

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Note: Activities in bold denote special programs such as : live music, religious services, & Watermark University courses.</p>	<p>Transportation/ Medical Appointments: Appointments can be made on Tuesdays and Thursdays, 9-3 only, through Judy Gagnon. For Memory Care residents, a family member or staff person must accompany them.</p>	<ul style="list-style-type: none">● Strengthening Exercise● WU: Culinary Creations● Group Discussion: Good Friends● Energy Burst● Coldstone Ice Cream Creations● Household Routines● WU: All About Postage Stamps● Music Hour: Polka● Artistic Expression	<ul style="list-style-type: none">● Balance Exercise● Coffee Social in Cafe'● Daily Chronicle● Energy Burst● Dominoes● 2:00 - Chopped Challenge● Word Game: Catergories● Music Hour: Bach● Scenic Relaxation	<ul style="list-style-type: none">● Conductorcise● Objects BINGO● Brain Games● Energy Burst● 1:30- Chet Kerr Performs● WU: Person of Interest: Ringo Starr● Horse Racing● Hoop Toss● Music Hour: Louis Armstrong● Sorting/ Sequencing	<ul style="list-style-type: none">● Flexibility Exercise● Memory Triggers● Energy Burst● Felt Art● Bird Watching● Discussion: Back Yard BBQs● Hearthside Book Club● Music Hour: Country● Connect 4	<ul style="list-style-type: none">● Stretching Exercise● Fashion Design: Bikinis● Energy Burst● Saturday Matinee: <i>American Graffiti</i>● Outdoor Reflection● Ball Toss● Household Tasks● Volleyball● Virtual Roadtrippers: Hawaii
<ul style="list-style-type: none">● 10:00- Mass on TV Ch.9● Sole to Soul Walking Club● Morning Exercise● Sing Along● 2:00- Chaplet of Divine Mercy● Energy Burst● Bird Watching● Music Hour: The BeeGees● Hearthside Book Club	<ul style="list-style-type: none">● Joyful Movement● WU: Writers Collective● Brain Games● Energy Burst● Relaxation: Koi Pond● WU: Person of Interest: Chuck Berry● Outdoor Patio Enjoyment● Music Hour: Rock & Roll● Game Night: High/Low	<ul style="list-style-type: none">● Strengthening Exercise● WU: Culinary Creations: Raspberries● Group Discussion: Cows● Energy Burst● 1:30-Jazzy Flute Performance● Household Routines● Sole to Soul Walking Club● Music Hour: Beethoven● Artistic Expression	<ul style="list-style-type: none">● Balance Exercise● Coffee Social in Cafe'● Daily Chronicle● Gratitude & Reflections● 1:30- Ice Cream Out Trip● Energy Burst● Dominoes● Word Game: Catergories● Music Hour: Nat King Cole● Scenic Relaxation	<ul style="list-style-type: none">● Conductorcise● Objects BINGO● Brain Games: Kitten Trivia● Energy Burst● Pina Colada Day!● Horse Racing● Hoop Toss● Music Hour: Joani Mitchell● Sorting/ Sequencing	<ul style="list-style-type: none">● Flexibility Exercise● Show Tunes Sing Along● Memory Magic Game● Energy Burst● 1:30 - Mass w/Father Wayne● Karma the Dog Visits● Hearthside Book Club● Music Hour: 1950's● Connect 4	<ul style="list-style-type: none">● Stretching Exercise● Reminisce: Swimming● Coffee Social● Energy Burst● Saturday Matinee: <i>Inside the Mind of a Dog</i>● Outdoor Reflection● Ball Toss● Household Tasks● Volleyball● Virtual Roadtrippers
<ul style="list-style-type: none">● 10:00- Mass on TV Ch.9● Sole to Soul Walking Club● Morning Exercise● 2:00- Lisa Pernice Roll & Stroll● 3:00- Chaplet of Divine Mercy● Virtual Road Trippers: Delaware● Bird Watching● Music Hour: Barbershop Music● Hearthside Book Club	<ul style="list-style-type: none">● Joyful Movement● WU: Artistry Unleashed● Brain Games● Energy Burst● Table Top Bowling● Sorting/Sequencing● Outdoor Patio Enjoyment● Music Hour: 1940's● Game Night: High/Low	<ul style="list-style-type: none">● Strengthening Exercise● WU: Culinary Creations● Group Discussion: Horses● Energy Burst● Horse Racing● Household Routines● Sole to Soul Walking Club● Music Hour: Honky Tonk Piano● Artistic Expression	<ul style="list-style-type: none">● Balance Exercise● Coffee Social in Cafe'● Daily Chronicle● Gratitude & Reflections● Energy Burst● Dominoes● Word Game: Catergories● Music Hour: Chet Atkins● Scenic Relaxation	<ul style="list-style-type: none">● Conductorcise● Objects BINGO● Brain Games● Energy Burst● WU: Person of Interest: Douglas Corrigan● Hairdos and Tattoos● Hoop Toss● Music Hour: Choir Music● Sorting/ Sequencing	<ul style="list-style-type: none">● Flexibility Exercise● Pitch & Putt Golf● Memory Triggers● Energy Burst● Artistic Expression● Karma the Dog Visits● Hearthside Book Club● Music Hour: Folk● Connect 4	<ul style="list-style-type: none">● Stretching Exercise● Reminisce: Summer Vacations● Coffee Social● Energy Burst● Saturday Matinee: <i>Inside the Mind of a Cat</i>● Outdoor Reflection● Ball Toss● Household Tasks● Volleyball● Virtual Roadtrippers
