your <b>Red, White,</b> &amp; <b>Blue</b> <b>12:00 BBQ Lunch</b> <b>Outdoors</b></li></ul>	<ul style="list-style-type: none"><li>Stretch &amp; Strength</li><li>Energy Burst</li><li>Solve the 'Jigsaw' Puzzle</li></ul>
<ul style="list-style-type: none"><li>Sole to Sole Walking Club</li><li>Energy Burst</li></ul>	<b>World Chocolate Day</b> <ul style="list-style-type: none"><li>Joyful Movement</li><li>WU:Chocolate Tasting</li><li>WU:Person of Interest</li><li>Energy Burst</li></ul>	<ul style="list-style-type: none"><li>Tai Chi</li><li>Brain Games</li><li>WU: An Eye for Art</li><li><b>2:30 Minnie Kalan- 2T</b></li><li>Energy Burst</li></ul>	<ul style="list-style-type: none"><li>Strength &amp; Balance</li><li>Guided Imagery</li><li>Energy Burst</li><li><b>2:00 Piano Performance with SuAnn- Lobby</b></li></ul>	<ul style="list-style-type: none"><li>Slow Flow Yoga</li><li>Brain Games</li><li>Virtual Trip Down Memory Lane</li><li>Energy Burst</li><li>Happy Hour</li></ul>	<ul style="list-style-type: none"><li>Joyful Movement</li><li>Community Live Committee Meeting</li><li>Energy Burst</li><li>Hand Massages</li></ul>	<ul style="list-style-type: none"><li>Stretch &amp; Strength</li><li>Energy Burst</li><li>Solve the 'Jigsaw' Puzzle</li></ul>
<ul style="list-style-type: none"><li>Sole to Sole Walking Club</li><li>Energy Burst</li></ul>	<ul style="list-style-type: none"><li>Joyful Movement</li><li>Brain Games</li><li>Energy Burst</li><li>WU: Artistry Unleashed</li></ul>	<ul style="list-style-type: none"><li>Tai Chi</li><li>Brain Games</li><li>Charades</li><li>Energy Burst</li><li>WU: Culinary Creations</li></ul>	<b>National Hot Dog Day</b> <ul style="list-style-type: none"><li>Strength &amp; Balance</li><li>Gratitude &amp; Reflections</li><li>Energy Burst</li><li><b>6:30 Turning Point Quartet - Outdoors</b></li></ul>	<ul style="list-style-type: none"><li>Slow Flow Yoga</li><li>Brain Games</li><li>Happy Hour</li><li><b>2:00 Home at Last Dog Rescue - Goldendoodle Puppies</b></li><li>Energy Burst</li></ul>	<ul style="list-style-type: none"><li>Joyful Movement</li><li>Service Circles</li><li>Energy Burst</li><li>Hand Massages</li></ul>	<ul style="list-style-type: none"><li>Stretch &amp; Strength</li><li>Energy Burst</li><li>Solve the 'Jigsaw' Puzzle</li></ul>
<ul style="list-style-type: none"><li>Sole to Sole Walking Club</li><li>Energy Burst</li><li><b>Ice Cream Bar</b></li></ul>	<ul style="list-style-type: none"><li>Joyful Movement</li><li>Energy Burst</li><li>WU: An Eye for Art</li><li>Sort It Out</li></ul>	<ul style="list-style-type: none"><li>Tai Chi</li><li>Brain Games</li><li><b>11:00 Lunch Outing- Firebirds</b></li><li><b>2:30 John Conklin - Singer - 2T</b></li><li>Energy Burst</li></ul>	<b>National Gorgeous Grandma Day</b> <ul style="list-style-type: none"><li>Strength &amp; Balance</li><li>WU: Makeovers &amp; Photo Shoot</li><li><b>2:00 Piano Performance with SuAnn- Lobby</b></li><li>Guided Imagery</li><li>Energy Burst</li></ul>	<ul style="list-style-type: none"><li>Slow Flow Yoga</li><li>Brain Games</li><li>Energy Burst</li><li>Corn Hole</li></ul>	<ul style="list-style-type: none"><li>Joyful Movement</li><li>WU: Lives Well Lived</li><li>Energy Burst</li><li>Hand Massages</li><li><b>Happy Hour and Birthday Party with SuAnn on the Piano - Lobby</b></li></ul>	<ul style="list-style-type: none"><li>Stretch &amp; Strength</li><li>Energy Burst</li><li>Solve the 'Jigsaw' Puzzle</li></ul>
<ul style="list-style-type: none"><li>Sole to Sole Walking Club</li><li>Energy Burst</li></ul>	<ul style="list-style-type: none"><li>Joyful Movement</li><li>Charades</li><li><b>1:00 Merrymeade Farm Trip</b></li><li>Energy Burst</li><li>WU: An Eye for Art</li></ul>	<ul style="list-style-type: none"><li>Tai Chi</li><li>Brain Games</li><li>WU: Culinary Creations</li><li>Energy Burst</li></ul>	<ul style="list-style-type: none"><li>Strength &amp; Balance</li><li>Gratitude &amp; Reflections</li><li><b>2:00 Piano Performance with SuAnn- Lobby</b></li><li>Energy Burst</li></ul>	<ul style="list-style-type: none"><li>Slow Flow Yoga</li><li>Brain Games</li><li>Virtual Roadtrippers</li><li>Energy Burst</li><li>Happy Hour</li></ul>		

July 2025  
Pathways



ACTIVITY LOCATOR KEY

- Body
- Community
- Mind
- Spirit

Manicures Done Weekly

Calendar is Subject to  
Change  
All Activities Will Take Place  
in Common Areas  
Unless Otherwise Indicated