SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ADD TEXT HERE	ADD TEXT HERE	 Tai Chi Brain Games WU: Artistry Unleashed Energy Burst 10:00 Hello Neighbor 1:30 Brain Games 2:00 Snack and chat 3:00 Reading 5:00 Movie time 	 Strength & Balance Gratitude & Reflections Energy Burst 9:00 Van ride 10:00 Thrive with music 1:30 arts and craft 2:00 Snack and chat 3:00 games 5:00 Movie time 	 Slow Flow Yoga Brain Games Virtual Adventure Energy Burst, exercise or walk 10:00 Thrive with music 1:00 games 2:00 Snack and chat 3:00 Beauty time 5:00 Movie time 	 Joyful Movement Energy Burst WU: Person of Interest 10:00 Thrive with music 1:00 Frank and Pam (MC) 2:00 Happy hour (AL) Edwin 3:00 games or arts and craft 5:00 Movie time 	 Stretch & Strength Energy Burst, exercise or walk 10:00 Thrive with music 1:00 games 2:00 Snack and chat 3:00 arts and craft 5:00 Movie time
 Sole to Soul Walking Club Energy Burst 10:15 Cowboy Church 1:00 games and bingo 2:00 Snack and chat 3:00 Thrive with music 5:00 Movie Time 	 Joyful Movement WU: Writers Collective WU: Culinary Creations Energy Burst, Exercise or walk 10:00 Games 1:00 Bingo 2:00 snack and chat 3:00 Thrive with music 5:00 movie time 	 Tai Chi Brain Games WU: An Eye for Art Energy Burst 10:00 Hello Neighbor 1:00 Games 2:00 Snack and chat 3:00 Thrive with music 5:00 Movie Time 	 Strength & Balance Guided Imagery Energy Burst 9:00 Van ride 10:00 games 1:00 reading 2:00 Snack and chat 3:00 Thrive with music 5:00 Movie time 	 Slow Flow Yoga Brain Games Virtual Adventure Energy Burst 10:00 morning walk 1:00 games 2:00 Snack and chat 3:00 Thrive with music 5:00 Movie time 	 Joyful Movement Community Life Committee Meeting Energy Burst 10:00 Thrive with music 1:00 Frank and Pam (MC) 2:00 Happy hour (AL) David 3:00 arts and crafts 5:00 Movie time 	 Stretch & Strength Energy Burst 10:00 Brain Games 1:00 Thrive with music 2:00 Snack and chat 3:00 arts and craft 5:00 Movie time
 Sole to Soul Walking Club Energy Burst 10:15 Cowboy church 1:00 games 2:00 snack and chat 3:00 Thrive with music 5:00 Movie time 	 Joyful Movement WU: Culinary Creations Energy Burst, Exercise or walk 10:00 games 1:00 kickball 2:00 snack and chat 3:00 Thrive with music 5:00 Movie Time 	 Tai Chi Brain Games WU: Artistry Unleashed Energy Burst 10:00 Hello Neighbor 1:00 Thrive with music 2:00 Snack and chat 3:00 games or reading 5:00 Movie time 	 Strength & Balance Gratitude & Reflections Energy Burst 9:00 Van ride 10:00 Thrive with music 1:00 games 2:00 Snack and chat 3:00 beauty time 5:00 Movie time 	 Slow Flow Yoga Brain Games Virtual Roadtrippers Energy Burst 10:00 Thrive with music 1:00 arts and craft 2:00 Snack and chat 3:00 games 5:00 Movie time 	 Joyful Movement Service Circles Energy Burst 10:00 games 1:00 Frank and Pam (MC) 2:00 Happy hour (AL) Bob 3:00 thrive with music 5:00 Movie time 	 Stretch & Strength Energy Burst 10:00 arts and craft 1:00 Thrive with music 2:00 Snack and chat 3:00 Beauty time 5:00 Movie time
 Sole to Soul Walking Club Energy Burst 10:15 cowboy church 1:00 Beauty time 2:00 snack and chat 3:00 Thrive with music 5:00 Movie time 	 Joyful Movement WU: Culinary Creations Energy Burst 10:00 arts and craft 1:00 games 2:00 snack and chat 3:00 thrive with music 5:00 Movie time 	 Tai Chi Brain Games WU: An Eye for Art Energy Burst 10:00 Hello Neighbor, 1:00 Thrive with music 2:00 Snack and chat 3:00 arts and craft 5:00 Movie time 	 Strength & Balance Guided Imagery Energy Burst 9:00 Van Ride 10:00 Thrive with music 11:00 Baseball (AL) 1:00 Games 2:00 Snack and chat 3:00 arts and craft 	 Slow Flow Yoga Brain Games Energy Burst 10:00 games 1:00 arts and craft 2:00 Snack and chat 3:00 Thrive with music 5:00 Movie time 	 Joyful Movement WU: Lives Well Lived Energy Burst 10:00 arts and craft 1:00 Sing a long, Music 2:00 Happy hour (AL) Mary 3:00 Beauty time (Ladies) 5:00 Movie time 	 Stretch & Strength Energy Burst 10:00 Thrive with music 1:00 arts and craft 2:00 games 3:00 Beauty time (Men) 5:00 Movie time
 Sole to Soul Walking Club Energy Burst 10:15 Cowboy church 1:00 thrive with music 2:00 Snack and chat 3:00 games 5:00 Movie time 	 Joyful Movement WU: Culinary Creations Energy Burst 10:00 Thrive with music 1:00 games 2:00 snack and chat 3:00 games 5:00 movie time 	 Tai Chi Brain Games WU: Artistry Unleashed Energy Burst 10:00 Hello neighbor 1:00 arts and craft 2:00 Snack and chat 3:00 Thrive with music 5:00 Movie time 	 Strength & Balance Gratitude & Reflections Energy Burst 9:00 Van ride 10:00 brain games 1:00 Thrive with music 2:00 Snack and chat 3:00 arts and craft 5:00 Movie time 	 Slow Flow Yoga Brain Games Virtual Roadtrippers Energy Burst 10:00 games 1:00 Thrive with music 2:00 Snack and chat 3:00 Arts and craft 5:00 Movie time 	ADD TEXT HERE ADD TEXT HERE	
JULY 20 Prema Mer	25 nory Support	ACTIVITY LOCATOR KEY Body Community Mind Spirit	BIRTHDAYS: July 3, 2025 Inez Jones July 19, 2025 Joel McCormick July 28, 2025 Pat James July 31, 2025 Catherine Tyler	ADD TEXT HERE	ADD TEXT HERE	ADD TEXT HERE