<ul style="list-style-type: none">● 10:00- Mass on TV Ch.9● Sole to Soul Walking Club● Morning Exercise● 1:00- Piano Entertainment● 2:00- Grace Church Service● Energy Burst● Bird Watching● Music Hour: Pop● Hearthside Book Club	<ul style="list-style-type: none">● Joyful Movement● WU: Writers Collective● Brain Games● Energy Burst● WU: Travel: Pennsylvania● Sorting/Sequencing● Outdoor Patio Enjoyment● Music Hour: Willie Nelson● Game Night: High/Low	<ul style="list-style-type: none">● Strengthening Exercise● WU: Culinary Creations● Group Discussion: Good Friends● Energy Burst● 1:30- Ice Cream Out Trip● Household Routines● Sole to Soul Walking Club● Music Hour: Frank Sinatra● Artistic Expression	<ul style="list-style-type: none">● Balance Exercise● Coffee Social in Cafe'● Daily Chronicle● Homemade Lemonade● Energy Burst● Photo Shoot● Word Game: Catergories● Music Hour: Whitney Houston● Scenic Relaxation	<ul style="list-style-type: none">● Conductorcise● Objects BINGO● Brain Games● Energy Burst● WU: Person of Interest: Amelia Earhart● Horse Racing● Hoop Toss● Music Hour: Classical● Sorting/ Sequencing	<ul style="list-style-type: none">● Flexibility Exercise● Target Toss● Remember When: The Merry-Go-Round● Energy Burst● Aqua Painting● Karma the Dog Visits● 3:00 - Beverly on Piano● Music Hour: Harp Music● Connect 4	<ul style="list-style-type: none">● Stretching Exercise● Reminisce: Drive-in Movies● Coffee Social● Energy Burst● Saturday Matinee: <i>Rooster Cogburn</i>● Outdoor Reflection● Ball Toss● Household Tasks● Volleyball● Virtual Roadtrippers
<ul style="list-style-type: none">● 10:00- Mass on TV Ch.9● Sole to Soul Walking Club● Where in the World: New Jersey● Sing Along● 2:00- Chaplet of Divine Mercy● Energy Burst● Bird Watching● Music Hour: Dolly Parton● Hearthside Book Club	<ul style="list-style-type: none">● Joyful Movement● WU: Artistry Unleashed● Brain Games● Energy Burst● WU: Buffalo Soldiers● Sorting/Sequencing● Outdoor Patio Enjoyment● Music Hour: Benny Goodman● Game Night: High/Low	<ul style="list-style-type: none">● Strengthening Exercise● WU: Culinary Creations● Group Discussion: Lipstick● Energy Burst● 1:30- Red & Yellow Duo● Household Routines● Sole to Soul Walking Club● Music Hour: Dean Martin● Artistic Expression	<ul style="list-style-type: none">● Balance Exercise● Coffee Social in Cafe'● Daily Chronicle● Gratitude & Reflections● Energy Burst● Dominoes● Word Game: Catergories● Music Hour: Bob Marley● Scenic Relaxation	<ul style="list-style-type: none">● Conductorcise● Objects BINGO● Brain Games● Energy Burst● WU: Person of Interest: B. Potter● Horse Racing● Hoop Toss● Music Hour: The Beatles● Sorting/ Sequencing	<div><div><div><div><div><div></div><div>Pet Therapy</div><div>Reduce anxiety,</div><div>increase socialization,</div><div>and improve your</div><div>overall quality of life</div><div>by spending time</div><div>with our visiting dog</div><div>Karma.</div></div></div></div><div><div><div></div><div>As the weather</div><div>improves we will be</div><div>making every effort</div><div>to host our activities</div><div>outside in the</div><div>courtyard.</div></div></div></div></div>	
<div><div>JULY 2025</div><div>Prema Memory Support PW</div><div><div><div><div></div></div><div>EAST VILLAGE PLACE</div><div>A WATERMARK RETIREMENT COMMUNITY™</div></div></div></div>		ACTIVITY LOCATOR KEY		Happy Birthday!		Dates to Remember
		<ul style="list-style-type: none">● Body● Community● Mind● Spirit	12th Joe Campbell 22nd Carlton Craft 25th Al Riberdy 27th Sue Peterson 27th Tina Smith 27th Larry Radner 29th Debbie Omer		3rd Chet Kerr 4th Catholic Mass w/Fr Wayne 8th Jazzy Flute 9th Ice Cream Out Trip 13th Lisa's Roll & Stroll 20th Piano Entertainment 20th Grace Church Service 25th Beverly on Piano 29th Red & Yellow Duo	
				* Schedule Subject to Change		