SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Note: Activities in <b>bold</b> denote special programs such as: live music, religious services, & Watermark University courses	Happy Birthday 12th Joe Campbell 22nd Carlton Craft 25th Al Riberdy 27th Susan Peterson 27th Tina Smith 27th Larry Radner 29th Debbie Omer	9:45 - WU: Exercise with Kim 10:30 - One Long Word 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - WU: Timely Topics Around The World 3:00- Patriotic Sing-a-long 4:15 - iN2L: Meditation 6:15 - Prize BINGO	9:30 - Blood Pressure Clinic 9:45 - Cardio Exercise 10:30 - Plinko 2:00- WU: Chopped Challenge 3:00 - Outdoor Relaxation 4:00 - Dominoes in Pub 6:00- EL Concert Trip	9:45 - Theraband Exercise 10:30 - WU: Health Talk "Dehydration" 11:00- Word Games 1:30 - WU: Engage VR 1:30 - Chet Kerr Performs 3:00- Outdoor Walks 4:15 - iN2L: Relaxation 6:15 - LCR in the Activity Room	Happy 4th of July 9:45- Exercise Video 10:30- Patriotic Art Expression 1:30- Movie "Air Force Elite" 3:00- Outdoor Relaxation 4:15 - iN2L: Breathe 6:15 - An Eye for Art: Vision	9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize BINGO 3:00 - Movie Matinee in Pub: "Intern" 4:15 - iN2L: Piggy Bankers 6:15 - Coffe Social in Cafe'/ Daily Chronicle
9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 1:30- Games in the Pub 2:00 - Chaplet of Divine Mercy 3:00- Volleyball 4:15 - iN2L : Art History 6:15 - EWTN Worship Service Ch.18	9:45 - Resistance Exercise 10:15 - Balance Assesment 10:30 - Scattergories 1:30 - Wii Bowling 3:00 - Happy Hour in Pub/ Ringo Starr 4:15 - iN2L: Animal Adventures 6:15 - Comedy Club: "Shirley Temple"	8:00 Men's Breakfast 9:45 - WU: Exercise With Kim 10:30 - One Long Word 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - Jazzy Flute Duo 3:00 - Outdoor Reflection 4:15 - iN2L: Meditation 6:15 - Prize BINGO	9:45 - Cardio Exercise 10:30 Library Trip 10:30 - WU: Discovery Series: "Nurture Your Natural Glow" 11:00- Outdoor Stroll 1:30- WU: Timely Topics 3:00- Swifferboard 4:00 - Dominoes in Pub 6:00- EL Concert Trip	9:45 - Theraband Exercise 10:30 - WU: Scrumptious Delights 11:00- Outdoor Walks 1:30 - WU: Engage VR 1:30 - WU: Summer Card Making 3:00 - Men's Social in the Pub 4:15 - iN2L: Relaxation 6:15 - LCR in Activity Room	9:45 - Balance Exercise 10:30 - Crossword Puzzle 1:30 - Mass With Father Wayne 2:45 - Karma the Dog Visits 3:00 - Happy Hour in Pub/Conversation with Emily 4:15 - iN2L: Breathe 6:15 - An Eye for Art: Water Color Painting	9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize Bingo 3:00 - Movie Matinee in Pub: Our Times" 4:15 - iN2L: Radio Garden 6:15 - Coffe Social in Cafe'/ Daily Chronicle
9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 1:30- Lisa Pernice Sings 3:00 - Chaplet of Divine Mercy 4:15 - iN2L : Art History 6:15 - EWTN Worship Service Ch.18	9:45 - Resistance Exercise 10:30 - Scattergories 1:15 - Communion 1:30 - WU: Family Recipes 3:00 - Happy Hour in Pub/ Woodie Guthrie 4:15 - iN2L: Animal Adventures 6:15 - Comedy Club: "Johnny Carson"	9:45 - WU: Exercise With Kim 10:30 - One Long Word 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - WU: Chef's Kitchen 3:00 - WU: Timely Topics Around the World 4:15 - iN2L: Meditation 6:15 - Prize BINGO	9:30 - Blood Pressure Clinic 9:45 - Cardio Exercise 10:30 - WU: The Wild Side 11:30- Anthony's Lunch Trip 3:00 - Corn Hole 4:00 - Dominoes in Pub 6:00- EL Concert Trip	9:45 - Theraband Exercise 10:00 - WU: Jeff The Plant Guy 10:15 Walking Club Trip 11:00 - Outdoor Meditation 1:30 - WU: Engage VR 1:30 - WU: The Story Of Man's Best Friend 3:00 - Horse Racing 4:15 - iN2L: Relaxation 6:15 - LCR in Activity Room	9:45 - Balance Exercise 10:30 - Crossword Puzzle 1:30 - Disco Dance Party 2:45 - Karma the Dog Visits 3:00 - Happy Hour in Pub/ Animal Antics 4:00- iN2L: Breathe 6:15 - An Eye for Art: Colored Pencil Creations	9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize BINGO 3:00 - Movie Matinee in Pub: "ABBA Against All Odds" 4:15 - iN2L: Bubble Popper 6:15 - Coffe Social in Cafe'/ Daily Chronicle Discussion
9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 1:00- Piano Entertainment 2:00 - Grace Church Service 4:15 - iN2L : Art History 6:15 - EWTN Worship Service CH 18	9:45 - Resistance Exercise 10:30 - Scattergories 1:15 - Outdoor Reflection 2:00- Chaplet of Divine Mercy Prayer 3:00 - Happy Hour in Pub/ Robin Williams 4:15 - iN2L: Animal Adventures 6:15 - Comedy Club: "Steve Martin"	9:45 - WU: Exercise With Kim 10:30 - One Long Word 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - WU: Summer Baking/Fruit Pizza 3:00 - Outdoor Serenity 4:15 - iN2L: Meditation 6:15 - Prize BINGO	9:45 - Cardio Exercise 10:30 - Resident Council 10:30 - Library Trip 1:30 - WU: Timely Topics Around the World 3:00 - Ice Cream Social 4:00 - Dominoes in Pub 6:00 - EL Concert Trip	9:45 - Theraband Exercise 10:30 - Food For Thought Meeting 11:00- 360Well, Mind, Body & Spirit 1:30 - WU: Engage VR 1:30 - WU: Summer Art-Floral 3:00 - Outdoor Walks 4:15 - iN2L: Relaxation 6:15 - LCR in Activity Room	9:45 - Balance Exercise 10:30 - Crossword Puzzle 1:30 - Pitch & Putt Golf 2:45 - Karma the Dog Visits 3:00 - Beverly On The Piano 4:15 - iN2L: Breathe 6:15 - An Eye for Art: Acrylic Painting	9:45 - Flexibility Exercise 10:30 - Darts & Billiards 1:30 - Prize BINGO 3:00 - Movie Matinee in Pub: "And the Breadwinner is" 4:15 - iN2L: Wordle 6:15 - Coffe Social in Cafe'/ Daily Chronicle
9:45 - Exercise w/Krysten 10:00 - Mass on TV Ch.9 11:00 - Prayer Service & Communion in Pub 2:00 - Chaplet of Divine Mercy 3:00-Volleyball 4:15 - iN2L : Art History 6:15 - EWTN Worship Service Ch.18	9:45 - Resistance Exercise 10:30 - Scattergories 1:15 - Communion 1:30 - Outdoor Reflection 3:00 - WU: Traveling Beers 4:15 - iN2L: Animal Adventures 6:15 - Comedy Club: "The Three Stooges"	9:45 - WU: Exercise With Kim 10:30 - One Long Word 11:00 - Prayer Service & Communion in Pub 1:30 - WU: Engage VR 1:30 - Red & Yellow Perform for Birthday Party 3:00 - Outdoor Walks 4:15 - iN2L: Meditation 6:15 - Prize BINGO	9:45 - Cardio Exercise 10:30 - Sunshine Club 1:30- WU: Timely Topics Around the World 3:00- Ladder Golf 4:00 - Dominoes in Pub 6:00- EL Concert Trip	9:45 - Theraband Exercise 10:30 - Before and After Word Game 1:30 - WU: Engage VR 1:30 - Apple Place Ice Cream Trip 3:00 - Outdoor Walks 4:15 - iN2L: Relaxation 6:15 - LCR in Activity Room	Pet Therapy Reduce anxiety, increase socialization, and improve your overall quality of life by spending time with our visiting dog Karma	Dates To Remember  6/2 WU: Chopped Challenge 6/3 Chet Kerr Sings 6/8 Men's Breakfast 6/8 Jazzy Flute Duo 6/11 Mass with Father Wayne 6/13 Lisa Pernice Sings 6/16 Lunch Trip to Anthony's 6/17 Jeff The Plant Guy
JULY 202 Assisted I EAST VILLAG A WATERMARK RETIREMENT COMMIT	<b>Living</b> E Place	* Schedule Subject to Change	Transportation/ Medical Appointments: Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.	Engage VR - Virtual Reality If you are interested in traveling, exploring under the sea or adventuring into outer space without leaving the comfort of home, sign up with the Activity Staff to experience the Oculus	A Prayer Service with Communion will be held every Sunday and Tuesday @ 11:00am in the Pub Chaplet of Divine Mercy will be held @ 2pm Sundays	6/18 Disco Dance party 6/20 Piano Music in Lobby 6/20 Grace Church Service 6/25 Beverly on The Piano 6/29 Red & Yellow Perform for Monthly Birthday Party 6/30 Apple Place Ice Cream Trip Every Wednesday at 6PM there will be trips to the EL Concerts